

MAXIMIZING VALUES

Using the list below, sort each item into one of two categories: Core Values or Negotiable Values. Feel free to add items to this list.

Values	Core	Negotiable
Achievement		
Aesthetics		
Altruism		
Ancestry		
Autonomy		
Community		
Competency/Skill		
Control/Influence		
Creativity		
Dignity		
Emotional Wellbeing		
Family		
Harmony		
Health		
Honesty		
Honor		
Humility		
Justice		
Knowledge		
Love		
Loyalty		
Passion		
Physical Appearance		
Pleasure		
Recognition		
Relationships		
Spirituality/Religion		
Wealth		

From your group of core values, list 5 that are most important to you below. Then, describe how your Signature Themes influence or activate your core values.

List your core values:	Describe how your signature theme influence or activate your core values: