Meeting Minutes:
Tuesday, June 13, 2023
Online Zoom and In Person Meeting - Alumni Hall, Memorial Hall

Present:

Albright, Dallas
Baughman, David
Bennett, Jennifer
Borgic, Kevin
Bourgin, Jeremy
Brust, Valerie
Bush, Marita
Butner, Sean
Carroll, Sara
Chai, Pearl
Champion, Brittany
Cole, Victoria
Conwell, Patrick
Coradazzi, Danny
Cornwell, Cassandra
Cummings, Kenedee
Dawson, T. Renee
Dixon, Amanda
Elliott, Craig
Fogg, Christine
Foggie, Christina
Gilmore, Alana
Gyarmati, Krista
Harding, Amanda
Hastings, Kelley "Lynn"
Hollifield, Michael
Jackson, Crystal
Kamtarin, Shahpar
Keever, Jeffrey
Kelley, Emily
Knupp, Peggy
Kurilko, Rachel
Lampley, Cassanora
Lawrence Givens, Tiffany
Long, Madeline
Maddox, Lynn
Manlove, Sharon
Maraniss, Andrew
McKeever-Burgett, Adam
Moody, Chanc'e
Naughton, Megan
Nooe, Allie
Oliver, Leshan
Patterson "Mundy",
Meaghan
Perry, Caitlyn
Peters, Erin
Pezzati, Katelyn
Poteete, Sarah
Pratt, Jeremy
Pring, Michael
Putnam, Sara
Reed, Haley
Reeves, Kellea
Smith, Amy
Smith, LaDonna
Stumpf, Jean
Swayze, Sarah
Weeks, Daravanh
Wilson, Maisie
Woody, Jennifer
Zink, Andrea
Not Present:
Adams, Charlton
Beck, Rebekah
Benitone, Hastings
Bishop, Faith
Bonner, Cheryl
Carlson, Robin
Carro, Elena
Carroll, Chantry
Casey, Drew
Cochrane, Brian
Cope, Sara
Crutchfield, Savannah
Dickson, Nancy
Dixon, Michele
Dodson, Michael
Eubanks, Helga
Farst, Lauren
"Paige"
Gibbons, Sarah
Gioglio, Kaslista
Higgins, Ed
Johnson, Denise
Johnson, Linda
King, Amanda
Kiolbasa, Mary
Knighton, Keeouka
Manus, Sara
Masters, Richmond
Melson, Keire
Mitchell, Heather
Rivas, Beth
Sierra, Bryn
Taiman, Matt
Turner, Kimberly
Walker, Susan
Wang, Joanne
Watson, Hollie
Weisbrodt, Cathy

Guests:
Abrams, Jenny
Adams, Laura
Bagley, Sydney
Bahrt, Emily
Bergheger, Claudia
Best, Douglas
Boone, Laura
Broadrick, Troy
Brooks, Bari
Bukowski, Michelle
Burroughs, Machalia
Coppinger, Whitney
Crawford, Tony
Crowhurst, Stacey
Culver, Tiffany
Glasgow, Scotty
Griffin, Brittany
Harrison, Kimberly
Herndon, Roger
Jasper, Shaun
K9 Officer Jack
Kole, Brenda
Leibowitz, Miriam
Lewis, Shaneithia
Mckelvy, Deniz
Moore, La Tisha
Naifeh, Jake
Notestine, Wesley
Osa-Oni, Raven
Parker, Patricia
Perkins, Anissa
Porter, Abigail
Poston, Kenzie
Puckett, Mike (James)
Schuerlein, Wendy
Taylor, Susan
Tift, Mary Beth
Williams - Sumlin, Alicia
Zucherwise-Causton, Simon
WELCOME

Amanda Harding, President, called the Meeting to order at 8:33 am

Agenda

- Lyra & Virgin Pulse Overview
  - Stacey Bonner, Director Health and Wellness Programs, Office of Health and Wellness
  - Pam Jones – Associate Vice Chancellor, Office of Health and Wellness
- USAC Business and Committee Reports
  - Awards
- Wellness Fun!
  - Officer Jack
  - Balloon Animals
  - Coloring
  - Handouts
  - Swag

Keynote Speakers

- Stacey Bonner, Director Health and Wellness Programs, Office of Health and Wellness
- Pam Jones – Associate Vice Chancellor, Office of Health and Wellness

  - EAP Services Provided by Lyra
    - VU is committed to providing greater access, proactive service provision, and support of behavioral and mental health needs for its diverse community.
      - Preventative
      - Digital Self-Care
      - Guided Self-Care
      - Mental Health Coaching
      - Clinical
      - Evidence Based Therapy
      - Medical Management
      - Complex
    - Collaborative higher level of care program (ie – Vanderbilt Psychiatric Hospital
    - Lyra includes services for VU employees, spouses, and children 2+ years of age.
    - EAP will provide 12 sessions, then partner with Aetna after 12 sessions.
    - Online scheduling available with providers that have immediate availability.
    - Intake screening that matches the individual to the optimal provider – including diversity considerations
    - 95% stay with the first provider they are matched with.
    - 24/7 concierge navigation support
- Personalized care plans.
- Lyra Learn – Mental health eLearning to help foster a culture of well-being.
- Lyra Gatherings – Structure virtual discussion sessions led by clinical experts.
  - VUMC Occupational Health Clinic will continue to immunizations and medical screening exams for work-related hazards, business travel exams ergonomic consultations, evaluation/treatment for work-related injuries, illnesses, and exposures.
  - Virgin Pulse is Vanderbilt’s new wellness platform. Virgin Pulse encourages healthy habit change.
    - Vanderbilt’s faculty, staff and postdocs have access to Virgin Pulse.
    - This platform encourages behavioral change through completing a Health Risk Assessment and participating in fun team challenges with family and friends.
    - Key aspects of the platform include:
      - Easy to set up; simple to use. In minutes, individuals can set up an account, choose preferences, and start exploring health topics that interest them.
      - Take it with you wherever you go. With the Virgin Pulse app, individuals will have 24/7 access on their phone or device. No more being tied to the desktop, although it is available too.
      - Track automatically. Individuals get credit for the activities they’re already doing. Sync a fitness app or device to automatically track physical activity, sleep, and more.
      - Personalize your experience. People have unique wellness goals, and the app allows individuals to focus on what is important to them.
      - Build community. Individuals can connect with friends, family, and coworkers to give and receive encouragement and support.
      - Earn rewards. Employees can earn points for the healthy activities they do. These points turn into rewards that can be spent on gift cards or wellness items.

