

Healthcare, Inc.

Steve Lindstrom OLLI Fall Course 2023



Course Objectives







Understand the complexities of:

U.S. Healthcare System

Medical Industrial Complex

Business Models

Government Role

Empower YOU

Encourage critical thinking.

Overview of Class Topics

Outcomes, issues, business model and trends of the major sectors of the system and major companies in each sector:

- 1.Primary Care
- 2.Specialty Care
- 3.Hospitals
- 4.Pharma
- 5.Insurers
- 6.Tech and non-healthcare companies
- 7. Future of Medical Industrial Complex.

What is the product healthcare?

The services and products that are used to promote, maintain, or restore health.

The organizations that provide these services and products.

The people who work in these organizations.

The financing mechanisms that support these services and products.

The policies and regulations that govern these services and products.

Two Categories



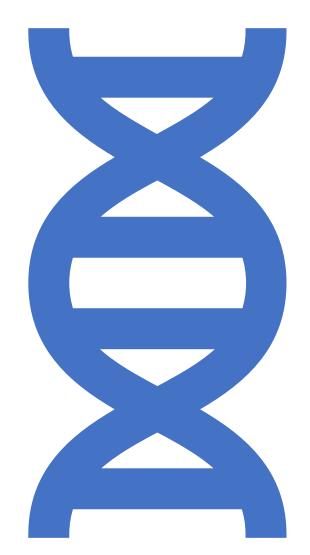


Preventive care

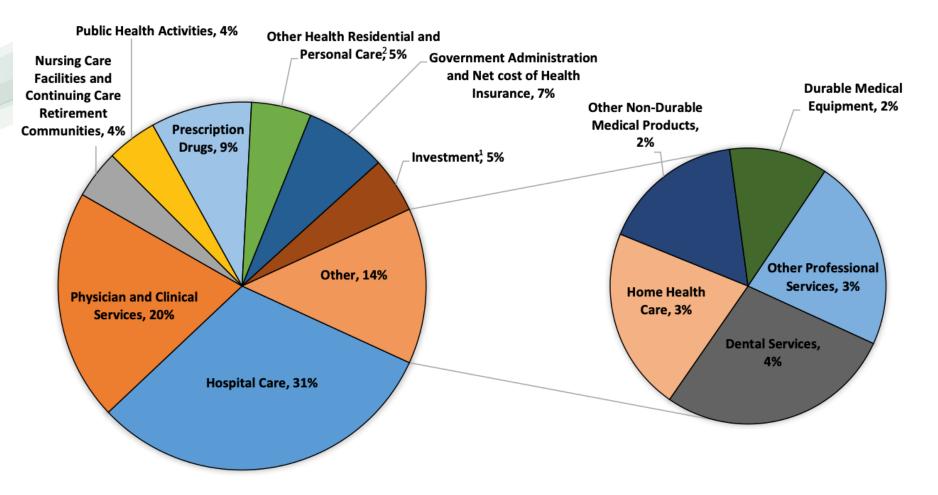
Curative care

Factors affecting the future of healthcare:

- Technology
- Cost
- Access
- Quality
- Efficiency
- Government policies
- Payment mechanisms
- Antitrust.



The Nations Health Dollar (\$4.3 Trillion), Calendar Year 2021: WHERE IT WENT

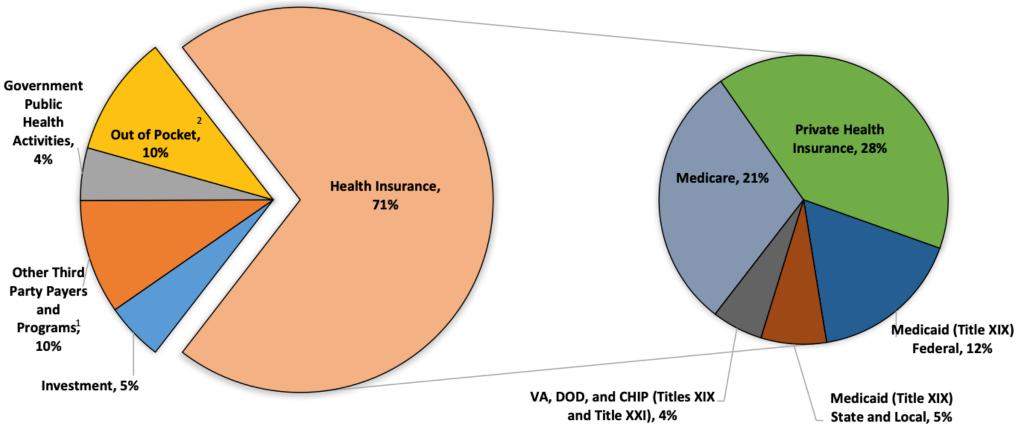


¹ Includes Noncommercial Research and Structures and Equipment.

² Includes expenditures for residential care facilities, ambulance providers, medical care delivered in non-traditional settings (such as community centers, senior citizens centers, schools, and military field stations), and expenditures for Home and Community Waiver programs under Medicaid. Note: Sum of pieces may not equal 100% due to rounding.

SOURCE: Centers for Medicare & Medicaid Services, Office of the Actuary, National Health Statistics Group.

The Nations Health Dollar (\$4.3 Trillion), Calendar Year 2021: WHERE IT CAME FROM



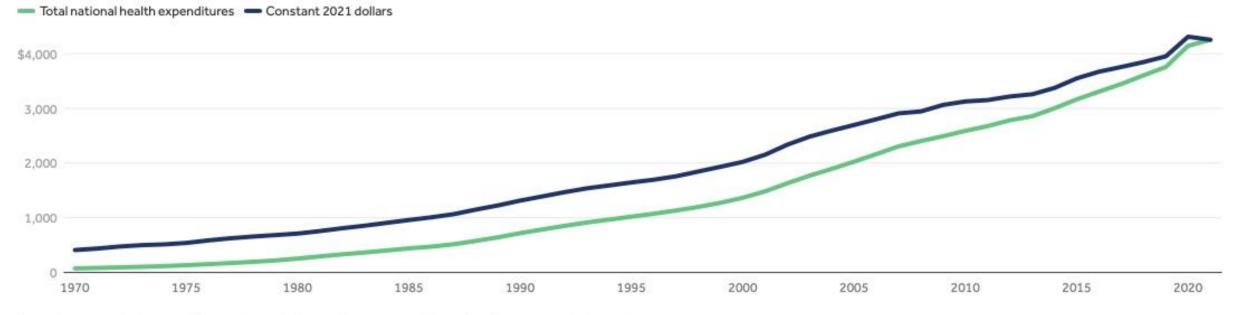
¹ Includes worksite health care, other private revenues, Indian Health Service, workers' compensation, general assistance, maternal and child health, vocational rehabilitation, Substance Abuse and Mental Health Services Administration, school health, and other federal and state and local programs.

