

Email not displaying correctly? [View it in your browser instead.](#)

SustainVU
Growing Responsibly

vanderbilt.edu/sustainvu



Engage Green: Tour De Gulch – September 2

Get an insider's look at the first [LEED ND](#) (Neighborhood Development) certified neighborhood in the Southern U.S. on September 2nd from 6-7:30pm. Kim Hawkins of Hawkins Partners, Inc. with [Urban Green Lab](#) and [Team Green Adventures](#) will lead the tour, which begins at Yazoo Brewing Company. More details [here](#).

City Cycling 101: How to Ride your Bicycle Safely and Confidently – September 2

Want to be more confident riding your bike around Nashville? Join [Walk/Bike Nashville](#) for their course designed to help you brush up on your bike riding knowledge and skills. Get ready to

Welcome back! We are so excited to have everyone back on campus! SEMO loved meeting new students during first year Move-In and the University Resource & Services Fair. Thank you to all of the Cardboard Crew student volunteers who worked tirelessly to reduce our waste during move-in...we can't wait to see if we set a new record for cardboard recycling again this year! If we didn't get to meet you yet, we will see you at the home football games...we will be the ones recycling in the tailgating areas and as you enter the stadium. Go 'Dores! Additional information about the stories and events included in this newsletter are available on the [SustainVU website](#) and [Facebook](#) page. Have a spectacular September and sustainable start to the school year!

Andrea George, Director
Sustainability and Environmental Management Office
Vanderbilt University (615) 322-4551 | [e-mail](#) | [Web site](#)



Students welcomed to campus by Cardboard Crew

dust off your saddle and helmet and get back out on the roads! More details [here](#).

Vanderbilt Farmers' Market – September 3, 10, 17, 25

The Vanderbilt Farmers' Market will be held every Thursday from 3:00-6:00pm through October 29. The market has relocated to the curved section of Medical Center Drive adjacent to Vanderbilt Stallworth Rehabilitation Hospital, between Children's Way and Blakemore Avenue, steps away from the intersection of Blakemore Avenue and 21st Avenue South. More details [here](#).

Live on the Green – September 3, 10, 11, 12

Live on the Green returns with yet another great line-up this year! This free, family-friendly festival features performers all over the country.

Consider taking alternative transportation—[Walk/Bike Nashville](#) is providing free, secure valet bicycle parking, and [B-cycle](#) is providing bike rentals for only \$5.00 for the day. As always, the [MTA bus](#) is also a great option to get downtown. See transportation options and how to be green at the concert [here](#).

Cumberland River Dragon Boat Festival – September 12

Support [Cumberland River Compact](#) during the Dragon Boat Festival on September 12th at Riverfront Park. Watch more than 50 boat teams



Students moving onto campus for this school year were welcomed by many volunteers helping make their move a little greener! The Cardboard Crew

collected and recycled enormous amounts of cardboard which are generated each year during move in from boxes and packaging. In addition to cardboard, plastic film wrapping and Styrofoam are also recycled this year. Cardboard Crew recycled eighteen 30 cubic yard dumpsters of cardboard in one day. If these dumpsters were placed end to end, they would be as tall as Seattle's Space Needle! Way to go, Cardboard Crew!

The collaborative efforts of Cardboard Crew volunteers, Student Promoting Environmental Awareness and Responsibility ([SPEAR](#)), Plant Operations [Grounds Department](#), and the Sustainability and Environmental Management Office ([SEMO](#)) come together each year to demonstrate a commitment to environmentally responsible practices and to help make Vanderbilt a more sustainable university.

Thank you to all of the volunteers and all who recycled during Move In 2015!

Eight Vanderbilt researchers named 'Inspiring Women in STEM'

Eight Vanderbilt professors are recipients of INSIGHT Into Diversity magazine's [100 Inspiring Women in STEM](#) Award. The award honors highly

accomplished women working in science, technology, engineering or mathematics who have made a positive impact on the trajectories of other women thinking about or newly embarking on STEM careers. A number of the Vanderbilt recipients have sustainability as a research focus, from climate change to sustainable design. Vanderbilt winners include: Janey Camp, Lily Claiborne, Isabel Gauthier, S. Victoria Greene, Kelly Holley-Bockelmann, Ebony McGee, Jessica Oster, and Lori Troxel.

"For many years Vanderbilt has made it a priority to encourage qualified women to assume leadership roles and cultivate a



paddle down the Cumberland River, participate in a celebration of the river, or view cultural performances on this fun-filled day! More details [here](#).

National Drive Electric Week – September 12-20

National Drive Electric Week is a nationwide celebration to bring awareness of the widespread availability of plug-in vehicles highlight the benefits of all electric and hybrid cars, trucks, motorcycles, and more! Check out if there are any events happening [near you](#), or organize your own event! More details [here](#).

Nutrition Workshop: Meat & Meat CSAs – September 16

Join [Team Green Adventures](#) at the [Nashville Farmers' Market](#) on September 16th at 6pm to be introduced to some of Nashville's finest meat farmers. Learn about the impact of hormone and hormone free meats, animal living environments, the types and cuts of meat available in meat CSAs, and how to choose a meat CSA that meets your needs. More details [here](#).

