President’s message

Namaste:

an ancient Sanskrit greeting still in everyday use in India and especially on the trail in the Nepal Himalayas. Translated roughly, it means "I bow to the God within you," or "The Spirit within me salutes the Spirit in you" - a knowing that we are all made from the same One Divine Consciousness.

As this year draws to a close I want to stop and thank you. You have been present, generous, and welcoming. Thank you.

Our final luncheon is on May 1st at the Richland Country Club. Please fill out the form in this newsletter and send to Kendra Holroyd by April 25th or go online to pay by credit card.

In closing I want to say, be as kind, patient, and generous with yourself as you are with others. Be your own best friend.

Namaste,

Sheila


Have you made your reservation?

Spring Luncheon

May 1

Richland Country Club

Details on page twelve.

Available at the Spring Luncheon

Vanderbilt Woman’s Club Wine Glasses and Tribute Cards

To pay for the lunch by credit card

click here to make your reservation on line
Happy stories:

This February I went to upstate New York to be with my daughter and her family as Wendy underwent ACL repair surgery on her left knee. There was more than two feet of snow in all directions, but the roads were fairly clear. Most nights the temperatures were in the single digits, and the day temperature highs hovered in the teens or twenties. Those temperatures were close to what you were experiencing here in Nashville as you were coated with a layer of ice and most of you were homebound.

This NE family loves the snow and spends most of their free time on the slopes skiing. (By the way, that is how Wendy injured her knee.) On Sunday Paul recommended that I try a little of the outside sports as the temperatures hovered close to freezing. He said that he would attach my boots to some snowshoes and I could walk “on the snow” and have a New York experience. I headed out behind the house down to where I thought the creek was to see how it looked covered in snow. I walked in the tracks of a snowmobile that had passed through the area earlier. It was great fun as I enjoyed the blue skies and the quiet clarity of snow everywhere.

On Monday Wendy had her surgery and all went better than anticipated. Possibly it was because she knew what to expect since she had had the same surgery on her other knee about eight years ago. I did not drive while I was up there because the roads were still precarious due to the fact that salt does not work as effectively when the temperature starts dropping below 25 degrees. So Paul did all the driving. Just before he left to pick up Hazel at school on Wednesday I decided that I wanted to take one more walk in the snow before I left the next morning. Paul very kindly set me up again with my walking gear and offered me Hazel’s ski poles as stabilizers if I needed them. He asked if I would like to take the dogs with me. I was concerned that they would run away, but he assured me that they would stay with me and return with me when I headed back. So Beau, a black and white boarder collie, and Bubbles, a red Australian Shepherd, joined me. They were so happy to get out of the yard, jumping and playing in the snow as I walked. I decide to stay on top of the snow this time because my previous tracks were covered in fresh snow. The dogs walked in those tracks as the snow became more and more difficult to manoeuvre. Bubbles, the younger dog, led the way.

Beau was right behind him as they walked with me. I decided to venture in a new direction because Wendy told me that the creek had been moved and that possibly I could see it from a different bluff. As I walked in the fresh snow each step dropped about 10 inches into the powder. The dogs were working harder because they did not have a track to walk within, but they stayed right with me and they looked like they were still happy to be out “playing.” Suddenly I fell in the snow. The dogs jumped on me and wanted to give me “kisses.” I said, “No, I am not down here to play with you,” and then I attempted to get up. My right hand went down, down, down into the snow. My left hand did the same. I could push the ski poles two feet down until they hit the frozen ground, leaving only about six inches of pole sticking out of the ground, giving me no help. How was I going to get up? I was not in distress. I was not cold. The house was still visible. I had a phone on me, but I knew that Paul had gone to get Hazel and that Wendy would be no help in her condition. I contemplated rolling back if necessary. I tried again to raise myself with my hands, but I could not get leverage. Then I noticed that Beau had positioned himself on the snow next to my body and was not moving. Could he have placed himself there to help me? I certainly was not going to do anything that could possibly injure him. Beau continued to lie there. I applied gentle pressure up and down his spine to see if he showed any discomfort or signs of pain. He remained perfectly still and calm. I did it again with a little more pressure, and still the same result. I think Beau had positioned himself to help me. I placed my left hand on his stronger upper back with my weight being distributed over several anchor points of his body in the snow. In less than two seconds I had my right foot under me. Beau stayed right there. I tested other options but came to the same conclusion that I needed Beau one more time. Again I was able to get my left foot under me and up I went. Both dogs were up at this point, and I turned around and headed back to the house. I do believe that Beau knew exactly what he was doing, and he was there to help me. I did give them both treats when we returned, but I think they never made the connection. I do believe that this was all just in a day’s work. I will Love and Bless those dogs ALWAYS.

