RECLAIMING THE LEGAL FICTION OF
CONGRESSIONAL DELEGATION

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The framework for judicial review of agency statutory interpretation is based on a legal fiction—namely, that Congress intends to delegate interpretive authority to federal agencies. Critics argue that this fiction is false because Congress is unlikely to think about the delegation of interpretive authority at all, or in the way that the Supreme Court imagines. Critics also contend that the fiction is fraudulent because the Court does not actually care about whether Congress intends to delegate interpretive authority in any particular instance and instead applies either an across-the-board presumption triggered by statutory ambiguity or a particularized analysis involving factors unrelated to congressional delegation. In this Essay, I argue that critics have misjudged the fiction. First, there is direct evidence that Congress attends to the delegation of interpretive authority and is likely to view the delegation of regulatory authority as sufficient to convey a delegation of interpretive authority. Second, there is indirect evidence that the Court’s framework tracks how Congress delegates. The Court is nevertheless employing a fiction, but only in the sense that it is not looking for actual legislative intent and instead is imputing legislative intent. That fiction is no different in kind than the one that the Court employs in other contexts. Yet, by misjudging the fiction, critics have had license to disregard the role of congressional delegation in evaluating how to allocate interpretive authority between courts and agencies. My argument would bring that issue back to the question of how Congress designs statutes.

INTRODUCTION

The framework for judicial review of agency statutory interpretation rests on a legal fiction: Congress intends to delegate interpretive authority to federal agencies whenever it fails to clearly resolve the meaning of statutory language. When the Supreme Court presented this fiction as a justification for judicial deference in Chevron U.S.A. v. Natural Resources Defense Council, critics argued that it was both false and fraudulent. First, they argued that the fiction misperceives how Congress behaves. Congress is unlikely to intend a delegation of interpretive authority to an agency when it leaves statutory ambiguity. If anything, Congress is likely to intend for courts to exercise independent judicial judgment under such circumstances. Second, critics contended that the fiction misrepresents what the Court is doing. The Court is likely to intend for courts to exercise independent judicial judgment under such circumstances. Second, critics contended that the fiction misrepresents what the Court is doing. The Court does not care about whether Congress intended to delegate interpretive

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3 See, e.g., John F. Duffy, Administrative Common Law in Judicial Review, 77 Tex. L. Rev. 113, 197–98 (1998) (pointing to the Administrative Procedure Act (“APA”) as evidence that Congress likely intended for courts to exercise independent judgment on interpretive questions); Cynthia R. Farina, Statutory Interpretation and the Balance of Power in the Administrative State, 89 Colum. L. Rev. 452, 471 (1989) (arguing that Congress’s use of “equally expansive language in statutory schemes committed to judicial oversight . . . seem[s] to undermine any notion” that agencies are preferred over courts to “interpret[] broad statutory mandates”); Thomas W. Merrill, Judicial Deference to Executive Precedent, 101 Yale L. J. 969, 995 (1992) (pointing to background understandings and the provisions of the APA that may undermine the presumption that Congress intends ambiguous language to be interpreted by agencies rather than the courts); Cass R. Sunstein, Constitutionalism After the New Deal, 101 Harv. L. Rev. 421, 468 (1987) (noting that Chevron does not accurately reflect congressional intent since “[t]he APA—the basic charter governing judicial review and Chevron itself—was born in a period of considerable distrust of agency activity” and recent indications of congressional intent also suggest “that Congress favors a relatively aggressive judicial role”).
4 See supra note 3 and accompanying text.
authority in any particular instance. Rather, the Court applies an across-the-board presumption of congressional delegation triggered by statutory ambiguity. The fact that the Court moved away from an across-the-board presumption in *United States v. Mead Corp.*, requiring a more particularized inquiry into legislative intent, has not dampened these criticisms. Scholars continue to argue that the Court’s fiction is both false and fraudulent. As a result, these scholars have felt free to disregard the role of congressional delegation in the debate over the best allocation of interpretive authority between courts and agencies.

In this Essay, I argue that these critics have been proceeding on a fiction about a fiction. They have misread (1) how Congress behaves and (2) what the Court is doing. First, with regard to legislative behavior, I show that there is empirical and theoretical research supporting the notion that Congress does attend to the delegation of interpretive authority when it chooses particular language. This work calls into question, and provides reason to doubt, the claim that Congress does not think about the delegation of interpretive authority at all, or in the way that the Court imagines. It also provides reason to believe that the basic presumption of congressional delegation is well grounded. Furthermore, it provides reason to assume that an express delegation of regulatory authority generally carries an implied delegation of interpretive authority. Critics of the Court’s framework have not sufficiently credited this work or the view that it suggests.

With a sense of how Congress is delegating interpretive authority both in general and in particular statutes, I then address judicial practice to demonstrate that the Court is neither as inventive nor incorrect as critics contend. Political scientists have shown what Congress cares about when it delegates regulatory authority, and their sense is consistent with the Court’s sense. When the Court applies a presumption of

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5 See Evan J. Criddle, *Chevron*’s Consensus, 88 B.U. L. Rev. 1271, 1285 (2008) (quoting Judge Harry Edwards, who remarked “that silence or ambiguity confers that kind of interpretive authority on the agency is unacceptable, for it assumes the very point in issue and thus fails to distinguish between statutory ambiguities on the one hand and legislative delegations of law-interpreting power to agencies on the other” (quoting CSX Transp. v. United States, 867 F.2d 1439, 1445 (D.C. Cir. 1989) (Edwards, J., dissenting) (internal citation omitted))).

6 Antonin Scalia, Judicial Deference to Administrative Interpretations of Law, 1989 Duke L.J. 511, 516 (noting that *Chevron* established “an across-the-board presumption that, in the case of ambiguity, agency discretion is meant”).


9 See, e.g., Barron & Kagan, supra note 8, at 204 (arguing that the Court should consider who issued the interpretation within the agency when allocating interpretive authority); Criddle, supra note 5, at 1273 (arguing that the Court should consider diverse, pluralistic views).


congressional delegation of interpretive authority, it makes a connection between interpretive authority and regulatory authority that closely tracks Congress’s design choices. So too, when the Court conducts a particularized inquiry into congressional delegation of interpretive authority, it relies on factors that closely track Congress’s design choices. The Court has been doing a decent job of imagining how Congress, as a political institution, would think about the delegation of interpretive authority. Meanwhile, critics perhaps have been too fixated on legal values to properly appreciate the Court’s pragmatic view of Congress.

In the end, I demonstrate that the fiction of congressional delegation is an ordinary one. It is a fiction only in the sense that the Court is not searching for actual legislative intent but is imputing legislative intent. After Chevron and before Mead, the Court imputed legislative intent from statutory ambiguity. With Mead and continuing forward, the Court examines other indications in the statutory context and the legislative history, asking whether Congress reasonably intended to delegate interpretive authority. The Court often makes similar moves in other contexts when determining the meaning of statutory language. Specifically, it considers what Congress might reasonably have intended as to the meaning of the language, looking at the statutory text, statutory context, and legislative history. This sort of fiction is reflective of a general shift away from a search for actual legislative intent that occurred after the Legal Realist movement. For some, it has specific roots in the Legal Process School. Justice Breyer is the leading advocate for this sort of fiction, but he is not the only one who embraces it.

The fiction of congressional delegation is not without weaknesses, though they are not the ones that critics by and large have been pressing. For example, to the extent that the fiction leads the Court to use a standard-based approach and rely on non-textual sources, it is subject to the standard critiques of those practices. Thus, Justice Scalia chastised the Court in Mead for swapping Chevron’s clear rule for “th’ol’ ‘totality of the circumstances’ test.” But critics of the fiction generally have not reprised the rules/standards debate or the legislative history debate. They have instead argued that the fiction is not worth taking seriously. If the fiction is not as they believe, their arguments would benefit from further reflection.

In other writing, I have argued that the fiction serves an important normative value, tethering the Court’s framework to separation of powers by ensuring that Congress retains a role in lawmaking. I have addressed ways of clarifying the contours of the fiction to minimize the confusion that it has wrought among lower courts. I have also described ways of extending the fiction to address a problem implicit in the Court’s framework, specifically that courts can use the traditional tools of statutory construction to find a clear statutory meaning despite signs that Congress intended to delegate interpretive

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13 See infra note 190 (citing illustrative cases).
14 See Max Radin, Statutory Interpretation, 43 Harv. L. Rev. 863, 870, 872 (1930) (casting doubt on whether Congress, a multi-member body, has a single, collective intention and whether a court possesses the tools to recover that intention).
16 See Stephen Breyer, Active Liberty 88 (2005) (“At the heart of a purpose-based approach stands ‘the reasonable member of Congress’—a legal fiction that applies, for example, even when Congress did not in fact consider a particular problem.”); id. at 88–98 (describing Supreme Court decisions implicating this approach); Stephen Breyer, Making Our Democracy Work: A Judge’s View 98–102 (2010) (making similar arguments); Cass R. Sunstein, Chevron Step Zero, 92 Va. L. Rev. 187, 198 (2006) (noting that Justice Breyer, while still on the Court of Appeals, assessed congressional delegation in a particularized manner based on “what a sensible legislator would have expected given the statutory circumstances” (quoting Mayburg v. Sec’y of Health & Human Servs., 740 F.2d 100, 106 (1st Cir. 1984))).
18 See Mead, 533 U.S. at 241 (Scalia, J., dissenting); see also id. at 245 (further contending that the test would cause “protracted confusion” among lower courts because of the “utter flabbiness of the Court’s criterion”).
authority to the agency.21

My intention is not to reargue these points here. The concern of this Essay is more fundamental: by believing that the fiction is worse than it is, critics have had license to disregard the role of congressional delegation in evaluating how to allocate interpretive authority between courts and agencies. My argument brings the question of how to allocate interpretive authority between courts and agencies back to how Congress designs statutes. Critics can still argue that other considerations should prevail in the final analysis, but they must confront legislative interests head on.

