The Vanderbilt Woman's Club brings together the women of Vanderbilt University; provides an opportunity for intellectual, cultural and social activities within the community and the University; supports and assists the mission of the University; and sponsors the Vanderbilt Woman's Club Stapleton/Weaver Endowed Scholarship through fundraising.

Members of the Board
2020-2021

Tracy Stadnick
President

Joy Allington-Baum
Past President

Sharon Hels
Vice President/Programs

Elisabeth Sandberg
Treasurer

Ebbie Redwine
Recording Secretary

Sara Plummer
Corresponding Secretary

Kelly Chambers
Communications

Peggy Curci
Hospitality

Lina Keefe
Interest Groups

Yolonda Brooks Robinson
Newcomers

Liz Doyle
Membership

Frannie Benner
Fund Raising

President’s Letter

“Celebrate Women!” is our theme this year. We celebrated the 19th Amendment; read The Woman’s Hour by Elaine Weiss, and heard presentations from professors and leaders regarding our history. As we learned about the impact of women on our Tennessee history, we remembered forgotten suffragists, recognized current Tennessee women leaders; and reflected on the history of Vanderbilt women who worked hard to pave the way for us today. This year has been a challenging one, but that has not stopped women from continuing to break barriers. We now have our first woman Vice President. And we can proudly say that Vanderbilt’s own Sarah Fuller has represented all women as the first female college football player. Once impossible, these two events have reminded our future generations of females, as well as our own, that no dream is too big.

March is Women’s History Month, and Katie McDougall from The Porch will present "Jumpstart Your First Novel." If you ever dreamed about writing a novel, now would be a good time to start. As we learn from Katie about writing, we would like to have a record about you and this year. How will you tell your story of this year? What stands out to you about this year? Help us write VWC herstory.

Our Vanderbilt Woman’s Club members do amazing things every day. I am grateful I met so many of you, and I am amazed at your backgrounds, your careers, your love of learning and love of life. I cannot wait to hear what you have to say about this year. Our Vanderbilt Women are no exception to our “Celebrate Women” theme. Help us create a memory for our future VWC members to remember 2020. I look forward to reading your story and creating our VWC herstory!

Tracy

NEXT MEETINGS:
MARCH 9th and 25th
DETAILS ON PAGES NINE AND TEN

The Vanderbilt Woman’s Club acknowledges the late Margaret Branscomb, wife of Chancellor Harvie Branscomb, for the major plantings of the magnolia trees on campus and honors her in the naming of the newsletter.

VANDERBILT WOMAN’S CLUB
Donations to the Scholarship since the last newsletter

Donations may be sent to Liz Doyle, 1556 Oxford Court, Gallatin, TN 37066-5717

Year to date

Tribute cards are available from Liz at all meetings.

[click here to make your donation by credit card]

If you have donated and your name does not appear on our honor roll, please email lsiesser7@gmail.com

Capital Campaign

$22,105 raised so far

Thank you to the following donors:

We are so appreciative for the Woman’s Club help over the years – you are making a difference!!!!
Douglas L. Christiansen, Ph.D.
Vice Provost for University Enrollment Affairs
Dean of Admissions and Financial Aid

In Memoriam
Emily Gibbs
Karen Lawrence
Molly Stein
‘Get Fit’
Social distancing doesn’t have to be a deterrent for getting out and getting fit. A new year is a great time for renewed goals. Running is a great way to stay vibrant, feel better, and get your “glow” on. If running isn’t for you (or your knees), walking is equally good. If you would like some additional motivation, there are “virtual” races that you can participate in. These great races can be completed entirely at your leisure and pace, at a distance you can choose (5k, 10k, half-marathon, etc.). They offer fun incentives (think swag AND medals) to encourage runners and walkers to get out and exercise without gathering in huge crowds. You’ll find many races support great charities as well.

Virtual Running Club (www.virtualrunningclub.com) recently held a “Ratification Race” that celebrated the 100th anniversary of the ratification of the 19th Amendment (a portion of registration fees went to the National Park Foundation’s Women in Parks initiative). A quick Google Search for: Virtual Running Clubs will give you a list of great options to check out . . . or contact me any time for help, training suggestions, encouragement, or to schedule virtual walks/runs together!

Exciting races are happening virtually all the time. Check out a virtual race and get or stay fit and healthy in reality (and socially distanced).

Heidi Bates 801-671-2363 heidi.m.bates@gmail.com

Loosely Bound will meet:

Tuesday, March 23
At 7:00 pm on Elisabeth Sandberg’s patio (weather permitting).