P.S. Beau was a rescue dog that Wendy found online who lived in West Tennessee.

Sheila Jensen
Interest Group Spotlight

2014-15
September ~ 360 Bistro
October ~ Bella Napoli
November ~ Thai Esane
January ~ Kitchen Notes
March ~ Chauhan Ale & Masala House
April ~ Adele’s

Kelly Chambers, Chris Browning, Kendra Holroyd, Angela Bowens, Susanne Riess, Inka Odom

In many of our photos you’ll notice dollar bills on the table. Lunch Bunch Coordinator Joyce Gore collects $1 from each member every outing to make a ScholarSips basket of restaurant gift certificates...always a popular contribution to our Stapleton/Weaver scholarship fund!

Kendra Holroyd, Kate Shaw, Judy Andrews

Diane Whalley, Merle Born, Pam Lamp

Cathy Macdonald, Kate Shaw, Dolores Loutzenhiser, Shelia McCarty

Angela Bowens, Mildred Tilley, Dede Clements, Aileen Webb, Joyce Gore, Lesley Omary

Cathy Macdonald, Aileen Webb, Roberta Maguire

Kathy Garthwaitz, Mildred Tilley, Adele Stein, Debbie Brodsky, Molly Stein
Members of Book Group One met at the home of Sheila Jensen on March 8th to discuss Karen Joy Fowler’s *We Are All Completely Beside Ourselves*.
Left to right: Anne Plummer, Penny TeSelle, Ann Ercelawn, Ellie Raths, Mary Claire Bradshaw, Mary Raffety, Becky Atack, Tilly Najjar

**Future reading . . . .**

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<td>Margaret Norris</td>
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<td><em>Still Life with Bread Crumbs</em> by Anna Quindlan</td>
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</table>
The Community Service and Community Explorer interest groups combined efforts on Wednesday, March 18th at the Second Harvest Food Bank of Middle Tennessee. The VWC sorted 9,000 pounds of canned and boxed foods! Left to right: Peggy Curci, Maddy Berezov, Anne Manner, Faye Brown, Carmen Gherman, Kathleen Donofrio, Randi Young, Linda Nicholas, Lisa LeMaster, Rita Hall

Randi Young and Anne Manner discuss the finer points of food sorting at the Second Harvest Food Bank of Middle Tennessee.
Next year, the board is considering recognizing our donors at their levels of contribution. These levels will be named for the ships associated with the Commodore.

C. Vanderbilt ($500 or more)  North Star ($200-$499)  Lexington (up to $199)

We should appreciate any thoughts about this change to the format. Do you approve?

Email Lynne Siesser at lsiesser7@gmail.com or call 615-298-5659

If you are searching for the perfect gifts for those persons who have it all, consider making a donation in any amount in the names to the Vanderbilt Woman’s Club Stapleton/Weaver Scholarship. You will receive Tribute Cards in your honorees’ names. And of course, you ultimately are making a truly meaningful gift to worthy Vanderbilt students. We will be accepting cash or checks for the donations at the Spring Luncheon where you will receive the Tribute Cards. Donor acknowledgments will be mailed out by Gift Processing at Vanderbilt so please bring your honorees’ mailing addresses, if you wish for them to be acknowledged by mail from Vanderbilt. If you have any questions contact Kelly Chambers, kellychambers420@yahoo.com 409-771-5731

VANDERBILT WOMAN’S CLUB

Wineglasses

On Sale at the
Spring Luncheon

Special Introductory Rate:
$6 each or 2 for $10

Help support our new fundraising venture by buying VWC wineglasses. Perfect for Cocktail Club hosting, VWC events, or just enjoying a glass of wine at home any old time. All proceeds dedicated to the Vanderbilt Woman’s Club Stapleton/Weaver Scholarship.

