Members of the Board 2020-2021

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Joy Allington-Baum
Past President

Sharon Hels
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Elisabeth Sandberg
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Ebbie Redwine
Recording Secretary

Sara Plummer
Corresponding Secretary

Kelly Chambers
Communications

Peggy Curci
Hospitality

Lina Keefe
Interest Groups

Yolonda Brooks Robinson
Newcomers

Liz Doyle
Membership

Frannie Benner
Fund Raising

President’s Letter

Dear Members:

Thank you all for your participation in our virtual Annual Meeting on January 21! At our business meeting, we elected our new Executive Board for 2020-2021. Their work begins at the end of May. Congratulations to: President: Sharon Hels Vice President: Anna Walker Treasurer: Elisabeth Sandberg Recording Secretary: Ebbie Redwine Corresponding Secretary: Elaine Smyth Past President: Tracy Stadnick. We are looking forward to the new year!

Our presenter at the Annual Meeting was Rory C. Dicker, Ph.D., Director of the Margaret Cuninggim Women’s Center at Vanderbilt. She spoke to us about the history of women at Vanderbilt from the earliest days of the university, including the history of the Vanderbilt Woman’s Club. If you are interested in reviewing our Club’s history, use this link: https://www.vanderbilt.edu/vwc/who_we_are/club-history.php.

In February we kick off our Capital Campaign to raise funds for the Stapleton/Weaver Student Scholarship. We would love for you to give whatever you can to this worthy cause. Our goal is to raise $8,000 this spring, with 100% member participation. We sincerely appreciate your support!

We have two outstanding Zoom presenters for you this month. Anna Walker, our newly-elected VP and current Service committee chair, is a Life Coach, who will present a talk titled “Tuning Into Your Personal GPS.” Using the theme of navigation, she will act as a guide to help us manage life transitions.

Dr. Ann Neely, Associate Professor of Children’s Literature and Literacy Education at Vanderbilt, will give a presentation titled “From ‘Charlotte’s Web’ to ‘A Snowy Day’” Selecting the Best Books for Children.” From old favorites to new award winners, children’s books can educate and inspire all of us.

Please visit our listing of Vanderbilt University and Community websites to see all the activities going on to celebrate Black History Month. And join us as we start a new interest group: Chocolate!

Finally, we have pulled together some resources from VUMC and the CDC for those of us with questions about COVID and the new vaccines. As a reminder, our Club still follows Vanderbilt Phase II guidelines, which includes masks, social distancing, groups of 10 or fewer, and meeting outside when possible. The CDC directs those of us who are vaccinated to continue to wear masks and practice social distancing, to prevent asymptomatic transmission of the virus to others.

Stay well, stay connected, and stay curious!

Tracy Stadnick
Donations to the Scholarship since the last newsletter

Donations may be sent to Liz Doyle, 1556 Oxford Court. Gallatin, TN 37066-5717

Mary Helen Short

Year to date

Tribute cards are available from Liz at all meetings.

Click here to make your donation by credit card

If you have donated and your name does not appear on our honor roll, please email lsiesser7@gmail.com

Donations may be sent to Liz Doyle, 1556 Oxford Court. Gallatin, TN 37066-5717

From Emily Song:
Last semester was definitely one of unfamiliarity and challenge! Juggling online classes took a few weeks of adjustment, but my fall semester was still very fulfilling and enjoyable. Living in an off-campus apartment this year has also allowed me to build new and stronger connections with other students and even discover a passion for cooking. Although these current hectic circumstances look very different from the ideal college experience, my appreciation for this school and my friendships here only continues to grow consistently. I am excited for what this next semester brings and to have continued support from Vanderbilt Woman's Club!

In Memoriam
Betty Browning
Ruth Mathisen
Tilly Najjar

Welcome New Members:

Carole Alexander

Danica Christiansen

Emily Crouch

Ariel Foster

Kim Lawson Murphy grew up in Norwell, Massachusetts. She attended Cornell University majoring in Economics. Following a 10-year career in International Banking, Kim moved to Brentwood in 1995. She has been a volunteer at the Williamson County schools, MBA and Ensworth. Kim served as Co-Chair of the Kappa Alpha Theta Advisory Board at Vanderbilt for 10 years retiring in 2018. She currently is President of the Williamson County Alumnae group of Kappa Alpha Theta and a volunteer at the VA Medical Center in Nashville.