² Includes co-payments, deductibles, and any amounts not covered by health insurance. Note: Sum of pieces may not equal 100% due to rounding.

SOURCE: Centers for Medicare & Medicaid Services, Office of the Actuary, National Health Statistics Group.

Total Health Expenditures

Total national health expenditures, US \$ Billions, 1970-2021

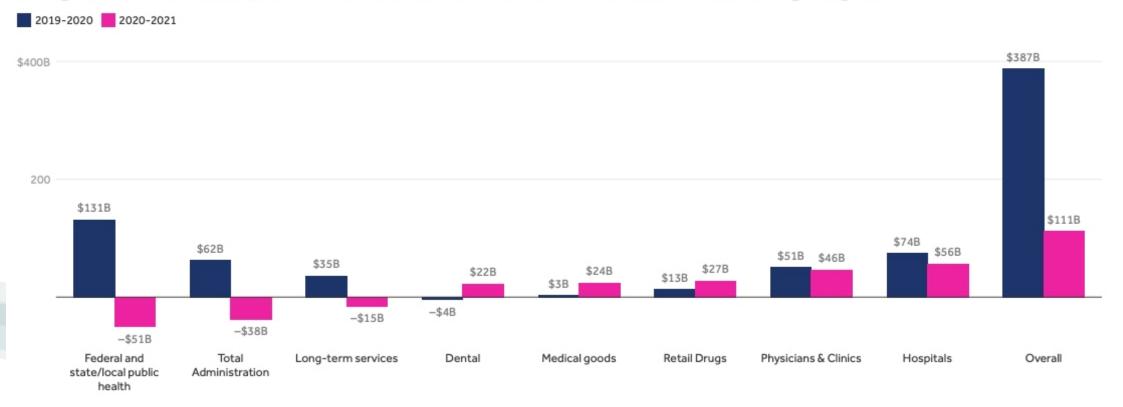


Note: A constant dollar is an inflation adjusted value used to compare dollar values from one period to another.

Source: KFF analysis of National Health Expenditure (NHE) data • Get the data • PNG

Change in Spending by Category

Change in national health expenditures, from 2019 to 2020 and from 2020 to 2021, by spending category



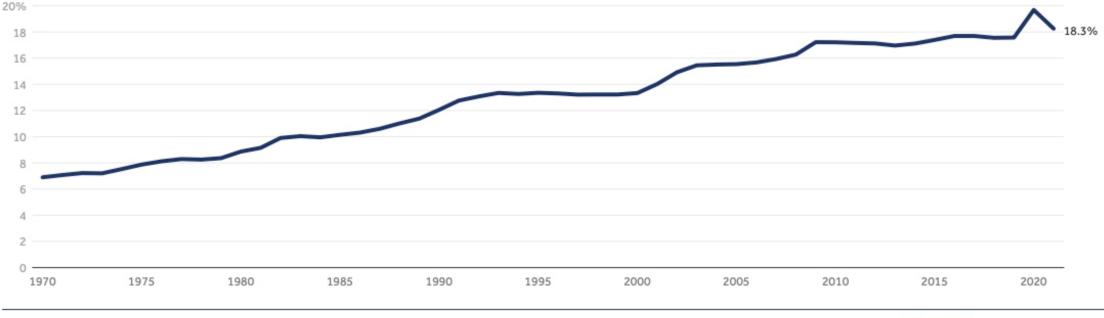
Note: Long term services consists of spending on home health care, nursing care facilities, and continuing care retirement communities. Medical goods consists of spending on durable and non-durable medical goods and equipment. Other health consists of spending on other health, residential, and personal care as well as services from other health care practitioners (such as chiropractors, physical therapists, and others). Administrative costs consist of total administration expenditures and net cost of health insurance expenditures.

Health Spending Growth

Health spending accounts for nearly one-fifth of the U.S.

economy





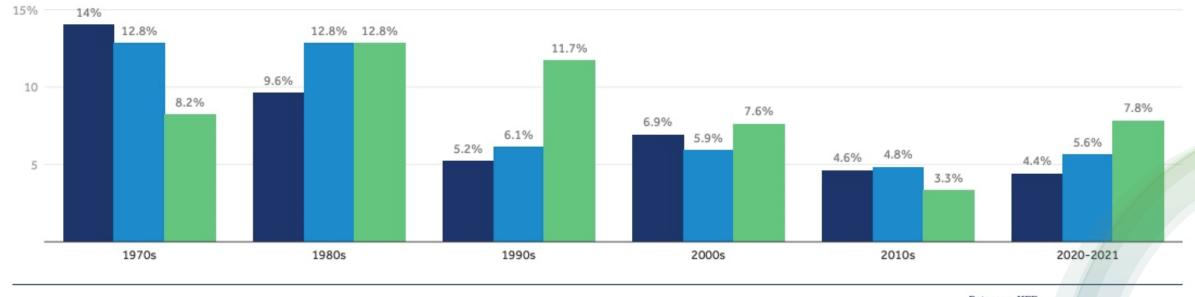
Source: KFF analysis of National Health Expenditure (NHE) data • Get the data • PNG

Growth Rate for Select Services

In the last decade, spending growth on hospitals has slowed

Average annual expenditures growth rate for select service types, 1970-2021

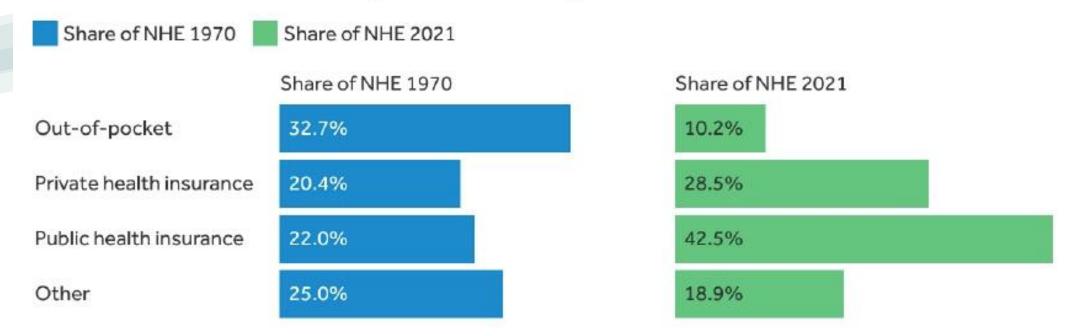
Hospitals Physicians & clinics Retail prescription drugs



