



**Meeting Minutes:**  
**Tuesday, June 13, 2023**  
**Online Zoom and In Person Meeting - Alumni Hall, Memorial Hall**

**Present:**

Albright, Dallas	Hastings, Kelley "Lynn"	Pring, Michael
Baughman, David	Hollifield, Michael	Putnam, Sara
Bennett, Jennifer	Jackson, Crystal	Reed, Haley
Borgic, Kevin	Kamtarin, Shahpar	Reeves, Kellea
Bourgoin, Jeremy	Keever, Jeffrey	Smith, Amy
Brust, Valerie	Kelley, Emily	Smith, LaDonna
Bush, Marita	Knupp, Peggy	Stumpf, Jean
Butner, Sean	Kurilko, Rachel	Swayze, Sarah
Carroll, Sara	Lampley, Cassanora	Weeks, Daravanh
Chai, Pearl	Lawrence Givens, Tiffany	Wilson, Maisie
Champion, Brittany	Long, Madeline	Woody, Jennifer
Cole, Victoria	Maddox, Lynn	Zink, Andrea
Conwell, Patrick	Manlove, Sharon	
Coradazzi, Danny	Maraniss, Andrew	
Cornwell, Cassandra	McKeever-Burgett, Adam	
Cummings, Kenedee	Moody, Chanc'e	
Dawson, T. Renee	Naughton, Megan	
Dixon, Amanda	Noote, Allie	
Elliott, Craig	Oliver, Leshawn	
Fogg, Christine	Patterson "Mundy", Meaghan	
Foggie, Christina	Perry, Caitlyn	
Gilmore, Alana	Peters, Erin	
Gyarmati, Krista	Pezzati, Katelyn	
Harding, Amanda	Poteete, Sarah	
	Pratt, Jeremy	

## **Not Present:**

Adams, Charlton  
Beck, Rebekah  
Benitone, Hastings  
Bishop, Faith  
Bonner, Cheryl  
Carlson, Robin  
Carro, Elena  
Carroll, Chantry  
Casey, Drew  
Cochrane, Brian  
Cooley, Emma  
Cope, Sara  
Crutchfield,  
Savannah  
Dickson, Nancy  
Dixon, Michele  
Dodson, Michael  
Eubanks, Helga  
Farst, Lauren  
"Paige"  
Gibbons, Sarah  
Gioglio, Kaslista  
Higgins, Ed  
Johnson, Denise  
Johnson, Linda  
King, Amanda  
Kiolbasa, Mary  
Knighton, Keeouka  
Manus, Sara  
Masters, Richmond  
Melson, Keire  
Mitchell, Heather  
Rivas, Beth  
Sierra, Bryn  
Taiman, Matt  
Turner, Kimberly  
Walker, Susan  
Wang, Joanne  
Watson, Hollie  
Weisbrodt, Cathy

## **Guests:**

Abrams, Jenny  
Adams, Laura  
Bagley, Sydney  
Bahrt, Emily  
Bergheger, Claudia  
Best, Douglas  
Boone, Laura  
Broadrick, Troy  
Brooks, Bari  
Bukowski, Michelle  
Burroughs, Machalia  
Coppinger, Whitney  
Crawford, Tony  
Crowhurst, Stacey  
Culver, Tiffany  
Glasgow, Scotty  
Griffin, Brittany  
Harrison, Kimberly  
Herndon, Roger  
Jasper, Shaun  
K9 Officer Jack  
Kole, Brenda  
Leibowitz, Miriam  
Lewis, Shaneithia  
Mckelvy, Deniz  
Moore, La Tisha  
Naifeh, Jake  
Notestine, Wesley  
Osa-Oni, Raven  
Parker, Patricia  
Perkins, Anissa  
Porter, Abigail  
Poston, Kenzie  
Puckett, Mike (James)  
Schuerlein, Wendy  
Taylor, Susan  
Tift, Mary Beth  
Williams - Sumlin, Alicia  
Zucherwise-Causton,  
Simon