Her hobbies include traveling, cooking, reading and fitness. She has a son and twin daughters. Her son Connor works in finance in Atlanta. Aislinn works as a journalist in Washington, DC and Bailey works as an investment banking analyst in Atlanta.
CAPITAL CAMPAIGN

Emily Song, our current scholarship recipient (2019-2023)

Second Scholarship Recipient to be added Spring 2021

Each year the Vanderbilt Woman’s Club proudly sponsors the Stapleton/Weaver Scholarship through fundraising efforts. This year, the Club will provide scholarship funds for two recipients: our current scholar, Emily Song, as well as a second scholar to be announced in late spring.

This year's online Capital Campaign will be held from FEBRUARY 14th—FEBRUARY 27th with a goal of $8,000.

Please give what you can ($75 is suggested).

We are also looking for strong membership participation. Several times during the two-week campaign we shall send an update of our progress.

Please use this link:
https://vanderbilt.alumniq.com/giving/to/womansclubscholarship?appealcode=AEE42

For those members wishing to pay by check, please mail your check to

Frannie Benner
120 Chatsworth Drive
Nashville, TN 37215

Please make your check payable to Vanderbilt Woman's Club with the notation that this is for the "VWC Capital Campaign."

THANK YOU for being part of our Capital Campaign success!

Frannie Benner
Fundraising Chair

Click here to see what's new in the picture gallery on our website
President - Sharon Hels
Sharon has a B.F.A. in Fine Arts from Watkins and a Ph.D. in Religious Studies from Vanderbilt. She served as Director of Scholarly Research at the United Methodist General Board of Higher Education and Ministry.

Vice President - Anna Walker
Anna has a B.A. - Economics from Spelman and an MBA from Phoenix.
She started The Total You in 1997.

Treasurer - Elisabeth Sandberg
Elisabeth has a B.A., M.A. and Ph.D. from Chicago. She is a Senior Lecturer in Psychology at Vanderbilt.

Recording Secretary - Ebbie Redwine
Ebbie has a B.A. - Economics from Vanderbilt and was a COBOL computer programmer for 22 years before becoming a nurse.

Corresponding Secretary - Elaine Smyth
Elaine has an M.B.A. from the Vanderbilt Owen School and worked as a securities analyst and also an investor relations consultant in Nashville.

Past President - Tracy Stadnick
Tracy has a B.B.A. - Bachelor of Business Administration with a major in Management Science from Georgia and worked for IBM supporting mainframe computers before moving to educational sales.

Thank you for agreeing to serve.
New Interest Group . . .

We are adding:

10:00 - 11:00 February 11th

We are starting a Chocolate Interest Group. To begin, we will start with making a great cup of hot chocolate.

RSVP to tracy.stadnick@Vanderbilt.edu to learn the recipe and get the zoom link.

Meet me on zoom with your hot chocolate and let’s plan out our next topic.
‘Get Fit’

Social distancing doesn’t have to be a deterrent for getting out and getting fit. A new year is a great time for renewed goals. **Running** is a great way to stay vibrant, feel better, and get your “glow” on. If running isn’t for you (or your knees), **walking** is equally good. If you would like some additional motivation, there are “virtual” races that you can participate in. These **great races can be completed entirely at your leisure and pace**, at a distance you can choose (5k, 10k, half-marathon, etc.). They offer fun incentives (think swag AND medals) to encourage runners and walkers to get out and exercise without gathering in huge crowds.

You’ll find many races support great charities as well.

**Virtual Running Club** ([www.virtualrunningclub.com](http://www.virtualrunningclub.com)) recently held a “Ratification Race” that celebrated the 100th anniversary of the ratification of the 19th Amendment (a portion of registration fees went to the National Park Foundation’s Women in Parks initiative).

A quick Google Search for: Virtual Running Clubs will give you a list of great options to check out . . . or contact me any time for help, training suggestions, encouragement, or to schedule virtual walks/runs together!

Exciting races are happening virtually all the time.

Check out a virtual race and get or **stay** fit and healthy in reality (and socially distanced).

Heidi Bates 801-671-2363
heidi.m.bates@gmail.com

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**Music Group**

Dear Groupies,

The Bluebird Cafe has helped raise funds for Alive Hospice for the past 28 years. Songwriters perform and donate their talents for this cause. COVID-19 has forced the Bluebird to livestream the performances from the cafe via StageIt's platform.

