President’s Message

Dear Members:

“Joy is Radical!” We learned this from our very own member and VU professor, Alice Randall.

In November and December, we will focus on “Joy” with Zoom presentations that will tickle your senses. We will have Wine Tasting, Cocktail Making, French baking, and Cookie making. Additionally, we will have Stress Relief, Singing, Butterflies, and Art in our lives. We look forward to your participation.

During this time of giving, we are raising funds for our Stapleton/Weaver Student Scholarship. We are hosting a Poinsettia sale, Kendra Scott online sale, and an online sale with past vendors from our annual Holiday Luncheon. Thank you for your contributions.

We hope you will join us as we look forward to connecting with you. Let’s keep the “Joy” and I hope you enjoy this Thanksgiving and holiday season!

With Thanks,

Tracy
Donations to the Scholarship since the last newsletter

Donations may be sent to Liz Doyle, 1556 Oxford Court, Gallatin, TN 37066-5717

Evadne Awh, Mary Baysinger, Holly Beavers, Madelyn Berezov, Cathy Brunk, Amy Page Christiansen, Kelly Christie, Janet Crowson, Dot Galloway, Joyce Gore, Cathy Griffith, Judith Hodges, Joan Hornberger, Regina Jensen, Sheila Jensen, Lael Kiesling, Helen Kornblum, Ann Krimm, Anne Manner, June Morton, Margaret Norris, Rosann Nunnelly, Ann Olsen, Anne Plummer, Kim Ross, Elaina Scott, Nancy Simerly, Amy Smith, Sandy Spitz, Mary Stinson, Grace Wernke, Faye Wyatt,

Year to date
Carol Armes & Robert Pitz, Cheryl Baird, Melinda Balser, Heidi Bates, Audrey Brown, Faye Brown, Kelly Chambers, Peggy Curei, Katrina Dickerson, Kathleen Garthwaite, Kay Hall, Cherie Hamilton, Margaret Hansen, Kathy Hood, Lynn Maddox, Elaine McKenna, Valerie Middleton, Sara Plummer, Cindy Slobogin, Tracy Stadnick, Claire Tschudy

If you have donated and your name does not appear on our honor roll, please email lsiesser7@gmail.com

Donations may be sent to Liz Doyle, 1556 Oxford Court, Gallatin, TN 37066-5717

Upcoming meetings

Details on pages 13 through 24

All meetings require an RSVP so we know attendance expectations. Note which are Zoom, online.

October 30 - Deadline for Wine Tasting and Madeleine Baking

Thursday November 5 - Virtual Wine Tasting - 6:30 - 8 p.m. - ZOOM

November 9 - Deadline for Poinsettia Sale orders

Wednesday November 11 - Cocktails Class - 5:00 - 5:30 p.m. - ZOOM

Friday November 13 - Madeleine Baking - 2 to 3 p.m. - ZOOM

Friday November 13 & Saturday November 14 - Kendra Scott Virtual Sale

Monday November 16 - Butterflies - 10:30 - 11:30 a.m. - ZOOM

Friday November 20 - Poinsettia Pickup - 2 to 5 p.m.

Saturday November 21 - Poinsettia Pickup - 10 a.m. to noon

Place orders by December 1 - Holiday Virtual Bazaar

Wednesday December 2 - Stretching can Reduce Stress - 10:30 a.m. - ZOOM

Friday December 4 - How Art Works - 10:30 - 11:30 a.m. - ZOOM

December 5 - Deadline for Sing-a-Long

December 7 - Deadline for Drive by Tea

Wednesday December 9 - Peanut Butter Balls Cooking Class - 2 p.m. - ZOOM

Friday December 11 - Drive By Tea - 2 - 3 p.m.

Saturday December 19 - Virtual Sing-a-Long - 4 - 5 p.m. - ZOOM

VWC in-person meeting guidelines:

Our Vanderbilt Woman Club Guidelines are different from Nashville Guidelines:

VWC follows Vanderbilt University Phase Guidelines for COVID-19.

Vanderbilt University Guidelines are in Phase II:

“Gatherings up to 10 as long as physical distancing can be maintained and safety protocols (e.g., face masks/coverings) are followed.”

The board recommends: No sharing of food and drink. Members should bring their own food and drink to events at this time.

Members cannot participate if they feel sick or have a fever.

We appreciate your concern for everyone’s health and your participation to help keep our members safe!
Life Members in focus . . .

Anne Gulley

joined the Vanderbilt Woman’s Club in 1966. She joined in order to meet some folks. She had friends who already belonged and joined them at events. Her favorite part of the VWC was seeing people at events. She is the spouse of a Vanderbilt faculty member from the Divinity School.