Source: KFF analysis of National Health Expenditure (NHE) data • Get the data • PNG

Source of Funds

Total national health expenditures, by source of funds, 1970 and 2021

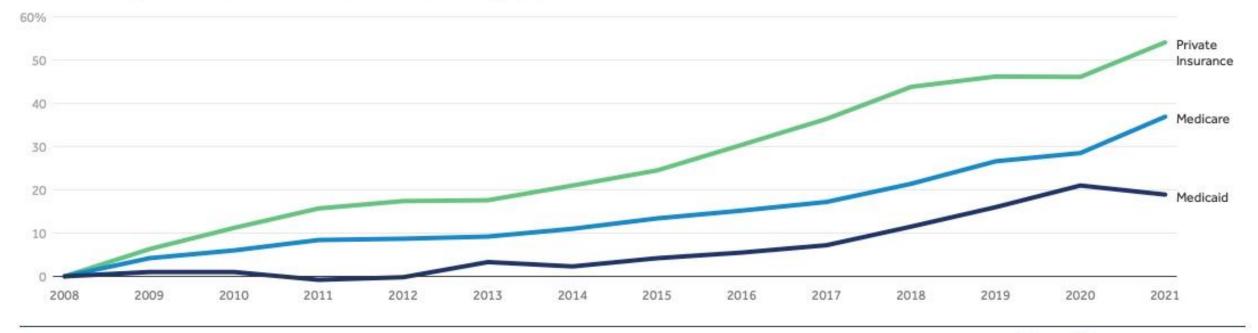


Notes: Public insurance in 1970 includes Department of Veterans Affairs, Department of Defense, Medicare, and Medicaid. In 2021, public insurance includes the same categories listed for 1970, with the addition of CHIP. 'Other' includes spending on public health activities, investment, and third party payers and programs like worksite health care, the Indian Health Service, and other state and local programs.

Source: KFF analysis of National Health Expenditure (NHE) data

Private Insurance vs. Government Programs

Cumulative growth in per enrolled person spending by private insurance, Medicare, and Medicaid, 2008-2021

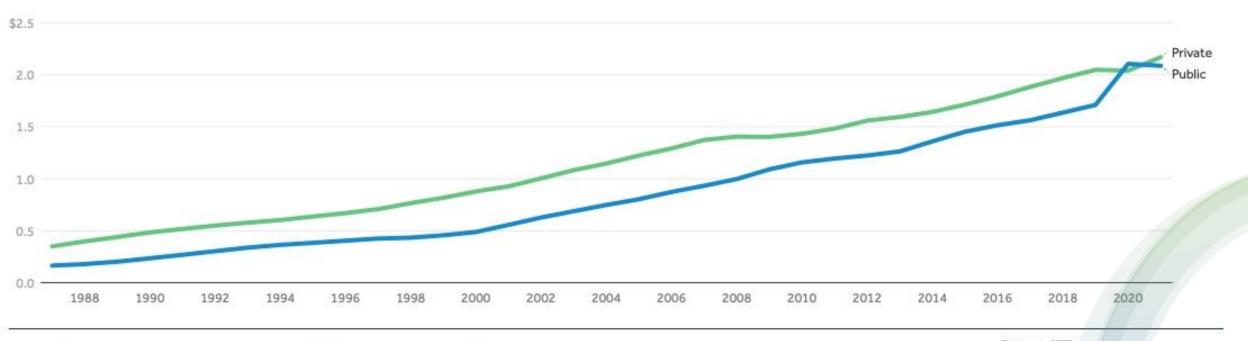


Peterson-KFF Health System Tracker

Source: KFF analysis of National Health Expenditure (NHE) data • Get the data • PNG

Public vs. Private Spending

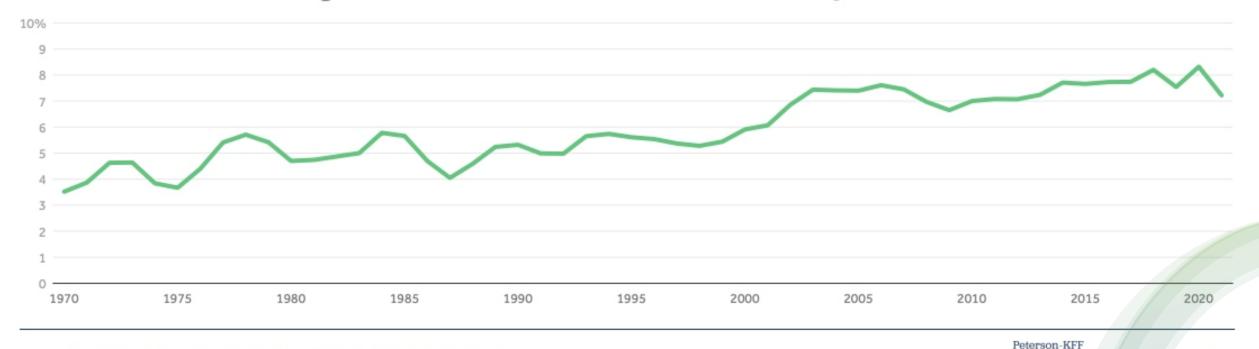
Total national health expenditures, US \$ Trillions, 1987-2021



Peterson-KFF Health System Tracker

Source: KFF analysis of National Health Expenditure (NHE) data • Get the data • PNG

