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OCT. 16-22 is Pastoral Care Week!

The work our chaplains do every day is truly sacred work, and we are blessed to have each and every one of them as part of the Alive Hospice team. Thank you, Alive Hospice Chaplains.



President and CEO Anna-Gene O'Neal with Chaplain Khethe Cox

Employee of the Year blesses patients, colleagues with her loving care

When she was a little girl, Khethe Cox's mother asked her what she wanted to do when she grew up.

"Sit and talk with people," was her answer.

Today, Khethe is an Alive Hospice chaplain who does exactly what she set out to do. She talks with people – people with life-limiting conditions and their families, people who need loving care from an equally loving person to help them make the journey.

She has walked this journey side by side with Alive Hospice patients since 2008, and it is safe to say that they have been blessed by their chaplain. Though, truth be told, Khethe would be quick to say that she is the one who has been blessed.

Oct. 16-22 is **National Pastoral Care Week**, and it was only fitting that Khethe should receive the highest honor an Alive Hospice employee can receive this week: the **Linda N. Cummings Employee of the Year Award**.

The Gene Harris Memorial Room erupted into applause and Khethe received a standing ovation as she made her way to the front of the room, stopping to hug one of her fellow finalists, Social Worker Amy Stapleton.

Khethe is our second-ever Employee of the Year, following in the footsteps of our inaugural 2014-2015 honoree, Hospice Aide Pat Weber. Khethe was the Winter 2015 Employee of the Quarter, the first Alive chaplain to receive this honor.

In accepting the award at the Fall Employee Town Hall

Meeting on Oct. 19, Khethe spoke of what inspires her and what empowers her to do the work she does: each of us.

"We do this together," Khethe said. "I can't do this without you. None of us can do this without each other."

Adding a pearl of wisdom, Khethe encouraged her peers to follow where their heart's inspiration takes them.

"We all have those things that we do," she said. "I encourage each one of us to go with whatever that passion is, whatever that thing is that means something to you."

Congratulations to Khethe and to the finalists for this award: Nurse Teresa Yarbrough (*Spring 2016 Employee of the Quarter*), Nutrition Services Supervisor Caletta Alsup (*Summer 2016 Employee of the Quarter*), and Social Worker Amy Stapleton (*Fall 2016 Employee of the Quarter*). Each of you is an inspiration to the lives you touch.

WHO WILL BE NEXT? Who will receive the Winter 2016 Employee of the Quarter Award? Nominate a coworker today! Nomination forms can be found on the Launchpad or requested from Human Resources.

Email humanresources@alivehospice.org for more information and to ask for a form.



Social Worker Amy Stapleton (third from left) with members of the Sycamore Team.

The Compliance Corner Cyber Security – *Don't Go Phishing*

by Pixie McCord-Mills, *Director of Regulatory Compliance*

Cyberattacks and the resulting data breaches are big headlines these days. How can we keep a cyberattack from happening to us at Alive Hospice? Periodic and ongoing training that helps create a culture of security is the best defense.

The first step in a multi-stage cyberattack is phishing, especially targeted or “spear” phishing. Everyone needs to follow the following basic tips.

- » **Don't open unsolicited emails,** click on links or open attachments in unsolicited emails.
- » **Claims that are too good to be true, probably are.** Be suspicious! An example would be someone wanting to give you money. Bogus emails are often easy to spot because of poor spelling, incorrect legal terms, or other mistakes.
- » **Don't fall for scare tactics!** Be cautious in responding to or providing information to unsolicited emails from banks, the IRS, of other organizations. Anyone you do business with already has your sensitive and confidential information. If you are not sure about an email of this nature, call the organization directly.
- » **Delete any suspicious emails immediately.**
- » **Phishing can also happen on social media.** Do not share personal information with someone you don't know in real life. If you receive an unusual communication that seems to be from someone you know, call that person to check it out.