Scholarship Fund
2014—2015
Thanks to all who gave so generously of their time and resources.

$15,626.25
DONORS to the Stapleton/Weaver Endowed Scholarship 2014-2015

Rebecca Atack
Judy Auer (ScholarSips)
Elisabetha Baugh
Elaine Blake (ScholarSips Sponsor also in memory of Norman Yoder)
Merle Born
in memory of Barbara LeVan
Faye Brown (ScholarSips)
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tribute to Judy Isaac and
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(and in memory of Barbara LeVan also
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(Endowment)
tribute to Grace Turner, Judy Isaac, Cindy Slobogin, and Jennifer Piits
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in memory of Barbara LeVan
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in memory of Billy Bryant and
tribute to Mary Nelle Bryant
Carol Webster (ScholarSips)
Ann Wells (ScholarSips)
Joyce Weingartner
Rosemary Worley (ScholarSips)
also in honor of Janice Elliott
Faye Wyatt
Randi Lee Young

To make a donation to the endowed scholarship fund send checks payable to
Vanderbilt University
to
Lynne Siesser,
2009 Overhill Drive,
Nashville, TN 37215-3414

Interest Groups who donated:
Tuesday Bridge * Mah Jongg
Movies * Out to Lunch Bunch
# BOARD MEMBERS 2014-2015

## EXECUTIVE COMMITTEE

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Phone 1</th>
<th>Phone 2</th>
<th>Email</th>
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</thead>
<tbody>
<tr>
<td>President</td>
<td>Sheila Jensen</td>
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<td>615-351-4375</td>
<td><a href="mailto:sheilajensen@comcast.net">sheilajensen@comcast.net</a></td>
</tr>
<tr>
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</tr>
<tr>
<td>Vice President/Program Chair</td>
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<td><a href="mailto:lisa.m.lemaster@gmail.com">lisa.m.lemaster@gmail.com</a></td>
</tr>
<tr>
<td>Treasurer</td>
<td>Elisabeth Sandberg</td>
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<td><a href="mailto:elisabeth.sandberg@vanderbilt.edu">elisabeth.sandberg@vanderbilt.edu</a></td>
</tr>
<tr>
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<td><a href="mailto:midura.ling@gmail.com">midura.ling@gmail.com</a></td>
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<tr>
<td>Corresponding Secretary</td>
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<td><a href="mailto:aybowens@comcast.net">aybowens@comcast.net</a></td>
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## STANDING COMMITTEES

<table>
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<th>Name</th>
<th>Phone 1</th>
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<th>Email</th>
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</thead>
<tbody>
<tr>
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<td><a href="mailto:nancy.a.dwyer@vanderbilt.edu">nancy.a.dwyer@vanderbilt.edu</a></td>
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<tr>
<td>Publicity/Communications</td>
<td>Terri Hershberger</td>
<td>615-343-0755</td>
<td>615-804-0259</td>
<td><a href="mailto:terri.hershberger@vanderbilt.edu">terri.hershberger@vanderbilt.edu</a></td>
</tr>
<tr>
<td>Fund Raising</td>
<td>Elaine Blake</td>
<td>615-473-9001</td>
<td>615-356-5014</td>
<td><a href="mailto:elaine.blake@mac.com">elaine.blake@mac.com</a></td>
</tr>
<tr>
<td>Hospitality</td>
<td>Kendra Holroyd</td>
<td>615-376-4596</td>
<td>615-887-8222</td>
<td><a href="mailto:k2holroyd@comcast.net">k2holroyd@comcast.net</a></td>
</tr>
<tr>
<td>Interest Groups</td>
<td>Lisa LeMaster</td>
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</tr>
<tr>
<td>Magnolia News</td>
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</tr>
<tr>
<td>Membership</td>
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<td>615-856-3980</td>
<td><a href="mailto:lsiesser7@gmail.com">lsiesser7@gmail.com</a></td>
</tr>
<tr>
<td>Newcomers</td>
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<td></td>
<td><a href="mailto:kellychambers420@yahoo.com">kellychambers420@yahoo.com</a></td>
</tr>
<tr>
<td>Scholarship</td>
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<td>615-818-0781</td>
<td><a href="mailto:slobogin@hotmail.com">slobogin@hotmail.com</a></td>
</tr>
<tr>
<td></td>
<td>Mary Cronin-Furman</td>
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<td></td>
<td><a href="mailto:mary.croninfurman@gmail.com">mary.croninfurman@gmail.com</a></td>
</tr>
</tbody>
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__Regal Rendezvous - Future movie dates:__