The March reading selection is

The Mystery of Mrs. Christie
by Marie Benedict

Elisabeth Sandberg
text: 617-957-2169

Chocolate Lovers Interest Group
Come join us.
We will be creating Bourbon Balls.

March 16 at 10:00 a.m.

Sue McDongal will lead us in her recipe for Bourbon balls.

RSVP to get the recipe and to join!

Tracy Stadnick
615-604-4513 tracy.stadnick@vanderbilt.edu

SPRING PLANT SALE in April
**** Details will be announced in the April newsletter.
Updates from past presenters

In February Professor Ann Neely presented: “Charlotte’s Web” to “The Snowy Day” How to pick Children’s Literature. Below is a video of a reading of “Wilfred Gordon McDonald Partridge” by Mem Fox. Professor Neely recommended this picture book about memories.
https://www.youtube.com/watch?v=6dLCKY7bR5c
Below is a NY Times article Professor Neely recommended about reading to children.
https://www.nytimes.com/2021/02/20/opinion/sunday/picture-books-reading.html

In September, John Kell presented “Bird Banding research from Owl’s Hill Nature Sanctuary.” Below is his report on the birds his team found at Owl's Hill this Fall. He will be doing Bird Banding again this Spring. For more information and to contribute to John’s research see the nonprofit:
The Habitat Connection: www.thehabitatconnection.org

John Kell’s Fall Summary from Owl’s Hill Nature Sanctuary Bird Banding February 2021 report:

“Even dealing with the pandemic we managed to have another successful banding season for the fall of 2020. We completed six sessions (a seventh session was cancelled due to rain) from September 14 through November 9. For most of the sessions we used eight nets (four hours each session) for a total of 172 net hours. We captured 148 birds (143 new and 5 recaps) which represented 34 species. As a comparison, last fall we captured 74 birds representing 17 species in 6 banding sessions. American Goldfinch and White-throated Sparrow tied for most captured species with 18 each. Northern Cardinal was second with 15 captures; and Carolina Wren and Indigo Bunting were tied for third place with 14 each. Notable other captures included Acadian Flycatcher, Summer Tanager, Ovenbird, Philadelphia Vireo, Nashville Warbler, Lincoln Sparrow, Orange-Crowned Warbler, Hermit Thrush, Magnolia Warbler, Tennessee Warbler, Common Yellowthroat and Red-Breasted Grosbeak.”

Common Yellow Throat
White-eyed Vireo
Lincoln Sparrow
Yellow-rumped Warbler
To Recognize Woman’s History, I asked the book groups to list their favorite books about women. Below are their responses:

**Book Group 1:**
- *My Beloved World* by Sonya Sotomayor
- *I am Malala* by Malala Yousafzai
- *The Education of an Idealist* by Samantha Power
- *She Persisted* by Chelsea Clinton
- *Hidden Figures* by Margot Lee Shetterly
- *Braiding Sweetgrass* by Robin Wall Kimmerer
- *Founding Mothers* by Cokie Roberts
- *Unbowed, a Memoir* by Wangari Maathai
- *Eleanor* by David Michaelis
- *Madame Fourcade’s Secret War* by Lynne Olson

**Book Group 2:**
- *Hidden Figures* by Margot Lee Shetterly
- *The Immortal Life of Henrietta Lacks* by Rebecca Skloot
- *Radium Girls* by Kate Moore
- *Maid: Hard Work - Low Pay - And a Mother’s Will to Survive* by Stephanie Land
- *Late Migrations: A Natural History of Love and Loss* by Margaret Renkl

To Celebrate Woman’s History Month, I thought you might like a great movie about woman to watch. Here are the favorites from our movie interest group:

<table>
<thead>
<tr>
<th>Joy</th>
<th>Joy Luck Club</th>
<th>Somethings Gotta Give</th>
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<tbody>
<tr>
<td>Atonement</td>
<td>Joy Luck Club</td>
<td>Source</td>
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<tr>
<td>Beauty</td>
<td>Lady Bird</td>
<td>The End of the Affair</td>
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<td>Calendar Girls</td>
<td>Legally Blond</td>
<td>The Book Club</td>
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<tr>
<td>Clueless</td>
<td>Little Woman</td>
<td>The Color Purple</td>
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<tr>
<td>Crazy Rich Asians</td>
<td>Miss Congeniality</td>
<td>The Help</td>
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<td>Driving Miss Daisy</td>
<td>My Fair Lady</td>
<td>The Miracle Worker</td>
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<td>Easy A</td>
<td>Nomadland</td>
<td>The Young Victoria</td>
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<td>Erin Brockovich</td>
<td>Norma Rae</td>
<td>Thelma and Louise</td>
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<tr>
<td>Fried Green Tomatoes</td>
<td>On The Basis of Sex</td>
<td>Temple Grandin</td>
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<tr>
<td>Frida</td>
<td>Pieces of a Woman</td>
<td>Under the Tuscan Sun</td>
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<tr>
<td>Funny Girl</td>
<td>Pretty Woman</td>
<td>Waiting To Exhale</td>
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<tr>
<td>Ghost</td>
<td>Pride and Prejudice</td>
<td>Wife</td>
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<tr>
<td>Gorillas in the Mist</td>
<td>Raise the Red Lantern</td>
<td>Wild</td>
</tr>
<tr>
<td>Harriet</td>
<td>Sense and Sensibility</td>
<td>Wonder Woman</td>
</tr>
<tr>
<td>Hidden Figures</td>
<td>Shakespeare in Love</td>
<td>Zero Dark Thirty</td>
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</tbody>
</table>

*Tracy Stadnick*
Greetings Community Service Members,

Happy Women's Month! Thank you so much for your participation in our February meeting. We had great discussion on how to continue the meaningful work of volunteerism and community service. Many of you serve in different ways, and it all counts towards giving of ourselves for the betterment of others.

I look forward to seeing you for our March meeting. We will talk more about other ways to serve. **Kelly Chambers** will share some information about an in-person food drive in the Spring, for those who are not ready to reach out and touch outside the virtual environment.

Many of you expressed an interest in **Project Transformation** (PT). PT offers leadership development and ministry exploration opportunities for college-age young adults through summer and one-year service internships and community-oriented after-school and summer day camp programming for children and youth. For more information, please reach out to **Stephanie Ward** at sewwjbr@yahoo.com.

**Second Harvest Food Bank** needs your help. With teams of eight or more, we can choose a designated day and time. In the meantime, please reach out to Kelly Chambers to join her group. See page seven.

Lastly, it's not too late to sign up for the **PENCIL** Virtual tutoring. Thank you to those who have already signed up. Here is the link: [https://brightpathtutors.org/business-volunteer-application](https://brightpathtutors.org/business-volunteer-application).

Meet 3 times per week (30 minutes per session) through May 2021 with a **Cane Ridge Elementary School** student who is in 3rd, 4th, or 5th grade over Microsoft Teams. With your student you will review reading and writing concepts that are critical to academic success. Training will be provided.

Cane Ridge Elementary School - Tutoring Time Blocks

- 3rd Grade: 12:00-12:45pm
- 3rd grade: 12:30-1:15pm
- 4th Grade: 10:15-11:00am
- 4th Grade: 11:00-11:45am
- 5th Grade: 9:30-10:15am

Note: Students are available during these 45 minute windows held 5 days a week for a 30 minute tutoring session held 3 days a week. Thus, you can let us know which 30 minute window and which three days of the week (Mon - Fri) work best for your commitment.

One of my favorite people, **Marian Wright Edleman**, said, “Service is the rent we pay for being. It is the very purpose of life, and not something you do in your spare time.” May our "rent" always increase as we humbly serve.

Best,

Anna Walker

615-545-7788  totallyyou@msn.com

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**VANDERBILT WOMAN’S CLUB**

Community Service Committee Meeting

March 16, 2021
9:30am

BUILDING COMMUNITY THROUGH SERVICE
Anna Walker, CHAIR

Meeting ID: 892 3690 4130
Passcode: 668212

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Click here to see what's new in the picture gallery on our website
The VWC as Second Harvest Volunteers

October 2018.

Anne Manner, Kathleen Donofrio, Kelly Chambers

March 2017

Ebbie Redwine, Faye Brown, Marva Collins, Kate Shaw, Chris Browning, Dede Clements

URGENT NEEDS

With an estimated 1 in 6 people - including 1 in 5 kids - facing hunger amid the COVID-pandemic, Second Harvest Food Bank is distribution 40 percent more food compared to this time last year.

We urgently need volunteers to fill cold sorting shifts and other volunteer spots to ensure we can get food out to those who need it in our community.

https://www.secondharvestmidtn.org/act/volunteer/

SIGN UP NOW
Communications Gurus

Thank you for keeping us all informed.
Please send all photos or items you want to share to
Kelly Chambers
kellychambers420@yahoo.com
Text: 409-771-5731
She will disseminate all information. Kelly will also guide you through joining our social media.

