Chocolate Dipped Strawberries

Serves 4

Ingredients
1/2 cup dark chocolate chips
1 carton fresh strawberries

Directions
1. Microwave chocolate in a small bowl on medium for 1 minute. Stir, then continue microwaving on medium in 20-second intervals until melted, stirring after each interval. Alternatively, melt chocolate in the top of a double boiler over hot, but not boiling water. Stir until melted.
2. Dip strawberries in melted chocolate.
3. Place on wax paper to cool and refrigerate.

Nutrition Information (per serving)
Calories: 133
Total Fat: 9g, Carbohydrate: 20g, Protein: 1g, Fiber: 3g