Besides the risk of getting private information by phishing or spear phishing, cyber hackers have “kicked things up a notch” by attacking systems with Ransomware. Ransomware basically encrypts an organization's computers and software systems rendering them useless until payment demands or a “ransom” is paid or other demands are met. If you are ever using your computer and, after clicking on a link or opening an attachment, everything becomes garbled or encrypted, force your computer to power off immediately and call our Information Technology (IT) Department at 615-346-8701.

There are no foolproof solutions for Information Security. It is up to all of us to be diligent and alert to the constant barrage of people who are trying to find the weakness in our cyber security armor. As always, any questions can be directed to IT or your Compliance/Privacy Officer at 615-346-8610.

(Reference: 4 Steps to Building Cyber Breach Resilience -The Compliance and Ethics Blog, 12/9/2015)

Employee of the Quarter: Social Worker Amy Stapleton

Social Worker Amy Stapleton has been a constant at Alive Hospice over the last 11 years. She has laughed with, cried with, and has been a source of support and strength for an untold number of patients in that time.

If there is one word that could sum up Amy Stapleton, it is perhaps this one: Advocate.

Amy was honored as Alive Hospice's **Fall 2016 Employee of the Quarter**, a recognition that comes through nominations by her peers and bestowed by executive leadership.

Amy is a versatile social worker who has served adult patients as well as pediatric patients and their families with the utmost dedication. In addition to her primary role as a social worker on the Sycamore Team, Amy has served the agency as a member of the Ethics Committee, which has a direct impact on patient care standards and practices across the organization. Additionally, she has been a staff counselor at Camp Evergreen, one of our pediatric grief support camps, many times.

She is known for her positive, pleasant demeanor and equally for her dedication to patients' needs. One coworker described a “quiet fierceness” she has observed in Amy as she advocates for those in her care.

She makes education a priority and can be seen frequently at Case Conferences and other educational opportunities. She is also a conspicuous cheerleader for Alive Hospice, wearing her Alive logo wear “about as much as anyone,” one coworker observed.

What is apparent to Sycamore Team Chaplain Dahl Johnson is how much Amy loves her work. Working in hospice care is hard work, and Amy has loved her work and done it effectively and passionately for more than a decade.

“It shows. That's probably why she is so effective at what she does because she truly loves her work at Alive,” Johnson said.

For all of these reasons and more, Amy is our Fall 2016 Employee of the Quarter. Congratulations on this well-deserved honor, Amy!



Alive Hospice Music Therapy Program

Music Therapist Laura Beth Jewell, left, plays the violin and guitar and sings, too. She is pictured here playing at the Hike For Hospice Memorial Walk on Oct. 1.



Did you know that Alive Hospice has a professional music therapist on staff?

Many are aware that Alive Hospice is blessed with an abundance of music volunteers who offer up their time to provide beautiful music and meaningful company for our patients and staff alike. In addition to these dedicated volunteers, we are fortunate to have a certified, professional music therapist – **Laura Beth Jewell** – who offers this complementary therapy option for patients and family members.

Laura Beth is board-certified with a joint master's degree in music therapy and counseling psychology and has been working in a hospice setting practicing bereavement and music therapy for almost a decade.

Music therapy is defined by the American Music Therapy Association as the “clinical and evidence based use of music interventions to accomplish individualized goals within a therapeutic relationship” (AMTA, 2016). It is beneficial to the hospice experience as it may provide an alternate source of pain management, meaningful presence, mental support, acceptance, creative outlet for expression, regulation of breathing, spiritual connection, emotional support, life review,

reminiscence, and management of stress/agitation.

Other areas of need to assess include feelings of isolation, need for socialization, coping mechanisms, range of motion, unresolved relationships, reality orientation, bereavement support, and memorial/funeral service planning.

Current credentials for the practice of music therapy include an American Music Therapy Association approved clinical internship following a four-year bachelor's program and completion of the nationally recognized board-certification exam. Following this exam, recertification of credentials must be completed every five years through successful completion and documentation of 100 re-certification credits or re-examination.

An assessment and plan of care is developed and designed to individually cater to the needs of each patient. Goals and objectives are clearly defined and identified following each visit. The beauty of music is further utilized by the in-depth training a music therapist must complete before entering into a field such as hospice.