Administrative Spending



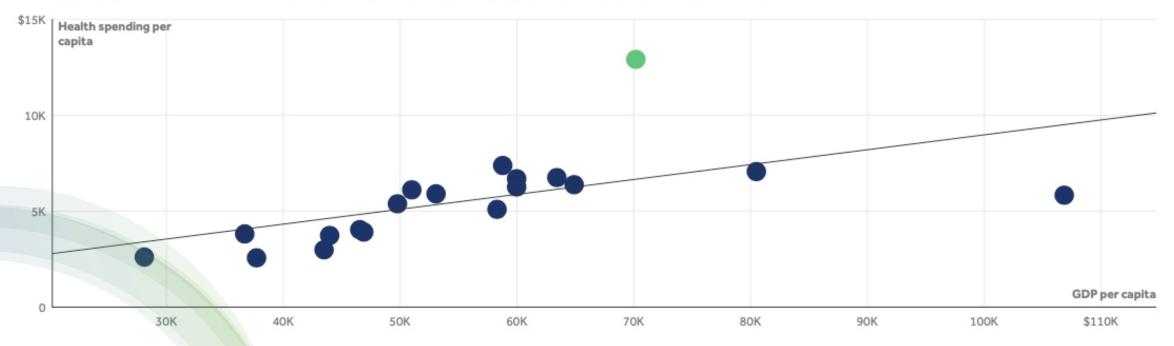
Health System Tracker

Net cost of health insurance and government administration, as a share of total health expenditures, 1970-2021

Source: KFF analysis of National Health Expenditure (NHE) data • Get the data • PNG

GDP Per Capita vs. Health Spending

GDP per capita and health consumption spending per capita, 2021 (U.S. dollars, PPP adjusted)



Notes: U.S. value obtained from National Health Expenditure data. For all other countries except the United States, health spending per capita is provisional. GDP per capita data for France, Germany, Korea, Netherlands, and Portugal are all provisional. Data from Canada represents a difference in methodology from the prior year. Health consumption does not include investments in structures, equipment, or research.

Life Expectancy

Life expectancy (2021) and per capita healthcare spending (2021 or nearest year, PPP adjusted)

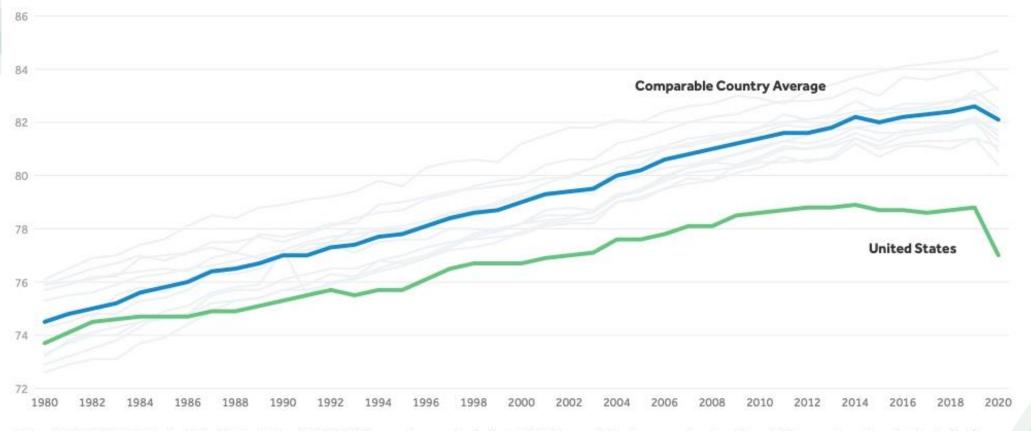
Country	Life expectancy 🔺	Hea	alth spending, per capita
United States		76.1	\$12,914
💥 United Kingdom		80.8	\$5,387
Germany		80.9	\$7,383
Austria		81.3	\$6,693
Netherlands		81.5	\$6,190
Belgium		81.9	\$5,274
Comparable Country Average		82.4	\$6,003
France		82.5	\$5,468
- Sweden		83.2	\$6,262
- Australia		83.4	\$5,627
+ Switzerland		84.0	\$7,179
• Japan		84.5	\$4,666

Notes: See Methods section of "How does U.S. life expectancy compare to other countries?"

Source: KFF analysis of CDC, OECD, Japanese Ministry of Health, Labour, and Welfare, Australian Bureau of Statistics, and UK Office for Health Improvement and Disparities data • Get the data • PNG

Life Expectancy at Birth

Life expectancy at birth in years, 1980-2020

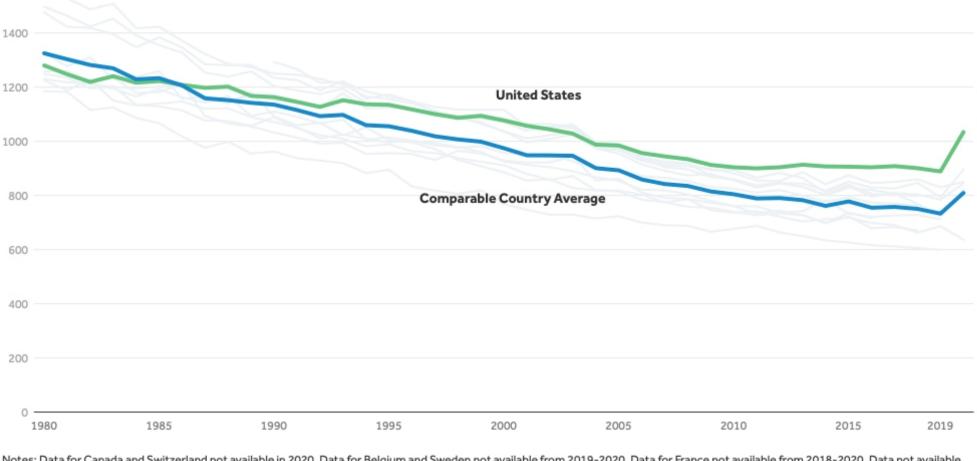


Notes: 2019 & 2020 data for the United States is from CDC. 2020 life expectancy value for Australia is the unweighted average of male and female life expectancy from the Australian Bureau of Statistics. Break in series for Canada in 1982, Germany in 1991, Switzerland and Belgium in 2011, and France in 2013. 2020 values for Germany and United Kingdom are provisional.

