Our Righteous Minds
Part 6
Vanderbilt Osher Life Long Learning Institute
Fall, 2018

Liberal Wisdom:
#1 Governments can and should restrain corporate super-organisms
#2 Some problems really can be solved by regulation

Conservative Wisdom:
#1 (Libertarian) Markets are miraculous
#2 (Social Conservative) You can’t help the bees by destroying the hive
A New Moral Psychology...

FIRST SHIFT
Rational → Intuitive & Emotional

SECOND SHIFT
Individualistic → Social context and constructs

THIRD SHIFT
Focused on → Multi-dimensional Care & Justice (MFT)

Six Moral Foundations

CARE/HARM
FAIRNESS/CHEATING
LIBERTY/Oppression
LOYALTY/Betrayal
SANCTITY/DEGRADATION
AUTHORITY/SUBVERSION
Using MFT in Our Political Engagements

1. Self Awareness
2. Acknowledge the **Moral** Concerns in opposing viewpoints
3. Identify Our Own Ideological Narrative
4. Recognize the “Grand Narrative” We Embrace
5. Learn and Practice Civil Engagement

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Better Angels

Talking Across the Political Divide

Four Skills Domains
1. Setting a constructive tone
2. Listening in a way that helps the other person feel heard
3. Speaking in a way that helps the other person hear you
4. Handling difficult moments

Shifting from “yes…but…”
To “yes...and...”
Recognize and Overcome the Most Difficult Communication Patterns

By
Ben E Benjamin, Amy Yeager and Anita Simon
Articulate Your “System 2” Thinking
Core Principles

Example:
1. Commitment to the Truth
2. Acceptance of Responsibility
3. Golden Rule

Considering the “what ifs?”
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