For the remainder of 2021 the performances will be the first Thursday of each month. Tickets will cost $20 and attendance will be limited. Viewers will be able to send applause, donations, requests, and messages to the performers via StageIt's live chat feature.


Enjoy the sounds from this wonderful venue again!!

Sue McDougall 615-974-5121
mcdougall.interiors@gmail.com

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**Loosely Bound book group** will meet:

Tuesday, February 23
Tuesday, March 23

At 7:00 pm on Elisabeth Sandberg’s patio *(weather permitting).*

The February reading selection is **Girl, Woman, Other**, by Bernardine Evaristo.

March selection TBA.

Elisabeth Sandberg
text: 617-957-2169

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**ZOOM French** now meets at 1 pm on the second Thursday.

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Community Service/Outreach  Anna Walker  615-545-7788  totallyyou@msn.com

VWC members joined Lynn Maddox in helping distribute food at Fort Negley. Vanderbilt University and OneGenAway, a nonprofit organization that strives to eliminate food deserts, have partnered to provide healthy food to families in the Midtown, Edgehill and Chestnut Hill neighborhoods. From VanderbiltLocal Feb 2021

The VWC members taking part were: Anna Walker, Sharon Hels, Amy Smith, Loretta Saff, Frannie Benner, Kelly Chambers, Stephanie Whitcomb Ward, Lydia Howarth, Lynn Maddox

ONE GENERATION AWAY

Thank you, Lynn Maddox, for coordinating a great community service effort with ONEGEN again this year!

If you want to continue to serve, the next distributions are:

CHEATHAM COUNTY:
Feb. 6, 2021 Ashland City Elementary School 108 Elizabeth Street 37015
Arrive at 8:00AM

RUTHERFORD COUNTY:
Feb. 20, 2021 MTSU Rutherford Lot, North Rutherford Blvd. 37130
Arrive at 8:00 AM

Second Harvest Food Bank (visual)

Ladies, can we answer the urgent call? We need at least 8 volunteers. If you can volunteer, please contact me at totallyyou@msn.com 615-545-7788 so we can coordinate a time.

OR

click on the link below:

http://secondharvestmidtn.volunteerhub.com/account/signin
Kickoff Meeting (visual)

I'm so excited to join with you for our kickoff meeting! We shared some great ideas from the last meeting to be discussed at this meeting. We are continuing our partnerships with LP Pencil and The Period Project (please continue to collect items). I welcome more ideas.

I want to recognize your continued service during these times. In the last meeting, many of you shared personal stories of how you have served—whether as caregivers for family members, delivering meals to friends, or seeking virtual opportunities to serve. We had a fun ice icebreaker and Mildred Tilley won a Starbucks gift card for being the first to sign in.

Our theme last year was, Let's Make A Difference Together. This year, it is Building Community Through Service. During this season, many still feel a sense of isolation and more than ever, people need our help. Building a sense of community enables us to share personal relatedness and support personal growth. Being a part of a community makes us feel as though we are part of something greater than ourselves.

Lastly, we are actively seeking members to plan a great new year.

I look forward to seeing you and serving with you!

Sending Virtual Hugs,
Anna Walker

615-545-7788
totallyyou@msn.com
# Book Group Two 2021 Calendar

By ZOOM on the first Monday at 1 p.m.