This Essay proceeds in four parts. Part I describes the Supreme Court decisions that established the fiction. In these decisions, the Court transitioned from an across-the-board presumption of congressional delegation to a particularized analysis under certain circumstances. Part II describes the criticisms of the fiction. After *Chevron*, the critics launched a two-part attack: (1) Congress does not think about the delegation of interpretive authority in the way that the Court does, and (2) the Court does not actually care about whether Congress intends to delegate interpretive authority to the agency in any particular instance. Even though the Court changed the framework in *Mead* to get a closer read of legislative intent, the criticisms remained largely the same. Part III demonstrates the weaknesses of these persistent criticisms. First, there is direct evidence in the work of legal scholars that supports the Court’s picture of legislative behavior. Second, there is indirect evidence in the work of political scientists that supports the Court’s tools of statutory construction. This evidence shows that the fiction is neither false nor fraudulent, contrary to scholarly belief. Part IV addresses the “true” character of the fiction, arguing that the fiction is no different in kind from the one that the Court applies more generally in statutory interpretation. Thus, critics have no special reason to reject the fiction and have felt too free to depart from it in evaluating the proper allocation of interpretive authority between courts and agencies.

I. THE LEGAL FICTION

In this Part, I set forth the decisions that established the legal fiction of congressional delegation. In *Chevron U.S.A. v. Natural Resources Defense Council*, the Court held that Congress intends to implicitly delegate interpretive authority to an agency whenever it fails to resolve the meaning of statutory language.22 The Court did not actually inquire into whether Congress intended to delegate interpretive authority in a particular instance but created an across-the-board presumption based on statutory ambiguity.23 It departed from that presumption in *United States v. Mead Corp.* and *Barnhart v. Walton*, conducting a particularized inquiry into whether Congress intended to delegate interpretive authority with “the force of law.”24 It conducted a particularized inquiry in other important decisions as well.25 Thus, the Court started with an across-the-board presumption of legislative intent and transitioned to a particularized inquiry under certain circumstances.

A. The Presumption

In *Chevron*, the Court established a two-step test for courts to apply when reviewing agency interpretations of the statutes that those agencies administer.26 The first step asks courts to determine whether “Congress has directly spoken to the precise question at issue.”27 If the statute is clear, then that meaning controls.28 But if the statute is ambiguous, the second step instructs courts to defer to the

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23 Id.
26 *Chevron*, 467 U.S. at 842–43.
27 Id. at 842–43 & n.9.
28 Id. at 842.
agency’s interpretation as long as that interpretation is “reasonable.” The Court justified judicial deference primarily on a theory of congressional delegation: Congress intends to delegate interpretive authority to the agency whenever it fails to resolve the meaning of particular statutory language. The Court offered numerous reasons why Congress might intend for agencies rather than courts to fill gaps in regulatory statutes, such as capitalizing on agency expertise, lack of legislative foresight, or to obtain consensus on an issue while allowing divergent coalitions to “take their chances” on a favorable resolution at the administrative level. But the Court did not ask whether Congress intended to delegate interpretive authority based on any of these reasons in a particular instance. Instead, it created a presumption of congressional delegation that purportedly applied across-the-board, triggered by a finding of statutory ambiguity.

The presumption never actually applied entirely across the board. In Martin v. Occupational Safety and Health Review Commission, the Court departed from the presumption because it had no other choice. The case involved the Occupational Health and Safety Act of 1970 (“OSH Act”), a so-called split-enforcement statute. Most regulatory statutes combine rulemaking, enforcement, and adjudicative powers in a single agency. The OSH Act grants both the Secretary of Labor and the Occupational Safety and Health Review Commission certain powers. It directs the Secretary to set workplace health and safety standards through the notice-and-comment rulemaking process. In addition, the Secretary is authorized to enforce those standards by issuing a citation and assessing a monetary penalty if she determines after investigation that an employer has violated a standard. The OSH Act grants the Commission, a three person body appointed by the President and confirmed by the Senate, adjudicatory functions, which are triggered if an employer wishes to contest a citation.

The Court could not apply a presumption based on statutory ambiguity to determine the allocation

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29 Id. at 843–44.
30 Id. The Court wrote:

The power of an administrative agency to administer a congressionally created . . . program necessarily requires the formulation of policy and the making of rules to fill any gap left, implicitly or explicitly, by Congress. If Congress has explicitly left a gap for the agency to fill, there is an express delegation of authority to the agency to elucidate a specific provision of the statute by regulation. Such legislative regulations are given controlling weight unless they are arbitrary, capricious, or manifestly contrary to the statute. Sometimes the legislative delegation to an agency on a particular question is implicit rather than explicit. In such a case, a court may not substitute its own construction of a statutory provision for a reasonable interpretation made by the administrator of an agency.

Id. (internal citations and quotation marks omitted). (XE: Word count is 129 and it begins a paragraph) The Court also premised judicial deference on a theory of agency expertise and political accountability. Id. at 865 (noting that agencies possess more expertise than courts for handling regulatory schemes that are “technical and complex” and for reconciling the “competing political interests” that regulatory decisions often involve, and that agencies are more accountable to the people than courts, “not directly but through the Chief Executive” and “it is entirely appropriate for this political branch of Government to make such policy choices.”).

31 Id. at 865. The Court stated:

Congress intended to accommodate both [statutory] interests, but did not do so itself on the level of specificity presented by these cases. Perhaps that body consciously desired the Administrator to strike the balance at this level, thinking that those with great expertise and charged with responsibility for administering the provision would be in a better position to do so; perhaps it simply did not consider the question at this level; and perhaps Congress was unable to forge a coalition on either side of the question, and those on each side decided to take their chances with the scheme devised by the agency.

Id. (XE: 102 words, not at the beginning of a paragraph.)
33 Id. at 151.
34 Id. at 147.
35 Id.
36 Id.
37 Id. at 147–48.
of interpretive authority between the two agencies. It therefore conducted a particularized inquiry of congressional delegation. The Court examined the inferences that could be drawn about legislative intent from the statutory context and the legislative history. It focused on the “historical familiarity and policymaking expertise” of the Secretary, finding her in a better position to interpret her own rules and the statute. Because these factors would lead Congress to prefer an agency to a court, they would also lead Congress to prefer one agency (i.e., the Secretary) over the other (i.e., the Commission). In the legislative history, the Court found confirmation for its view of the Secretary’s expertise as well as evidence that Congress intended to hold a single actor responsible for formulating the OSH standards and ensuring that they are effectively implemented. The Court also drew a connection between express rulemaking authority and implied interpretive authority. Because the Commission lacked rulemaking authority, the Court declined to find that Congress intended to delegate interpretive authority to the Commission. Rather, Congress intended to delegate only “nonpolicymaking adjudicatory powers” to the Commission. Thus, the Court recognized almost from the beginning that an across-the-board presumption could not always work, and it began to sketch the contours of a more particularized inquiry.

B. The Particularized Inquiry

Despite the Court’s initial announcement in Chevron of an across-the-board presumption, it has conducted a more particularized inquiry in two circumstances: when there is evidence that the issue is too significant to delegate, and when the agency uses a less than formal interpretive method. The Court could have technically applied the presumption in both of these circumstances. Because it did not, both are moderations of Chevron.

1. Too-Big-Too-Delegate Questions. In FDA v. Brown & Williamson Tobacco, the Court departed from the presumption of congressional delegation because it was unwilling to infer a delegation of authority over certain questions based on mere statutory ambiguity. The Food and Drug Administration (“FDA”) issued a regulation interpreting the words of the Food Drug and Cosmetic Act (“FDCA”) to include tobacco products, including cigarettes, and imposing regulations on such products.

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38 Id. at 152 (“infer[ring] from the structure and history of the statute . . . that the power to render authoritative interpretations of OSH Act regulations is a ‘necessary adjunct’ of the Secretary's powers to promulgate and to enforce national health and safety standards”).
39 Id at 152–53.
40 Id. at 152.
41 Id. at 153. (citing S. Rep. No. 91-1282, at 8 (1970), reprinted in Legislative History 148). {XE: I am unsure how to proceed with this citation. The “citing to” reference in the parenthetical reiterates word for word the citation as it appears in the citation. The problem is “Legislative History” is the Court’s shorthand for Legislative History of the Occupational Safety and Health Act of 1970 (S. 2193, Pub. L. 91-596) (Committee Print prepared by the Subcommittee on Labor of the Senate Committee on Labor and Public Welfare) (1971). How ought we to cite this? Should we cite it like SCOTUS cites it, or in accordance with BB R. 13.6?)
42 Id. at 158–59.
43 Id. at 154.
44 FDA v. Brown & Williamson Tobacco Corp., 529 U.S. 120, 159–60 (2000). The Court has applied the too-big-to-delegate doctrine in other cases. See, e.g., MCI Telecomms. Corp. v. Am. Tel. & Tel. Co., 512 U.S. 218, 231 (1994) (holding that the authority to eliminate a central feature of the Communications Act was too significant for Congress to have intended to delegate to the Federal Communication Commission through statutory ambiguity).
45 Brown & Williamson, 529 U.S. at 127(reporting the FDA’s determination that nicotine is a “drug” within the meaning of the FDCA because it “affect[s] the structure or [a] function of the body,” and that cigarettes are “combination products” for the delivery of those effects (quoting Regulations Restricting the Sale and Distribution of Cigarettes and Tobacco to Protect Children and Adolescents, 61 Fed. Reg. 44396 44631, 45208 (August 28, 1996) (quoting 21 U.S.C. §321(g)(1)(C) (1994))). {XE: This is an absolute nightmare citation. I have given it my best shot, but I have idea if I am right, so I’ll provide you with the relevant information and let you figure it out. OK. The regulation is given as above. “Annexed” to that regulation, beginning at page 44619, is a “Jurisdictional Determination” entitled “Nicotine in Cigarettes and Smokeless Tobacco Is A Drug and These Products Are Nicotine Delivery Devices Under the Food, Drug, and Cosmetic Act: Jurisdictional Determination.” Both of the quotes above are taken from this jurisdictional determination. The statutory quote, however, only relates to the “affects the structure” quote and not the “combination products” quote. How to proceed?)
The Court held that Congress had not granted the FDA jurisdiction over tobacco products. As a technical matter, it held that the statute was clear on this point. But the language was not clear. Instead, the Court inferred legislative intent from a series of later-enacted statutes. These statutes were tobacco-specific and none of them granted jurisdiction to the FDA, or indeed granted any agency the authority to pervasively regulate tobacco. The Court also found a poor fit between tobacco and FDA jurisdiction. Another statute guaranteed the continued marketing of tobacco, yet the FDA was obligated to ban any unsafe product, and it had determined that tobacco was unsafe. On the basis of this particularized analysis, the Court concluded that Congress had not intended to delegate authority over tobacco to the FDA. It said that the statute was clear, but the only clarity that the Court found was on the delegation question.