**USAC Business**

**USAC Migration to Microsoft Teams**

- USAC will be implementing Microsoft Teams for the AY 23-24 year.
  - All 23-24 USAC elected members will be added to the USAC Team by July 1.
  - Once committees are chosen, each member will be moved into that committee channel. Committee channels are private and will only be accessible to those members of that committee.
  - Goals of using Microsoft Teams:
• Streamlined communication to all USAC members, if needed, without flooding email in-boxes.
• A unified system for committees to communicate and store documents.
• In alignment with VU’s transition to using Microsoft Teams.

Employee Critical Support Fund

The Employee Critical Support Fund, previously called the Employee Hardship Fund, was established in 1994 to financially assist Vanderbilt faculty and staff who are experiencing a non-recurring sudden or emergency-related financial hardship due to an unforeseen or unavoidable event.

How to contribute:

• The Kroger Community Rewards program supports the Employee Critical Support Fund through grocery purchases. Everyone must re-sign up for the Vanderbilt Employee Critical Support Fund.
• Can also give through payroll deduction.

If you have questions about the Employee Critical Support Fund, please email Wellbeing@vanderbilt.edu.

Committee Reports

Communications Committee
• Co-Chairs: Faith Bishop and Andrea Zink
• Remember USAC’s Social Media – Facebook, Instagram, Twitter.
• Thank you, Communications Committee Members!
• Next Meeting: TBD

EDI Committee
• Co-Chairs: Shahpar Kamtarin and Erin Peters
• June Diversity Spotlight – LGBTQ+ PRIDE month
  o Drop-In P.R.I.D.E. (Pursing Respect, Inclusion, Diversity, and Equality) Training are offered throughout the year. Please contact lgbtqui@vanderbilt.edu to request training information.
  o Thank you EDI Committee Members!
• Next Meeting: TBD

Events Committee
• Co-Chairs: Jennifer Bennett and Michael Hollifield
• May 16 – USAC Coffee Hour – Rand Terrace – very successful
• June 7 – Ice Cream Time in partnership with The Wond’ry; at the new Sesquicentennial Oak with the Icicle Tricycle – very successful!
• Thank you, Events Committee Members!
• Next meeting: June 20; 9:30 AM via Teams
Membership

- Co-Chairs – Lynn Hastings and Christine Fogg
- June Birthdays – Hastings Benitone, Jeffrey Keever, Emily Kelley, Adam McKeever-Burgett, Chance Moody, Daravanh Weeks, Maisie Wilson
- Meet a Member – Kevin Borgic – Senior Manager for Catering Operations, VU Catering & Operations
- Thank you, Events Committee Members!
- Next Meeting: TBD

Rules and Administration

- Co-Chairs – Sean Butner and Amy Smith
- Points of Order – a point of order is an announcement that meeting rules are not being followed. But, it is really important to remember that we’re human and if you notice a meeting rule isn’t being followed, nicely and civilly note the error! And remember, a point of order is not your opinion.
- Thank you, USAC members for always trying to follow Robert’s Rules of Order!
- Thank you, Rules and Administration Committee Members!
- Next meeting: TBD

Staff Life

- Co-Chairs – Sara Putnam and Danny Coradazzi
- Thank you, Staff Life Committee Members!
- Next Meeting: TBD

Other

- Celebrating USAC Graduates:
  - Jeremy Bourgoin - Director, Student Accountability, Community Standards and Academic Integrity – Doctorate of Education, Organizational Leadership, Northeastern University
  - Amanda Harding – Assistant Director, Office of Digital Education, Doctorate of Education, Leadership & Learning in Organizations, Vanderbilt University
  - LaDonna Smith – Administrative Officer, Biological Sciences – Bachelor of Science, Integrated Studies, Middle TN State University

- Awards Presentations:
  - Communications Committee – Faith Bishop and Andrea Zink, Co-Chairs – Committee of the Year
  - Lynn Hastings, Membership Committee Co-Chair – Committee Member of the Year
  - Jennifer Bennett - the Karen Dolan Spirit Award recognizes a USAC representative for their stewardship, devotion, and service to the council. It is given to an employee who embodies the spirit of the late Karen Dolan, who had a strong passion for helping the Vanderbilt community during her time on campus. Dolan worked at Vanderbilt for nearly 26 years. She was the Graduate
School registrar before being diagnosed with ALS (amyotrophic lateral sclerosis). She died in May 2006, and the award was created in her memory in 2008.

• Passing of the Gavel from President Amanda Harding to President-Elect Adam McKeever-Burgett.

Next Meeting
• First Meeting of the Fiscal Year
• Tuesday, July 11, 2023
• Via Zoom – 8:30 AM

ADJOURN
Adam McKeever-Burgett, President, adjourned the Meeting at 9:39 am for buffet breakfast and Wellness Fun!

USAC Vision: Through communication, consultation, and service, the Council will promote a strong partnership among the staff, faculty, students, and administration of Vanderbilt University.