<table>
<thead>
<tr>
<th>Month</th>
<th>Title</th>
<th>Author</th>
<th>Moderator</th>
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<tbody>
<tr>
<td>February 8, 2021</td>
<td>True Grit</td>
<td>Charles Portis</td>
<td>Mildred Tilley</td>
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<tr>
<td>March 8</td>
<td>Imperfect Union</td>
<td>Steve Inskeep</td>
<td>Kathleen Donofrio</td>
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<td>April 5</td>
<td>Writers and Lovers</td>
<td>Lily King</td>
<td>Suzanne Torrence</td>
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<td>May 3</td>
<td>His Truth is Marching On</td>
<td>Jon Meacham</td>
<td>Carmen Gherman</td>
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<tr>
<td>June 7</td>
<td>Caste</td>
<td>Isabel Wilkerson</td>
<td>Jeannette McNeil</td>
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<tr>
<td>July 12</td>
<td>Hamnet</td>
<td>Maggie O’Farrell</td>
<td>Elaine Smythe</td>
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<tr>
<td>August 2</td>
<td>Lady Clementine</td>
<td>Marie Benedict</td>
<td>Ellie Raths</td>
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<tr>
<td>September 13</td>
<td>The Book of Lost Names</td>
<td>Kristin Harmel</td>
<td>Joy Allington-Baum</td>
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<td>October 4</td>
<td>American Dirt</td>
<td>Jeanine Cummins</td>
<td>Ebbie Redwine</td>
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<tr>
<td>November 1</td>
<td>Hunting Eichmann</td>
<td>Neal Bascomb</td>
<td>Nancy Fruetel</td>
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<tr>
<td>December 6</td>
<td>The Bookwoman of Troublesome Creek</td>
<td>Kim Michele Richardson</td>
<td>Marsha Chisolm</td>
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<tr>
<td>January, 2022</td>
<td>Book Ballot Luncheon</td>
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<tr>
<td>February 7</td>
<td>The Night Watchman</td>
<td>Louise Erdrich</td>
<td>Cassandra Estes</td>
</tr>
</tbody>
</table>

Nancy Fruetel   615-297-5075   nnfruetel@msn.com

Click here to see what’s new in the picture gallery on our website
Communications Gurus

Thank you for keeping us all informed. Please send all photos or items you want to share to

Kelly Chambers
kellychambers420@yahoo.com

Text: 409-771-5731

She will disseminate all information. Kelly will also guide you through joining our social media.

The Team

Kelly Chambers - Coordinator
Nancy Dwyer - Publicity
Lisa LeMaster - Website
Lynne Siesser - Magnolia News

Interest Groups

Do you have another interest not listed?

Lina Keefe 615-268-3850 LDFK@comcast.net

DAYTIME

ANTIQUES: Mary Helen Short 3rd Tuesday at 10am
615-269-0538 - maryhelenshort111111@gmail.com

BOOK GROUP TWO: Nancy Fruetel 1st Monday 1pm
615-297-5075 - nfruetel@msn.com

BRIDGE TUESDAY: Mary Helen Short 2nd Tuesday 1pm
615-269-0538 - maryhelenshort111111@gmail.com

BRIDGE THURSDAY: Lynne Siesser Every Thursday 1pm
615-298-5659 - lsiesser7@gmail.com

COMMUNITY EXPLORERS
Margaret Hansen - 615-481-1927
margarethansen@gmail.com

COMMUNITY SERVICE: 1st Tuesday 9:30am
Anna Walker - 615-545-7788 -
totallyou@msn.com

FRENCH: Joan Harshman
2nd Thursday 12:30pm
615-864-8885 - joan.s.harshman@gmail.com

GET FIT: Heidi Bates
801-671-2363 - Heidi.m.bates@gmail.com

MAH JONGG: Cindy Slobogin Every Wednesday 1pm
352-339-4822 - slobogin@hotmail.com

MOVIE GROUP: Betsy Fleetwood
615-579-0903 - befleet@aol.com

OUT TO LUNCH BUNCH: 4th Thursday 12:30pm
Joy Allington-Baum - 214-755-5328
joyallingtonbaum@gmail.com

QUILTING: Lynne Siesser
615-298-5659 - lsiesser7@gmail.com

VANDY LUNCH: Elisabeth Sandberg
2nd Wednesday 12:30pm
text: 617-957-2169 - elisabeth.sandberg@vanderbilt.edu

EVENING/WEEKEND

BOOK GROUP ONE: 2nd Sunday 2:30pm
Ann Ercelawn - 615-298-4766 - ann.ercelawn@gmail.com
Kitty Porter - 615-406-4352 - kitty.porter@gmail.com

COCKTAIL CLUB: Lynne Siesser
615-298-5659 - lsiesser7@gmail.com

GET FIT: Heidi Bates
801-671-2363 - Heidi.m.bates@gmail.com

GIRLS NIGHT OUT:
Amy Smith - 720-939-0135 - amyjsmith.rn@gmail.com
Cindy Slobogin - 352-339-4822 - slobogin@hotmail.com

GOURMET GROUP
Sheila Jensen - 615-351-4375 sheilajensen@comcast.net
Adele Stein - 615-309-6951 steinadelle@hotmail.com