The Team
Kelly Chambers - Coordinator
Nancy Dwyer - Publicity
Lisa LeMaster - Website
Lynne Siesser - Magnolia News

Interest Groups
Do you have another interest not listed?
Lina Keefe 615-268-3850 LDFK@comcast.net

DAYTIME
ANTIQUES: Mary Helen Short 3rd Tuesday at 10am
615-269-0538 - maryhelenshort111111@gmail.com
BOOK GROUP TWO: Nancy Fruetel 1st Monday 1pm
615-297-3075 - mfruetel@msn.com
BRIDGE TUESDAY: Mary Helen Short 2nd Tuesday 1pm
615-269-0538 - maryhelenshort111111@gmail.com
BRIDGE THURSDAY: Lynne Siesser Every Thursday 1pm
615-298-5659 - lsesser7@gmail.com
CHOCOLATE! Tracy Stadnick
615-604-4513 - tracy.stadnick@vanderbilt.edu
COMMUNITY EXPLORERS
Margaret Hansen - 615-481-1927
margarethansen@gmail.com
COMMUNITY SERVICE: 1st Tuesday 9:30am
Anna Walker - 615-545-7788 - totallyou@msn.com
FRENCH: Joan Harshman 2nd Thursday 1pm
615-864-8885 - joan.s.harshman@gmail.com
GARDENING: Starting in April
TBD
GET FIT: Heidi Bates
801-671-2363 - Heidi.m.bates@gmail.com
MAH JONGG: Cindy Slobogin Every Wednesday 1pm
352-339-4822 - slobogin@hotmail.com
MOVIE GROUP: Betsy Fleetwood
615-579-0903 - befleet@aol.com
OUT TO LUNCH BUNCH: 4th Thursday 12:30pm
Joy Allington-Baum - 214-755-5328
joyallingtonbaum@gmail.com
QUILTING: Lynne Siesser
615-298-5659 - lsesser7@gmail.com
VANDY LUNCH: Elisabeth Sandberg
2nd Wednesday 12:30pm
text: 617-957-2169 - elisabeth.sandberg@vanderbilt.edu
EVENING/WEEKEND
BOOK GROUP ONE: 2nd Sunday 2:30pm
Ann Ercelawn - 615-298-4766 - ann.ercelawn@gmail.com
Kitty Porter - 615-406-4382 - kitty.porter@gmail.com
COCKTAIL CLUB: Lynne Siesser
615-298-5659 - lsesser7@gmail.com
GET FIT: Heidi Bates
801-671-2363 - Heidi.m.bates@gmail.com
GIRLS NIGHT OUT:
Amy Smith - 720-939-0135 - amyjsmith.rn@gmail.com
Cindy Slobogin - 352-339-4822 - slobogin@hotmail.com
GOURMET GROUP
Sheila Jensen - 615-351-4375 sheilajensen@comcast.net
Adelle Stein - 615-309-6951 steinadele@hotmail.com
LOOSELY BOUND: Elisabeth Sandberg 4th Tuesday 7pm
text: 617-957-2169 elisabeth.sandberg@vanderbilt.edu
MAH JONGG - EVENING: 1st Monday 7pm
Cindy Slobogin - 352-339-4822 - slobogin@hotmail.com
MOVIES - EVENING:
Cindy Slobogin - 352-339-4822 - slobogin@hotmail.com
Betsy Fleetwood - 615-579-0903 - befleet@aol.com
MUSIC GROUP: Sue McDougall
615-974-5121 - mcdougall.interiors@gmail.com

Stay Connected

Join our VWC Facebook group to keep up with happenings in the club throughout the year. It’s a closed group so only VWC members may post information or see posts. You do need a Facebook account to join.

Click here to see what’s new in the picture gallery on our website
Mindfulness
Colleen Dwyer
Tuesday, March 9  10:00 a.m. - 11:00 a.m.

Meditation Presentation:
Join Colleen for an introduction to meditation. She will talk to you briefly about her meditation experience, the benefits of meditation, and she will offer a few guided meditations using different techniques.

Colleen is a certified yoga teacher, certified yoga therapist and she provides continuing education for registered yoga teachers. Her meditation journey began over 20 years ago, right around the time that she started yoga. Colleen has studied Vipassana (Insight) Meditation and various other styles. In combination with yoga, a daily meditation practice has helped her overcome depression, and anxiety. She loves sharing techniques with students that have the ability to create real positive change in their lives.

