JAPAN BY SEA
LAND OF THE RISING SUN
Featuring MIKAEL ADOLPHSON and JOHN MEFFERT

APRIL 14-28, 2020
Aboard the 57-cabin Caledonian Sky

Limited Time Offer!
SAVE $1,000 per person
Dear Vanderbilt Alumni & Friends,

Cruise through the Inland Sea and the Sea of Japan on a delightful springtime exploration of Japan, beginning with a deluxe hotel stay in Kyoto. This small nation of nearly 7,000 islands is wonderfully suited for exploration by ship, and our chartered vessel, the 114-passenger Caledonian Sky, is the smallest deluxe ship available in the waters surrounding Japan, conveying us without the crowds of larger ships to a fascinating variety of tranquil historic centers, artistic centers, and charming small islands, including the remote Oki Islands.

Experience dramatic coastlines, sacred temples, celebrated gardens, and the cutting-edge art and architecture of the Miho Museum and Naoshima’s Benesse Art Site. Meet and interact with a Zen Buddhist monk and the owner of a traditional geisha house, and participate in a hands-on *taiko* drum workshop with the world-famous Kodo drummers at their home base on remote Sado Island. Take part in a traditional tea ceremony, visit a pearl farm in Uwajima, and marvel at the stunning iconic beauty of Miyajima’s *torii* gate.

In the company of expert guides and other like-minded travelers, explore the culture, art, architecture, and history of Japan during an enriching educational program both on board the ship and during shore excursions. Optional extensions are also available, including a pre-cruise extension to explore Shikoku Island’s remote Iya Valley, and a post-cruise extension to travel by bullet train from Niigata to Tokyo and discover the highlights of Japan’s capital city.

Japan is a perennially favorite destination for travelers, and this trip will surely fill quickly, so I encourage you to reserve your space today!

*Cary*

Cary DeWitt Allyn
Director, Vanderbilt Travel Program

The Vanderbilt Travel Program strives to engage Vanderbilt alumni, parents and friends of all ages, keeping them connected with each other and the mission of Vanderbilt. Each carefully designed trip offers unparalleled educational opportunities, for an exclusive “beyond the classroom” experience.
Archaeological Institute of America lecturer and host MIKAEL ADOLPHSON is Keidanren Professor and Chair of Japanese Studies at the University of Cambridge. A premodernist, he was inspired by the similarities between medieval Europe and Japan to focus his studies on pre-1600 Japan. Professor Adolphson's current interests and projects center on cultural icons, historical narratives, and agency in societal changes. In addition to several essays in edited volumes and journals, Professor Adolphson has published The Gates of Power: Monks, Courtiers and Warriors in Premodern Japan (2000) and The Teeth and Claws of the Buddha: Monastic Warriors and Sohei in Japanese History (2007). He lectured for the AIA on the Japan by Sea program in 2017 and 2018.

JOHN MEFFERT, Consultant on Heritage Conservation Services, has a long tradition with the National Trust for Historic Preservation. He has served as the Director for their Southern Office from 1982 to 1988 and was the director of the Preservation Society of Charleston, the oldest nonprofit organization in the United States, responsible for preserving the historic resources of Charleston, S.C. John has delighted many study tour groups with his lectures and insights on preservation, and receives rave reviews as study leader.
MIHO
MUSEUM
BULGUksa
TEMPLE

While geishas, pottery, and exquisite gardens are traditionally associated with Japanese culture, cutting-edge architecture and technology are a testament to the forward-looking spirit of the Japanese people.

TUESDAY & WEDNESDAY,
APRIL 14 & 15
U.S. / Kyoto, Japan
Depart the U.S. on an overnight flight to Osaka, arriving on April 15. Transfer to Kyoto and check in to the Kyoto Hotel Okura. An optional afternoon tour is available at additional cost of $70 per person, with visits to Sanjusangendo temple, featuring 1,001 gilded wooden statues of Kannon, the goddess of mercy, and Fushimi Inari, a Shinto shrine with tunnel-like paths formed by a seemingly unending line of vibrant orange torii gates. An early evening walk is also offered through the historic Pontocho and Gion districts. KYOTO HOTEL OKURA

THURSDAY, APRIL 16
Kyoto
Explore the lovely gardens and learn about Zen Buddhism at Tenryu temple, then stroll through the adjacent Sagano Bamboo Grove, with its atmospherically dense stands of tall green bamboo offering wonderful photographic opportunities. This evening, enjoy a private presentation by a former geisha and maiko (apprentice geisha) and a festive welcome reception and dinner. KYOTO HOTEL OKURA (B,L,R,D)