If there was any doubt on this point, the Court confirmed its concern for delegation by stating that some questions were simply too significant to support an inference of delegation based on statutory ambiguity. The FDA had “asserted jurisdiction to regulate an industry constituting a significant portion of the American economy” and a product with “its own unique place in political history.” The magnitude of the assertion made it unlikely that Congress had silently intended to delegate interpretive authority to the FDA.

The Court applied the too-big-to-delegate doctrine again in Oregon v. Gonzalez, performing an even more particularized analysis than it had in Brown & Williamson. The Attorney General issued an Interpretive Bulletin interpreting the federal criminal drug laws to restrict physician-assisted suicide in the wake of a state law permitting the practice. The Court held that Congress would not have intended to delegate interpretive authority to the Attorney General over this issue. Although the Court could have simply attacked the form in which the interpretation appeared as in Mead, it instead found that the issue was too significant for Congress to have delegated through mere statutory ambiguity. As in Martin, Congress had not delegated rulemaking authority to the Attorney General, and the Attorney General lacked “historical familiarity and policymaking expertise.” The Attorney General had no experience with the regulation of physician-assisted suicide or the restriction of controlled substances. Rather, the Attorney General was responsible for the non-policymaking aspects of the federal drug laws, including the registration and marketing of controlled substances. As in Brown & Williamson, the Court examined the history of physician-assisted suicide, noting that “Americans are engaged in an earnest and profound debate about the morality, legality, and practicality of physician-assisted suicide.” This magnitude of the debate made it all the more likely that Congress did not intend to subtly delegate interpretive authority to the Attorney General.

46 Id. at 156, 161.
47 Id. at 156, 160–61.
48 Id. at 137–38, 156 (collecting statutes).
49 Id. at 137 (citing 7 U.S.C. §1311(a)). {XE: The original citation does not include the code edition. Should it? If it should, it is likely 1994 (the version the court had in the year of decision), and it is not a supplement (since it appears in the original edition)}
50 Id. at 156, 161.
51 Id. at 159.
52 Id.
53 Id. at 160.
54 Gonzales v. Oregon, 546 U.S. 243 (2006). {XE: An appropriate, general call cite. Also, I think including the case name in the FN is appropriate because two cases are referenced above.}
55 Id. at 253–54 (noting that the Attorney General determined that physician-assisted suicide was not a “legitimate medical purpose” for which physicians might dispense and prescribe controlled substances under the CSA and its regulations (internal quotation marks omitted); The Oregon Death with Dignity Act, Ore. Rev. Stat. Ann. § 127.800–995 (West 2003).
56 Gonzales, 546 U.S. at 267.
57 Id. at 268.
58 Id. at 266 (quoting Martin v. Occupational Safety & Heath Review Comm’n, 499 U.S. 144, 153 (1991))
59 Id. at 269.
60 Id. at 259 (quoting 21 U.S.C. § 821(Supp. V 2000)).
61 Id. at 249 (quoting Washington v. Glucksberg, 521 U.S. 702, 735 (1997)).
62 Id. at 267–68.
2. Less-Than-Formal-Procedures. In Mead, the Court departed from the presumption of congressional delegation in the most significant way to date. It was not faced with an issue that was too big to delegate, as in Brown & Williamson. Rather, it was faced with an interpretive method that was too informal to carry the force of law. The United States Customs Service sent a Ruling Letter to the Mead Corporation in which the agency interpreted its statute to impose a tax on a particular product that the Mead Corporation imported for sale. The Court held that this interpretation was not entitled to the application of Chevron because Congress had not delegated authority to the agency to issue interpretations carrying the “force of law” through Ruling Letters. The Court reached this conclusion after examining the character of the Ruling Letters and the conduct of the agency. [DE: With the suggested change to “The Court held . . .” sentence, it is necessary to add “Ruling Letters” because Congress did delegate authority to Customs to issue binding interpretations through notice-and-comment rules. After adding this phrase, I changed the next sentence to avoid repetition.] Ruling Letters do not reflect “fairness and deliberation” or “bespeak the legislative type of activity that . . . naturally bind[s] more than the parties to the ruling.” Nor had the agency acted “with a lawmaking pretense in mind.” It issued Ruling Letters at too great a rate (10,000 per year) from too many different offices (forty six in all) for it to claim that such Letters carry the force of law. On the basis of these individualized considerations, the Court held that the agency was not entitled to Chevron deference. At best, the agency could earn a lesser form of judicial deference under Skidmore v. Swift & Co.

In Barnhart, the Court conducted a particularized inquiry into another informal interpretive method using different factors than it had used in Mead. Over a period of forty years, the Social Security Administration had included a certain interpretation in an Insurance Letter, a Disability Insurance State Manual, and a Social Security Ruling before issuing it in a notice-and-comment rule. The Court first determined that the interpretation satisfied both conventional steps of Chevron. It then found that the interpretation was entitled to judicial deference under Chevron even though it lacked procedural formality until shortly before litigation. Performing a particularized analysis, the Court observed that the interpretation was of “longstanding duration,” which counts toward judicial deference, as does the “interpretive method used and the nature of the question at issue.” In this case, the Court found that these factors and others supported an inference of congressional delegation:

[T]he interstitial nature of the legal question, the related expertise of the Agency, the importance of the question to administration of the statute, the complexity of that administration, and the careful consideration the Agency has given the question over a long period of time all indicate that Chevron provides the appropriate legal lens through which to view the legality of the Agency interpretation here at issue.

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64 Id. at 225.
65 Id. at 221, 226–27.
66 Id. at 233.
67 Id. at 230, 232.
68 Id. at 233.
69 Id.
70 Id. at 234.
71 Id. at 234–35; see also Skidmore v. Swift & Co., 323 U.S. 134, 139–40 (1944).
73 Id. at 219–20.
74 Id. at 218–19.
75 Id. at 221.
76 Id. at 220, 222 (internal quotation marks omitted).
77 Id. at 222.
The Court has reinforced its particularized inquiry in other decisions. Furthermore, it has held that the inquiry is valid even if a court has already issued an interpretation of an ambiguous statutory provision. In National Cable & Telecommunications Association v. Brand X Internet Services, the Court stated that an agency can effectively overrule a prior judicial interpretation of an ambiguous statutory provision as long as it possesses a delegation of interpretive authority and uses that authority to issue its own interpretation. The fact that the court got there first does not deprive the agency of its delegated interpretive authority.

3. Routine Questions? Some evidence suggests that the preference for a particularized inquiry may spread beyond the two limited circumstances of significant questions and non-formalized procedures. In Zuni Public School District No. 89 v. Department of Education, Justice Breyer extended the particularized inquiry of congressional delegation to a routine question—the sort that did not involve significant questions or informal procedures. The Secretary of Education had issued an interpretation of a calculation provision of a federal education statute. Basically, the statute allowed states to offset the costs of education with federal funds only if they “equalize[d] expenditures” among their public school districts. To determine that a state had equalized expenditures, the Secretary must determine that the disparity in per-pupil expenditures among school districts does not exceed twenty-five percent, “disregard[ing]” school districts “with per-pupil expenditures” in the top and bottom fifth percent. The Secretary had issued regulations, which it applied consistently for thirty years, calculating the upper and lower percentile cutoffs based not only on the number of districts (ranked by their per-pupil expenditures), but on the number of pupils in those districts. If the Secretary had just considered the number of districts, New Mexico would not have qualified for a federal offset. Under the Secretary’s size-adjusted calculation, the state qualified for a federal offset and could use that offset to decide how to equalize school funding across the districts.

Justice Breyer wrote that the Secretary was entitled to Chevron deference, but he expressly departed from the normal order of the two-step test to get there. Rather than starting with the clarity of the statutory language, he started with the particularized evidence of congressional delegation. He noted that the issue was a highly technical one, the Secretary was involved in legislative drafting, and the Secretary had maintained a consistent position throughout. According to Justice Breyer, all of these factors indicated that Congress intended to delegate interpretive authority to the Secretary.

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78 See, e.g., Mayo Found. for Med. Educ. & Research v. United States, 131 S. Ct. 704, 713–14 (2011) (finding that Congress delegated authority to issue interpretations of the Internal Revenue Code with the force of law to the Treasury Department and that such authority makes those interpretation eligible for Chevron deference); Long Island Care at Home, Ltd. v. Coke, 551 U.S. 158, 173–74 (2007) (finding that Congress had delegated authority to issue interpretation of the Fair Labor Standards Act with the force of law to the Department of Labor). In Mayo Foundation and Long Island Care, the Court stated that Chevron applies “‘where an agency rule sets forth important individual rights and duties, where the agency focuses fully and directly upon the issue, where the agency uses full notice-and-comment procedures to promulgate a rule, [and] where the resulting rule falls within the statutory grant of authority.’” Mayo Foundation, 131 S. Ct. at 714 (quoting Long Island Care, 551 U.S. at 173). {XE: WC is 46}

80 550 U.S. 81, 93–100 (2007).
85 Id. at 88–89.
86 Id.
87 Id. at 90.
88 Id.
89 Id.
interpretation was also reasonable in light of the purpose of the statute, and because it was reasonable in light of the purpose, the language did not absolutely preclude it.  

Only Justice Ginsburg agreed with Justice Breyer’s analysis. Justice Stevens concurred because he found the legislative history was “pellucidly clear” and in favor of the Secretary’s interpretation. Justice Kennedy, joined by Justice Alito, concurred because he found the statute ambiguous and the agency’s interpretation reasonable. But he expressed concern that inverting the steps of Chevron would elevate “agency policy concerns” over “the traditional tools of statutory construction.” Justice Scalia, joined by the remaining three, dissented, relying on the literal language of the statute, which said “per-pupil expenditures,” plain and simple. Thus, no other Justice except perhaps Justice Ginsburg would take the particularized inquiry as far as Justice Breyer would. Nevertheless, Justice Breyer’s approach still stands as a sort of testament to how far the doctrine has come in roughly two decades—from an across-the-board presumption to a particularized inquiry of congressional delegation under certain circumstances.

II. THE SCHOLARLY CRITICISMS

In this Part, I set forth the scholarly criticisms of the Court’s reliance on the notion of implicit congressional delegation. I demonstrate that, despite the transition from an across-the-board presumption to a particularized inquiry under certain circumstances, the scholarly criticisms have remained largely the same. They have simply shifted to a different playing field.