BY ZOOM
RSVP
tracy.stadnick@vanderbilt.edu
Thursday, March 25, 2021 at noon
Katie McDougall:
"Jumpstart Your First Novel"
Executive Director for The Porch Writers’ Collective
The Porch inspires, educates and connects writers and readers of all ages and stages through classes and literary events.

Katie McDougall
Education: Colorado College: B.A. in English
University of Colorado, Boulder: Teaching Certification
Colorado State University: M.F.A. in Fiction Writing
She has been an English Teacher and Department Chair at The Colorado Springs School; Teacher at Cheyenne Mountain High School, Colorado Springs, CO; Ensworth High School, Nashville and Master Teacher in Residence at The Cape Eleuthera Island School, Bahamas.

Publications:
• “Review of City on Fire.” 2016 for Bacon on the Bookshelf.
• “Retreating at Rivendell” 2015 in Second and Church “A Love Story.” 2015. One of four plays chosen for production at Pulp Friction 10-Minute Play Festival
• “Make Cornbread, Not War.” Southern Foodways Alliance: Celebrating the American South Via Food.” 2012 in Second and Church’s Food Issue
• Imagine a Beautiful Book. 2013. Commissioned to write content for commemorative book for the American Academy of Bookbinding in Telluride, CO.

Honors and awards:
• Honorable mention in the Betty Gabehart Prize, 2020 for “Howling Baby Arch”
• Guest Presenter at WritersFest, Nashville, 2019
• Guest Presenter at Creative Mornings Nashville, 2016
• Student-elected graduation speaker at The Colorado Springs School, 2006
• Four-week writing residency at the Kimmel•Harding•Nelson Center for the Arts in Nebraska City, Nebraska, October 2006
• AWP Intro. Journals Award Nomination (Fiction) for Colorado State University, Fall 2004
• Paul Gillette Writing Contest Finalist: Pikes Peak Writers Association, Spring 2005 for “Canyon Country”
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<th>Sunday</th>
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<td><img src="image1.png" alt="Daffodil" /></td>
<td>Book Group 2 1pm</td>
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<td>Meditation 10am</td>
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<td>Community Service 9:30am</td>
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<td>23</td>
<td>Loosely Bound 7pm</td>
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<td>28 FIRST DAY OF PASSOVER</td>
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**NOTES**

**RSVP**

tracy.stadnick@vanderbilt.edu  Meditation
shels53@gmail.com  The Porch

Click here to see what’s new in the picture gallery on our website
Vanderbilt and Community Events by Tracy Stadnick:

Nichols-Chancellor's Medal speakers
See commencement website for more information: https://www.vanderbilt.edu/commencement/

Dr. Anthony Fauci to deliver 2021 Vanderbilt Graduates Day address
Dr. Anthony Fauci is the Vanderbilt University Class of 2021 Graduates Day speaker.
Dr. Anthony Fauci, the nation's top leader in infectious disease research and an internationally renowned biomedical scientist, will receive Vanderbilt University's prestigious Nichols-Chancellor's Medal in May 2021 when he speaks to the university's graduating students and their families.

Caroline Kennedy is the Vanderbilt University Class of 2020 Graduates Day speaker. Caroline Kennedy was class of 2020 Nichols-Chancellor's Medal recipient. Her speech was rescheduled for this year.
Find more information about both speakers on the commencement website.


Cheekwood: View Tulips, Daffodils
Art Exhibit: Woman to Watch, Art by Woman on exhibit until May 2
Tennessee Native Plant Sale April 10th pre-register www.checkwood.org

Vanderbilt University websites that you might find helpful as you look for events:

Chancellor's Lecture Series: See the past lecture, “Project on Unity and American Democracy, with Condoleezza Rice, Al Gore, and Jon Meacham.” Also subscribe to get future Chancellor's Lecture Series notices.
https://www.vanderbilt.edu/chancellor/lecture-series/

Margaret Cuninggim Women’s Center: March Women's History see website and/or page 11 for events.
https://www.vanderbilt.edu/womenscenter/

Vanderbilt News and Events:
This website has information from research, to announcements, to new studies, and events.
https://news.vanderbilt.edu/

MyVU https://news.vanderbilt.edu/myvu/
To subscribe: https://news.vanderbilt.edu/section/myvu/myvu-takenote/