April 14th * May 10th

*Lunch place and time TBD*

See you at the movies - Betsy Fleetwood  615-579-0903

---

## WELCOME NEW MEMBERS!

Sue McDougall
Cemele Richardson

---

__Kaffeeklatsch__

Wednesday, April 29, 2 - 4 pm at the home of Susanne Riess, 2811 Polo Club Road (off Vaughn Road)

Carol Webster will treat the group to a German cheese cake.

414-241-1246
susriess@hotmail.com
### BOOK GROUP TWO

**Kathleen Donofrio**  615-383-8732  kafdonofrio@gmail.com  Meets first Monday from 1:00-2:30 p.m. in the Green Hills Library

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<thead>
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<td>Rebekah Hickson</td>
<td>Denise Kiernan</td>
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<td>Dede Clements</td>
<td>William Kent Krueger</td>
<td><em>Ordinary Grace</em></td>
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<td>Lisa LeMaster</td>
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<td>Rita Hall</td>
<td>Lily King</td>
<td><em>Euphoria</em></td>
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<td>August 3</td>
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<td>Dave Eggers</td>
<td><em>What is the What?</em></td>
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<td>Jon Meacham</td>
<td><em>American Lion</em></td>
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<td>October 5</td>
<td>Joy Belton</td>
<td>Elizabeth Warren</td>
<td><em>A Fighting Chance</em></td>
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<td>Malcomb Gladwell</td>
<td><em>David and Goliath</em></td>
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<td>December 7</td>
<td>Mildred Tilley</td>
<td>Leo Tolstoy</td>
<td><em>The Death of Ivan Ilych</em></td>
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<tr>
<td>January</td>
<td>Cassandra Estes</td>
<td><em>Book Ballot Luncheon</em></td>
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<tr>
<td></td>
<td>Estelle Condra</td>
<td><em>All the Light We Cannot See</em></td>
</tr>
</tbody>
</table>

### BRIDGE TUESDAY

**Bea McGee**  615-473-7807  mcgeebea@gmail.com  2nd and 4th Tuesdays after lunch from 12:30 to 3:30 p.m.

### BRIDGE THURSDAY

**Lynne Siesser**  615-298-5659  lsiesser7@gmail.com  Every Thursday from 1:00 to 4:00 p.m.

### COMMUNITY EXPLORERS

**Anne Manner**  615-289-1040  acmanner@gmail.com  Join us in exploring historic and cultural sites as well as other points of interest in the Nashville area.

**Kathleen Donofrio**  615-383-8732  kafdonofrio@gmail.com  Volunteers meet on selected Wednesday mornings at LP Pencil Box, offering free school supplies for Metro teachers.

### COMMUNITY SERVICE

**Lin Watson**  615-776-3848  linnw@comcast.net  Wednesdays 1:00 to 3:00 p.m.

### MAH JONGG

**Kerri Obstein**  781-258-8556  kerriobstein@gmail.com  Looking for playmates for your pre-schooler? Join the mums and their toddlers in parks, playgrounds and homes every Thursday from 10 a.m. to noon.

### PLAYGROUP

**Betsy Fleetwood**  615-579-0903  befleet@aol.com  Join the group monthly on Tuesdays for a movie at Regal Green Hills Cinema and lunch beforehand at a nearby restaurant. Contact Betsy to be placed on the email list.

### MOVIES

**Joyce Gore**  615-783-0681  joycegore0681@gmail.com  Try out local restaurants with congenial company.

### OUT TO LUNCH BUNCH

**Joan Harshman**  615-292-2260  joan.s.harshman@att.net  Lunch and conversation with friends. Second Thursday from 1:00 to 2:00 p.m. at Amerigo's Restaurant, 1920 West End Avenue.

### ESPAÑOL POR FAVOR

**Lorena Rivera Wilson**  615-517-1064  lorenaktw@comcast.net  Lunch and conversation with friends at a Green Hills restaurant.