FRIDAY, APRIL 17
Kyoto / Shiga
Venture this morning to the Miho Museum, built into a mountain slope in Shiga prefecture and considered one of the master achievements of architect I.M. Pei, with innovative skylights and windows creating a shifting pattern of light and shadow. Return to Kyoto for an afternoon visit to the UNESCO World Heritage-designated Kinkaku-ji (Temple of the Golden Pavilion), whose shimmering central pavilion is covered in bright gold leaf. The evening is at leisure, with organized dinner options available at additional cost. KYOTO HOTEL OKURA (B,L)

SATURDAY, APRIL 18
Kyoto / Nara / Kobe (Embark)
Historic and beautiful Nara was the capital of Japan for only 74 years (710-784), but during that time Buddhism became firmly established within Japan and some of the country’s most magnificent temples and works of art were created. Visit UNESCO World Heritage-designated Todai-ji, famous for its Daibutsu—a monolithic seated bronze statue of the Great Buddha. Also explore the priceless collection of Buddhist sculptures at the Nara National Museum before continuing to Kobe to embark the Caledonian Sky. CALEDONIAN SKY (B,L,D)

SUNDAY, APRIL 19
Naoshima
Disembark in Uno Ko and take a ferry to Naoshima, an island that has become a mecca for bringing contemporary art and architecture in harmony with the pristine nature of the Seto Inland Sea, a landscape with a rich cultural and historical fabric. Explore the world-class Chichu Art Museum and Benesse House Museum, both designed by Tadao Ando. CALEDONIAN SKY (B,L,D)

MONDAY, APRIL 20
Miyajima
Anchor offshore of Miyajima Island this morning and board Zodiads to access the island. Visit the 6th-century Itsukushima Shinto Shrine, with its iconic vermilion torii, a grand wooden-gateway—that appears to float on the sea at high tide. Enjoy ample free time for hikes, visits to tiny temples, and strolling the picturesque streets of the town. CALEDONIAN SKY (B,L,D)
in South Korea, with intricate
years. Visit Bulguksa, one of the
ancient capital of the Silla
World Heritage city of Gyeongju,
From the South Korean port of
Ulsan, drive inland to the UNESCO
Tuesdays, April 21
Uwajima / Rural Shikoku
Call at Uwajima on Shikoku Island for a chance to experience some of Japan’s rural countryside, with fishing hamlets and farm villages nestled along rugged coastlines. Visit Uchiko, a beautifully preserved merchant town that evokes Japan’s traditional past, and step inside the Uchiko-za, a full-scale kabuki theater with unique rigging and under-stage technology. After a local lunch, visit a pearl farm to learn about the methods of culturing, harvesting, and distributing natural Uwajima pearls, among the highest graded in the world.
CALEDONIAN SKY (B,L,D)

Wednesdays, April 22
Hagi
Explore Japan’s medieval heritage at Hagi, which boasts one of the best-preserved samurai and merchant quarters in Japan as well as a ceramics tradition nearly 400 years old. Stop at the kiln of a master artisan to learn how the highly acclaimed Hagi-yaki pottery is made. Walk the grounds of Toko-ji temple, where hundreds of moss-covered stone lanterns guard the graves of five Mori lords. Cruise overnight across the Korea Strait.
CALEDONIAN SKY (B,L,D)

Thursdays, April 23
Ulsan, South Korea
From the South Korean port of Ulsan, drive inland to the UNESCO World Heritage city of Gyeongju, ancient capital of the Silla kingdom, which ruled for 1,000 years. Visit Bulguksa, one of the most beautiful Buddhist temples in South Korea, with intricate paintings inside and out and two original 6th-century pagodas. After a lunch of Korean specialties and a performance of Korean folkloric music, explore the royal tombs in Tumuli Park and the Gyeongju National Museum, largely devoted to Silla artifacts.
CALEDONIAN SKY (B,L,D)

Fridays, April 24
Matsue, Japan
After a morning of cruising, call at Sakai port for lunch and an exploration of charming Matsue, with the option to visit one of the few surviving castles in Japan, built in 1611, or stroll through Matsue’s historic samurai quarter, with a visit to the Lafcadio Hearn Museum to learn about this beloved 19th-century author who lived in the city and assumed the Japanese name of Yakumo Kaizumi after his naturalization. Drive through lush countryside to visit the Adachi Museum of Art, with a collection of contemporary Japanese works set in exquisite, highly manicured traditional gardens.
CALEDONIAN SKY (B,L,D)