Give the Gift of Music

Celebrate the season with Volume One of *Keeping it Original for Alive!*

This album features songwriter demos for 13 songs including top 5 hits by Kenny Chesney, Lee Brice, Frankie Ballard and Gary Allan! Listen to the hits as they originally sounded: in the voices of the songwriters.

Albums are available for \$20 online at AliveHospice.org/CD. Also available for streaming or download through iTunes, Spotify and other streaming services, digital stores or apps.

The Gift that Gives Back! Proceeds from each album purchase will benefit Alive Hospice's music therapy program, helping us bring the soothing power of music to terminally ill patients and their loved ones.

Alive Hospice Faith & Spirituality Symposium

on end-of-life care

Join us for a day of reflection,
discussion & insights on the
end of life.

Presentations will include:

- Marrying Medicine and Faith, Allowing Them to Co-exist
- What Is A Natural Death? The Medicalization of Dying
- Seeing Beyond the End of Life as Failure
- Suicide Prevention for Professionals
- Care for the Caregiver
- Essential Oils as a Complimentary Therapy for End-Of-Life Care
- And more!

save the date!

Thursday, Nov. 3, 2016
8 a.m. to 4 p.m.

Keynote Speaker

Reggie Anderson, M.D.

Chief of Staff at TriStar Ashland City Medical Center and author of *Appointments with Heaven: The True Story of a Country Doctor's Healing Encounters with the Hereafter*



Symposium includes a keynote, panel discussion and breakout sessions.

For more information:

call Keith King at 615.346.8418
or email kking@alivehospice.org

EVENT LOCATION



108 7th Avenue South,
Nashville, TN 37203

\$20 per person (free for students)
Includes Breakfast & Lunch

Register online at AliveHospice.org/faith
or by calling 615.346.8418.



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ILLUMINATION AND
INSPIRATION.*

Alive Hospice
Employees and
Volunteers can
attend for **FREE!**

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The Alive Institute is Alive Hospice's Center for Outreach, Innovation & Advocacy.

Information: AliveHospice.org/faith

- facebook.com/alivehospice
- twitter.com/AliveHospice
- linkedin.com/company/alive-hospice
- youtube.com/alivehospice

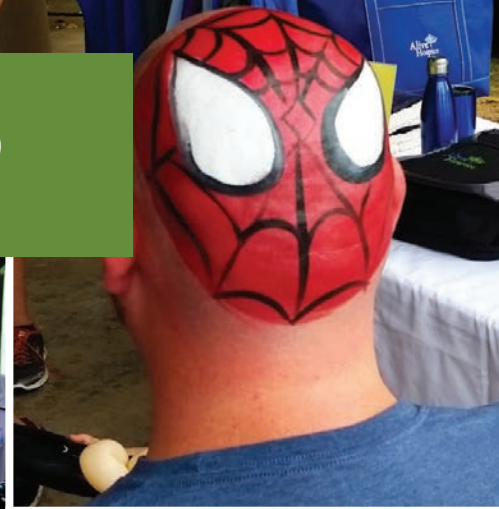
Alive Hospice is a 501(c)(3) charitable nonprofit.

Complete information at
AliveHospice.org/faith

If you would like to attend, notify
Keith King at 615.346.8418 or
kking@alivehospice.org.

EMPLOYEE PICNIC 2016

Sept. 17 at Camp Widjiwagan



HIKE FOR HOSPICE 2016

A Memorial Walk benefiting The Residence at Alive Hospice - Murfreesboro on Oct. 1





Welcome the Newest Member to the Community Development Team Woody, the Alive Hospice Office Bear

You may have seen him around in the halls in Nashville or at events, but the Community Development team would like you to meet Woody, the Alive Hospice Office Bear, and newest member of their team.

University of Tennessee Graduate with degrees in both Forestry and Public Relations with a concentration in Public Relations & Marketing. Go Vols!

Grew up just outside on Gatlinburg, TN in the Great Smoky Mountains. On his days off he enjoys fishing, grilling Salmon, and watching Tennessee Football and Memphis Grizzlies Basketball.