Critics essentially tell a two-part tale. First, Congress does not intend to delegate interpretive authority to an agency whenever it fails to resolve a statutory question. If anything, Congress intends for courts to exercise independent judicial judgment. Second, the Court does not actually care about whether Congress intended to delegate interpretive authority in any particular instance. It either applies a presumption triggered by statutory ambiguity or considers factors that have no bearing on congressional delegation. Chevron’s fiction of congressional delegation is therefore both false and fraudulent. As a result, critics have disregarded it—just as, in their view, the Court has been free to do so—and follow their preferred position on how best to allocate interpretive authority between courts and agencies.

A. Legislative Behavior

Shortly after Chevron was decided, critics argued that congressional delegation was a legal fiction because Congress is unlikely to intend a delegation of interpretive authority to agencies when it leaves a statutory ambiguity. If anything, Congress is likely to intend for courts to exercise independent judicial judgment. As we shall see, critics offered a variety of reasons, so the argument took a variety of forms.

Critics first argued that congressional delegation is really an inference of legislative intent based on legislative silence, which is to say the failure of Congress to provide a different judicial deference rule. But, they noted, legislative silence is always a questionable basis for an inference of legislative intent. As Thomas Merrill stated, “in order to establish that Congress has mandated the practice of deference, the Court should be able to point to more than a debatable inference from congressional inaction.”

90 Id. at 90–91.
91 Id. at 106 (Stevens, J., concurring).
92 Id. at 107 (Kennedy, J., concurring).
93 Id.
94 Id. at 113–16 (Scalia, J., dissenting) (internal quotation marks omitted).
95 See, e.g., Criddle, supra note 5, at 1302 (advocating an interpretive framework based on diverse, pluralistic values).
96 Merrill, supra note 3 at 995 (“The strongest evidence in support of the Court’s presumption is the fact that Congress knows about the practice of judicial deference to agency interpretations and has not acted to prohibit it.”).
97 Id. Thomas Merrill and Kristen Hickman, although writing after Mead, {XE: Mead is used enough throughout that I do not believe it needs a new cite here} make the point that “pre-Chevron case law generally provided that agency interpretations
Critics also offered a form of *expressio unius est exclusion alterius* argument—the mention of one thing precludes the inference of another.98 [DE: necessary to add a qualifier because the argument was not a precise application of the anon.] Because Congress knows how to write explicit delegations of regulatory authority, it is unlikely to make implicit delegations of interpretive authority.99 Put simply, Congress knows how to delegate when it wants to delegate.

Relatedly, critics rejected a kind of greater-includes-the-lesser argument. There was no general understanding before *Chevron* that Congress intended to implicitly delegate interpretive authority whenever it gave an agency the power to issue rules or regulations.100 Some scholars suggested that a delegation of rulemaking authority only conveyed the power to issue procedural rules or interpretive rules rather than *Chevron*-style legislative rules.101 Therefore, the greater delegation of general regulatory authority did not include the lesser (but still significant) delegation of interpretive authority.

Critics also made the argument that imputing legislative intent to delegate is inconsistent with the Administrative Procedure Act (APA).102 The APA, the umbrella statute that provides default procedural and judicial review provisions, suggests that Congress intended courts to exercise independent judicial judgment on questions of law. Consider Professor Merrill: “[T]he one general statute on point, the Administrative Procedure Act, directs reviewing courts to ‘decide all relevant questions of law.’ If anything, this suggests that Congress contemplated courts would always apply independent judgment on questions of law, reserving deference for administrative findings of fact or determinations of policy.”103 {XE: Word count is 48 words, not at beginning of paragraph.}

John Duffy considered the relationship between congressional delegation and the APA at length. He disagreed with Professor Merrill and others about the significance of the “questions of law” provision because, under *Chevron*, a “court does interpret the statute de novo; the court just finds that the statute gives the agency the power to make the rule of decision.”104 But Professor Duffy objected to the *Chevron* approach on other grounds: “[t]he problem with the ‘implicit delegation’ view of *Chevron* is that it violates another provision of the APA,”105 section 558(b), which forbids agencies from issuing “substantive rule[s] . . . except [1] within jurisdiction delegated to the agency and [2] as authorized by law.”106 Professor Duffy argued that implicit congressional delegation violates this “often overlooked” provision because it allows an agency to assert a “de facto rule-making power so long as only the first

embodied in an exercise of a general rulemaking power were entitled to less deference than interpretations rendered pursuant to a specific grant of rulemaking power.” Thomas W. Merrill & Kristen E. Hickman, *Chevron’s Domain*, 89 Geo. L.J. 833, 871 n.212 (2001) (citing United States v. Vogel Fertilizer Co., 455 U.S. 16, 24 (1982); Rowan Cos. v. United States, 452 U.S. 247, 253 (1981); Chrysler Corp. v. Brown, 441 U.S. 281, 309 (1979)).


99 Duffy, supra note 3, at 199 (“Congress has no trouble writing express delegations to agencies when it wants.”); Merrill, supra note 3, at 995 (“The very practice of enacting specific delegations of interpretative authority suggests that Congress understands that no such general authority exists.”).

100 Robert A. Anthony, *Which Agency Interpretations Should Bind Citizens and the Courts?*, 7 Yale J. on Reg. 1, 45 & n.208 (1990) (observing that the understanding before *Chevron* may have been that the delegation of rulemaking power in organic statutes did not confer the authority to issue legislative rules, and asserting that *Chevron* should be understood to reflect a departure from that understanding).

101 Id.

102 Farina, supra note 3, at 471 (arguing that Congress’s use of “equally expansive language in statutory schemes committed to judicial oversight . . . seem[s] to undermine any notion” that agencies are preferred over courts to “interpret[] broad statutory mandates”); Sunstein, supra note 3, at 468 (noting that *Chevron* does not accurately reflect congressional intent since “[t]he APA—the basic charter governing judicial review and *Chevron* itself—was born in a period of considerable distrust of agency activity” and recent indications of congressional intent also suggest “that Congress favors a relatively aggressive judicial role”).


104 Duffy, supra note 3, at 198 (emphasis in original).

105 Id.

condition is satisfied—the agency has a jurisdiction over the statute.”

Scholars also provide justifications for the APA’s preference for independent judicial judgment. As Cass Sunstein argued, “Congress’s fear of agency bias or even abdication makes it most doubtful that the legislature has sought deference to the agency under all circumstances.” Congress, aware of agency pathologies, sought a judicial check to counteract them.

After the Court decided Mead, one might have expected at least some of these criticisms to recede. The Court attempted to take a closer look at congressional delegation, determining what Congress intended in a particular instance. It was no longer relying on a blanket presumption of how Congress acts. Yet the criticisms continued and even intensified.

David Barron and Elena Kagan reflected that mood. Writing in response to Mead, they asserted that Congress probably does not think about the delegation of interpretive authority at all, let alone in the way that the Court imagines. Like Professor Merrill and others, they focused on legislative silence, observing that Congress usually says nothing about the delegation of interpretive authority. The question is what inference to draw from legislative silence on this issue:

To be sure, Congress’s usual silence on this matter may express agreement with a broad rule of deference to agency interpretations. But this explanation seems improbable given (1) Congress’s similar passivity on this issue prior to Chevron, and (2) Congress’s certain appreciation of variety in both administrative statutes and administrative decision-making processes. It is far more likely that Congress, unless confronting a serious problem in the exercise of some interpretive authority, simply fails to think about this allocation of power between judges and agencies.

They had strong words for the Court’s approach: “Congress so rarely discloses (or, perhaps, even has) a view on this subject as to make a search for legislative intent chimerical and a conclusion regarding that intent fraudulent in the mine run of cases.” Others scholars reprised the more moderate claim about legislative silence. Professor Merrill, joined by Kristin Hickman, maintained that legislative silence provides a weak foundation for congressional delegation. Thus, legislative silence should not be dispositive.

Critics also reintroduced the other pre-Mead arguments. They argued in favor of an expressio unius understanding, that Congress knows how to write express delegations when it wants. They argued against a greater-includes-lesser understanding, that a delegation of regulatory authority confers a

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107 Duffy, supra note 3, at 198 (quoting Louis L. Jaffe, Judicial Control of Administrative Action 564 (1965)) (internal quotation marks omitted).
109 Barron & Kagan, supra note 8, at 216 (arguing that the Mead Court actually “obscured the nature of the judicial task involved in defining Chevron’s domain”).
110 Id.
111 Id.
112 Id.
113 Id. at 203.
114 Merrill & Hickman, supra note 97, at 871 (“In addition, Congress has never acted to signal general disapproval of courts exercising independent review in matters of statutory interpretation.”); see also Seidenfeld, supra note 8, at 278 (arguing that legislative silence is a weak indication of congressional delegation).
115 Jack M. Beermann, End the Failed Chevron Experiment Now: How Chevron Has Failed and Why It Can and Should Be Overruled, 42 Conn. L. Rev. 779, 797–98 (2010) (“[E]xcept in those situations in which Congress explicitly delegates interpretive authority to an agency . . . there is little reason to believe that ambiguity signals congressional intent to delegate interpretive authority to the administering agency and not to the reviewing court.”); Criddle, supra note 5, at 1285 (referencing the argument).
delegation of interpretive authority. Consider Professors Merrill and Hickman:

At the time *Chevron* was decided, there was no established background understanding that a decision by Congress to confer general rulemaking or adjudicatory authority on an agency would be deemed a decision to transfer primary interpretational authority to the agency. If anything, the understanding was to the contrary.\(^{116}\)

Critics once again asserted the argument that congressional delegation is inconsistent with the APA.\(^{117}\) The APA suggests that Congress intended to impose an independent judicial check on agency interpretation. To explain why, Jack Beermann picked up where Professor Sunstein left off in addressing Congress’s perception of agencies, arguing that “Congress does not usually view agencies as trusted partners, but rather views them as competing entities that need to be kept in line.”\(^{118}\) Especially because agencies are often dominated by the President, Professor Beermann continued, it is unlikely that Congress would simply allow them run the shop unattended.\(^{119}\)

In sum, *Mead* may have changed the Court’s interpretive framework to better calibrate legislative intent, but it did not alter the criticisms of congressional delegation. Scholars have continued to argue often more vociferously than before that the notion of implicit congressional delegation is a legal fiction because it reflects a false picture of legislative behavior. But these criticisms comprise only half of the story, as the next section shows.