Source: KFF Analysis of CDC, Austrlian Bureau of Statistics and OECD data • Get the data • PNG

Life Expectancy

All cause age-adjusted mortality rate per 100,000 population, 1980-2020



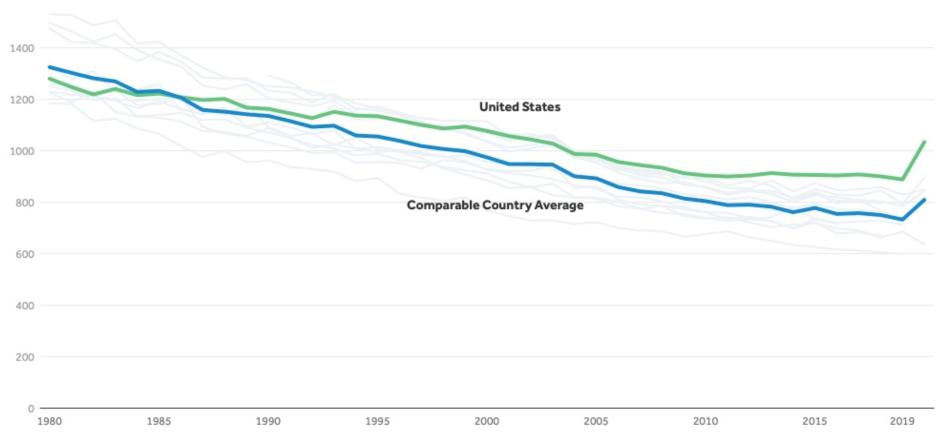
Notes: Data for Canada and Switzerland not available in 2020. Data for Belgium and Sweden not available from 2019-2020. Data for France not available from 2018-2020. Data not available for Germany from 1980-1989, for the United Kingdom in 2000, and Australia in 2005.

Peterson-KFF Health System Tracker

Source: KFF Analysis of OECD Data • Get the data • PNG

Gap Widens

All cause age-adjusted mortality rate per 100,000 population, 1980-2020



Notes: Data for Canada and Switzerland not available in 2020. Data for Belgium and Sweden not available from 2019-2020. Data for France not available from 2018-2020. Data not available for Germany from 1980-1989, for the United Kingdom in 2000, and Australia in 2005.

Source: KFF Analysis of OECD Data • Get the data • PNG

Disease Burden

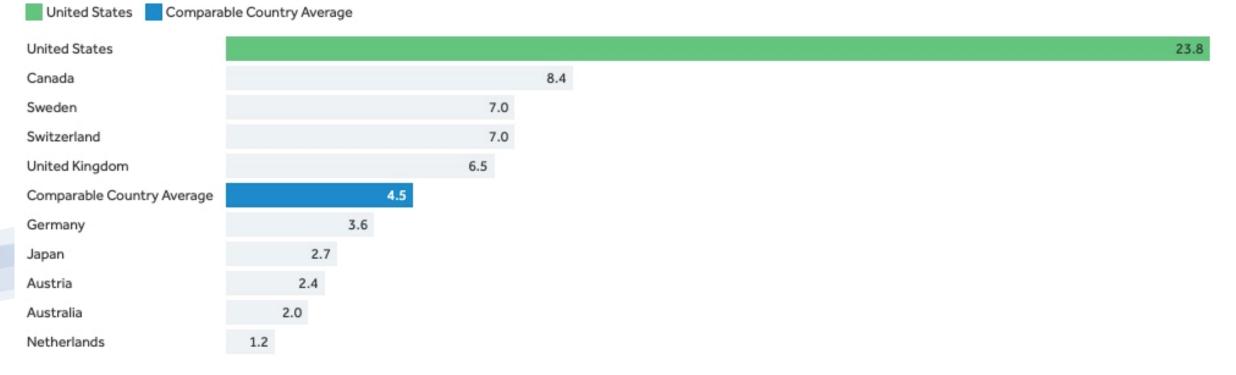
Age-standardized disability adjusted life year (DALY) rate per 100,000 population, 2019

United States	26,06
United Kingdom	20,957
Belgium	20,170
Germany	20,075
Canada	19,684
Australia	19,608
Austria	19,104
Comparable Country Average	18,987
Netherlands	18,888
France	18,782
Sweden	18,069
Switzerland	17,635
Japan	15,886

Source: KFF analysis of IHME GBD data • Get the data

Maternal Mortality

Maternal mortality rate (deaths per 100,000 live births), 2020 or latest year

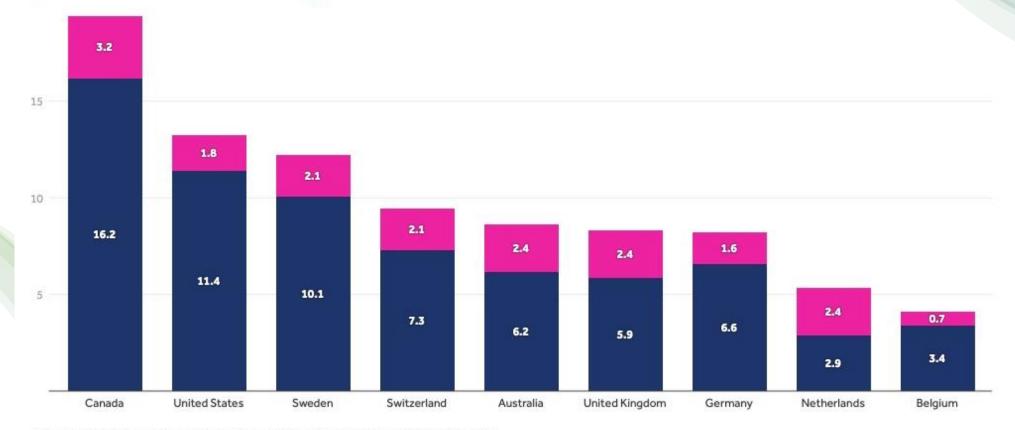


Note: Belgium and France are excluded due to the unavailability of recent data. Switzerland data is from 2019 and United Kingdom data is from 2017.