He got his start in Non-profit work when he worked with Smokey the Bear teaching kids about the prevention of wildfires.



#allin4alive

Thank you for giving!

To date, we have had **50% of staff give to the campaign.** This includes payroll deduction, one-time gifts, and the Hike for Hospice.

Total given by staff is more than \$36,000. This includes cash and pledges.

The employee giving campaign supports building the Murfreesboro Residence. If you want to make a donation or hear why others have decided to give please visit AliveHospice.org/allin4Alive



Let's keep it going!

On Wednesday, Oct. 19 at the Employee Town Hall Meeting, we asked all Alive Hospice employees to please help Alive Hospice with social media and your response has been impressive! We easily reached our goal of 3,000 likes on Facebook and then some.

Your family and friends came out to support us online so that they could show their support for you. Thank you for taking the time to help our online presence and we hope you will continue to keep this momentum going by engaging with Alive Hospice on the social media platforms you already use.



Facebook.com/AliveHospice



Twitter.com/AliveHospice



Linkedin.com/company/Alive-Hospice



Instagram.com/AliveHospice



YouTube.com/user/AliveHospice



Follow & Share



Thanksgiving Tea

Volunteer Quarterly Gathering

When: November 2 | 2 - 3pm

Where: Gene Harris Memorial Room, Administration East Building
(1718 Patterson St., Nashville, 37203)

Drop in for a cup of tea and baked treats. We'll also be viewing the new Alive Hospice video, "Your Journey. Your Values."

This is a great opportunity to meet other volunteers and share stories.

Welcome New Volunteers!

SEPTEMBER

Carol Anderson
Glenda Brown
Debbie Cole
Valerie Coleman
Emilie Lico
Thomas McCray

Brian Pesterfield
Kristy Robinson
Ellen Roskin
Jill Tietz
Trish Vance

Thank You!

Thank You to volunteers now using our new online visit notes!

Just a reminder, the link is
AliveHospice.org/VolunteerNotes

NEED BUSINESS CARDS?

If you are running low on business cards, now is the time to submit an order! We have to have a minimum of 10 orders before we can have them printed in order to optimize pricing. The faster we get 10 orders, the faster we can get them printed and back to you.

How to order:

Find the Business Card Order Forms on the Launchpad and fill out the one that's appropriate for you. (*One is for most Alive Hospice employees, the other is for Alive Grief Support team members.*) Once your supervisor has approved, send it to dwarden@alivehospice.org.

KALEIDOSCOPE

Kaleidoscope is a monthly newsletter produced by the Community Development Department.

Editor: Christine Johnson, *Communications Specialist*

Submit story ideas, suggestions, questions and feedback to Christine Johnson at Kaleidoscope@alivehospice.org.

Special Thanks to the following for their contributions:

Cindy Marshall: Employee Picnic Photos; **Pixie McCord-Mills:** Compliance Corner; **Bess Duncan, Sim Yoon, Alysia Jones, Patti Vallett, Betsy Bond, Renee Wisby, Joy Nielsen, Cheryl Webster, & Jared Porter:** monthly contributions



HOSPICE HEARTS

The following have been recognized by President and CEO Anna-Gene O'Neal for conspicuous acts of loving care and service to others:

AUGUST

Adie Hall	Joe Hampe	Sarah Browning	David Guy	Magnolia Team
Alicia Sweany	Kathleen Grubb	Sarah Maier	David Neese	Margaret Wilson
Alicia Wright	Kayla Hill	Shannon Turnbow	DeeDee Livingstone	Marissa Miller
Annette Pryce	Kayla Murphy	SMIU Team	Ellen Tosh-Benneyworth	Mary Gormley
Barbara Brennan	Khette Cox	Stacy Perez	Erica Lewis	Melanie Perry
Brandon Thornsberry	Kristie Whitehead	Sycamore Team	Gene Lovelace	Melissa Bungard
Brittany Wood	Lacey Tenpenny	Tana Hertz	Gina Markee	Melissa Geittmann
Call Center	Laura Denison	The Residence	Heather Kantor	Morgan Niemann
Catherine Taylor	Lauren Goley	Tiffany Barnett	Heidi Fuchcar	Nanette Mathe
Christie Long	Lauren Olivier	Valerie Daley	Hickory Team	Patrick McCormick
Christy Hinsley	Lavonda Caldwell	Valerie Degati	Ivy Pierce	Patti Vallett
Dana Madden	Leadership Team	Vanja Pumpalovic	Jane Harrison	Peggy Pledger
David Neese	Leslie Haley	Victoria Nims	Jared Porter	Poplar Team
DeeDee Livingstone	Linda Bray	Volunteer Services	Jennifer Wolfe	Rachael Sherman
Diane Booth	Lisa Asmondy	Warren Henson	Jessica Clagget	Rebecca Bonamie
Elaine Sullo	Maple Team	Zan Phillips	Jessica Vaughan	Renee Wisby
Elizabeth Tripp	Mary VanZandt	SEPTEMBER	Jill Cornwell	Rosie Vides
Ellen Tosh-Benneyworth	Medical Records	Aaron Menard	Jim Reardon	Ruth Williams
Gene Lovelace	Medical Services	Alicia Wright	Joe Hampe	Sara Zeien-Fournier
Georgia VanBeck	Melissa Geittmann	Alysia Jones	Joel Reynolds	Sim Yoon
Gina Markee	Michelle Maron	Amy Fisher	Joy Nielsen	Stacy Perez
Glenda Pincheon	Neil Chilton	Ashley Gill	Justina Davidson	Suzanne Phillips
Hickory Team	On Call	Becky Riney	Khette Cox	Tana Hertz
Ilene Lindsey	Patrick McCormick	Ben Love	Kira Hilley	Taylor Thurston
Intake Department	Poplar Team	Benita Fields	Laura Denison	The Residence
Ivy Pierce	Portia Marchbanks	Brandon Thornsberry	Lavonda Caldwell	Tiresa Parker
Jane Harrison	Rebecca Bonamie	Charity Ross	Leslie Haley	Valerie Degati
Jennifer Levi	Residence Team	Cheryl Ricketts	Linda Bray	Vonda Sweet
Jennifer Wolfe	Rick White	Christie Long	Lisa Asmondy	Warren Henson
Jessica Love	Robin Davenport	Christine Johnson	Lisa Graham	Yvonne Duncan
Jill Cornwell	Roy Moore	Christy Hinsley	Lisa Holcomb	
	Sara Zeien-Fournier		Lisa Molina	

Hospice Hearts awarded by President and CEO Anna-Gene O'Neal originate from various sources: a letter sent in from someone in the community, perhaps a mention in Good Things Friday, or even just a simple act of kindness that is recognized by others.