### SPRECHEN SIE DEUTSCH?

**Susanne Riess**  414-241-1246  susriess@hotmail.com  Meet in homes in the afternoon for coffee and conversation.
**BOOK GROUP ONE**

<table>
<thead>
<tr>
<th>Leader</th>
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<tbody>
<tr>
<td>Becky Atack</td>
<td><a href="mailto:rebecca.w.atack@vanderbilt.edu">rebecca.w.atack@vanderbilt.edu</a></td>
</tr>
<tr>
<td>Ann Ercelawn</td>
<td><a href="mailto:ann.ercelawn@gmail.com">ann.ercelawn@gmail.com</a></td>
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We meet the second Sunday of the month from 2:30 to 4:00 p.m., except in May when we meet on the first Sunday. We do not meet in December, January and August.

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**COCKTAIL CLUB**

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<tr>
<td>Lynne Siesser</td>
<td><a href="mailto:lsiesser7@gmail.com">lsiesser7@gmail.com</a></td>
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Bring a bottle of wine and your favorite hors d’oeuvres. Meet new friends from other departments.

**GOURMET GROUP**

<table>
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<tr>
<th>Leader</th>
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<tbody>
<tr>
<td>Carmen Gherman</td>
<td><a href="mailto:cggherman@yahoo.com">cggherman@yahoo.com</a></td>
</tr>
</tbody>
</table>

If you love to cook, join us for fine dining and scintillating conversation.

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**COCKTAIL CLUB FOR YOUR CALENDAR**

April 25 at the Siessers
May 9 at the Clements
Volunteers for hosts during the summer needed.

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**Gourmet Group dates**

**April 18 at the Jensen’s**

*Lebanese theme* for your calendar:

May 2.

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**Community Explorers**

**Thursday, April 23, 2015** - DayTrip to tour Jack Daniel’s Distillery in Lynchburg with lunch at Miss Mary Bobo’s Boarding House.

Please email or call Anne Manner if you would like more information. 
acmanner@gmail.com; 615-289-1040
### Vanderbilt Woman’s Club

#### April 2015

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<tr>
<th>Sunday</th>
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<th>Tuesday</th>
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<td>5</td>
<td>Book Group Two</td>
<td>1:00 p.m. @ Green Hills Library</td>
<td>Mah Jongg 1-4 p.m.</td>
<td>Playgroup 10 a.m.–Noon Bridge 1 – 4 p.m.</td>
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<td>12</td>
<td>Book Group One</td>
<td>2:30 – 4 p.m. @ Penny TeSelle's</td>
<td>Community Service @ Pencil 9-Noon Mah Jongg 1-4 p.m.</td>
<td>Playgroup 10 a.m.–Noon Parlez-Vous Français? 1-2 p.m. Bridge 1 – 4 p.m.</td>
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**EASTER**

- **April 2015**

- **Sunday, April 11**: Good Friday
- **Monday, April 13**: Passover Begins

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Be sure to send your reservation for the End-of-the-Year Luncheon at Richland Country Club on Friday, May 1st, 11:30 – 1:30 p.m., to Kendra Holroyd ASAP! We hope to see all members together for a final gathering before we scatter for summer!
Vanderbilt Woman’s Club  
Spring Luncheon

Please join us in celebrating a wonderful year of memories and service at our annual Spring Luncheon.

Friday May 1, 2015 11:30 - 1:30
Richland Country Club
1 Club Drive
Nashville TN 37215

Program to begin at 11:35 with lunch service to start at 12 noon.

Luncheon Menu

Regular:  Strawberry Spinach Salad - Grilled Chicken, Fresh Spinach, Jicama, Mushrooms, Red Onions and Caramelized Pecans Tossed with Poppyseed Dressing.


Dessert: Keylime Pie with Mango Sorbet Lollipops and Passion Fruit Caramel Sauce

Coffee, Iced Tea and Water

Please send your reservation and Luncheon choice to:
Kendra Holroyd 5130 Murray Lane Brentwood TN 37027. Make checks payable to Vanderbilt Woman’s Club. Reservation Deadline is Saturday April 25, 2015

Name:__________________________________________________________

Regular Member $22.00_____________________________________________

Life Member $20.00 _______________________________________________

Reservations can be made using your credit card at the link below.

Vegetarian □

[Click here to make your reservation on line]