Obstetric Trauma

Obstetric trauma during vaginal delivery with and without an instrument, crude rate per 100 vaginal deliveries, ages 15 and older, 2018 or nearest year

🗾 Obstetric trauma vaginal delivery with instrument 📕 Obstetric trauma vaginal delivery without instrument

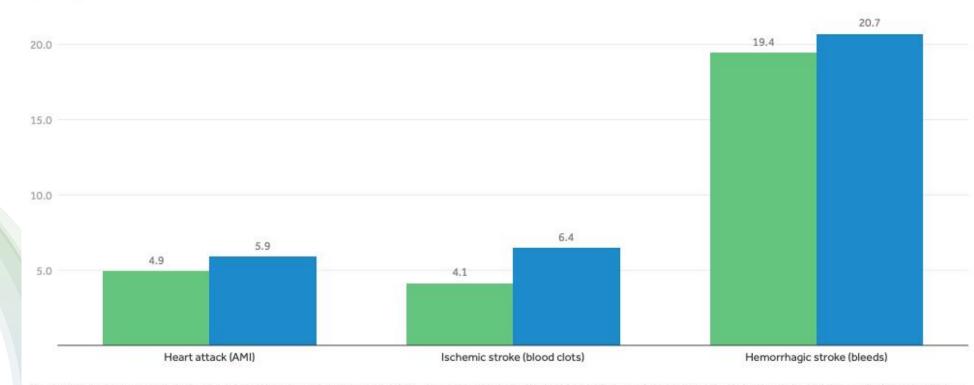


Note: Data for Germany and the Netherlands are from 2017. Data from Belgium is from 2014.

Source: KFF Analysis of OECD Health Statistics (Database) • Get the data • PNG

Mortality for Heart Attacks and Strokes

Age-standardized 30-day mortality rate per 100 patients after admission to the hospital for acute myocardial infarction, ischemic stroke, and hemorrhagic stroke, ages 45 and older, 2018 or nearest year



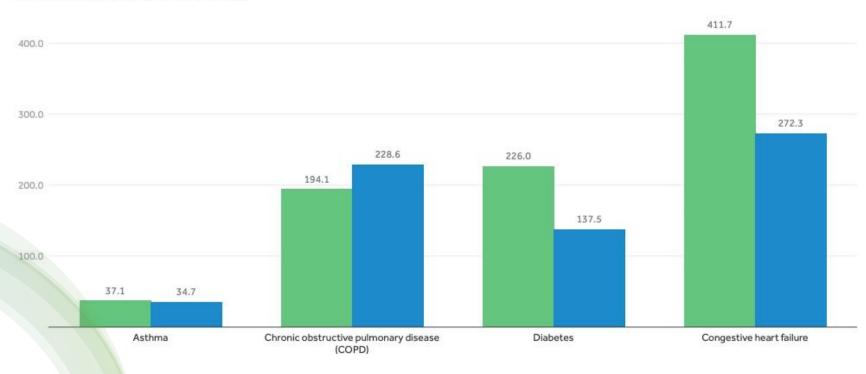
Note: AMI is acute myocardial infarction. Data from Germany and Japan is from 2017. Data from the Netherlands is from 2016. Data from France is from 2015. Data from Switzerland is from 2014.

Source: KFF Analysis of OECD Health Statistics (Database) • Get the data • PNG

US Comparable Country Average

Hospital Admissions for Diabetes and Congestive Heart Failure

Age standardized hospital admission rate per 100,000 population for asthma, COPD, diabetes, and congestive heart failure, ages 15 and over, 2018 or nearest year

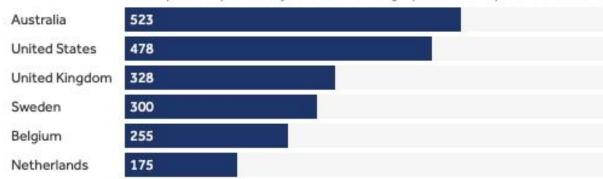


Note: Data from Germany is from 2017. Data from the Netherlands is from 2016. Data from France is from 2015.

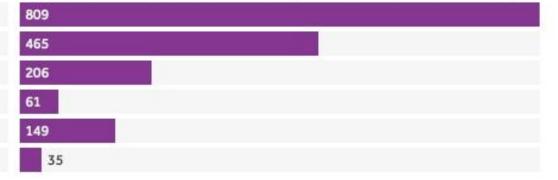
United States Comparable Country Average

Post-operative Complications

Crude rate per 100,000 hospital discharges for post-operative pulmonary embolism or deep vein thrombosis after hip or knee surgery, ages 15 and older, 2018 or latest year available



Post-operative pulmonary embolism among hip and knee replacement discharges Post-operative of



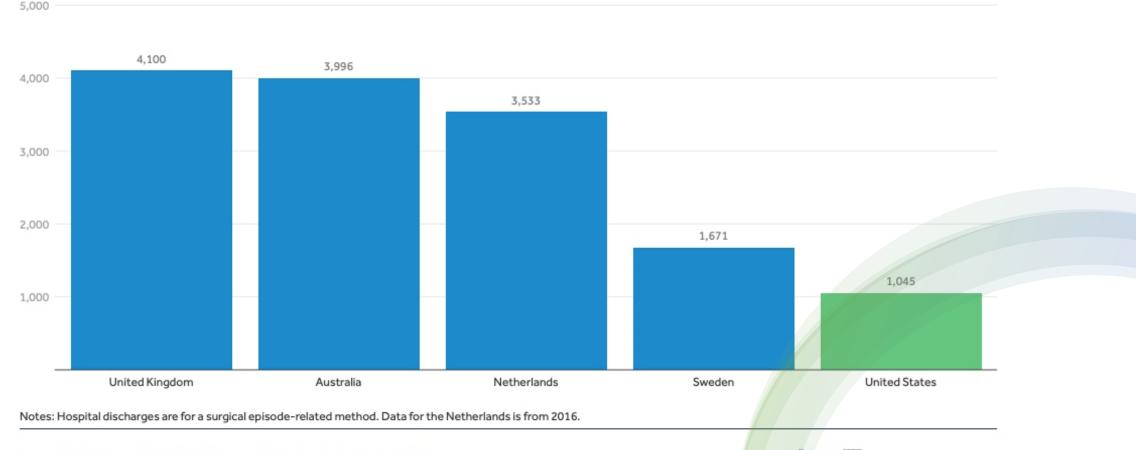
Post-operative deep vein thrombosis among hip and knee replacement discharges

Note: Data for the Netherlands on both indicators is from 2016. Data for Belgium for post-operative embolism after hip or knee surgery is from 2016, and 2017 for post-operative deep vein thrombosis.