She particularly liked the Holiday Luncheon and going to the Chancellors mansion for the Opening Tea. She thought the good food and company made it an excellent experience for her. She would tell new members that joining the club is a good way to get to know new people and if you haven’t lived in Nashville it’s a good way to understand what is going on in the city. She has really appreciated the mail that she has received from the members of the VWC.

Mary Nelle Bryant

joined the Vanderbilt Woman’s Club in 1953. She joined because it was the thing to do when you were a faculty wife at Vanderbilt. She went to her first meeting with friends. She is currently 96 years old.

Her father went to Vanderbilt and graduated from the Vanderbilt Pharmacy school in 1910. Her husband taught in the Vanderbilt Mathematics department for 50 years.

Her favorite thing about the Vanderbilt Woman’s Club was going to events and being with her friends. She found it a good place to be with friends and attended many activities in the past. She currently doesn’t have a favorite memory other than wonderful times with friends. She does find that what we are going through now is different from anything that has happened before and hopes that it ends soon.

A few years ago, Mary Nelle shared this charming story:

One memorable afternoon I was able to obtain and pay for a sitter and I headed for the meeting which was at what is now Cheekwood. It was then the private home of Walter and Hilda Sharpe. As I drove our 41 pre-war Ford up the winding drive leading to the mansion, my car stopped. How embarrassing. I cannot remember who came to my rescue, perhaps a parking attendant. Eventually I made it and was greeted by Mrs. Sharpe. Their young daughter, maybe five or six was there. Of the many, many times I have been to Cheekwood since then, I will never forget that afternoon.

A poem from V.M.H. 1994

Virginia Holladay

At found in the Archives

ON BECOMING A LIFE MEMBER
or My Marriage is Older than I Am

It’s a 45-year marriage in a good and happy life.

But I haven’t even lived as long as I have been a wife.

The same applies to the Woman’s Club, on this I don’t mean maybe.

If I’ve been a member 40 years, I joined when just a baby.

Woman’s Club is wonderful. I’m grateful to be in it.

The friends I’ve made are priceless and I wouldn’t trade a minute!

Life members shall be those members who have paid membership dues to the Club for forty years.

Article III - Bylaws

By Joy Allington–Baum

Click here to see what’s new in the picture gallery on our website
Life Members continued

Margaret Norris

joined the Newcomers Club in 1957 after she moved here with her husband and three sons and lived in the graduate new faculty building. Friends of hers from the buildings invited her to an event and she subsequently joined the group. The Newcomers Club merged with the Vanderbilt Woman's Club.

She joined the Book group at that time and has been a member since 1957. The books that have been read have changed over the years and she continues to enjoy reading a wide variety of books. She also enjoyed going (prior to Covid) to other people’s homes. Over the years she has been involved with many of the groups. She particularly enjoyed the dancing club. When they had their annual event the Doctors orchestra would play for free and a good time was had by all. Once the orchestra needed payment, they were no longer able to pay for this activity. She particularly liked any activity that involved the husbands.

Some of her fondest memories were the events at the Chancellors residence, University Club and the Christmas Party. She continues in the club as she meets friends regularly at the book club and she enjoys going to other bigger events as she gets to see people she doesn’t get to see regularly. She also enjoys the luncheons as she gets to try new food.

What she would say to a new member is find the activity or activities that you enjoy and just have fun.

From the Archives’ NOVEMBER

by Joy Allington-Baum

Spring activities for 1952
February 26, 1952
Time and Place: 3:00 home of Mrs. Alex Dragnich, 2404 Garland Ave.
Program: Honoring Bridge Group
Hostess: Dorothy Smullyan, chairman: Louise Basset, Sue Caplenar, Marge Tucker, Dorothy Warren

March 25, 1952
Time and Place: 3:00 p.m. home of Mrs. Gail DePierri - “The Castle”
Program: Honoring Home Arts Group
Discussion of art by local artists.
Hostesses: Marge Clarke, chairman: Doris Daniels, Peggy Steine, Betty Woodruff, Skip Ruyte, Anne Land.

April 29, 1952
Time and Place: 3:00 p.m. Alumni Hall
Program: Honoring Ballroom Dancing Group
“Modern and Interpretive Dancing” by Clara Haddox with demonstration by her group.
Hostesses: Julie Gilmore, chairman, Beverly Gadd, Jo Farrell, Mary Hill, Marjorie Keedy, Mary Sandt.

Ideas for reviving some of the old interest groups?
Anyone for ballroom dancing?

With the Archives being out-of-bounds until after the lockdown is lifted, Joy is unable to research new material for our series “From the Archives”.

