Shadowing Conduct

**DO:**
- Completely shut off your phones (and other electronic devices) and keep them stored while shadowing (not visible)
- Address the physician as “Dr. (last name)” and NOT by first name in a patient’s presence
- Eat prior to shadowing (Do NOT shadow on an empty stomach)
- Coordinate shadowing times well in advance
- Arrive 10 minutes early (Cancellations should be avoided, but if absolutely necessary, notify the physician well in advance.)
- Maintain confidentiality
- Conduct yourself professionally
- Respect the hospital environment

**DO NOT:**
- Cancel shadowing because you stayed up late and/or have studying to do (Please plan ahead)
- Interrupt the physician as he/she is communicating with a patient
- Interact with patients
- Be alone with patients (You must always be accompanied by your mentor or his assistant)
- Discuss details of a patient's exam (even if you don’t mention the patient’s name)
- Participate in medical procedures, EVEN IF a health care provider permits it (you become liable)
DRESS:
MODESTLY,
CONSERVATIVELY,
AND
PROFESSIONALLY

(Dress pants, button up shirts, and close-toed dress shoes are most appropriate.)

Shadowing Attire

NO:
- Open Toed Shoes
- Piercings other than the ear piercings
- Visible tattoos
- Stretch Pants / Leggings / Jeggings
- Denim (of any color)
- Shorts
- T-shirts
- Short Skirts or Dresses (no shorter than 1 inch above the knee)
- Low-cut or Revealing tops
- Sheer garments
- Midriffs
- Tight Shirts
- Wrinkled Items
- Scrubs outside of the OR