LOOSELY BOUND: Elisabeth Sandberg 4th Tuesday 7pm
text: 617-957-2169 elisabeth.sandberg@vanderbilt.edu

MAH JONGG - EVENING: 1st Monday 7pm
Cindy Slobogin - 352-339-4822 - slobogin@hotmail.com

MOVIES - EVENING:
Cindy Slobogin - 352-339-4822 - slobogin@hotmail.com
Betsy Fleetwood - 615-579-0903 - befleet@aol.com

MUSIC GROUP: Sue McDougall
615-974-5121 - mcdougall.interiors@gmail.com

Stay Connected

Join our VWC Facebook group to keep up with happenings in the club throughout the year. It’s a closed group so only VWC members may post information or see posts. You do need a Facebook account to join.

Click here to see what’s new in the picture gallery on our website
Saturday, February 13 at 9 am

TUNING IN TO YOUR PERSONAL GPS

As we navigate life, we find ourselves in spaces where we feel "betwixt and between."

If we’re true to ourselves, we don’t know who to become. We miss the potential of being in these spaces with feelings of confusion, aimlessness, and misalignment.

Instead, we must listen and pay attention to our life speaking and read the clues along the way.

In this session, Certified Life Transitions Coach Anna Walker, will help you identify the sign posts ahead as you journey through liminal space.

Anna Walker

Anna Parker Walker, MBA ACC, is the Founder and CEO of The Total You Life+Style Coaching and Consulting, which offers services to help clients find congruency in their inner and outer image and navigate life’s liminal spaces to discover their purpose. She has over 25 years of experience helping hundreds of women improve personally and professionally. She serves as a speaker, certified life +style design coach, and Image Consultant.

Anna has a passion for fashion, travel, chocolate, the arts, Turner Classic Movies, and serving others. Her heart for creating, developing and cultivating relationships and spirit of community service has led her to serve in volunteer board and leadership roles with Bridges for Deaf and Hard of Hearing, YWCA Dress for Success, International Coach Federation TN Chapter, Fashioned In His Image, Total Women’s Center, Inc., Vanderbilt Woman’s Club, and AARP.

She has made several television appearances and written publications sharing her love for personal style and presence.

Anna has a BA in Economics from Spelman College in Atlanta, GA, a Masters in Organizational Management from the University of Phoenix, Costa Mesa, CA Campus, a coaching certification from COACH U and in the process of completing a Liminal Guide Certification Program.

She is a native Nashvillian and married to Dr. Matthew Walker III. She has a bonus son, Matthew IV, in college.

BY ZOOM
RSVP
tracy.stadnick@vanderbilt.edu

Anna is Chair of Community Outreach in the Vanderbilt Woman’s Club and will serve on the board as Vice President for Programs in 2021/2022.
Thursday, February 25th at 9 a.m.

Ann Neely
Associate Professor of Children's Literature and Literacy Education at Vanderbilt Peabody College

From "Charlotte's Web" to "The Snowy Day": Selecting the Best books for Children.

Ann Neely became a member of the faculty in the Department of Teaching and Learning at Peabody in 1985. While teaching a variety of courses in the area of elementary education, Ann has focused on the field of children's literature. She teaches introductory courses in the field, as well as an advanced seminar in the study of children's literature for graduate students. For 16 years, Ann served as the founding faculty director of the Ingram Scholars Program, a University-wide scholarship for undergraduates who are leaders in the world of service. She also served as the Director of Undergraduate Admissions and Scholarships for Peabody College. From 1991-1996, Ann served as Assistant Provost and Director of Academic Affairs in Athletics. She has also headed efforts in the area of undergraduate retention, created the Peabody Scholars Program, and oversaw the Chancellor's Scholarship. From 1987-1991, Ann served as Peabody College's Associate Dean for Undergraduate Academic Affairs. Her research and scholarly interests are focused on children's literature, language and literacy, and elementary teacher education.

BY ZOOM
RSVP
tracy.stadnick@vanderbilt.edu
**Divinity School marks Black History Month with new ‘Resilient Souls’ online art exhibit**

Posted: 27 Jan 2021 05:44 AM PST

Pain. Healing. Resilience. These themes are powerfully interwoven into Nashville artist Ashley Mintz’s stunning new online exhibit supported by Vanderbilt University Divinity School. The visual collection, *Resilient Souls: We Rest Then We Rise*, will run in a fully virtual format between Feb. 1 and March 12 in celebration and reflection of Black History Month and is free to the public.