If you have heard any stories from the past or have early photographs to share, we should be delighted to have them for future issues of the Magnolia News.
‘Get Fit’

Social distancing doesn’t have to be a deterrent for getting out and getting fit! **Running** is a great way to stay vibrant, feel better, and get your “glow” on! Did you know that there are “virtual” races that you can register for? You choose your distance (5k, 10k, half-marathon, etc.), **complete at your leisure and pace**, and virtual races offer fun incentives (think swag AND medals!) to encourage runners and walkers to get out and exercise without gathering in huge crowds!

You’ll find many races support great charities as well. **Virtual Running Club** ([www.virtualrunningclub.com](http://www.virtualrunningclub.com)) recently held a “**Ratification Race**” that celebrated and honored the 100th anniversary of the ratification of the 19th Amendment (a portion of registration fees went to the National Park Foundation’s Women in Parks initiative)! A quick Google Search for: Virtual Running Clubs will give you a list of great options to check out – or contact me any time for help, training suggestions, and encouragement!

Exciting races are happening virtually all the time.
Check it out and stay fit and healthy in reality (and socially distanced)!

**Heidi Bates**  801-671-2363
heidi.m.bates@gmail.com

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**Music Group**

Dear Distant Groupies,

I hope you are all well and able to find music to soothe your soul during this on-going pandemic. Here are a few events that you might like to tune into virtually.

**Tin Pan South 2020 Fest** is completely virtual and free. This is presented by Nashville Songwriters Assoc. International. The video streams run from Oct. 20-24 with more than 75 performers set to appear. They are at 7 and 8 p.m. each night. You can also replay them for 24 hours. For the full schedule visit: [tinpansouth.com](http://tinpansouth.com).

Vanderbilt’s Blair School of Music is presenting live performances online through their website: [blair.vanderbilt.edu/live-streams.php](http://blair.vanderbilt.edu/live-streams.php). As of October 21 they had programs scheduled through December 5. I think I saw a feedback section where we can let them know how we appreciate their efforts to reach us.

We may have a Jazz presentation via Zoom in November. I will send more information on this when available.

I hope you can enjoy some of these performances until we meet again!

Thanks and stay safe!!

**Sue McDougall**  615-974-5121
mcdougall.interiors@gmail.com

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**Calling all those channeling their inner Tourist.**

We are looking for a co-chair for the **Community Explorers group.** If you are interested, please contact **Lina Keefe**

Interest Group Chair
LDFK@comcast.net.

Thank you,
615-268-3850

**Chair of Explorers**
Margaret Hansen - 615-481-1927
margarethansen@gmail.com
If you missed the meeting, here is the link to the recording:

Dr. Linda Wynn  VWC Zoom Talk:

*Stars & Sustainers: The Long Line of Black Women Activists*

https://us02web.zoom.us/rec/share/grTZTewFjxZAeFtMc_Fa30jerReApmBY3j9eLH58vV5nN4VdolCypPybGimGNgstg.VmqWX_4Fyiep4gc2

Passcode: x8XeVng+

We are sorry, our recording missed the beginning introduction.

As we are recording more and more zoom presentations, we are running out of recording space and therefore, will be removing earlier zoom presentations.

Sincerely,
Tracy Stadnick

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French Conversation in the past

Followed by Lunch

French Conversation in 2020 using ZOOM

Community Explorers

The Murals in the Gulch

*To be scheduled after lockdown restrictions are lifted*

Margaret Hansen - 615-481-1927
margarethansen@gmail.com

looking for a co-chair . . . .

Second Thursday, 1 - 2 p.m.

Joan Harshman - 615-864-8885
joan.s.harshman@gmail.com

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Click here to see what’s new in the picture gallery on our website
Community Service/Outreach

Thank you to Tracy Stadnick and Lynn Maddox for coordinating the community service opportunity with OneGenAway. OneGenAway is a non-profit 501(c)3 that works to bring fresh, healthy food directly to people in need. They strive to eliminate food deserts in the low income neighborhoods in America. On October 3, they provided 30,000 pounds of healthy food to be unloaded, organized and distributed to families in the Midtown, Edgehill and Chestnut Hill neighborhoods. It was a huge success and hundreds were served. Jeannette McNeil, Karen Gutierrez, Mariel Hagan, Stephanie Ward, Kelly Chambers and Anna Walker represented the VWC and joined Lynn and her team of volunteers for this worthy cause.

More about OneGenAway on page 9.

Thank you ladies of the Community Service Committee!

SECOND HARVEST VIRTUAL FOOD DRIVE

Make a difference in the lives of those in need and start a Virtual Food Drive! Your Virtual Food Drive will help raise awareness about the issue of hunger AND raise critically needed funds to support our Feeding Programs. A Virtual Food Drive is an easy, fun and highly effective way to make an impact in the lives of those struggling with hunger.

