# April 2022 Sexual Assault Awareness Month

**@VUPROJECTSAFE**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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| 1    | Lantern Decorating Party  
2-5pm, Alumni Terrace |
| 4    | SAAM Block Party  
6pm, Kensington Ave |
| 5    | Assert Empowerment Self Defense  
6-7pm, Cumberland House West Side Row  
Understanding Effective Consent  
6-7pm, Kissam C210 |
| 6    | Wellness Wednesday  
11am, Rand Wall  
Connection, Civility & Community: Restoring "Social" to Social Media with Sharon Travis  
7-8pm, Alumni 202  
Rooted in Resilience Support Group  
5pm, Zoom |
| 7    | The Roots of Rape Culture & The Restoration of Dignity with Sharon Travis  
7-8pm, SLC Board of Trust room |
| 11   | Sex After Sexual Assault: Reclaiming Sexuality & Sexual Healing  
6-7pm, EBI 1003 |
| 12   | Exploring the Intersections of Faith & Sexual Assault with Emily Cohen  
6-7pm, Sarratt 189  
Assert Empowerment Self Defense  
6-7pm, Cumberland House West Side Row |
| 13   | Wellness Wednesday  
11am, Rand Wall  
Rooted in Resilience Support Group  
5pm, Zoom |
| 14   | Prevention Procession  
7:30pm, Library Lawn  
Survivor Speak Out  
8:30pm, Alumni 202 |
| 16   | One Love Lacrosse Game  
11:30am, Lacrosse Field |
| 18   | Creating Healthy Boundaries  
10:30am, Sarratt 189  
#AllMenCan: Men's Role in Sexual Violence Prevention  
6pm, Sarratt 189 |
| 19   | Assert Empowerment Self Defense  
6-7pm, Cumberland House West Side Row  
Take Up Space: Overcoming Imposter Syndrome  
7pm, Sarratt 189 |
| 20   | Wellness Wednesday  
11am, Rand Wall  
Pouring Into You, with Michelle Goodloe  
4-5pm, Zoom  
Rooted in Resilience Support Group  
5pm, Zoom |
| 21   | Helping the Helper with Michelle Goodloe  
12-1pm, Zoom  
Neurobiology of Trauma  
6-7pm, Commons 235 |
| 26   | Calling Out Inappropriate Behavior  
6-7pm, Kissam C210  
Assert Empowerment Self Defense  
6-7pm, Cumberland House West Side Row |
| 27   | Wellness Wednesday  
11am, Rand Wall  
Rooted in Resilience Support Group  
5pm, Zoom  
Sex In The Dark  
6-7pm, Alumni 202 |
| 28   | Trauma -Informed Yoga  
6-7pm, Center for Student Wellbeing |

**Sponsored by the Dean of Students, Student Health, Women's Center, Student Care Network, University Counseling Center, Greek Life, LGTBQI Life, Spiritual & Religious Life, and Athletics**

24-Hour Crisis/Support Hotline: (615) 322-7233