In the exhibit, Mintz abstractly explores important societal themes, all through the lens of demonstrating the resilience to keep going despite adversity. These themes have taken on new significance as our society grapples with a legacy of racial injustice and oppression underscored by a global pandemic that has disproportionately affected communities of color. “The juxtaposition of pain and healing are held in the same space within each piece, allowing each emotion to be seen and felt to open the way for healing,” Mintz says.

Mintz moved to Nashville to pursue songwriting, and she still frequently composes and records instrumental music for independent films and theater productions. She discovered a love for visual media as a creative outlet that allowed her to unpack and process collective and individual trauma. Her work has been featured in collaboration with the Nashville Public Library, the Southern Festival of Books and the Scarritt-Bennett Center, among many others. Through her art, she tells stories that connect current events to historical context. “My work compiles stories that are my own as well as those of my loved ones, my ancestors and the humble words of strangers,” Mintz explains. “With themes of poverty, death, mental illness, masculinity/femininity and racial injustice, the bright colors and inclusion of words I use create underlying themes of survival, redemption and hope.”

Mintz will speak about the inspiration for her collection at a virtual gallery talk to celebrate the exhibit opening on Feb. 1. She is excited to share her collection not only with the Nashville and Vanderbilt communities, but with a wider audience online. While her works tell unique personal and ancestral stories, their universal themes will facilitate connection with all visitors and prompt deeper discussion.

“This collection of works is a reflection of the natural strength we have to keep going, even in tough times, and of the need to rest and live our lives before we get back up to fight again,” she adds.

Co-sponsored by the [Kelly Miller Smith Institute on Black Church Studies](#), the exhibit is part of the [Religion in the Arts and Contemporary Culture](#) program, which is designed to create future leaders for ministry who understand and can harness the creativity of the arts for theological reflection and contemporary worship. For practicing artists and business leaders within the popular culture industry, the program is a venue for the exploration of the theological context and religious dimensions of their work.

**Virtual Exhibit Information**

*Resilient Souls: We Rest Then We Rise* will be displayed solely online, and access to the gallery will be linked [here](#) as details are finalized.
On and Around Campus: a list of events compiled by Tracy Stadnick  

Friday, February 12, 2021

ONLINE ONLY

Register online today! Cost: $20

https://events.eventzilla.net/e/2021-nashville-conference-on-african-american-history-and-culture-virtual-2138785589

For more information, email Caroline.Eller@nashville.gov or call 615-862-7970

Click here to make your reservation
TPAC marks 40th Anniversary with free, virtual celebration as gift to community

TPAC is turning 40 and bringing the party to you with a free, virtual 40th Anniversary Celebration on Saturday, Feb. 20, as a thank you for more than four decades of generous community support.

Reserve spot at www.TPAC.org

The Hermitage:
https://thehermitage.com/events/
February Events emphasizing Black History. Month:
Select Stories from In Their Footsteps: Lives of the Hermitage Enslaved Tour |
The Hermitage Friday's in February - Throughout the month of February, Andrew Jackson’s Hermitage will offer select stories from the “In Their Footsteps: Lives of the Hermitage Enslaved” tour free with admission. These 15-20 minute stories highlight the lives of the enslaved men and women who lived at The Hermitage during the life of Andrew Jackson and beyond his death in 1845.

TN State Museum:
https://tnmuseum.org/calendar-of-events State Museum
Continuing Ratified! Tennessee and the Woman and the Right To Vote exhibit extended until September 2021!
February hosts, Book Club: "The Washingtons of Wessyngton Plantation", Lunch and Learn: TN Historic Black Colleges and Universities, and an online discussion of Historic Black Communities in TN.

February 12 - 15 is the Great Backyard Bird Count.
Click on link below to participate:
How to Participate
Click on link below to watch the Live Map of Birds:
Watch the Live Map
Last year there were 268,674 participants, 27,270,156 Total Birds counted, 6,942 species of Birds identified over 194 countries participated.

Bluebirds Class:
www.owlshill.org at Owls Hill Nature Sanctuary
You can take a class at Owl’s Hill about Bluebirds and build a Bluebird bird house. I did this last year and thought it was fun.