For more information, go to secondharvestmidtn.org

- Second Harvest Food Bank of Middle Tennessee
  - The Martin Distribution Center
  - 331 Great Circle Road Nashville, TN 37228
    - T: 615.329.3491
    - F: 615.329.3988

“Service is the rent we pay for living.”
- Marian Wright Edelman

Project Period
Click here to read more

Donate feminine hygiene products at this year’s meetings.
This includes soap and deodorant.
Donations can be left in the big pink bin or bag at each of our events—if we ever meet in-person again.
Communications Gurus

Thank you for keeping us all informed. Please send all photos or items you want to share to:

Kelly Chambers
kellychambers420@yahoo.com

Text: 409-771-5731

She will disseminate all information. Kelly will also guide you through joining our social media.

The Team

Kelly Chambers - Coordinator
Nancy Dwyer - Publicity
Lisa LeMaster - Website
Lynne Siesser - Magnolia News

Interest Groups
Do you have another interest not listed?

Lina Keefe 615-268-3850 LDFK@comcast.net

DAYTIME

ANTIQUES: Mary Helen Short 3rd Tuesday at 10am
615-269-0538 - maryhelenshort11111@gmail.com
BOOK GROUP TWO: Nancy Fruetel 1st Monday 1pm
615-297-5075 - nnfruetel@msn.com
BRIDGE TUESDAY: Mary Helen Short 2nd Tuesday 1pm
615-269-0538 - maryhelenshort111111@gmail.com
BRIDGE THURSDAY: Lynne SiesserEvery Thursday 1pm
615-298-5659 - lsiesser7@gmail.com
COMMUNITY EXPLORERS
Margaret Hansen - 615-481-1927
margarethansen@gmail.com
COMMUNITY SERVICE: 1st Tuesday 9:30am
Anna Walker - 615-545-7788 -
totallyou@msn.com
FRENCH: Joan Harshman
2nd Thursday 12:30pm
615-864-8885 - joan.s.harshman@gmail.com
GET FIT: Heidi Bates
801-671-2363 - Heidi.m.bates@gmail.com
MAH JONGG: Cindy Slobogin Every Wednesday 1pm
352-339-4822 - slobogin@hotmail.com
MOVIE GROUP: Betsy Fleetwood
615-579-0903 - befleet@aol.com
OUT TO LUNCH BUNCH: 4th Thursday 12:30pm
Joy Allington-Baum - 214-755-5328
joyallingtonbaum@gmail.com
QUILTING: Lynne Siesser
615-298-5659 - lsiesser7@gmail.com
VANDY LUNCH: Elisabeth Sandberg
2nd Wednesday 12:30pm
text: 617-957-2169 - elisabeth.sandberg@vanderbilt.edu

EVENING/WEEKEND

BOOK GROUP ONE: 2nd Sunday 2:30pm
Ann Ercelawn - 615-298-4766 - ann.ercelawn@gmail.com
Kitty Porter - 615-406-4352 - kitty.porter@gmail.com
COCKTAIL CLUB: Lynne Siesser
615-298-5659 - lsiesser7@gmail.com
GET FIT: Heidi Bates
801-671-2363 - Heidi.m.bates@gmail.com
GIRLS NIGHT OUT:
Amy Smith - 720-939-0135 - amyjsmith.rn@gmail.com
Cindy Slobogin - 352-339-4822 - slobogin@hotmail.com
GOURMET GROUP
Sheila Jensen - 615-351-4375 shearjensen@comcast.net
Adele Stein - 615-309-6951 steinadelle@hotmail.com
LOOSELY BOUND: Elisabeth Sandberg 4th Tuesday 7pm
text: 617-957-2169 elisabeth.sandberg@vanderbilt.edu
MAH JONGG - EVENING: 1st Monday 7pm
Cindy Slobogin - 352-339-4822 - slobogin@hotmail.com
MOVIES - EVENING:
Cindy Slobogin - 352-339-4822 - slobogin@hotmail.com
Betsy Fleetwood - 615-579-0903 - befleet@aol.com
MUSIC GROUP: Sue McDouall
615-974-5121 - mcdougall.interiors@gmail.com

Stay Connected

Join our VWC Facebook group to keep up with happenings in the club throughout the year. It’s a closed group so only VWC members may post information or see posts. You do need a Facebook account to join.

Click here to see what’s new in the picture gallery on our website
Vanderbilt and OneGenAway, a nonprofit organization that strives to eliminate food deserts, partnered to provide 30,000 pounds of healthy food to families in the Midtown, Edgehill and Chestnut Hill neighborhoods on Oct. 3.

Food deserts are areas where citizens lack access to fresh fruit, vegetables and other healthy whole foods due to lack of grocery stores, lack of transportation and economic hardship. Families in nearly 400 cars were served by approximately 100 volunteers that day.