Saturdays, April 25
Oki Islands
This morning anchor offshore of the remote and tranquil Oki Islands, and take Zodiacs ashore for views of the coastal scenery with its majestic cliffs, sea caves, and rock formations, followed by hikes of varying levels to take in the ancient Japanese cedars, grasslands, and mountain views of the Daisen-Oki National Park, a UNESCO site.
CALEDONIAN SKY (B,L,D)

Sundays, April 26
Kanazawa
Call at the refined artistic center of Kanazawa for a visit to Kenroku-en, considered by many to be the finest landscape garden in Japan. Enjoy a tea ceremony at a classic teahouse, and time at leisure to explore Kanazawa’s historic neighborhoods as well as artisan shops and museums dedicated to the city’s renowned cultural pursuits, including silk dyeing, ceramics, and the production of gold leaf and lacquerware.
CALEDONIAN SKY (B,L,D)

Mondays, April 27
Sado Island
Call this morning at remote Sado Island, home base for the taiko drumming group Kodo (“heartbeat”). Attend a hands-on drumming workshop, a short performance by several of the resident drummers, and a guest lecture on this ancient art form. Also take a guided walking tour through the picturesque fishing village of Shukunegi, where more than one hundred traditional Edo-period houses line the narrow streets. Return to the ship and gather for a farewell reception and dinner on board.
CALEDONIAN SKY (B,L,D)

Tuesdays, April 28
Niigata / Disembark / Return to U.S.
Arrive this morning in Niigata. Disembark and transfer to the Niigata Airport for flights home (arriving the same day), or join the optional post-tour extension to Tokyo.
B

Optional Extensions

Tokyo
April 28-May 1, 2020
Three-night post-tour extension to Tokyo. After disembarkation in Niigata, travel by bullet train to Tokyo and experience the city’s contrasts as you discover celebrated museums, temples and historic neighborhoods. Sample the local cuisine and marvel at one of the world’s largest fish markets.
Additional details and pricing for the optional extensions will be sent to confirmed participants.
The Caledonian Sky is a 114-passenger premier expedition ship refurbished in 2018. All cabins have an ocean view, en suite bathroom with walk-in shower and/or bathtub, spacious wardrobe or walk-in closet, safe, minibar, individually controlled heat/air-conditioning, flat-screen television, and sitting area with sofa. Twenty-three of the suites feature private balconies. The ship’s amenities include a dining room, two lounges with bar service, small library and gym, sun deck with comfortable lounge chairs, hairdresser, laundry service, and gift shop. An elevator services all passenger cabin decks. The Caledonian Sky is equipped with roll stabilizers, and a fleet of Zodiac landing craft.

The ship features advanced satellite navigation and communication equipment. Personalized service, with more than a 1:2 crew-to-passenger ratio. Chefs prepare quality international meals, predominantly Western-style. Served in a single open seating. A friendly crew provides exceptional service.

Program rates

A NOTE ABOUT COSTS
Tour costs are based upon current fuel prices, taxes, tariffs, and a minimum number of participants. While we will do everything possible to maintain the listed prices, they are subject to change. If there are significant changes, details and costs will be advised prior to departure.

AIR ARRANGEMENTS
Valerie Wilson Travel, Inc., can help with airline arrangements for this trip and can be reached at (877) 376-1754. You are also welcome to book your air transportation through your local travel agent, an online travel site, or the airline of your choice.

PLEASE NOTE:
U.S. domestic and international airfare is not included in the program rates. Round-trip economy-class airfare from New York to Osaka, Japan, with return from Niigata, is approximately $2,160 per person as of May 2018 and is subject to change without notice.
General Information
PROGRAM RATES DO NOT INCLUDE:
- U.S. domestic and international airfare
- Passport/visa expenses
- Medical expenses and immunizations
- Private airport transfers
- Travel insurance
- Optional excursions or deviations from the scheduled tour
- Excess baggage charges
- Meals not specified in the itinerary; dishes and beverages not part of the included meals; liquor or soft drinks except as noted
- Laundry or dry cleaning
- Telephone, fax, internet and email charges
- Room service
- Other items of a personal nature

TRAVEL INSURANCE
We strongly recommend the purchase of trip cancellation insurance, which is available for coverage of expenses in conjunction with cancellation due to illness or accident. Baggage insurance is also recommended. In the event that you must cancel your participation in a travel program, trip cancellation insurance may be the only source of reimbursement.

GROUP SIZE
This program is limited to 94 participants, including travelers from Vanderbilt, the Archaeological Institute of America, Harvard, the National Trust for Historic Preservation, and Santa Barbara Museum of Art.

