**October 31 – November 4, 2022**

**Menu**

**Monday**
- Blueberry Muffin, Milk
- Chicken Jambalaya, Shredded Brussels Sprouts with Craisins, Pineapple, Roll, Milk
- Apples, Chex Mix, Water

**Tuesday**
- English Muffin, Grape Jelly, Milk
- Cheese Ravioli w/ Alfredo Sauce, Roasted Broccoli, Strawberries, Garlic Bread, Milk
- Peaches, Crackers, Water

**Wednesday**
- Nutragrain Bar, Banana, Milk
- Chicken Salad on Roll, Sliced Cucumbers, Cantaloupe, Milk
- Apples, Chex Mix, Water

**Thursday**
- Bagels, Cream Cheese, Milk
- Chicken and Quinoa Bowl w/Sweet Potato and Black Beans, Shredded Carrots, Mandarin Oranges, Milk
- Mango, Crackers, Water

**Friday**
- Chex Cereal, Milk
- Steak Fajitas, Corn Tortillas, Mild Taco Sauce, Shredded Lettuce, Shredded Cheese, Fiesta Rice, Steamed Corn, Watermelon, Milk
- Rice Cakes, Strawberries, Water

* Morning and Afternoon snacks are served according to the individual classroom schedules.
  Lunch is served at approximately 11:30.