## **WELCOME**

*Amanda Harding, President, called the Meeting to order at 8:33 am*

### **Agenda**

- Lyra & Virgin Pulse Overview
  - Stacey Bonner, Director Health and Wellness Programs, Office of Health and Wellness
  - Pam Jones – Associate Vice Chancellor, Office of Health and Wellness
- USAC Business and Committee Reports
  - Awards
- Wellness Fun!
  - Officer Jack
  - Balloon Animals
  - Coloring
  - Handouts
  - Swag

### **Keynote Speakers**

- Stacey Bonner, Director Health and Wellness Programs, Office of Health and Wellness
- Pam Jones – Associate Vice Chancellor, Office of Health and Wellness
  - EAP Services Provided by Lyra
    - VU is committed to providing greater access, proactive service provision, and support of behavioral and mental health needs for its diverse community.
      - Preventative
      - Digital Self-Care
      - Guided Self-Care
      - Mental Health Coaching
      - Clinical
      - Evidence Based Therapy
      - Medical Management
      - Complex
    - Collaborative higher level of care program (ie – Vanderbilt Psychiatric Hospital)
    - Lyra includes services for VU employees, spouses, and children 2+ years of age.
    - EAP will provide 12 sessions, then partner with Aetna after 12 sessions.
    - Online scheduling available with providers that have immediate availability.
    - Intake screening that matches the individual to the optimal provider – including diversity considerations
    - 95% stay with the first provider they are matched with.
    - 24/7 concierge navigation support

- Personalized care plans.
    - Lyra Learn – Mental health eLearning to help foster a culture of well-being.
    - Lyra Gatherings – Structure virtual discussion sessions led by clinical experts.
  - VUMC Occupational Health Clinic will continue to immunizations and medical screening exams for work-related hazards, business travel exams ergonomic consultations, evaluation/treatment for work-related injuries, illnesses, and exposures.
- Virgin Pulse is Vanderbilt’s new wellness platform. Virgin Pulse encourages healthy habit change.
  - Vanderbilt’s faculty, staff and postdocs have access to Virgin Pulse.
  - This platform encourages behavioral change through completing a Health Risk Assessment and participating in fun team challenges with family and friends.
  - Key aspects of the platform include:
    - Easy to set up; simple to use. In minutes, individuals can set up an account, choose preferences, and start exploring health topics that interest them.
    - Take it with you wherever you go. With the Virgin Pulse app, individuals will have 24/7 access on their phone or device. No more being tied to the desktop, although it is available too.
    - Track automatically. Individuals get credit for the activities they’re already doing. Sync a fitness app or device to automatically track physical activity, sleep, and more.
    - Personalize your experience. People have unique wellness goals, and the app allows individuals to focus on what is important to them.
    - Build community. Individuals can connect with friends, family, and coworkers to give and receive encouragement and support.
    - Earn rewards. Employees can earn points for the healthy activities they do. These points turn into rewards that can be spent on gift cards or wellness items.

## **USAC Business**

### USAC Migration to Microsoft Teams

- USAC will be implementing Microsoft Teams for the AY 23-24 year.
  - All 23-24 USAC elected members will be added to the USAC Team by July 1.
  - Once committees are chosen, each member will be moved into that committee channel. Committee channels are private and will only be accessible to those members of that committee.
  - Goals of using Microsoft Teams:

- Streamlined communication to all USAC members, if needed, without flooding email in-boxes.
- A unified system for committees to communicate and store documents.
- In alignment with VU's transition to using Microsoft Teams.

### Employee Critical Support Fund

The Employee Critical Support Fund, previously called the Employee Hardship Fund, was established in 1994 to financially assist Vanderbilt faculty and staff who are experiencing a non-recurring sudden or emergency-related financial hardship due to an unforeseen or unavoidable event.

How to contribute:

- The **Kroger Community Rewards** program supports the Employee Critical Support Fund through grocery purchases. Everyone must re-sign up - for the Vanderbilt Employee Critical Support Fund.
- Can also give through payroll deduction.