Employee Anniversaries

OCT 2016

1 YEAR

Bethlyn Bertram
Ilesha Smith
Jenna Smith

2 YEARS

Mary Livingstone
Norma Hardin
Staci Short
Christine Johnson
Janny Adkins

3 YEARS

Kyle Rucker
Christine Blackwood
Ebony Gordon

5 YEARS

Dana Swindle
Vanja Trubajic

6 YEARS

Khette Cox

7 YEARS

Deshay Biggerstaff
Charlene Ramsey
Karen Vaneldik

10 YEARS

Jared Porter

11 YEARS

Pamela Quaintance

14 YEARS

Laura Denison
Lisa Molina

15 YEARS

Sim Yoon

32 YEARS

Audrey Woods

NOV 2016

1 YEAR

Robert Berkompas
Teresa Parker
Brandon Thornsberry
Alicia Wright
Sherri Herod

2 YEARS

Alicia Sweany
Amanda Verran
Angela Shipp
Cynthia Montjoy
Mary Duncan

Meredith Rosson
Tana Hertz

3 YEARS

Ann Overdorf
Christie Long
Steven Hawkins

4 YEARS

Lisa Asmondy

6 YEARS

Gillian Perret
Teresa Parrish

8 YEARS

Sherry U'Sellis

10 YEARS

Pennie Brooks

14 YEARS

Ana Stoica

15 YEARS

Marrier Burrow

16 YEARS

Yvonne Duncan

22 YEARS

Marisa Miller

23 YEARS

Jill Cornwell

Employee Birthdays

OCTOBER

Margaret Wilson - Oct 1
Asia Jones - Oct 2
Deborah Barnett - Oct 4
Cynthia Strickland - Oct 5
Jennifer Insell - Oct 5
Jonni Terk - Oct 7
Laura Denison - Oct 7
Kellye Byrn - Oct 8
Marisa Miller - Oct 8
Alysia Jones - Oct 10
Heather Kantor - Oct 15
James Reardon - Oct 16
Lisa Molina - Oct 16
Khette Cox - Oct 17

Carli Barr - Oct 18
Onika Lowrey - Oct 19
Jeffery Sidler - Oct 20
Mildred Bradley - Oct 20
Esther Lee - Oct 23
John Baker - Oct 23
Melissa Boling - Oct 23
Dana Swindle - Oct 24
Jeanelle McNew - Oct 26
Rebecca Riney - Oct 26
Theresa Carrington - Oct 26
Valerie Robinson - Oct 26
Chante Young - Oct 27
Sarah Maier - Oct 27
Vicki Locke - Oct 27

Rick Beaty - Oct 28
Pamela Quaintance - Oct 30
Stephanie Walters - Oct 30
Caletta Alsup - Oct 31
Esther Hagan - Oct 31

NOVEMBER

Helen McCord-Mills - Nov 3
Megan Robinson - Nov 4
Vonda Sweet - Nov 4
Cindy LaFond - Nov 5
Kathryn Lindstrom - Nov 7
Kira Hilley - Nov 8
Lindsay Flugel - Nov 11
Sandra Rodrigues - Nov 14
Tracy Akins - Nov 15

Anna-Gene O'Neal - Nov 16
Sarah Browning - Nov 17
Dianna Gaddes - Nov 18
Lisa Alexander - Nov 18
Amy Allen - Nov 22
Holly Hodge - Nov 22
Roy Moore - Nov 22
Kyle Rucker - Nov 23
Alicia Wright - Nov 24
Chander Bufford - Nov 24
Shannon Ripani - Nov 24
Ben Love - Nov 25
Desiree Nelson - Nov 26
Marina Turrubiarres - Nov 28
Eileen Johnson - Nov 30

Volunteer Birthdays

OCTOBER

Colleen Bratsch - Oct 1
Bonnie Duckworth - Oct 1
Olivier Gallet - Oct 4
Robertta McClinton - Oct 8
Kelly Brown - Oct 9
Steve Davis - Oct 9
Sevena Kreegel - Oct 10
Margot Fray - Oct 10
Sandra Jones - Oct 10
Patricia Holmes - Oct 11
Teresa Young - Oct 11
Betty Stewart - Oct 12
Frances Wolf - Oct 14

Randall Gregory - Oct 15
Jane Kline - Oct 15
Veronica Joines - Oct 17
Avery Schappert - Oct 18
Frank W. Gluck - Oct 19
Abhilash Bola - Oct 19
Lisa Bell - Oct 20
Sharon Safer - Oct 22
Mary Belle Ginanni - Oct 22
Trina DuBose - Oct 22
John Shumate - Oct 23
Patricia Virgin - Oct 25
Nancy Boulton - Oct 26
Kelly Etheridge - Oct 27

Terri Elkins - Oct 27
Teri Nine - Oct 27

NOVEMBER

Paige Cruse - Nov 01
James Burgin - Nov 01
Carol Patterson - Nov 01
Marilyn Pugh - Nov 02
Shee Shee Jin - Nov 04
Emmanuel Akinyele - Nov 04
Robert Doudican - Nov 05
Annette Atkinson - Nov 07
Mary Miller - Nov 07
Steven Meinbresse - Nov 10
Lacy Dainwood - Nov 11

Edward Mitchell - Nov 11
Margaret Howard - Nov 12
Deborah Mayson - Nov 12
David Logsdon - Nov 13
Susan Pilgreen - Nov 16
Kristen Bell - Nov 16
Jane McLaughlin - Nov 16
Lori McCord - Nov 20
Marylee Booth - Nov 23
Renee Kasman - Nov 25
Edie Reeves - Nov 26
Julia Tanner - Nov 27
Martha Ammons - Nov 27
Jill Tietz - Nov 30

COMING UP!