Source: KFF analysis of OECD data. • Get the data • PNG

Post-operative Sepsis

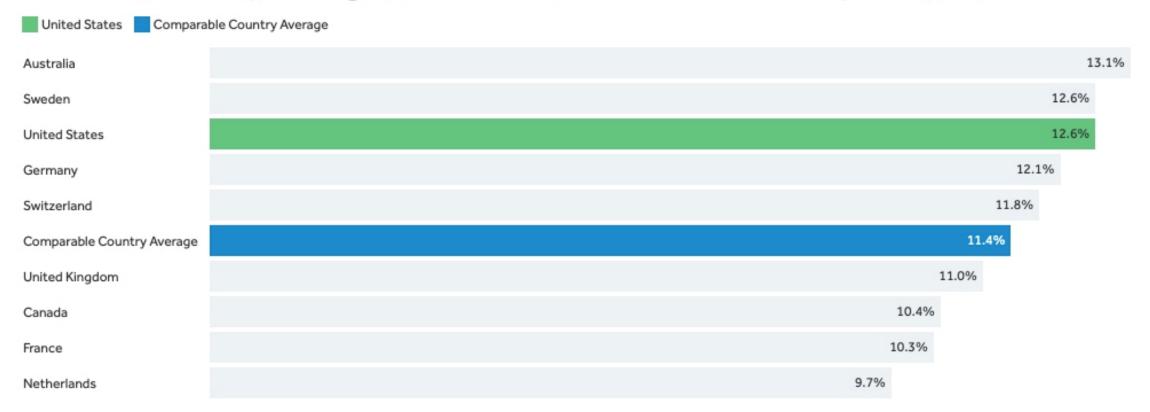
Crude rate per 100,000 hospital discharges for post-operative sepsis after abdominal surgery, ages 15 and older, 2018 or nearest year



Source: KFF Analysis of OECD Health Statistics (Database) • Get the data • PNG

Medication and Treatment Errors

Percent of adults who report having experienced medication or treatment errors in the past two years, 2020

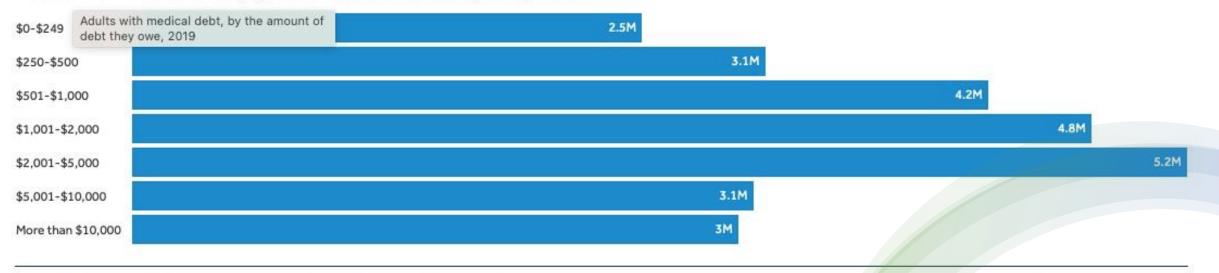


Note: Share responding that in the past 2 years, they had been given the wrong medication or wrong dose by a doctor, nurse, hospital or pharmacist, or if there a time they thought a medical mistake was made in their treatment.

Source: Unpublished data from 2020 Commonwealth Fund International Health Policy Survey • Get the data • PNG

23 Million People \$195 <u>Billion in Medical Debt</u>

Adults with medical debt, by the amount of debt they owe, 2019

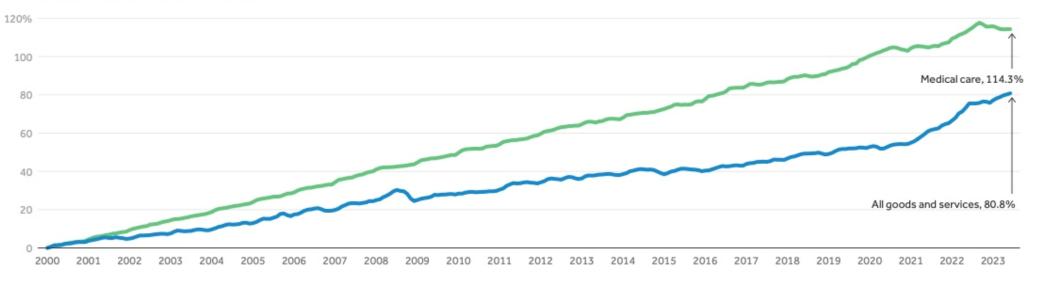


Source: KFF Analysis of U.S. Survey and Income and Program Participation (SIPP) data • PNG

Price Index

Medical care prices have generally grown faster than overall consumer prices

Cumulative percent change in Consumer Price Index for All Urban Consumers (CPI-U) for medical care and for all goods and services, January 2000 - June 2023



Note: Medical care includes medical services as well as commodities such as equipment and drugs.

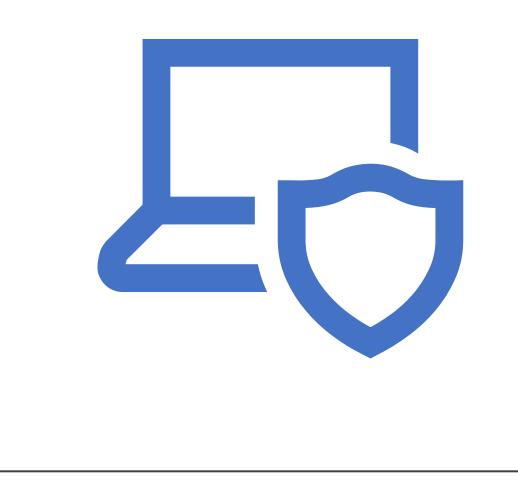
Source: KFF analysis of Bureau of Labor Statistics (BLS) Consumer Price Index (CPI) data • Get the data • PNG



Standard Theory of Supply and Demand

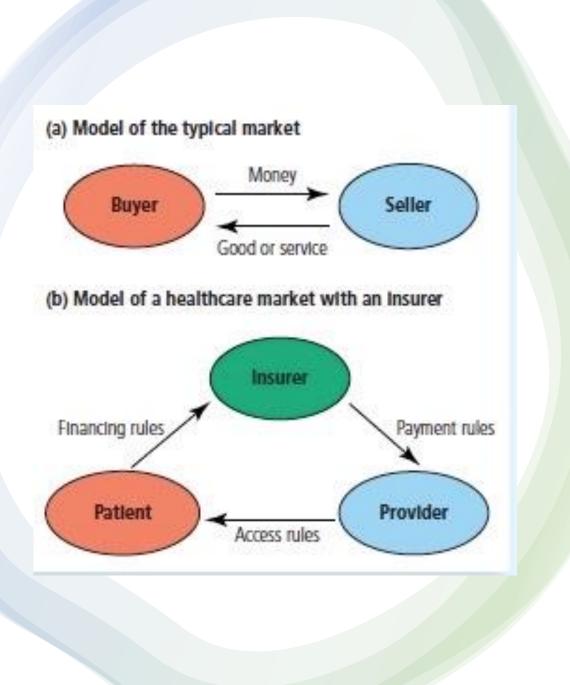


- Buyers and sellers
- Buyers' discernment
- Buyers pay sellers directly.
- Market pricing
- Invisible hand.



