Physician’s Verification of Physical Examination for Vanderbilt University Freshman Orientation

1. For the safety of the Midshipmen Candidate (student) a physical examination must be conducted by a qualified Physician prior to NROTC Vanderbilt University authorizing any participation in Freshman Orientation physical activity.
2. This form must be completed by a qualified Physician.
3. Parent of Guardian signature is required, in addition to the Physician’s signature, for Midshipmen Candidates (students) who are less than 18 years of age on the first day of Freshman Orientation.
4. Please note that this form will not be accepted without all of the following:
   a. Physician’s signature
   b. Physician’s name printed
   c. Physician’s official stamp
   d. Form dated not more than 120 days before the first day of Freshman Orientation

Date of Examination: __________________

Physical Examination in case of _________________________________

(Student’s Full Name)

I have conducted a physical examination of the subject individual on the above date and assess that he/she is capable of participating in a physical training program consisting of running and calisthenics, to include a 1.5 mile run, 2 minutes of push-ups, and 2 minutes of sit-ups.

_________________________________  __________________________
Physician’s Signature                Physician’s Official Stamp

_________________________________
Physician’s Signature