OneGenAway rescues food seven days a week from local grocery stores and restaurants such as Whole Foods, Costco, GFS, Publix, Outback Steakhouse and Aldi. Then every week OneGenAway, in partnership with Second Harvest and with the help of many volunteers, brings truckloads of food delivered directly on the streets of neighbors in need.

County Liaison for Government and Community Relations Lynn Maddox distributes food at Saturday’s event.

Vanderbilt’s Office of Government and Community Relations partnered on the event as part of its efforts to build relationships in the community and make a beneficial impact.

Volunteers from the Vanderbilt Woman’s Club, Next Steps at Vanderbilt University, Vanderbilt University Police Department and faculty members were also on hand to help. They stacked and filled boxes of food and also shared information regarding the Vanderbilt, Let’s Vote campaign.

“This event was a wonderful opportunity to partner with an amazing local organization working to provide healthy food options that aren’t easily accessible in these neighborhoods,” said Nathan Green, vice chancellor for government and community relations. “We want to continue the momentum from this event and find ways to support our university neighbors in ways that will be beneficial to their lives.”

County Liaison for Government and Community Relations, Lynn Maddox distributes food at Saturday’s event. Lynn is a VWC member and past president.

For other opportunities to volunteer, contact
Vanderbilt Woman’s Club
Community Service
Anna Walker
615-545-7788
totallyou@msn.com

Picture and VWC participation organized by Lynn Maddox

Click here to see what’s new in the picture gallery on our website
Vanderbilt University Fine Arts Gallery presents:

A Q&A with Ali Smith and Michael Alec Rose

Moderated by Leonard Folgarait, Professor of History of Art

Friday, October 30, 1:00pm CST via Zoom

This talk is open to the public and will be held via Zoom. Register here!

Michael Alec Rose is professor of composition at Vanderbilt’s Blair School of Music, and a composer of symphonic, chamber, piano, vocal, wind ensemble, ballet and theater music.

Ali Smith paints vibrant, abstract compositions in oil on canvas whose forms suggest complex organic structures and imaginary landscapes. Her brightly colored and heavily textured networks of lines and forms constitute a personal language of motifs and shapes.

Leonard Folgarait is distinguished professor of History of Art at Vanderbilt University. His areas of teaching and research are the modern art of Latin America, with a specialization in the twentieth-century art of Mexico; and modern European and American art and architecture.

In-person Gallery access is limited to Vanderbilt students, faculty and staff only, and timed-ticket reservations are required. Those unable to visit are encouraged to download the catalog, view paintings, and hear the musical performance online.
Vanderbilt / Community Event by Tracy Stadnick

Melodores in Quarantine, recordings:

Nashville Symphony Master class series:
https://www.nashvillesymphony.org/accelerandomasterclasses

Nashville Jazz workshop: Jazz, streaming
https://nashvillejazz.org/events/streaming-schedule/

TPAC salon series: “Nashville Sound” Nashville’s artists, galleries, and more,
Zoom reservation close at 4:00PM on November 9th.
You may have heard of the “Nashville Sound.” But is there a Nashville identity when it comes to the visual arts? TPAC’s Kristin Horsley invites together artists Omari Booker, Carla Ciuffo, and Alan LeQuire as well as Susan Tinney, founder and owner of Tinney Contemporary, for a deep dive into what inspires Nashville’s artists, galleries, and more.

TPAC salon series: Japanese arts and culture in Nashville
Zoom reservation needed reservation close 4:00 PM on November 16.
https://www.tpac.org/event/2020-11-17-to-2020-11-17-salon-series-november-17/
Japanese culture expert Terry Vo and Ginger Byrn, the Director of Programs and Membership Development at the Japan-America Society of Tennessee, Inc., host a variety of special guests – including Byron Stithem of Proper Saké Co., Cameron Manning from the Consulate-General of Japan in Nashville, and Jazz singer Nozomi Takasu – to showcase Japanese arts and culture in Nashville

TPAC and Nashville Ballet, zoom performance
Celebrates the spirit of Nashville — a city overflowing with fortitude, resiliency, and of course, creativity. A love letter to its hometown, Nashville Ballet’s mix repertory program features works by Paul Vasterling, Christopher Stuart, Mollie Sansone, and Gerald Watson — four artists whose careers blossomed as a result of the support and stewardship for which Nashville Ballet is now more grateful than ever.

Vanderbilt Woman’s Center
vanderbilt.edu/womenscenter/kitchentablesseries.com

Nov 17 5PM. Women’s Roles in the Pandemic
Zoom discussion
RSVP Brianna.nesbitt@vanderbilt.edu

From the Spanish Flu to the ongoing COVID-19 pandemic, what roles have women played throughout these historic crises? How have these roles shifted over time? We will analyze women’s contributions during these difficult times as well as the great pressures they may confront due to gender inequality.

