

**September 20-24, 2021  
Menu**

**Monday**

English Muffin, Grape Jelly, Milk

Sesame Noodles and Vegetables, Steamed Peas,  
Pineapple, Milk

Cheddar Cheese Cubes, Crackers, Water

**Tuesday**

Cheerios, Milk

Blended Beef Slider, Baked Tater Tots, Buttered Corn,  
Strawberries, Milk

Hummus Sliced Cucumber, Water

**Wednesday**

Nutra Grain Bar, Pear, Milk

Chicken and Black Bean Quesadilla, Corn on Cob,  
Cantaloupe, Milk

Rice Cakes, Strawberries, Water

**Thursday**

Croissants, Honey, Milk

Chicken Salad on Roll, Sliced Cucumbers, Honeydew, Milk

Cottage Cheese, Baby Carrots, Milk

**Friday**

Blueberry Muffin, Milk

Hummus Bowl w/ Diced Chicken, Cucumbers, Cherry Tomato,  
Pita Chips, Watermelon, Milk

Cheddar Cheese Cubes, Crackers, Water

\* Morning and Afternoon snacks are served according to the individual classroom schedules.  
Lunch is served at approximately 11:30.