### B. Judicial Practice

When *Chevron* was decided, critics contended that the Court applied a legal fiction because it did not actually inquire into whether Congress intends to delegate interpretive authority in any particular instance.\(^{120}\) Rather, it applied an across-the-board presumption of congressional delegation triggered by statutory ambiguity. Although *Mead* defeated this claim by introducing a particularized inquiry into congressional delegation under certain circumstances, the criticism only shifted to a new playing field. Critics began to argue that the Court does not actually inquire into whether Congress intends to delegate interpretive authority in particular instances because it considers factors that bear no relation to that determination.\(^{121}\)

In *Mead*, the Court focused on whether the interpretive method promotes the same sort of “fairness and deliberation” as procedures like notice-and-comment rulemaking or formal adjudication, and whether it “bespeak[s] the legislative type of activity that would naturally bind more than the parties

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\(^{116}\) Merrill & Hickman, supra note 97, at 871 & n.212 (citing decisions in which the Court refused to imply a delegation of interpretive authority to the Internal Revenue Service based on an explicit delegation of regulatory authority to the agency in the Internal Revenue Code); see also Beermann, supra note 115, at 810–11 (describing the pre-*Chevron* understanding reflected in the tax cases).

\(^{117}\) Beermann, supra note 115, at 788 (“The most startling thing about *Chevron* initially is that it appears inconsistent with the APA’s judicial review provisions.”); Criddle, supra note 5, at 1285–86 (“Critics of the congressional delegation theory have argued persuasively that Congress expressly disclaimed any such intent to delegate interpretive authority in the Administrative Procedure Act . . . by directing reviewing courts to ‘decide all relevant questions of law.’” (quoting 5 U.S.C. § 706 (2000))); Seidenfeld, supra note 8, at 278–79 (arguing that congressional delegation is inconsistent with the APA’s judicial review provision).

\(^{118}\) Beermann, supra note 115, at 799.

\(^{119}\) Id.

\(^{120}\) CSX Transp. v. United States, 867 F.2d 1439, 1445 (D.C. Cir. 1989) (Edwards, J., dissenting) (“[T]hat silence or ambiguity confers that kind of interpretative authority on the agency is unacceptable, for it assumes the very point in issue and thus fails to distinguish between statutory ambiguities on the one hand and legislative delegations of law-interpreting power to agencies on the other.”)(quoting Clark Byse, Judicial Review of Administrative Interpretations of Statutes: An Analysis of *Chevron’s* Step Two, 2 Admin. L.J. 255, 261 (1989)); Peter L. Strauss, One Hundred Fifty Cases Per Year: Some Implications of the Supreme Court's Limited Resources for Judicial Review of Agency Action, 87 Colum. L. Rev. 1093, 1120 (1987) (“*Chevron* appears to reach this conclusion [that mandatory deference is required] as a general imperative of judicial behavior, unconnected to congressional wishes reflected in any given law.”).

to the ruling.” The Court also considered whether the agency set out with “a lawmaking pretense in mind.” In *Barnhart*, the Court emphasized the “longstanding duration” of the interpretation, “the interpretive method used,” and “the nature of the question at issue,” supplemented by a list of more specific factors.

Looking at this hodgepodge, critics found no connection to congressional delegation. As Professor Barron and then-Professor Kagan wrote, the Court considers factors that reflect “[its] view of how best to allocate interpretive authority,” such as procedural formality or agency deliberation. Professor Merrill made a similar point when he suggested that the Court is considering “policy arguments” for judicial deference when looking at the agency’s “historical familiarity” with the issue and its “policymaking expertise.” On Evan Criddle’s account, the Court is using its delegation fiction “to reach outcomes consistent with *Chevron’s* consensus-based approach,” with a focus on political accountability, “deliberative rationality,” and “national uniformity.” Mark Seidenfeld remarked that “the Court’s reliance on factors unrelated to actual congressional intent are best explained by positing that, despite the language in *Mead* focusing on actual intent, *Mead* really depends on constructive congressional intent about whether the agency should get interpretive primacy.”

These scholars and others debated which factors the Court ought to emphasize, particularly when the factors conflict. For example, Professors Barron and Kagan argued that the Court ought to prioritize political accountability over procedural formality, which leads them to propose an ingenious method for determining whether a particular interpretation is accountable enough to merit judicial deference. Professor Criddle advocated consideration of all the consensus-based values. When these values point in the same direction, judicial deference is appropriate. When one or more is missing, judicial deference is inappropriate. Others defended the Court’s focus on procedural formality, even if it sometimes comes at the expense of political accountability. The more general point is numerous scholars have felt at liberty to consider the values that they believe promote the best allocation of interpretive authority between courts and agencies precisely because they view the Court as making precisely the same move.

Many have further advocated that, whatever the proper allocation of interpretive authority, the Court ought to abandon its fiction of congressional delegation. The fiction is only a thin cover for other normative values or, worse, for ideological preferences. It impairs the legitimacy of the Court’s

123 Id. at 233.
124 Barnhart v. Walton, 535 U.S. 212, 220, 222 (2002) (internal quotation marks omitted) (relying on “the interstitial nature of the legal question, the related expertise of the Agency, the importance of the question to administration of the statute, the complexity of that administration, and the careful consideration the Agency has given the question over a long period of time”).
125 Barron & Kagan, supra note 8, at 212; see also Stephen Breyer, Judicial Review of Questions of Law and Policy, 38 Admin. L. Rev. 363, 371 (1986) (“Using these factors as a means of discerning a hypothetical congressional intent about ‘deference’ . . . allows courts to allocate the law-interpreting function between court and agency in a way likely to work best within any particular statutory scheme.”). Justice Breyer has since defended the fiction as best promoting “the Constitution’s democratic objective,” by “ready translation of the general desire of the public for certain ends, through the legislator’s efforts to embody those ends in legislation, into a set of statutory words that will carry out those general objectives.” Breyer, Active Liberty, supra note 16, at 101.
126 Merrill, supra note 3, at 995 n.112 (quoting Martin v. Occupational Safety Heath Review Comm’n, 499 U.S. 144, 153 (1991) (internal quotation marks omitted)).
127 Criddle, supra note 5, at 1302, 1303.
128 Seidenfeld, supra note 8, at 281.
129 See Barron & Kagan, supra note 8, at 235 (arguing that courts ought to examine who within an agency was responsible for the relevant interpretation).
130 See Criddle, supra note 5, at 1315–16.
131 Id. at 1316.
132 See Bressman, supra note 20, at 1479–80.
interpretive framework because it is a fiction. Professor Duffy illustrated:

But if this [fiction] is all that supports the Court’s *Chevron* doctrine, something is quite amiss. For how, we must ask, would an executive branch agency fare before the Supreme Court (especially Justice Scalia) if it were to admit that its statutory authorization for one of its programs—to be sure, a good program supported by many policy considerations—was to be found only in a “fictional, presumed intent” of Congress? If the Executive would not be allowed to support its work on such imagined statutory authority, the Court should be equally demanding in judging the legitimacy of its own creation. 134

In addition, the fiction ought to be abandoned because it is confusing, prone to misunderstanding and misapplication in practice. When *Mead* was decided, Justice Scalia warned that it was likely to confuse courts because of the “utter flabbiness of the Court’s criteria.” 135 Empirical studies have since confirmed this prediction. 136 Those studies reveal that lower courts are uncertain which of the Court’s factors matter most or how they relate to each other. 137 As a result, lower courts often strive to avoid any determination on the congressional delegation issue, compounding uncertainty as to which institution possesses interpretive authority. 138

My contention is that these arguments about the fiction of congressional delegation are themselves based on a fiction. Scholars have misread (1) how Congress behaves and (2) what the Court is actually doing. The next Part looks at Congress and the following Part at the Court.

II. A PICTURE OF LEGISLATIVE BEHAVIOR

In this Part, I look at legislative behavior. We have evidence that Congress attends to delegation of interpretive authority when it writes statutes. That evidence consists of interviews with legislative staffers and studies of particular statutes. Although this evidence is not comprehensive, it calls into question, and provides reason to doubt, the claim that Congress does not think about the delegation of interpretive authority at all, or in the way that the Court envisions. This evidence also undermines other claims: that Congress does not connect the express delegation of regulatory authority with an implicit delegation of interpretive authority; that Congress knows how to write express delegations when it wants to delegate any sort of authority; and that Congress intends for courts to exercise independent judgment on interpretive questions, consistent with the APA.

A. Attending to the Delegation of Interpretive Authority

Victoria Nourse and Jane Schacter conducted interviews with legislative staffers and confirmed, among other things, that Congress attends to the delegation of interpretive authority when it chooses statutory language. 139 Those staffers reported that members of Congress often used “deliberate ambiguity” to obtain consensus on legislation. 140 Members of Congress were aware that the decision to use ambiguous or vague words came with a risk that a court or an agency would choose an interpretation that diverged from their preferences. But for some, the decision did not pose a risk so much as “an opportunity to let an agency, as opposed to a court, resolve the issue, and sometimes they specifically

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134 Duffy, supra note 3, at 199; see also Criddle, supra note 5, at 1315–16 (arguing that the fiction impairs the clarity, political stability, transparency of the Court’s decisions); Sunstein, supra note 16, at 193 (arguing that the Court’s decisions “point in unfortunate directions because they increase uncertainty and judicial policymaking without promoting important countervailing values”).
136 See, e.g., Bressman, supra note 20, at 1457–69.
137 Id. at 1458–64.
138 Id. at 1464–69.
139 See Nourse & Schacter, supra note 10, at 596–97 (interviewing sixteen counsels working on the Senate Judiciary Committee or one of its subcommittees, who reported that legislative drafting involves “willful lack of clarity”).
140 Id. at 596.
desired this result as well.” Competing legislative coalitions were aware that they could seek to influence an agency to adopt their preferred position. By choosing words that “mean all things to all people,” members of Congress knew that they could secure the votes to enact a bill without sacrificing the opportunity to steer the law in their favored direction. 