Woman’s Center Parenting Zoom presentations:
https://www.vanderbilt.edu/womenscenter/parenting-group

Nov 13 Kids and Decision Making
Dec 10 MPS School Choice
A SIMPLE GUIDE TO ATTENDING CLASSES VIA ZOOM LIVE-STREAM

You will be sent a ZOOM access link for your class if you have not already — just click the link and follow the instructions that pop up on your computer screen.

Here are some step-by-step instructions for features within ZOOM.

ZOOM INSTRUCTIONS

We’ve chosen the ZOOM video-conferencing platform for its ease of use and generally consistent quality of connection. It is recommended that you download the Zoom app, although this is not required to participate. If you already have the Zoom app you may be in need of an upgraded version in order to make things run as smoothly as possible.

About Zoom
How do I join a ZOOM meeting?
Updating my Zoom app

VIEWING OPTIONS

1. Look at top right of the ZOOM window. You will see an icon representing one of two view options: Gallery View or Speaker View. Click the icon to switch views.

   ![Speaker View Gallery View]

   - **Gallery View** lets you see small video thumbnails of all participants.
   - **Speaker View** lets you see the Active Speaker (the person speaking at any given time).

We recommend that you keep your screen on Speaker View as that will keep your focus on the presenter and help you remain more connected to the information being shared.

2. On the bottom of your screen, in the bottom left corner of the toolbar, which you may have to scroll over to see, there are controls for your microphone and video camera. This is where you can both electively mute and unmute your microphone as well as start and stop the video image of yourself.

   ![Unmute Stop Video]

Although muted audio is the default setting for most classes, be sure to mute your mic (lower-left corner of your screen) as soon as you sign on and whenever you are not speaking. This is important to avoid background noise and distractions for others.

If you click on Stop Video, real time video of you will be replaced by a simple solid screen with your name on it. You will still able to see others who have their own video playing. When you want to return to using video so that you can be seen by the whole group, just click on Start Video. Consider stopping your video if you are eating, talking with someone else in the room, or doing anything else that might be distracting to others.
Join us on **November 5th**
from **6:30 - 8:00**
for a **virtual wine tasting**.

*Register by October 30th!*

**Italian wine tasting**
taught by Italian, **Viviana**

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Viviana, originally from the small town of Azzano Decimo (near Venice, Italy), moved to Nashville, TN in 2003 and lived with a local family as their au-pair (a fancy word for nanny) for two years. Her initial thought was to stay in the States for 1 year and then move somewhere else but instead, as she likes to say, “life happened”. She then graduated in 2009 from Tennessee State University with a BBA in consumer marketing and has since held positions in completely different industries. Her need to keep in touch with her roots and a curiosity for wines brought her to 100% Italiano in 2009, a newly founded wine distribution in Nashville, TN and has been working with the company first as a salesperson and then as sales manager. At the same time, she met Patti Franklin Nelson, founder of Italian for Fun and now is one of the teachers and promoters of “everything Italian in Nashville”. Passionate about learning and educating people, you might bump into Viviana leading an Italian conversation group on zoom, teaching an Italian Wine 101 class across town or shuffling her bag full of wine through some of the best independent restaurants in Middle Tennessee.

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**Cost of the event is $20** which includes an introduction to Italian wines and varieties, how to read an Italian label, a little bit of history and evolution of winemaking and details about the two wines chosen. Everybody will receive some printed material besides my present. Registration for the event can be done by emailing my @ v_luison@hotmail.com Payment can be done by venmo @vivilui or PayPal @ v_luison@hotmail.com (please select the options of send money to friend)

The two wines we will talk about in class will be the following:

1. Soave Meridies Nardello - white
   *(this wine should be around $15)*
2. Enrico Marcato Duo - red
   *(this wine should be around $18)*

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**Cost of wine is separate.**

suggest we use Maryland Farms Wine and Sprits as our retailer of choice. 

*Maryland Farms is located by Publix on Old Hickory Blvd @ 101 Creekside Crossing #800, Brentwood, TN 37027*

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*Click here to see what's new in the picture gallery on our website*
Cocktail Mixing Class via Zoom
Wednesday November 11th
5:00 - 5:30 p.m.

Taught by Mixologist, award winning
Nahm Kim
from
Sunda New Asian Restaurant.

We will learn how to create
two different cocktails.

Mixing kit:
This is a minimum of what is needed for
a cocktail class plus glassware to pour
the final product into.

To register:
Mixologist Class Ticketing Page:
(No spaces)

Enter promo code:
VWC
for $5 OFF
to bring price to $25/person.

Cost $25.