Wild about Mushroom class:
www.owlshill.org at Owls Hill Nature Sanctuary
Ursula King and I participated last year and came home with a log with mushroom spores to grow in our backyards!
On and Around Campus: a list of events compiled by Tracy Stadnick

Sara Fuller, Sports Illustrated Article:
https://www.si.com/sports/2021/01/21/sarah-fuller-introduces-kamala-harris-inauguration

Past Chancellor Lecture for VU Project on Unity and American Democracy
The exclusive conversations led by presidential historian Jon Meacham at www.vanderbilt.edu/unity.

Vanderbilt to celebrate Black History Month with events throughout February
Posted: 01 Feb 2021 06:00 AM PST
The Bishop Joseph Johnson Black Cultural Center at Vanderbilt (John Russell/Vanderbilt)
Vanderbilt University’s annual celebration of Black History Month—a time to acknowledge and appreciate the history, experience and accomplishments of Black people on the Vanderbilt campus, across the country and globally—will kick off on Monday, Feb. 1, with a virtual program coordinated by the Bishop Joseph Johnson Black Cultural Center. Other events in the month-long series will include presentations, panel discussions, play readings, yoga sessions and more, most to be held virtually.
The below events are open to all members of the Vanderbilt community. For more information, visit https://news.vanderbilt.edu/2021/02/01/vanderbilt-to-celebrate-black-history-month-with-events-throughout-february/

Inclusive Book Group to discuss Maya Angelou’s I Know Why the Caged Bird Sings March 3
Posted: 29 Jan 2021 08:19 AM PST
Vanderbilt’s Inclusive Book Group will meet online Wednesday, March 3, to discuss Maya Angelou’s I Know Why the Caged Bird Sings.
The virtual gathering, hosted by the Margaret Cuninggim Women’s Center in partnership with the Jean and Alexander Heard Libraries, will take place from noon to 1 p.m. CT.
The Inclusive Book Group encourages Vanderbilt community members to read beyond their comfort zone and explore new authors and subjects.
To receive a free copy of Angelou’s book, please complete this form. Books will be mailed to campus addresses only.
The Inclusive Book Group welcomes all interested individuals. To participate, contact ACE@vanderbilt.edu for the Zoom link.
https://www.vanderbilt.edu/email-creator/2021/01/womens-center-february-2021-newsletter/
Jean and Alexander Heard Libraries staff members contributed to and improved the quality of Wikipedia’s information about Nashville-area social justice organizations and activists by taking part in a voluntary edit-a-thon on Martin Luther King Jr. Day this year.

“The staff of the Heard Libraries developed this service project as a way to use our research expertise to commemorate the life and legacy of Dr. King,” said University Librarian Valerie Hotchkiss. “The volunteer project enhanced scores of historical records directly related to Nashville’s pivotal role in the civil rights movement.”

More than a dozen staff used library resources to expand on 62 Wikipedia articles related to civil rights activism in Nashville. These included articles on the Rev. James Lawson, Felton Grandison Clark, Robert Frederick Collins, Gilbert Moses and others interviewed by Robert Penn Warren for his 1965 book and Vanderbilt digital archive *Who Speaks for the Negro?*

A second group of staff members contributed information to Wikidata (underlying data structure that fuels Wikipedia) on sites, institutions and events connected to the movement, including Woolworth on 5th, site of some of Nashville’s first segregated lunch counter sit-ins; Hattie Cotton STEM Magnet Elementary School, target of a destructive bombing after admitting its first African American student in 1957; and El Dorado Motel, one of the small number of places that allowed men and women of color to stay during the 1960s in the United States. Library staff focused on geospatial coordinates for areas of interest, which will be highlighted later on a publicly accessible map.

A third group collected photos of civil rights sites in Nashville for inclusion in Wikimedia Commons, which provides images for Wikipedia articles, such as the headquarters for the Nashville student movement; Scarritt-Bennett Center, the first Tennessee private college to integrate; and the Kress Building, formerly a five-and-dime store where student sit-ins helped integrate lunch counters.

The library event honoring the vision and values of Martin Luther King Jr. is among several Vanderbilt edit-a-thons in recent years that support efforts to build a more inclusive community. For example, the *Women of VISE* recently hosted its third annual Wikipedia edit-a-thon focused on women in science, technology, engineering and math. Its goal is to contribute to and improve the quality of Wikipedia pages on female scientists and researchers.