VanderbiltLocal News to subscribe:
Lists events for the month that happen throughout campus.
https://www.vanderbilt.edu/community-relations/newsletter.php
The Dyer Observatory is hosting virtual talks throughout the month and Stargazing parties.
https://dyer.vanderbilt.edu/

VU YouTube website that shows past YouTube discussions from Vanderbilt, from Dyer Observatory, to Art. This site has recordings from the past 4 months.
https://www.youtube.com/channel/UC2FWUD6TVQT9jmXZ8AA_pMQ

Vanderbilt Calendar https://events.vanderbilt.edu/
Celebrate Women’s History Month 2021!  
Events by Margaret Cuninggim Women’s Center

https://www.vanderbilt.edu/womenscenter/

Gathered by Tracy Stadnick

Picture a Scientist Film Discussion  
Tuesday, March 9, 4:00 p.m. CT

Enneagram Workshop  Liz Perez, Licensed Marriage and Family Therapist  
Thursday, March 11, 12:00 p.m. CT

Pandemic Parenting Check-in  
Friday, March 12, 12:00 p.m. CT

A Conversation with Patricia Resnick: Screenwriter, Nine to Five  
Monday, March 15, 5:15 p.m. CT

She Persisted: The Past, Present, and Future of Women in Sports:  
Candice Lee, Vice Chancellor for Athletics and University Affairs  
Sharon Shields, Senior Associate Dean of Student Empowerment  
Members of women’s athletic teams  
Tuesday, March 16, 5:00 p.m. CT

Favorite Children’s Books  
Emily Pendergrass, Associate Professor of the Practice of Literacy Education  
Thursday, March 18, 12:00 p.m. CT

Freebie Friday: Cross-Stitching  
Friday, March 19, 3:00 p.m. CT

The Future of Feminism  
Wednesday, March 24, 5:00 p.m. CT

Women’s Leadership in the Academy:  
Bonnie Dow, Dean of Academic Affairs, College of Arts and Science  
Katherine Friedman, Vice Chair of Biological Sciences  
Jeannette Mancilla-Martinez, Associate Dean for Academic Affairs and Graduate Education, Peabody College  
Padma Raghavan, Vice Provost for Research  
Wednesday, March 24, 12:00 p.m. CT

Cuninggim Lecture: Eloquent Rage: The Power of the Angry Black Woman  
Brittney Cooper, Associate Professor of Women’s and Gender Studies and Africana Studies, Rutgers University  
Thursday, March 25, 5:30 p.m. CT

Freebie Friday: Self-Care  
Friday, March 26 All Day

Women in the Workforce and COVID-19: Where Do We Go from Here?  
Elizabeth Gedmark, Vice President, A Better Balance: The Work & Family Legal Center  
Monday, March 29, 12:00 p.m. CT

Womxn Who Work: Professional Headshots  
Tuesday, March 30, 12:00 p.m.–2:00 p.m. CT

Rolled 4 Ever Ice Cream Food Truck  
Friday, March 31, 2:00 p.m.–4:00 p.m. CT

Vandy Ride Stop behind Sarratt  
For information, please contact bailey.h.via@vanderbilt.edu

To register for the events and the full event calendar, click here

Click here to see what’s new in the picture gallery on our website
Some key reminders from Vanderbilt:

- Always wear a face mask when around others.
- Also make sure your mask fits properly to help protect yourself and others as much as possible.
- Wear a face mask during meals with others and only take it off to take bites and sips.
- Keep 6 feet of distance when hanging out or eating with others—this includes both indoors and outdoors, whether just hanging out or participating in an activity.
- Avoid crowded areas on campus and around Nashville.
- Do not attend large gatherings, defined as more than eight people according to university safety protocols.
- Avoid getting in cars with others.
- Regularly wash your hands.

As published in VUToday: Faculty Return to Campus Update

https://www.youtube.com/watch?v=FEc7uYgJcHo

Ask an Expert: Why is it still important to follow COVID-19 safety protocols after receiving the vaccine?

Vanderbilt University Senior Associate Dean for Graduate Medical Education and Professor of Medicine Donald W. Brady discussed the importance of continuing to follow COVID-19 health and safety protocols even after receiving the vaccine during the Spring Return to Campus Town Hall on Jan. 13, 2021.

https://www.youtube.com/watch?v=FEc7uYgJcHo

Ask an Expert: How can you spot misinformation about COVID vaccines?

Vanderbilt University Assistant Professor of Psychology Lisa Fazio discusses how to distinguish between valid and false information about the COVID-19 vaccines.