- 10.25.2016 **Sound Therapy** | The Spa at Alive Hospice Residence Nashville | Sessions at 11 a.m., 11:40 a.m., 12:20 p.m., 1 p.m. and 1:40 p.m. FREE, but please sign up online at AliveHospice.org/sound
NHPCO Webinar: “Audits, Fraud and Abuse: Steering Clear of the ‘Dark Side’” | Training Room 1 at the Training Center | 1 - 2 p.m. | FREE
- 10.26.2016 **Case Conference** | Gene Harris Memorial Room (Administration East Building) | 12 - 1 p.m. | FREE
- 10.28.2016 **Lunch & Learn:** Viewing of Nashville Public Television’s “Aging Matters: End of Life” | Gene Harris Memorial Room (*Administration East*) 12 - 1 p.m. | FREE, but please RSVP online at AliveHospice.org/lunch
- 11.3.2016 **Faith & Spirituality Symposium on End-of-Life Care** | First Baptist Church Nashville, 108 7th Ave. N., Nashville | 8 a.m. to 4 p.m. Register at AliveHospice.org/faith
Yoga for YOU | Sanctuary at the Alive Hospice Residence | 1 to 1:45 p.m. | FREE | No change of clothes needed
Open to Alive Hospice staff, volunteers, patients & families
- 11.8.2016 **Sound Therapy** | The Spa at Alive Hospice Residence Nashville | Sessions at 11 a.m., 11:40 a.m., 12:20 p.m., 1 p.m. and 1:40 p.m. FREE, but please sign up online at AliveHospice.org/sound
- 11.10.2016 **NHPCO Webinar:** “Painting a Clear Picture: Excellent Documentation Practices” | Training Room 1 at the Training Center 1 - 2 p.m. | FREE
- 11.16.2016 **Case Conference** | Gene Harris Memorial Room (Administration East Building) | 12 - 1 p.m. | FREE
- 11.17.2016 **Yoga for YOU** | Sanctuary at the Alive Hospice Residence | 1 to 1:45 p.m. | FREE | No change of clothes needed
Open to Alive Hospice staff, volunteers, patients & families
Grief During the Holidays Seminar (Nashville) | Gene Harris Memorial Room (Administration East Building) | 6 – 7:30 p.m. FREE, but please RSVP online at AliveHospice.org/holidayseminars
- 12.1.2016 **Grief During the Holidays Seminar (Nashville)** | Gene Harris Memorial Room (Administration East Building) | 6 – 7:30 p.m. FREE, but please RSVP online at AliveHospice.org/holidayseminars
Grief During the Holidays Seminar (Murfreesboro) | First Presbyterian Church Murfreesboro, 210 N. Spring St., Murfreesboro, TN 6:30 – 8 p.m. | FREE, but please RSVP online at AliveHospice.org/holidayseminars
- 12.6.2016 **Employee Holiday Breakfast** | Madison Office | 7:30 - 9 a.m. | FREE, but please RSVP to humanresources@alivehospice.org
- 12.8.2016 **Employee Holiday Breakfast** | Murfreesboro Office | 7:30 - 9 a.m. | FREE, but please RSVP to humanresources@alivehospice.org
- 12.9.2016 **Employee Holiday Breakfast & Employee of the Quarter Announcement** | Nashville | 7:30 - 9 a.m. | FREE, but please RSVP to humanresources@alivehospice.org



FLU VACCINATIONS

Employees vaccinated by October 30 are eligible for door prizes including 4 chances for a free DAY OF PTO and other surprises!

If you are vaccinated offsite, forward paperwork to Mary Carr. Send it to mcarr@alivehospice.org or via fax to 615-346-8581.