Joseph Grundfest and Adam Pritchard demonstrated the same phenomenon by studying a particular statute, the Private Securities Litigation Reform Act of 1995 (“PSLRA”). Congress enacted the PSLRA to resolve a series of questions over the applicable pleading standard for securities fraud liability without destroying the consensus necessary to pass the larger reform statute. The pleading standard under existing securities law had generated a circuit split among the Courts of Appeals as to whether it required the plaintiff to show that the defendant in the securities fraud case had been “barely reckless” or “highly reckless.” Furthermore, the circuits had divided as to whether the plaintiff must “allege facts that give rise to a strong inference of fraudulent intent” or could merely state “that scienter existed.” The PSLRA “purported to resolve this conflict by adopting a uniform standard for pleading scienter, the ‘strong inference’ standard.” But it dodged the underlying issue—whether recklessness suffices, and if so, what sort—because this issue divided legislators as it had divided courts. By choosing language that left the issue unresolved in the statute, Congress allowed “both sides [to] hope that the Supreme Court would eventually rule in their favor.” Each coalition placed language in the legislative history that the Court could use to adopt a favorable interpretation. When President Clinton vetoed the bill, even he took steps to influence subsequent interpretation in the event that Congress nevertheless enacted the bill. In his veto message (the first of his administration), President Clinton stated that he opposed a heightened pleading standard and endorsed language in the conference committee report supporting his view.

Although this case study demonstrates that Congress thinks about the delegation of interpretive authority when it chooses statutory language, it does not involve a delegation to an agency. It therefore does not substantiate the claim that all statutory ambiguity reflects a delegation to the agency. But the point here is not to defend an across-the-board presumption of congressional delegation to an agency based on statutory ambiguity. It is to deflect the claim that Congress does not think about the delegation of interpretive authority when it writes statutes.

Margaret Lemos’s case studies of statutes show that Congress is aware of delegating interpretive authority when it chooses ambiguous language. Her work demonstrates that Congress regards courts (and the Court) as delegates of interpretive authority. This claim bucks conventional wisdom because scholars are uncomfortable thinking about courts as delegates. Whatever authority courts possess to fill gaps in statutes must be judicial rather than legislative or executive. Her unconventional work stands against the broader claim that Congress does not think about the delegation of interpretive authority at all. Congress does think about that issue and often views courts and agencies as substitutes based on their relative institutional attributes. For example, Congress might prefer to delegate to courts if it desires more

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141 Id. at 596–97.
142 Id.
143 See Grundfest & Pritchard, supra note 10, at 650–66.
144 Id. at 650.
145 Id. at 651 (internal quotation marks omitted).
146 Id. at 652 (internal quotation marks omitted).
147 Id.
148 Id. at 658.
149 Id.
150 Id. at 657–58.
151 See id. at 659.
152 Lemos, The Other Delegate, supra note 10; Lemos, The Consequences of Congress’s Choice of Delegate, supra note 10. [XE: general citation appropriate]
conservative (i.e., narrow) interpretations or more stable interpretations. Again, Professor Lemos’s work is not useful to defend an across-the-board presumption of congressional delegation to an agency in the face of statutory ambiguity. In fact, it complicates the argument, as does the analysis of the PSLRA. Some statutes involve both courts and agencies, and deciding which institution possesses interpretive authority depends on the statutory scheme that Congress designed.

B. Connecting Regulatory Authority and Interpretive Authority

Professor Lemos’s work is also relevant to the claim that Congress does not view interpretive authority as implicitly tied to general regulatory authority.\textsuperscript{154} Congress can sever interpretive authority from general regulatory authority and it sometimes does. But Professor Lemos’s work suggests why it rarely does and therefore why it is reasonable to view the greater grant of regulatory authority as conferring the lesser grant of interpretive authority.

Start from the backdrop of Title VII of the Civil Rights Act of 1964 or the Sherman Act, the subjects of Professor Lemos’s work. These statutes contain prohibitions on private conduct. Only Title VII directly involves an agency, but that agency does not possess general regulatory authority. Both grant implementation authority to courts, as well as interpretive authority. But neither contains a grant of rulemaking authority to courts, nor constitutionally could they. Courts possess authority to implement the statutes in the course of case-by-case adjudication. As part of that authority, they possess the subsidiary authority to interpret the statutes. Some may argue that this interpretive authority has always belonged to courts and therefore Congress does not need to delegate it. But that is silly. Courts have authority to interpret a law because the law gives parties a right to invoke judicial jurisdiction over that law. Interpretive authority comes from implementation authority. The same could be said of agencies. When Congress grants an agency general regulatory authority, which it must do to involve an agency in the implementation of the law, it conveys interpretive authority at the same time. Congress is not in the habit of viewing the two separately. Nor is it in the habit of viewing courts as default interpreters, requiring an express delegation to agencies. There is a simple way to put the point: Congress grants authority to make decisions, not to make policies plus or minus interpretations.\textsuperscript{155} That distinction is an academic one.

The connection between general regulatory authority and interpretive authority also refutes the \textit{expressio unius} claim. Congress does know how to write explicit delegations, and it must to do so for an agency to possess general regulatory authority. But Congress might assume that the agencies will also possess interpretive authority over any ambiguity that it unintentionally or deliberately creates. The point again is that Congress may not think about the delegation of interpretive authority as academics do, focusing on the need for clear rules to vindicate judicial decisions that basically get it right. Rather, it may think about the issue as legislators do, focusing on whether to write clear language or leave room for an agency or court (which?) to fill the gaps.

Although Professor Lemos’s work is only a starting point, the evidence on the other side is weak. The best example of the Court refusing to read a general delegation of regulatory authority to contain a delegation of interpretive authority is the Internal Revenue Code, as Professors Merrill and Hickman noted when explaining the background understanding before \textit{Chevron}.\textsuperscript{156} But, until recently, the Court

\textsuperscript{154}A delegation of general regulatory authority is an express statutory provision granting an agency the power “make ‘such rules and regulations as are necessary to carry out the provisions of this chapter’ or words to that effect.” Thomas W. Merrill & Kathryn Tongue Watts, \textit{Agency Rules With the Force of Law: The Original Convention}, 116 Harv. L. Rev. 467, 469 (2002). See also id. (identifying a lost legislative drafting convention for signally when authority to issue “rules and regulations” encompassed the power to issue rules with the force of law); Duffy, supra note 3, at 199–203 (arguing that an express delegation of authority to issue legislative rules carries with it an implicit delegation of authority to issue statutory interpretations).

\textsuperscript{155}Cf. Henry P. Monaghan, \textit{Marbury} and the Administrative State, 83 Colum. L. Rev. 1, 26 (1983) (observing that “‘interpretation’ of law is simply one way of recognizing a delegation of law-making authority to an agency”).

\textsuperscript{156}Merrill & Hickman, supra note 98, at 871 & n.212 (citing tax cases for the proposition that, if anything, there was a background understanding before \textit{Chevron} that the delegation of general rulemaking or adjudicative authority did not confer a grant of interpretive authority).
held that the Internal Revenue Code is subject to a different interpretive framework than ordinary regulatory statutes.157 Perhaps that was not clear until William Eskridge and Lauren Baer demonstrated that the Court actually applies seven or eight different deference doctrines.158 In any event, the Court did not apply Chevron to IRS regulations implementing the Internal Revenue Code. It was never a good example from which to generalize. Other statutes contain greater possibility of delegation. Notably, the Court has now changed its view of the Internal Revenue Code in line with the suggestion here. In Mayo Foundation for Medical Education and Research v. United States, the Court read the explicit delegation of authority to “prescribe all needful rules and regulations for the enforcement” of the Internal Revenue Code to the Treasury Department to convey a delegation of interpretative authority.159

C. Maintaining a Judicial Check

The evidence that Congress attends to the delegation of interpretive authority and thinks about courts and agencies as substitutes for exercising that authority undermines the claim that Congress “intends that courts exercise independent judgment when it confers authority on agencies subject to APA-style judicial review.”160 If Congress (1) thinks about the delegation of interpretive authority, particularly when necessary to obtain legislative consensus, and (2) is not in the habit of distinguishing the delegation of policymaking and interpretive authority, why would it want to subject interpretations to a more stringent standard of review than policies (which are subject to the arbitrary and capricious standard of review)?161 Critics might answer, “because the APA says so.” But that argument is weak.

First, the language of the APA does not preclude judicial deference. Professor Duffy has already demonstrated why the “questions of law” language does not preclude judicial deference.162 In addition to his argument, there is the more general argument that the language of the judicial review provision has in other places not been taken to mean what it says. Around the time that Chevron was decided, the Court interpreted the “arbitrary and capricious” language in the judicial review provision to mean considerably more than it says. To survive muster under the arbitrary and capricious test, an agency must provide an extensive explanation demonstrating that it has complied with a list of factors.163 This reading is known as the reasoned decision-making requirement or the hard look doctrine.164 Whatever the merits of this reading, it demonstrates that the Court has not felt constrained by the literal language of the judicial review or even by the compromises that the legislative history reveals.165 It has interpreted the provision to accommodate felt needs.

158 Id.
159 113 S. Ct. 704, 713–14 (2011) (finding that Congress delegated authority to issue interpretations of the Internal Revenue Code with the force of law to the Treasury Department and that such authority makes those interpretation eligible for Chevron deference) (internal quotation marks omitted).
160 Merrill & Hickman, supra note 98, at 871 n.211.
161 See 5 U.S.C. § 706 (2006) (directing reviewing courts to “(2) hold unlawful and set aside agency action, findings, and conclusions found to be – (A) arbitrary, capricious, an abuse of discretion, or otherwise not in accordance with law”).
162 Duffy, supra note 3, at 197–98.
164 See Motor Vehicle Mfrs. Ass’n v. State Farm Mut. Auto. Ins. Co., 463 U.S. 29, 43 (1983) (requiring an agency to demonstrate that is has not “relied on factors which Congress has not intended it to consider, entirely failed to consider an important aspect of the problem, offered an explanation for its decision that runs counter to the evidence before the agency, or is so implausible that it could not be ascribed to a difference in view or the product of agency expertise”); see also Bressman, supra note 19, at 1776–1804 (describing the extensive role of the Court in elaborating the sparse language of the APA).
165 See George B. Shepherd, Fierce Compromise: The Administrative Procedure Act Emerges from New Deal Politics, 90 Nw. U. L. Rev. 1557, 1561 (1996) (arguing that the APA was a response to conservatives’ fear of New Deal agencies). By contrast, the Court has felt constrained by the structure of the APA. See Vt. Yankee Nuclear Power Corp. v. Natural Res. Def. Council, Inc., 435 U.S. 519, 548–49 (1978) (forbidding courts from requiring more procedures in notice-and-comment rulemaking than the APA requires and observing that the APA create a bipolar model of informal rulemaking and formal rulemaking, with no hybrid in between).
Second, the view that Congress intends to delegate interpretive authority to agencies does not preclude the possibility that Congress also intends for courts to supply a check on that authority. The relevant question is how stringent a check—de novo review or reasonableness review? Critics have justified the preference for de novo review by arguing that Congress does not trust agencies. This may be true, but it creates a puzzle. When interpretations are often so much like other policy decisions, involving competing interests and complex issues, why would Congress intend to treat them so differently? In other words, if Congress trusts agencies to make policy decisions, subject to arbitrary and capricious review, why would it not trust agencies to issue interpretations, subject to reasonableness review? It is plausible to believe that Congress might seek greater judicial intervention for certain sorts of questions, such as those in which Congress has an ongoing interest and agencies or administrations have too great an incentive to proceed unilaterally (recall Brown & Williamson or Gonzales). But it is implausible to believe that Congress makes a general distinction.