Terms & Conditions
Complete Terms and Conditions including Statement of Responsibility will be made available to you at time of registration, or in advance upon request. A signed “Agreement, Assumption of Risk, Waiver and Release” is required from each applicant prior to participation on the tour.

RESERVATIONS & PAYMENTS
A deposit of $1,000 per person is required to reserve space on this program. You may complete the reservation form included in this brochure and mail it with your check or credit card information to: Vanderbilt Travel Program, Office of Alumni Relations, PMB 407735, 2301 Vanderbilt Place, Nashville, TN 37240-7735. Questions? Please contact the Vanderbilt University Travel Program at 615-322-3673 or email: alumni.travel@vanderbilt.edu.

CANCELLATIONS & REFUNDS
Upon payment of the $1,000 per person deposit, all reservations are subject to the cancellation provisions set forth below and by which the passenger agrees to be bound. Cancellations shall not be in effect until they are received in writing and confirmed by the Vanderbilt Travel Program. Deposits are refundable (less a $250 per person administration fee) if written notice of cancellation is received within 30 days of reservation; after that, deposits are 100% non-refundable. Cancellations after final payment deadline of December 16, 2018: All payments are 100% non-refundable, regardless of booking date. Trip cancellation insurance is strongly recommended. NOTE: Neither the Vanderbilt Travel Program nor Criterion Travel, the tour operator, accepts liability for any airline cancellation penalties incurred with the purchase of nonrefundable tickets.

ITINERARY CHANGES
The itinerary presented for this tour is subject to modification and change by the Vanderbilt Travel Program and Criterion Travel. Every reasonable effort will be made to operate the program as planned; however, should unforeseen world events and conditions require the itinerary to be altered, the Vanderbilt Travel Program and the tour operator reserve the right to do so for the safety and best interest of the group. Any extra expenses incurred in this situation are the responsibility of the participant.

RESERVATION FORM
To reserve a place, please complete and return this form with your deposit of $1,000 per person, payable to Vanderbilt Travel Program, to: Office of Alumni Relations, PMB 407735, 2301 Vanderbilt Place, Nashville, TN 37240-7735. Questions? Please contact the Vanderbilt University Travel Program at 615-322-3673 or email: alumni.travel@vanderbilt.edu.

PAYMENT
☐ Enclosed is my check for $ __________ ($1,000 per person, payable to Vanderbilt Travel Program), for _______ place(s) on Japan by Sea, or
☐ Please charge my deposit to my: ☐ VISA ☐ MC ☐ AmEx ☐ Discover

CARD # ________ EXP. DATE ________

CARDHOLDER SIGNATURE ______________________ SECURITY CODE ________

☐ I/we understand that final payment is due December 16, 2019, 120 days prior to departure. Registrations after December 16, 2019: full payment is due.

NAME #1 (as on passport) ___________________________ DATE OF BIRTH ________

NAME #2 (as on passport) ___________________________ DATE OF BIRTH ________

STREET ADDRESS ____________________________

CITY / STATE / ZIP ____________________________

HOME PHONE ____________________________ CELL PHONE ____________________________

FAX ____________________________ E-MAIL ____________________________

SINGLE TRAVELERS
If this is a reservation for one person, please indicate:
☐ I prefer to have single accommodations.
☐ I plan to share accommodations with
☐ I’d like to know about roommates. I am a ☐ smoker / ☐ non-smoker.
I understand that if a roommate cannot be found by the final payment deadline of December 16, 2019, I will pay the single rate.

ACCOMMODATIONS
Cabin category preference: 1st ____________________________ 2nd ____________________________
Bed preference at hotels (not guaranteed): ☐ Two beds ☐ One bed
☐ I/we have read the tour information section of the brochure and agree to the Terms and Conditions stated therein.

SIGNATURE ____________________________ DATE ________

SIGNATURE ____________________________ DATE ________
April 14-28, 2020 aboard the 57-cabin Caledonian Sky

Cruise Japan’s Inland Sea and beyond for 10 nights, including a day ashore in South Korea, aboard the Caledonian Sky, the smallest deluxe expedition ship available in the region.

Discover hidden gems that many visitors miss, including the contemporary art center of Naoshima, the pearl cultivation center of Uwajima on Shikoku Island, and the picturesque Oki Islands.

Engage with local people during several interactive experiences including a special presentation about the life and training of a geisha, a tea ceremony in Kanazawa, and a taiko drum workshop with the Kodo Drummers at their home base on Sado Island.

Learn about some of the products and processes for which Japan is renowned, from traditional ceramics and landscape design to the cultivation of exquisite pearls.

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SAVE $1,000 per person