Studying for hours, but the test was still a mystery? Reading the same page over and over and still have no idea what you just read? Wondering why everyone else seems to have more time than you do? Already starting to panic about final papers, presentations, and exams? Join the Academic Skills Workshop to refine your study skills, time management, reading, writing, and test preparation.

Location: Commons Center, 233
Times: Wednesdays 4-5pm September 16 - October 14
Mondays 1-2pm November 2 - December 7 (Except 11/23)
Facilitator: Samantha KW Brzozowski, MA

Session Topics
Thinking about thinking - Wednesday September 16, 4-5pm
Manage your time, manage yourself - Wednesday September 23, 4-5pm ** located at the Fireside Lounge, Commons Center first floor
Reading strategies - Wednesday September 30, 4-5pm
Writing without tears - Wednesday October 7, 4-5pm
Is this going to be on the test? Tackling test preparation and anxiety - Wednesday October 14, 4-5pm
Thinking about thinking - Monday November 2, 1-2pm
Manage your time, manage yourself - Monday November 9, 1-2pm
Reading strategies - Monday November 16, 1-2pm
Writing without tears - Monday November 30, 1-2pm
Is this going to be on the test? Tackling test preparation and anxiety - Monday December 7, 1-2pm

Please sign up for the Academic Skills Workshop online using the link below. You're welcome to sign up for one or multiple sessions. Please sign up at least 24 hours in advance of the scheduled workshop date. Note that you do not have to already be a PCC client in order to attend this workshop. All VU students are welcome!

https://medschool.vanderbilt.edu/pcc/academic-skills-workshop-registration