Campus groups interested in hosting their own edit-a-thons are encouraged to contact Mary Anne Caton - mary.a.caton@vanderbilt.edu, library programs and grants coordinator, for guidance on best practices.
On and Around Campus: a list of websites compiled by Tracy Stadnick

Vanderbilt University websites that you might find helpful as you look for events:

Chancellor’s Lecture Series: See the past lecture, “Project on Unity and American Democracy, with Condoleezza Rice, Al Gore, and Jon Meacham.” Also subscribe to get future Chancellor’s Lecture Series notices. https://www.vanderbilt.edu/chancellor/lecture-series/


Vanderbilt News and Events: This website has information from research, to announcements, to new studies, and events. https://news.vanderbilt.edu/

MyVU https://news.vanderbilt.edu/myvu/ To subscribe: https://news.vanderbilt.edu/section/myvu/myvu-takenote/

Vanderbilt Local News to subscribe: Lists events for the month that happen throughout campus. February highlights many Black History Month events from Divinity School to Blair School of Music. Free webinar: Cyberbullying and internet discussion for parents. https://www.vanderbilt.edu/community-relations/newsletter.php

The Dyer Observatory is hosting talks through out the month Woman and Girls in Science to Black Holes and Stargazing parties all virtual. Plus a really cool February star calendar you can download. https://dyer.vanderbilt.edu/

VU YouTube website that shows past YouTube discussions from Vanderbilt, from Dyer Observatory, to Art. This site has recordings from the past 4 months. https://www.youtube.com/channel/UC2FWUD6TVQT9jmxZ8AA_pMQ

Vanderbilt Calendar https://events.vanderbilt.edu/
# February 2021

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**NOTES**

RSVP tracy.stadnick@vanderbilt.edu
Anna Walker
Ann Neely

Click here to see what’s new in the picture gallery on our website
COVID information and resources from Vanderbilt

From VU and CDC website:
Do I need to wear a mask and avoid close contact with others if I have gotten 2 doses of the vaccine?

Yes. Not enough information is currently available to say if or when CDC will stop recommending that people wear masks and avoid close contact with others to help prevent the spread of the virus that causes COVID-19.

Experts need to understand more about the protection that COVID-19 vaccines provide in real-world conditions before making that decision. Other factors, including how many people get vaccinated and how the virus is spreading in communities, will also affect this decision. We also don’t yet know whether getting a COVID-19 vaccine will prevent you from spreading the virus that causes COVID-19 to other people, even if you don’t get sick yourself. CDC will continue to update this page as we learn more.

While experts learn more about the protection that COVID-19 vaccines provide under real-life conditions, it will be important for everyone to continue using all the tools available to help stop this pandemic.

To protect yourself and others, follow these recommendations:

- Wear a mask over your nose and mouth
- Stay at least 6 feet away from others
- Avoid crowds
- Avoid poorly ventilated spaces
- Wash your hands often

VU information about COVID Ask an Expert

https://www.vanderbilt.edu/coronavirus/ask-an-expert/

Topics like, How do you recognize false information about the virus?
What are warning signs of Covid 19 stress in young adults?
What does the future of Covid 19 testing look like?

Ask an Expert: Why is it still important to follow COVID-19 safety protocols after receiving the vaccine?

Vanderbilt University Senior Associate Dean for Graduate Medical Education and Professor of Medicine Donald W. Brady discussed the importance of continuing to follow COVID-19 health and safety protocols even after receiving the vaccine during the Spring Return to Campus Town Hall on Jan. 13, 2021.

https://www.youtube.com/watch?v=FEc7uYgJcHo

Ask an Expert: How can you spot misinformation about COVID vaccines?

Vanderbilt University Assistant Professor of Psychology Lisa Fazio discusses how to distinguish between valid and false information about the COVID-19 vaccines.

VWC in-person meeting guidelines:

Our Vanderbilt Woman Club Guidelines are different from Nashville Guidelines:
VWC follows Vanderbilt University Phase Guidelines for COVID-19.
Vanderbilt University Guidelines are in Phase II:
“Gatherings up to 10 as long as physical distancing can be maintained and safety protocols (e.g., face masks/coverings) are followed.”
The board recommends: No sharing of food and drink. Members should bring their own food and drink to events at this time.
Members cannot participate if they feel sick or have a fever.
We appreciate your concern for everyone’s health and your participation to help keep our members safe!