STRAWBERRY FILLED APPETIZERS

Ingredients:

1/2 Cup Reduced Fat or Light Cream Cheese (Room Temperature) 1 Teaspoon Vanilla
1/2 Cup Non-Fat Plain Greek Yogurt
2 Tablespoon Honey
3 Packets of Truvia (or Stevia Brand of Choice)
Shredded Coconut (for topping)

Directions:

1. Place all topping ingredients into food processor. Blend until smooth.
2. Place filling ingredients into strawberries.

Nutrition Information per serving:

125 calories, 8 g fat (5.9 g saturated fat), 19.5 mg cholesterol, 4.9 g protein, 10.3 g carbohydrate, 110 mg sodium, 0.7 g fiber, 9.3 g sugar