**Tuna with Lemon and Dill**

**Ingredients:**
- canned tuna in water
- fresh or dried dill
- chopped celery
- 1/2 lemon
- salt and pepper
- light mayonnaise

**Directions:**
1. Drain and chop the tuna in a large mixing bowl
2. Add chopped celery, finely chopped dill, the juice of 1/2 lemon, approximately 1 tbsp of light mayonnaise (depending on your taste-the less the healthier)
3. Mix gently
4. Salt and pepper to taste.

This recipe lightens up the usual heavy mayonnaise based tuna fish recipe. It is great for salad, sandwiches or on whole grain crackers for a healthy protein rich snack.

Recipe from the kitchen of Stacey Kendrick