Mental Health and Well-being

Chancellor’s Town Hall
Thursday, January 26, 2017
10 a.m.–Noon
Student Life Center Ballroom
Learn about current campus initiatives and programs, hear from faculty working in the field, get an update from the Chancellor’s strategic planning committee, and submit suggestions to make Vanderbilt a happier and healthier campus with regard to mental health and wellness.

Chancellor’s Lecture Series
With Kay Redfield Jamison
Tuesday, January 31, 2017
5:30–6:30 p.m. Book Signing and Reception
6:30–7:30 p.m. Lecture
Sarratt Cinema
One of the foremost authorities on the subject, Jamison examines bipolar illness from the dual perspectives of healer and healed and speaks on her personal experience, writing, and life’s work that has both transformed and saved lives. Tickets are required for this lecture and must be picked up at the Sarratt Student Center Box Office. There is no charge for the tickets, and they are available on a first-come basis.

Campaign Kickoff Event
Friday, January 27, 2017
11 a.m.–2 p.m.
Student Life Center Ballroom
Learn about community resources while enjoying free giveaways, door prizes, therapy animals, demonstrations, live music, light refreshments, and more.
Hosted by the Office of the Chancellor and Office of the Provost

GO THERE is a campuswide campaign to foster a culture of openness and brave dialogue about mental health and well-being among Vanderbilt faculty, staff, and students.