This provides instruction and mixers to be picked
up by you at the restaurant a day ahead of event.

You will need to purchase:

2oz of vodka
2oz of whisky

Any brand will be ok.

1. Blackberry Ginger Shrub
   with Rosemary Syrup

2. Pumpkin Spiced Old Fashion
Madeleine Baking Class taught by a true French Baker
Madeleine - a French cookie. Rich little pound cakes in the form of a shell. Taste great right out of the oven and also with tea.

Friday, November 13th from 2:00 - 3:00 p.m.

Taught by Caroline Gobert:
“We are a French family living in Franklin.
My husband works at Vanderbilt and I give some French and cooking lessons.
I love to cook for my family and friends.”

You will need to purchase a Madeleine pan. Below are links where you can purchase a Madeleine pan. $15 and it is easy to find on line (https://www.amazon.com/Chicago-Metallic-Professional-15-75-Inch-7-75-Inch/dp/B00134LXEY/ref=sr_1_9?dchild=1&keywords=madeleine&qid=1602767119&srs=8-9) or in shops (Tj max; Homegoods; sur la table; ...).

You will also need a lemon zester (https://www.amazon.com/1Easylife-Stainless-Zester-Channel-Hanging/dp/B00U71AZ3Y/ref=sr_1_7?dchild=1&keywords=zesteur&qid=1602767177&srs=8-7-spell).

If possible, purchase a scale with grams to weigh the ingredients.

Here is the list of ingredients:

130 g all-purpose flour (4.5 oz)
• Baking soda (1 teaspoon)
• 2 organic yellow lemons
• 3 eggs
• 150 g sugar (5.2 oz)
• 10 g honey (0.3 oz)
• 130 g butter (President or Kerrygold) (4.5 oz). The President butter can be found in Publix.

RSVP: Tracy Stadnick by October 30th so we know how many participants
tracy.stadnick@vanderbilt.edu
KENDRA SCOTT
48-HOUR VIRTUAL SHOPPING EVENT

Friday, November 13
and
Saturday, November 14
12:00 a.m. to 11:59 p.m.

What a great way to shop for jewelry while giving back to our
Vanderbilt Woman’s Club!

https://vanderbiltwomansclubgb.splashthat.com
Learn about Butterflies in TN!
We will be hosting Tennessee’s butterfly expert, 
**Rita Venable,**
on
**Monday, November 16th**
at
**10:30 - 11:30am.**
Via Zoom.

Rita Venable is a writer, photographer, and speaker whose much-loved subject is nature, especially butterflies. She is author of *Butterflies of Tennessee* (2014, Maywood Publishing). Rita has published numerous articles and photographs in literary publications, newspapers, and magazines including *American Butterflies, American Gardener, Backpacker, Discover the Outdoors,* and *National Wildlife Online*. She has won Excellence In Craft awards in writing and photography from the Tennessee Outdoor Writers Association and Southeastern Outdoor Press Association in multiple years and was an artist-in-residence in creative writing with the Tennessee Arts Commission for five years. She was editor of *Butterfly Gardener*, a publication of the North American Butterfly Association based in Morristown, New Jersey. She most enjoys connecting people with the butterflies that live around them.


RSVP
**Tracy Stadnick**
who will send out the link closer to the date.
tracy.stadnick@vanderbilt.edu
Beautiful Holiday Poinsettias in foil-wrapped pots.
Available in red, pink, or white.

- 6 ½ - inch pot  $15
- 8 - inch pot  $20

8-inch ceramic dish with succulents and holiday ornament  $30

Orders and payment must be received by November 9th, 2020

https://vanderbilt.alumiq.com/index.cfm/events:register/home/eventId/331

Mark your calendar for drive-through pickup at Sharon Hels's house
613 Lynnwood Blvd. Nashville, TN 37205

- Friday November 20th from 2 to 5
- Saturday November 21st from 10 to noon.
VWC Holiday Virtual Bazaar

Cindy David Jewelry
http://www.cindydavid.com  VANDY20 for 20% off purchase

NJS Fashion Handbags
www.njshandbags.com

Susan Mayo
http://artistsonmain.com/susan-mayo.html

Sheree Rose Kelley
www.sherereosekelley.com  or  www.bellemeadewinery.com

Orders should be placed by December 1

Vendors will make a donation to the scholarship fund so make sure you state you are with the Vanderbilt Woman’s Club.
ZOOM MEETING
Wednesday, December 2 @ 10:30am
TITLE: How Stretching Can Reduce Stress and Help Keep You Active and Mobile

RSVP Tracy Stadnick who will send out the link closer to the date.
tracy.stadnick@vanderbilt.edu

Your daily life should never be limited because of your fear of painful movement.

Connie C. Williams of The Power to Pause Stretching Studio

will share how a daily routine of stretching cannot only help reduce stress, but it can also help keep you active and mobile through increased circulation and range of motion.

Connie will explain how tight muscle tissue affects your body and offer visual examples of some popular

Click here to see what's new in the picture gallery on our website
Friday, December 4th
10:30 - 11:30 a.m.

“How Art works in our lives”

Artist Charles Brindley will present both his history as an artist and his current work. Included in this talk will be a discussion about creative process and creative courage, and how these concepts go beyond artistic endeavors and are pertinent to actualization in our daily lives.

Old Forest Trees
In contrast to woodland pasture trees, trees from old forests, old growth forests and deep woods have considerably different growth patterns, material surface surroundings and surface details. Brindley’s drawings and paintings of trees began with specimens in open fields and in 2007 transitioned to include additional environments.

“Trees are sanctuaries. Whoever knows how to listen to them experiences the truth.”
Hermann Hesse

Charles Brindley is a native of Nashville. He paints and draws - landscapes, trees, rocks, hills, and historic homes are his subjects. He has work displayed in New York, Washington DC and Nashville.

His exhibits include:
Cheekwood: “Trees of Myth and Legend”
Belmont Mansion: “Far Hills”
Images of the Tennessee Residence, The Historic Home of Tennessee’s Governors
Owl’s Hill Nature Sanctuary and Warner Park Nature Centers
TN State Museum: “Landscape Vision”

Click here to see what’s new in the picture gallery on our website

https://www.cbrindley.com/

RSVP Tracy Stadnick who will send out the link closer to the date.

tracy.stadnick@vanderbilt.edu
Learn to make Peanut Butter Balls

Buckeyes

Zoom Class with Peggy Curci

Wednesday, December 9, 2 pm

Donations to the Scholarship Fund appreciated

Ingredients:
1 Cup butter, softened
3 1/2 Cups powder sugar
1 1/2 Cups Peanut butter – creamy or crunchy, Jif works well
Dipping chocolate – Ghirardelli works well
It's Time For Our Third Annual Holiday Tea

It will be a little different this year and we are glad to be able to accommodate the new restrictions. Thistle Farms has created a box for contactless pick up. It will contain all the regular tea items and a tea bag so you can recreate the experience at home. You drive up and we load the car - it's contactless and a fun way to support Thistle Café.

When: drive by pick up December 11th, from 2-3pm.

Cost: $30 per person, payment online only
https://vanderbilt.alumniq.com/index.cfm/events:register/home/eventId/327

Last day to order December 7th.

Tips welcome and need to be given at time of pick up - do not include in payment.

Questions: contact Joy Allington-Baum 214-735-5328 or joyallingtonbaum@gmail.com

More information about Thistle Farms https://thistlefarms.org

Click here to see what’s new in the picture gallery on our website
“Nothing brings people together like singing” Bohemian Rhapsody

Join us for a virtual Sing-along

ZOOM

led by
Valerie Middleton,
our VWC member, and professor at Blair School of Music.

December 19th
from 4:00 - 5:00

Please RSVP by December 5th
to participate

and if you have a song request, send the song
to: Valerie.jg.middletong@gmail.com

The first 30 people will be able to participate.

Taken from a list of top 50 Sing-a-Long songs

Bohemian Rhapsody (Queen) - Day-O Banana Boat Song (Harry Belafonte) -
Barbara Ann (Beach Boys - Daydream Believer (Monkees) – Hey Jude (the
Beatles) – New York New York (Frank Sinatra) – Mack the Knife (Bobby Darin) –
Sweet Home Alabama (Lynyrd Skynyrd) - Brown Eyed Girl (Van Morrison) –
American Pie (Don McLean) – Piano Man (Billy Joel – Yellow Submarine (the
Beatles) – We Will Rock You (Queen) – Aquarius/Let the Sun Shine (Fifth
Dimension) - Sloop John B (Beach Boys) – Uptown Girl (Billy Joel) – Sweet
Caroline (Neil Diamond) - YMCA (Village People) - Wild Thing (The Troggs) -
Chapel of Love (the Dixies) - Thank You For Being a Friend (Andrew Gold) -
California Girls (Beach Boys) - Lion Sleeps Tonight (Tokens) - Oh-La-Di, Oh-La-
Da (Beatles) - Proud Mary (Ike & Tina Turner) - Take Me Home, Country
Roads (John Denver) - Walking on Sunshine (Katrina and the Waves) - My
Favorite Things (Sound of Music) - These Boots are Made For Walking (Nancy
Sinatra) - If I Had a Hammer (Trini Lopez) and many more . . . . . .

Send your requests to Valerie (they need not be on this list)
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**Holiday Virtual Bazaar**

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