



VANDERBILT RECREATION & WELLNESS CENTER
CLUB SPORTS

VISITING TEAM GUIDE

WELCOME

The Vanderbilt Recreation and Wellness Center (VRWC) would like to welcome you to Nashville, Tennessee! We have created this visiting team guide in hopes that you will find it useful in planning your trip and during your stay in Nashville, Tennessee.

VANDERBILT RECREATION & WELLNESS CONTACTS

VRWC Welcome Desk

615-343-6627

[VRWC website](#)

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Associate Director

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IMPORTANT POLICIES

- All visiting teams are required to adhere to all federal, state, and University laws, guidelines, standards and policies.
- All visiting club members must sign a Visiting Team Waiver (one waiver per team). Individuals who are not affiliated with an institution but are competing in a Vanderbilt Club Sports sanctioned event are required to sign a visiting team waiver as well. Contact your host or visit the [VRWC Club Sports page](#) for a copy of the form, which is also available in this packet.
- Clubs are expected to treat facility space with care. Please use the trash and recycling receptacles provided and clean up after yourselves. Leave the space cleaner than you found it.
- Respect all VRWC student and professional staff and the decisions they make in regards to weather, injuries, and/or other emergency situations.
- Follow all posted rules and facility policies.
- Please follow posted parking regulations. The VRWC is not responsible for parking fines. Please check with your host club or the [DOTS website](#) to see if there are special parking restrictions due to Varsity baseball or football games.
- Practice good sportsmanship and act in a positive, mature and responsible manner. The actions of your team and your fans are a reflection of your university and club sport program.
- Alcohol is NOT permitted at any Vanderbilt Club Sports event. This applies to both on and off campus sites.
- Vanderbilt University is a smoke free campus.

HOTELS

Please use this [interactive map](#) to view hotels near Vanderbilt University.

MAPS AND FACILITIES



Vanderbilt Club Sports teams host competitions at the following on campus sites:

- Vanderbilt Recreation and Wellness Center
- Rec Field 1 (grass)
- Rec Field 2 (grass)
- Rec Field 3 (grass)
- Rec Field 4 (turf)
- Tennis Courts (North of the Rec off of 25th Ave)

Clubs that do not compete on campus: Rowing, Ice Hockey, Equestrian, Trapshooting, and Sailing. Visiting teams coming to Vanderbilt University for the above mentioned sports should be in contact with the respective club's officers for exact locations and addresses.

LOCAL HOSPITALS AND URGENT CARE FACILITIES

Vanderbilt University Medical Center

1211 Medical Center Drive

Nashville, TN 37232

[\(615\) 322-5000](tel:6153225000)

Saint Thomas Midtown Hospital

2000 Church Street

Nashville, TN 37236

[\(615\) 284-5555](tel:6152845555)

NeighborMD Urgent Care Green Hills

2001 Glen Echo Road

Nashville, TN 37215

[\(615\) 292-0012](tel:6152920012)

DINING AND ATTRACTIONS

LOCAL FAVORITES

Biscuit Love

316 11th Ave S
Nashville, TN 37203
biscuitlove.com

Double Dogs

1807 21st Ave S
Nashville, TN 37212
doubledogs.biz

Edley's BBQ

2706 12th Ave S
Nashville, TN 37204
edleysbbq.com

Hattie B's Hot Chicken

112 19th Ave S
Nashville, TN 37203
hattieb.com

Hog Heaven

115 27th Ave N
Nashville, TN 37203
hogheavenbbq.com

M.L. Rose Craft Burgers

2535 8th Ave S
Nashville, TN 37204
mlrose.com

Pancake Pantry

1796 21st Ave S
Nashville, TN 37212
thepancakepantry.com

Smokin' Thighs

611 Wedgewood Ave
Nashville, TN 37203
smokinhighs.com

Taco Mamacita

1200 Villa Place
Nashville, TN 37212
tacomamacita.com

QUICK EATS

Bread & Company

2525 West End Ave
Nashville, TN 37203
breadandcompany.com

Chipotle

2825 West End Ave
Nashville, TN 37203
chipotle.com

Jimmy John's

2318 West End Ave
Nashville, TN 37203
jimmyjohns.com

Panera

2829 West End Ave
Nashville, TN 37203
panerabread.com

Pizza Perfect

1602 21st Ave S
Nashville, TN 37212
pizzaperfectonline.com

San Antonio Taco Co

416 21st Ave S
Nashville, TN 37203
thesatco.com

Starbucks

2521 West End Ave
Nashville, TN 37203
starbucks.com

Taziki's

3001 West End Ave
Nashville, TN 37203
tazikiscafe.com

Thai Satay

2412 Elliston Place
Nashville, TN 37203
nashvillethaisatay.com

ATTRACTIONS & THINGS TO DO

Country Music Hall of Fame

222 5th Ave S
Nashville, TN 37203
countrymusichalloffame.org

The Grand Ole Opry

2804 Opryland Dr
Nashville, TN 37214
opry.com

The Parthenon

2500 West End Ave
Nashville, Tennessee, 37203
parthenon.org

*For more [dining options](#) and local [attractions](#), use the respective interactive maps. Nashvilleguru.com and visitmusiccity.com are also great resources for all things Nashville.



Release and Waiver of Liability For Visiting Clubs/Teams

Institutional Affiliation: _____ **Sport Club:** _____

Club/Team Officer: _____ **Title/Position:** _____

Phone Number: _____ **Email:** _____

Date(s) of Participation: _____

Is your club/team covered under a group/institutional liability insurance policy?: Yes No

Insurance Company: _____ **Amount of Coverage:** _____

The undersigned hereby agrees that in consideration of Vanderbilt University allowing the undersigned to use University facilities and/or to participate in a club sponsored program, he/she does for himself/herself and his/her heirs, executors, administrators and assigns hereby release, waive, and forever discharge Vanderbilt University, its Board of Trustees and its officers, agents and employees, from any and all liability, claims, demands, actions, or causes of actions arising out of or related to any injury or illness, including death, that may be sustained by the undersigned, or loss or damage to any property belonging to the undersigned, whether caused by the negligence of Releases, or otherwise, while using University facilities and/or participating in a club sponsored program.

The undersigned further hereby agrees to indemnify and hold harmless the Releases from any loss, liability, damage, or costs, including court costs and attorneys' fees, that he/she may incur as a result of using Vanderbilt University facilities and/or participating in a club sponsored program.

The undersigned hereby voluntarily assumes full responsibility for any risk of personal injury or illness, including death, that may be sustained by him/her, or any risk of loss or damage to property owned by him/her, as a result of or in any way arising out of his/her use of Vanderbilt University facilities and/or participation in a club sponsored program.

The undersigned hereby acknowledges that he/she is solely responsible for any medical or other costs arising out of any bodily injury, illness, or property damage sustained by him/her as a result of or arising out of his/her use of University facilities and/or participation in a club sponsored program.

Name (print)

Signature

Date

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