To summarize this Part, we have direct evidence from interviews of legislative staffers and case studies of particular statutes that Congress attends to the delegation of interpretive authority. This evidence undermines the claim that Congress does not think about the delegation of interpretive authority at all. It also helps to explain why Congress might generally view the greater delegation of general regulatory authority to include a lesser delegation of interpretive authority, and why the inclusion of a delegation of regulatory authority does not preclude the inference of a delegation of interpretive authority. This evidence also undermines the APA claim, although that claim has been weak from the start. Furthermore, viewing Congress as intending to delegate interpretive authority to agencies in the face of statutory ambiguity does not rule out the view that Congress intends a judicial check when it subjects agencies to judicial review under the APA. It means that Congress may generally intend reasonableness review rather than de novo review.

III. AN EVALUATION OF JUDICIAL PRACTICE

While I focused in the last Part on Congress, I concentrate in this Part on the Court. We have evidence that the presumption that the Court applies and the factors that the Court considers are related to congressional delegation. Political scientists have demonstrated how Congress decides to delegate, and their sense is consistent with the Court’s sense. Though this evidence is indirect, it calls into question, and provides reason to doubt, the claim that the Court is only considering normative values or following ideological preferences when applying its analysis. It may also be considering the strategic political interests of Congress.

A. The Nature of the Question and the Expertise of the Agency

Two of the factors that recur in the Court’s particularized inquiry are the nature of the question (big or interstitial) and the expertise of the agency. Critics do not view these factors as necessarily bearing a relation to congressional delegation, regardless of whether they are valid considerations. But political scientists, such as David Epstein and Sharyn O’Halloran, have asserted that Congress is likely to delegate authority to agencies to avoid complex issues and capitalize on agency expertise. Congress

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166 Gonzales v. Oregon, 546 U.S. 243 (2006); FDA v. Brown & Williamson Tobacco Corp., 529 U.S. 120 (2000). I have argued elsewhere that Congress is just as likely to delegate interpretive authority to an agency over significant questions. See Bressman, supra note 21, at 608–09, 613–18; see also Lisa Schultz Bressman, Deference and Democracy, 75 Geo. Wash. L. Rev. 761, 786–90 (2007) (discussing ways in which the too-big-to-delegate doctrine might relate to legislative intent).

167 See, e.g., Barron & Kagan, supra note 8, at 212 (arguing that the Court in Chevron is best understood as promoting political accountability); Criddle, supra note 5, at 1302 (arguing that the Court is now using its delegation fiction “to reach outcomes consistent with Chevron’s consensus-based approach.”); Miles & Sunstein, supra note 133, at 825–26 (demonstrating empirically that Chevron does not constrain judges from following their ideological preferences); Note, Justifying the Chevron Doctrine: Insights from the Rule of Lenity, 123 Harv. L. Rev. 2043, 2048 (2010) (arguing that the most satisfying justification in Chevron is political accountability).
could write “detailed, exacting laws,” and deliver to powerful constituents every policy that they desire.\textsuperscript{168} The difficulty is that specificity requires legislative time, expertise, and consensus.\textsuperscript{169} When any of these necessary ingredients are in short supply or when legislators can simply use their time more effectively elsewhere, Congress is likely to delegate authority to an agency. Thus, “the more complex . . . a policy area,” the more likely is Congress to delegate authority to an agency to conserve legislative time and capitalize on agency expertise.\textsuperscript{170} The Court’s factors fall in line with these ideas. In \textit{Barnhart}, the Court mentioned the “interstitial nature” of the question and the “related expertise of the Agency.”\textsuperscript{171} It also pointed to “the importance of the question to administration of the statute” and “the complexity of that administration.”\textsuperscript{172} In \textit{Zuni}, it emphasized the “technical nature” of the question.\textsuperscript{173} In \textit{Brown \& Williamson}, the question was of the opposite nature.\textsuperscript{174} The Court noted that tobacco regulation had been subject to ongoing consideration by Congress.\textsuperscript{175} Physician-assisted suicide, at issue in \textit{Gonzales}, was subject to ongoing debate by the people themselves.\textsuperscript{176}

Scholars (and Justices) have viewed these factors as “agency policy concerns,”\textsuperscript{177} but the factors are more related to congressional delegation than they appear. They are the sorts of concerns that political scientists have identified as relevant to how Congress decides to delegate. When these factors are present, political scientists have asserted that Congress is more likely to delegate.

\textbf{B. The Interpretive Method Used}

The most prominent factor in the Court’s inquiry is the interpretive method used. This factor was at the core of \textit{Mead}. There the Court examined the interpretive method to determine whether it reflected “fairness and deliberation,” and whether it connoted “the legislative type of activity that would naturally bind more than the parties to the ruling.”\textsuperscript{178} The Court also referred to notice-and-comment rulemaking and formal adjudication as the paradigmatic procedures to which \textit{Chevron} applies.\textsuperscript{179}

Although critics have argued that procedural formality is unrelated to congressional delegation, political scientists have asserted that administrative procedures can help Congress monitor how agencies implement statutes. They started with the observation that delegation creates a need for legislative monitoring because agencies may implement statutes in ways that depart from legislative preferences.\textsuperscript{180} But direct monitoring—that is, watching agencies—is time consuming. According to political scientists such as Mathew McCubbins, Roger Noll, Thomas Schwartz, and Barry Weingast, a more efficient form of monitoring is for Congress to rely on constituents to watch agencies and call for legislative intervention.

\begin{thebibliography}{99}
\bibitem{footnote168} Epstein \& O’Halloran, supra note 11, at 962; Terry M. Moe, Political Institutions: The Neglected Side of the Story, 6 J.L. Econ. \& Org. 213, 228 (1990) (“The most direct way [to achieve control] is for today’s authorities to specify, in excruciating detail, precisely what the agency is to do and how to do it, leaving as little as possible to the discretionary judgment of bureaucrats . . . .”).
\bibitem{footnote170} Epstein \& O’Halloran, supra note 11, at 967.
\bibitem{footnote172} Id.
\bibitem{footnote175} Id.
\bibitem{footnote177} See, e.g., \textit{Zuni}, 550 U.S. at 107 (Kennedy, J., concurring).
\bibitem{footnote179} Id. at 230.
\bibitem{footnote180} See Epstein \& O’Halloran, supra note 11, at 963 (observing that agencies are influenced “by the President, by interest groups, by the courts, and by the bureaucrats themselves”); Terry M. Moe, The Politics of Bureaucratic Structure, in Can the Government Govern? 267, 271 (John E. Chubb \& Paul E. Peterson eds., 1989) (“Experts have their own interests—in career, in autonomy—that may conflict with those of legislators.”).
\end{thebibliography}
when agencies depart from their preferences. Administrative procedures, especially notice-and-comment rulemaking, facilitate such efficient “fire-alarm” monitoring. Notice-and-comment rulemaking procedures place constituents in the administrative process, where they may monitor agencies for Congress.

The Court’s concern for procedures, though framed in lawyerly terms, tracks what political scientists have been saying about procedures. They can be useful to Congress and are therefore part of the delegation calculus. When procedures are absent, Congress is less able to rely on this efficient form of monitoring. Furthermore, under circumstances such as those in *Mead* or *Gonzales*, it may have no ability to monitor at all because it lacks awareness of the interpretation until that interpretation reaches a court. One of the benefits of notice-and-comment rulemaking procedures is that they bring information about agency actions to light before those actions are final, allowing Congress to intervene more efficiently and effectively. After an action is final, neither the agency nor Congress has the ability to change it without formal action, either a new rule or statute. Before an action is final, an agency can better respond to informal congressional pressure. Formal adjudication does not have this feature, even though the Court in *Mead* listed it as a good indication of congressional delegation. But formal adjudication at least serves the transparency function that is essential for legislative monitoring.

What about the “‘longstanding’ duration” of the interpretation and “the careful consideration the Agency has given the question over a long period of time,” other factors that the Court considered in *Barnhart*? These factors are also broadly consistent with the political science account of congressional delegation because they reduce monitoring costs. If Congress is aware of an agency interpretation when drafting legislation and can rely on the consistency of that interpretation over time, it has less need to monitor the interpretation over time. The Court might count such consistency as an indication that Congress could delegate with confidence. On the other hand, if Congress has been misled by an agency about an interpretation at the time of drafting, then no amount of monitoring is dependable. Thus, the Court might count such bad faith as a counter-indication of delegation.

By putting together the three considerations—the nature of the question, the expertise of the agency, and the interpretive method used—we can also see why a presumption of delegation is consistent with legislative interests. The Court might believe, as political scientists have asserted, that Congress is likely to delegate complex questions to capitalize on agency expertise. The Court might also believe, as political scientists have asserted, that when an issue is contentious, Congress is likely to delegate to obtain legislative consensus. Furthermore, the Court might believe, as political scientists have asserted, that the regulatory state is characterized by these sorts of questions. They are the norm rather than the exception. Justice Stevens floated these ideas in *Chevron*, but they are more grounded than they seem. They fall in line with what political scientists have been saying about Congress’ delegation calculus.