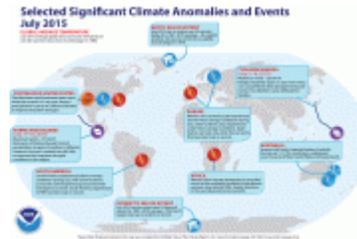
City Cycling 201: Exploring your Neighborhood by Bicycle – September 20

Looking for some tips on how to navigate your neighborhood by bike? [Walk/Bike Nashville](#) is hosting a course on September 20th designed to give you the skills to ride with confidence through your

diverse intellectual community,” Susan Wente, provost and vice chancellor for academic affairs, said. “I’m pleased that so many of our talented faculty have been recognized not only for their contributions to their respective disciplines, but also for the efforts they’ve made to encourage other women to consider careers in these historically male-dominated fields.”

Read more [here](#).

July hottest month ever recorded



The National Oceanic and Atmospheric Administration ([NOAA](#)) reported that July 2015 was the hottest month ever recorded for the globe. The July average

temperature was the all-time highest monthly temperature in the 1880-2015 record, surpassing the previous record set in 1998.

The first seven months of 2015 have also been record setting, as the hottest January-July in the global record. Read NOAA's [full report](#) and see a [graphic](#) detailing some significant climate anomalies and events that occurred in July 2015.

5 Simple ways to green your apartment

Are you looking for ways to live more sustainably, but feel restricted by living in an apartment? Our very own director, Dr. Andrea George, was recently featured in an article on [Realtor.com](#) for renters wanting to green their space! The article suggests five simple steps to help save resources in your rental.

neighborhood on a variety of types of roads. More details [here](#).

Zero Emissions Day – September 21

Zero Emissions Day is the global 24 hour moratorium on the use of fossil fuels. Consider minimizing or eliminating your use of electricity, oil, gas, and coal on September 21st.

Think about how you can reduce your fossil fuel use today- try using natural light to illuminate your office, taking a break from motorized vehicles, and turning off your AC in your home for the day.

World Carfree Day – September 22

Ditch your car this World Carfree Day on September 22nd. Instead of driving, think about walking, riding your bike, or taking public transportation to work or school.

Check out SustainVU's [alternative transportation](#) webpage to find local transportation resources. More details [here](#).

River Talks: In with the Natives, Out with the Invasives – September 23

Cumberland River Compact's River Talks series continues on September 23rd from 12-1pm with presentations by Steve Manning and Kevin Guenther. Presenters will discuss the importance and process of removing invasive exotic plants and how this team restored native plantings to the

1. Practice better climate control

prairie habitat for elk and bison at the [Nashville Zoo](#). More details [here](#).

Micro Urban Hen-Keeping – September 26

Learn about the basics of backyard hen care and how hens can help your garden at this open discussion at the Green Hills library on September 26th from 10:30-11:30am. Urban Chicken Advocate ([UCAN](#)) member Alyce Dobyins will share her experience and advice on how to keep chickens in the city. More details [here](#).



join SustainVU
on facebook



2. Don't forget those other two R's (reduce and reuse)
3. Watch the waterworks
4. Get rid of energy vampires
5. Create a green team

Read more [here!](#)

Anchor down and tackle recycling at VU Football games



Don't forget to anchor down and tackle recycling when you attend home Vanderbilt Football games this year! The Commodores will be playing at home on September 3, 12, and 19; October 24; and November 14 and 21.

[Vanderbilt Athletics](#) and [Waste](#)

[Management, Inc.](#), with the Sustainability and Environmental Management Office ([SEMO](#)) and [Plant Operations](#), will collect recycling from the stadium and surrounding areas. Recycling bins will be located throughout the tailgating areas, right outside the stadium as you enter for the game, and inside the stadium for your convenience. Check out our [tips](#) to minimizing waste at your tailgate. Go 'Dores!

TVA offers eScore Self Audit

Tennessee Valley Authority ([TVA](#)) launched a new program that allows homeowners and renters to take an online self-evaluation to determine their home's [eScore](#). An eScore (from 1-10) rates your home's energy

efficiency. The higher your eScore, the more energy efficient your home is! Learn how your home stacks up and learn how to increase your homes energy efficiency by taking the online eScore Self Audit. Take the Self Audit by September 30th to receive a \$10 Home Depot gift card and a free energy savings kit from TVA! Get started [here](#).



Nashville MTA/RTA releases Strategic Plan



Nashville MTA/RTA has released its Strategic Plan on Service

Improvement Strategies. The report gives an overview of the options Nashville MTA/RTA will have to

choose from to improve the transit system. Nashville MTA/RTA hosted a series of public meetings last month to introduce the Strategic Plan, and continues to seek input on their reports as well as various specific surveys. More information [here](#).

Follow us on our new social media accounts!

We have added more accounts to our social media arsenal! Here are more ways you can connect with us online:

Facebook @SustainVU

Instagram @SustainVUVanderbilt

Twitter @SustainVU

Google+ @Vanderbilt SustainVU



For more information on any of these stories, events and more, visit the SustainVU website at www.vanderbilt.edu/sustainvu or contact the Sustainability and Environmental Management Office at sustainvu@vanderbilt.edu or (615) 322-2057.