Why None of These Apply?

- Third-party interest
- Patients cannot evaluate
- No direct payment to seller
- Rules set prices
- Inefficient allocation of resources.



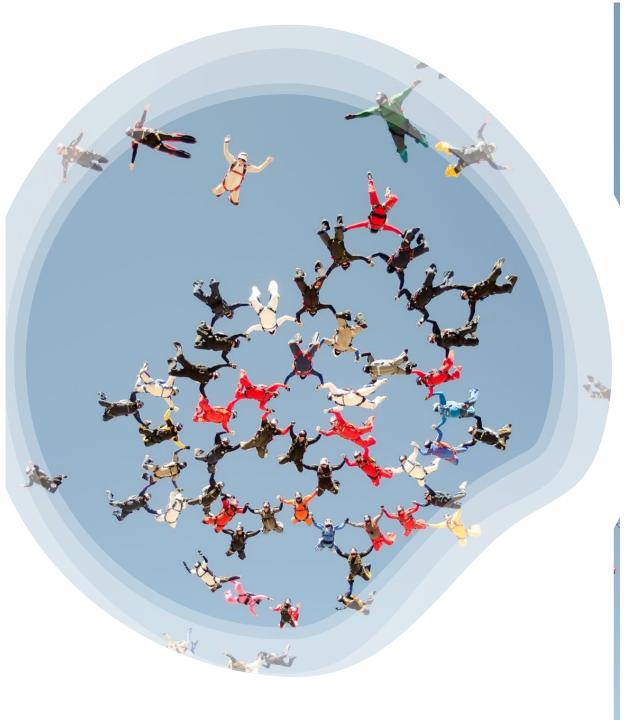
Rules Governing Marketplace

- Provider provides service to patient
- Provider paid by insurer
 - Government
 - Private Insurer
- Funds from:
 - Premiums
 - Taxes
- Requires extensive rules for:
 - Financing
 - Access
 - Payment
- Leads to regulations which shape the US system.

Difficulty of Monitoring Quality

- Consumer
 - Correlation vs. Causation
- Leads to regulations
- Self Monitoring
- Role of not-for-profits
- Create monopolies
- Public safety vs Freedom to choose.





Imperfect Insurance Marketplace

- Episodic
- Cost unknown
- Dealing with uncertainty
- Development of health institutions.

Value of Insurance

- Risk Adversity
- Randomness of spending
- Pay a fee (premium) to contract away all or a part of risk.

But a Problem: Moral Hazard

- Less incentive to take action (behavior) to prevent risk or increase cost
- Patient go to doctor too often if low copay
- Doctor order too many tests if someone else is paying
- Has led to deductibles and prior authorization

Adverse Selection

- Only people who feel they need it buy
- Others wait until they perceive a need
- Basing on health information led to death spiral
- Led to ACA requiring all preexisting covered
- Still a possible death spiral
- Led to requiring all or pay a penalty for not enrollingmandate
- Increasing number of healthy people covered by insurance
- Uninsured fell from 19% to 9%.

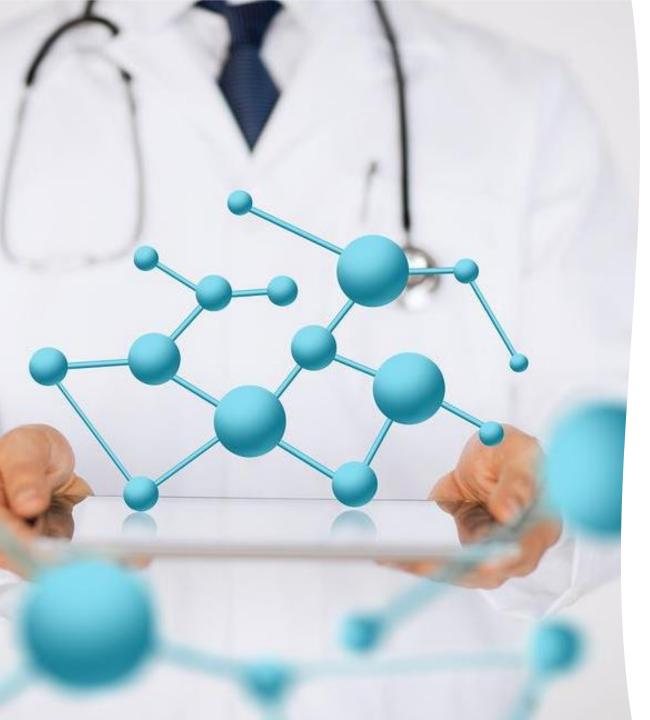
Healthcare as a Right

- Consequences of avoidance due to cost
- Ability to pay a requirement
- Continuous debate
- Costs
- Food % down
- Healthcare % up.

U.S. Response

- Medicare
- Medicaid
- VA
- ACA Marketplace
- Private insurance mostly Employer-based
- Tax loss
- Unique among OECD countries.





Summary

- Health Care Cost growth > GDP
- No abatement
 - Rising wages
 - Productivity growth
 - Tech advances Increase spending
 - Increased demand
 - Lower birthrate
 - Increased longevity
 - Live longer spend more on healthcare
 - Spend on consumables
- Stalemate
- US system Value?
 - Highest cost
 - Problematic outcomes
- Economics different
- Behaviors regulations
- Complexity and inefficiencies.

The Debate



Expanded Government Role Profits vs people Community of health Inefficient markets Public option

Universal

Healthcare

Single Payor – No

U.S. version of

OECD

Government Role **Regulated Market**less heavy handed Increase competition for consumers Individual freedom Winners and losers Rationing care Encourage innovation Decrease complexity

Reduced

Common Issues:

How to pay Broader picture of health Are we paying for all care now?

NEXT CLASS: History Terms Laws Regulations