To summarize this Part, the political science account of congressional delegation provides indirect support for the Court’s framework. This is not to deny that the Court’s factors serve normative values, such as promoting rational deliberation and procedural fairness. Nor is it to deny that the Court’s presumption serves normative values, such as political accountability, or reduces institutional costs, such

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182 Bressman, supra note 19, at 1767–71.
183 See McCubbins et al., Administrative Procedures, supra note 11, at 246; McCubbins et al., Structure and Process, supra note 11, at 442; see also Rui J.P. de Figueiredo, Jr., Pablo T. Spiller & Santiago Urbiztondo, An Informational Perspective on Administrative Procedures, 15 J.L. Econ. & Org. 283, 300–01 (1999) (modeling the function of administrative procedures).
185 Cf. Morton v. Ruiz, 415 U.S. 199, 213–28 (1974) (rejecting interpretation because Congress was aware when drafting legislation that agency did not consistently adhere to its interpretation and had misled members of the relevant committee about that interpretation).
as judicial uncertainty and analytical complexity. Rather, it is to say that the Court’s framework is also consistent with legislative interests. By making this claim, I do not imagine the Justices reading the work of political scientists. I instead credit the Court for recognizing that Congress is a distinct entity, motivated by political concerns rather than purely normative ones. The Court considers those political concerns precisely because it is trying to capture Congress’s statutory design choices. It may be that critics have not accurately perceived what the Court is doing because they themselves have been too fixated on normative concerns.

IV. AN ORDINARY FICTION

In the previous Parts, I demonstrated that the fiction of congressional delegation is not as false or fraudulent as scholars believe. In this Part, I explore the “true” character of the fiction. I argue that the fiction is no different in kind than the one that the Court often applies in determining the meaning of statutes. Conceived this way, it is not so easily dismissed and ought to be reconsidered.

The fiction arises not because the Court does not actually inquire into whether Congress intended to delegate interpretive authority to an agency, as scholars believe. Rather, it arises because the Court does not inquire into whether Congress actually intended to delegate interpretive authority to an agency. The phrasing is very similar, but the effect is quite different. To determine whether Congress intended to delegate, the Court infers legislative intent from the available sources, including statutory text, statutory context, and legislative history. Thus, it employs a fictionalized notion of legislative intent.

This fiction is not surprising or exceptional. Early in the twentieth century, legal realism cast doubt on whether Congress, as a multi-member body, can possess a single, collective intention and whether courts possess the tools to ascertain that intention. The Legal Process School stepped in to offer courts a way to impute legislative intent, directing them to interpret statutes by assuming that “reasonable legislators pursue reasonable purposes reasonably.” Justice Breyer is the leading voice for this approach on the sitting Court, but he is not alone in imputing legislative intent. The Court often imputes legislative intent when determining the meaning of statutory language, relying on statutory text, statutory context, and legislative history. Functionally, the Court is attributing collective intent to determine the delegation of interpretative authority in much the same way under Mead/Barnhart and Brown & Williamson/Gonzales.

187 See Radin, supra note 14, at 870–71 (critiquing notion of collective intent); see generally Kenneth J. Arrow, Social Choice and Individual Values (2d ed., 1963) (demonstrating the impossibility of collective intent); Moglen & Pierce, supra note 1, at 1211 (describing “the largely implicit fictional assumptions that judges make about the group behavior of legislators that are and have been the foundation of judicial interpretation of legislative documents”).

188 See Hart & Sacks, supra note 15, at 1378.


190 See, e.g., Begay v. United States, 553 U.S. 137, 147 (2008) (Breyer, J., joined by Roberts, C.J., Stevens, Kennedy, and Ginsburg, JJ.) (after examining statutory text, basic purpose, and whole code, finding “no reason to believe that Congress intended to bring within the statute's scope these kinds of crimes, far removed as they are from the deliberate kind of behavior associated with violent criminal use of firearms”); Burlington Northern & Santa Fe Ry. Co. v. White, 548 U.S. 53, 63 (2006) (Breyer, J., joined by Roberts, C.J., Stevens, Scalia, Kennedy, Souter, Ginsburg, and Thomas, JJ.) (after examining statutory text and generally-acknowledged purpose, finding “strong reason to believe that Congress intended the differences that its language suggests, for the two provisions differ not only in language but in purpose as well”); Sosa v. Alvarez-Machain, 542 U.S. 692, 757 (2004) (Ginsburg, J., concurring) (“In 1948, when the FTCA was enacted, it is also true, Congress reasonably might have anticipated that the then prevailing choice-of-law methodology, reflected in the Restatement (First) of Conflicts, would lead mechanically to the law of the place of injury.”); Miller v. Albright, 523 U.S. 420, 440 (1998) (Stevens, J.) (“If, as Congress reasonably may have assumed, the formal requirements in § 1409(a)(4) tend to make it just as likely that fathers will have the opportunity to develop a meaningful relationship with their children as does the fact that the mother knows of her baby’s existence and often has custody at birth, the statute's effect will reduce, rather than aggravate, the disparity between the two classes of children.”).
The Court also frequently applies various presumptions of legislative intent, some of which are less well grounded in legislative behavior than Chevron’s presumption.191 Chevron’s presumption reflects a reasonable probability about how Congress behaves. Some presumptions or canons of construction do not reflect such a reasonably probability. For example, is it a reasonable probability that Congress does not intend raise serious constitutional questions, or is the Court is hesitant to make more constitutional law than necessary?192 In any event, the constitutional avoidance canon is a normalized tool for picking between two possible interpretations. Chevron’s presumption is essentially the same for picking between two possible interpreters.

Even if the fiction of congressional delegation is an ordinary one, there is room to argue about its implementation. For example, Justice Scalia is no more a fan of a standard-based approach or judicial reliance on legislative history here than in other contexts.193 But his objection raises separate issues—the rules/standards debate and the legislative history debate.194 Critics of the fiction of congressional delegation generally have not been repriming these debates.

Nor have critics been engaging the benefits of the fiction. In other writing, I have said that the fiction of congressional delegation ensures judicial consideration of Congress’ role in lawmaking, consistent with separation of powers.195 Without a concern for congressional interests, regulatory policy is a one-branch enterprise. Even if Presidents are accountable and agencies are experts, unitary lawmaking is not the government that the Framers envisioned. In addition to the normative point, using the fiction to clarify the contours of the doctrine has a practical benefit for lower courts charged with applying that doctrine.196 I have also shown that extending the fiction may address a problem implicit in the Court’s framework, namely, that it invites courts to rely too heavily on the traditional tools of statutory construction and ignore other signs that Congress intended to delegate interpretive authority to the agency.197 Zuni illustrates the problem. The dissenters favored a literalistic meaning that precluded consideration of other signs of congressional delegation.198 But the problem was not limited to textualism. Justice Stevens applied purposivism with the same result.199 Justice Breyer inverted the steps of Chevron to avoid the trap of the traditional tools.200 This use of the fiction, I contended, would finally tailor statutory interpretation to fit the regulatory state.201

I do not intend to reargue these points here. My concern is more basic. Critics have not fully appreciated these points or others because they have felt free to disregard the fiction of congressional delegation. As a result, the debate over how to allocate interpretive authority between courts and agencies

191 See, e.g., Neder v. United States, 527 U.S. 1, 21–22 (1999) (Rehnquist, C.J.) (“It is a well-established rule of construction that ‘[w]here Congress uses terms that have accumulated settled meaning under . . . the common law, a court must infer, unless the statute otherwise dictates, that Congress means to incorporate the established meaning of these terms.’” Nationwide Mut. Ins. Co. v. Darden, 503 U.S. 318, 322 (1992) (quoting Community for Creative Non-Violence v. Reid, 490 U.S. 730, 739 (1989)).”); see also Clark v. Martinez, 543 U.S. 371, 381 (2005) (Scalia, J., joined by Stevens, O’Connor, Kennedy, Souter, Ginsburg, and Breyer, JJ.) (The canon of constitutional avoidance “is a tool for choosing between competing plausible interpretations of a statutory text, resting on the reasonable presumption that Congress did not intend the alternative which raises serious constitutional doubts.”).

192 See Smith, supra note 1, at 1463–64 (noting that the unconstitutionality canon is not premised on a fact about how Congress acts but is propounding a normative view that Congress does not intend to enact unconstitutional statutes).

193 See Scalia, supra note 17, at 29–37 (discussing and rejecting judicial reliance on legislative history).


195 See Bressman, supra note 19, at 1790–91.

196 See Bressman, supra note 20, at 1448.

197 See Bressman, supra note 21, at 575–76.


199 Id. at 106 (Stevens, J., concurring).

200 See id. at 107 (Kennedy, J., concurring) (describing Justice Breyer’s opinion “invert[ing] Chevron’s logical progression.”).

201 See Bressman, supra note 21, at 575–88.
has gotten too far away from how Congress designs statutes. My argument would reset the debate. In the end, critics could still argue that other considerations are more important to the analysis than legislative interests. But they would have to defeat legislative interests rather simply than dismissing them.

**CONCLUSION**

Legal fictions are judicial constructs that help courts decide cases, but some are better than others. According to critics, the fiction that the Court employs to review agency statutory interpretations is the worst sort, both false and fraudulent. Congress is unlikely to delegate interpretive authority at all, or in the way that the Court imagines. Furthermore, the Court does not actually care about whether Congress intends to delegate interpretive authority in any particular instance and instead applies a presumption triggered by statutory ambiguity and a particularized analysis involving factors that bear no relation to congressional delegation.

I have argued that critics have been proceeding on a misimpression of the Court’s fiction, both in terms of legislative behavior and judicial practice. First, there is direct evidence that Congress attends to the delegation of interpretive authority when it writes statutory language. It may regard the delegation of general regulatory authority as sufficient to convey a delegation of interpretive authority. Second, there is indirect evidence that the Court’s framework captures whether Congress intended to delegate interpretive authority. The Court applies a presumption of legislative intent and draws an inference of legislative intent that corresponds to the political science account of how Congress decides to delegate. By applying a presumption and drawing an inference, the Court is employing a fiction. It does not care about whether Congress actually intended to delegate interpretive authority in any particular instance. But the fiction that the Court employs is no different in kind from the one that it often employs when interpreting statutes. The fiction is an ordinary fiction.

By proceeding under a misimpression about the fiction of congressional delegation, critics have had license to disregard it in evaluating how to allocate interpretive authority between courts and agencies. This Essay seeks to bring that issue back to how Congress designs statutes. Critics could still argue that other considerations are more important to statutory interpretation, but the burden of persuasion is higher than they have thought.