Here, the Vanderbilt Postdoctoral Association, in partnership with the Office of Postdoctoral Affairs, assembles focused information on specific resources available to Vanderbilt University (VU) and Vanderbilt University Medical Center (VUMC) postdocs.

### Local Eats & Drinks

#### Health-Oriented
- Calypso Café
- Graze
- Grins Vegetarian Café
- KOKOS Ice Cream Scoop Shop
- Sunflower Café
- The BE-Hive Deli & Market
- The Wild Cow
- True Food Kitchen
- Vegan Vee Gluten-Free Bakery
- Woodlands Indian Vegetarian Cuisine

#### Black-Owned
- 8th & Roast
- Big Al’s Deli
- City Farm Company
- Coneheads
- Germantown Pub
- Gojo Ethiopian Café and Restaurant
- Helen’s Hot Chicken
- HiFi Cookies
- Jamaicaway
- Kernels Nashville Popcorn
- Ooh Wee Bar-B-Q
- Prince’s Hot Chicken
- Riddim N Spice
- Rocky’s Wing Shack
- Shugga Hi Bakery and Café
- Slim & Husky’s
- Swett’s
- Tacos With A Twist
- The Cupcake Collection
- The Local Distro
- The Southern V
- Vege-licious

#### Women-Owned
- AVO
- Biscuit Love
- Brightside Bakeshop
- Café Roze
- Chaatable
- Chauhan Ale and Masala House
- Cheese Gal
- Coco Italian Market
- Dozen Bakery
- Etch
- Greenery Co.
- Hattie Jane’s Creamery
- Henrietta Red
- Iou
- Margot Café and Bar
- Miel
- Nicky’s Coal Fired
- Otaku Ramen
- Poppo and Peep Chocolate
- Radish Kitchen
- Rosepepper
- Thai Esane
- The Grilled Cheeserie

#### Bars & Breweries
- Fat Bottom Brewing Co. (The HopYard)
- Jackalope Brewing Company
- LA Jackson
- Minerva Avenue
- Old Glory
- The Patterson House
- pH Craft Cocktails
- Tailgate Brewery
- The Filling Station
- The Fox Bar & Cocktail Club
- The Lipstick Lounge

This information is subject to change. Please reach out to [OPA@vanderbilt.edu](mailto:OPA@vanderbilt.edu) if you have any questions.