

September 13-17, 2021
Menu

Monday

Bagel, Cream Cheese, Milk

Vegetarian Eggrolls, Fried Rice, Steamed Broccoli,
Pineapple, Milk

Rice Cakes, Strawberries, Water

Tuesday

Greek Yogurt, Pear, Milk

Hot Ham and Cheddar Slider, Roasted Sweet Potatoes, Steamed
Green Beans, Strawberries, Milk

Fruit Smoothie w/Granola, Water

Wednesday

Chex Cereal, Milk

Garden Vegetable Soup, Baguette, Roasted Red Potatoes,
Cantaloupe, Milk

Hummus, Sliced Cucumber, Water

Thursday

Nutra Grain Bar, Banana, Milk

Turkey Pita w/ Lettuce, Cheese, Light Ranch, Broccoli Salad,
Honeydew, Milk

Cheddar Cheese Cubes, Crackers, Water

Friday

English Muffin, Grape Jelly, Milk

Quinoa Bowl w/Chicken, Pinto Beans and Shredded Cheese,
Steamed Corn, Watermelon, milk

Cottage Cheese, Baby Carrots, Water

* Morning and Afternoon snacks are served according to the individual classroom schedules.
Lunch is served at approximately 11:30.