If you have questions about the Employee Critical Support Fund, please email [Wellbeing@vanderbilt.edu](mailto:Wellbeing@vanderbilt.edu).

## Committee Reports

### Communications Committee

- Co-Chairs: Faith Bishop and Andrea Zink
- Remember USAC's Social Media – Facebook, Instagram, Twitter.
- Thank you, Communications Committee Members!
- Next Meeting: TBD

### EDI Committee

- Co-Chairs: Shahpar Kamtarin and Erin Peters
- June Diversity Spotlight – LGBTQ+ PRIDE month
  - Drop-In P.R.I.D.E. (Pursing Respect, Inclusion, Diversity, and Equality) Training are offered throughout the year. Please contact [lgbtqui@vanderbilt.edu](mailto:lgbtqui@vanderbilt.edu) to request training information.
  - Thank you EDI Committee Members!
- Next Meeting: TBD

### Events Committee

- Co-Chairs: Jennifer Bennett and Michael Hollifield
- May 16 – USAC Coffee Hour – Rand Terrace – very successful
- June 7 – Ice Cream Time in partnership with The Wond'ry; at the new Sesquicentennial Oak with the Icicle Tricycle – very successful!
- Thank you, Events Committee Members!
- Next meeting: June 20; 9:30 AM via Teams

## Membership

- Co-Chairs – Lynn Hastings and Christine Fogg
- June Birthdays – Hastings Benitone, Jeffrey Kever, Emily Kelley, Adam McKeever-Burgett, Chance Moody, Daravanh Weeks, Maisie Wilson
- Meet a Member – Kevin Borgic – Senior Manager for Catering Operations, VU Catering & Operations
- Thank you, Events Committee Members!
- Next Meeting: TBD

## Rules and Administration

- Co-Chairs – Sean Butner and Amy Smith
- Points of Order – a point of order is an announcement that meeting rules are not being followed. But, it is really important to remember that we're human and if you notice a meeting rule isn't being followed, nicely and civilly note the error! And remember, a point of order is not your opinion.
- Thank you, USAC members for always trying to follow Robert's Rules of Order!
- Thank you, Rules and Administration Committee Members!
- Next meeting: TBD

## Staff Life

- Co-Chairs – Sara Putnam and Danny Coradazzi
- Thank you, Staff Life Committee Members!
- Next Meeting: TBD

## Other

- Celebrating USAC Graduates:
  - Jeremy Bourgoïn - Director, Student Accountability, Community Standards and Academic Integrity – Doctorate of Education, Organizational Leadership, Northeastern University
  - Amanda Harding – Assistant Director, Office of Digital Education, Doctorate of Education, Leadership & Learning in Organizations, Vanderbilt University
  - LaDonna Smith – Administrative Officer, Biological Sciences – Bachelor of Science, Integrated Studies, Middle TN State University
- Awards Presentations:
  - Communications Committee – Faith Bishop and Andrea Zink, Co-Chairs – Committee of the Year
  - Lynn Hastings, Membership Committee Co-Chair – Committee Member of the Year
  - Jennifer Bennett - the Karen Dolan Spirit Award recognizes a USAC representative for their stewardship, devotion, and service to the council. It is given to an employee who embodies the spirit of the late Karen Dolan, who had a strong passion for helping the Vanderbilt community during her time on campus. Dolan worked at Vanderbilt for nearly 26 years. She was the Graduate

School registrar before being diagnosed with ALS (amyotrophic lateral sclerosis). She died in May 2006, and the award was created in her memory in 2008.

- Passing of the Gavel from President Amanda Harding to President-Elect Adam McKeever-Burgett.

#### Next Meeting

- First Meeting of the Fiscal Year
- Tuesday, July 11, 2023
- Via Zoom – 8:30 AM

#### **ADJOURN**

***Adam McKeever-Burgett, President, adjourned the Meeting at 9:39 am for buffet breakfast and Wellness Fun!***

***USAC Vision: Through communication, consultation, and service, the Council will promote a strong partnership among the staff, faculty, students, and administration of Vanderbilt University.***