The Vanderbilt Woman’s Club brings together the women of Vanderbilt University; provides an opportunity for intellectual, cultural and social activities within the community and the university; supports and assists the mission of the university; and sponsors the Ada Bell Stapleton – Blanche Henry Weaver Scholarship through fundraising.

Make a donation to the scholarship fund and endowment.

Send to:  
Joan Horn Berger  
264 Cherokee Station Drive  
Nashville, TN 37209-4970

Visit our Website: vanderbilt.edu

UPCOMING CLUB-WIDE EVENTS

Thursday, March 20, 2014  
Dyer Lecture  
Mollie Miller, Ph.D.  
Professor of Earth and Environmental Science

Thursday, May 1, 2014  
End of the Year Luncheon  
Richland Country Club

President’s Message

Framed on the wall in my office is an old newspaper article from the September 7, 1987 Louisville Courier Journal. The headline reads, “Furthering the lives of women has driven four generations”.

There is also a big photograph.

In the photograph, are four generations:

My great grandmother – the first female Kindergarten teacher in Kentucky

My grandmother – a tireless advocate and teacher for what was then known as the Kosair Crippled Children’s Home

My mother – devoted to the cause of promoting education for women

And me: in 1987, the recent college graduate who had done nothing to promote or influence the lives of women; who felt completely unworthy of being included in the article.

As I began to think about this column, I noticed the newspaper article on the wall and pondered what I had done with my life since then.

I realized – that I had been focused on furthering the lives of women.

For example:

During my time volunteering with the West End Home Foundation, I learned it is an organization founded over 130 years ago – just after the close of the civil war – in order to support Tennessee women who were widowed by the war. Today it is a foundation run by women, annually providing over $2 MM in grants to non-profit organizations who support senior adults.

My volunteer work with the Nashville City Cemetery Association opened my eyes to the richness of our city’s history. A walk through the cemetery is truly a walk through Nashville’s history. The gravestones tell the stories of individuals and families from the 1820s to the present day. And it is where every 50 years or so groups of women gather to save the old cemetery.

It led directly to my involvement with the Metro Historical Commission and in saving Fort Nashborough, the reconstructed stockade established to recreate the 1779 fort which was the forerunner to the settlement which eventually became Nashville. If you get the chance to hear Metro Historian Dr. Carole Bucy tell the story of how the women working inside the Fort unleashed the dogs to save the Fort from an Indian attack and therefore saving the first citizens of Nashville – it is a wonderful story.

Through my association with Christmas Village – an organization of women founded over 50 years ago – I was able to help raise funds for the Vanderbilt Bill Wilkerson Speech and Hearing Center. Over 20,000 people visit the State Fairgrounds in Nashville for four days on the second weekend in November to shop in six buildings from over 250 vendors. Over $9 MM has been raised.

Pi Beta Phi Fraternity, Daughters of the American Revolution, PEO, and CABLE
Hello!

My name is Jessica Nieto, also known as “Jekka,” which is my childhood nickname. Vanderbilt has been a wonderful experience for me starting four years ago when I arrived on campus as a freshman. I have involved myself in many new organizations and activities, including Alpha Omicron Pi Fraternity for Women, Alpha Phi Omega National Service Fraternity, and Omicron Delta Kappa National Leadership Honor Society, of which I served as President this year. Over the past three and a half years, I have also built a mentoring relationship with a local girl named Tamia by tutoring and teaching her to read through The Vanderbilt Afterschool Program.

On top of all my extracurricular commitments, I also devote myself fully to my studies. As a neuroscience major, and double minoring in biology and managerial studies, I am hard pressed to find time for classes outside of the hard sciences. However, in the spring of 2012, I found myself in a Greek Civilizations class to fulfill a requirement. I fell in love with ancient Greek culture and was ecstatic to learn of the Maymester study abroad class about ancient Greek religion, myths, and rituals. The only obstacle to this aspiration was my financial situation. The program was not only expensive by itself, but I would also be missing a month of work to attend it. Fortunately, that spring I was awarded the Stapleton-Weaver Scholarship, and in combination with a GEO scholarship, I was able to apply worry-free to the program, to which I was accepted. My classmates and I traveled Greece for four weeks learning and seeing things of which I had never dreamed possible. I gained not only knowledge, but also new friends and experiences and a renewed passion for learning. It was the trip of a lifetime!

The following spring, I applied for the scholarship again. After receiving the award for the second time, I was grateful for the financial support it was to offer, but I could not imagine the degree to which I would need it.

During the end of finals week last May, I learned of my father’s paraspinal tumor. One week later, following its removal and analysis, my family was struck with his diagnosis. Stage IV lymphoma of the most aggressive form. The last thing on my mind was studying for my upcoming MCAT and medical school applications. It was the hardest summer of my life. I was working 60 hours a week at my seasonal summer job, studying for the MCAT, completing my AMCAS application, and spending all my free time at the hospital where my father was receiving intense chemotherapy or at home taking care of him between hospital visits. Luckily, his cancer is currently in remission, but it left lasting effects. He ultimately had to retire from his position as a prosecuting attorney for medical reasons and continues to do physical therapy to relearn to balance and walk, among other basic skills. I was somehow able to complete my applications and do well on my MCAT exam while earning money at work. But without this scholarship, this would not have been possible for me.

Obviously this experience made a large financial impact on my family. Since my father was out of work all summer and subsequently retired, our household income has decreased significantly. Although I work 20 hours a week, the maximum allowed by Vanderbilt, I still struggle to comfortably afford my medical school applications and travel to interviews, which I have been lucky to receive. I cannot express the deep gratitude I have for the Vanderbilt Woman’s Club and the scholarship you graciously awarded to me last spring.

Although my life, like all of yours, is unpredictable, I take comfort in the generosity and goodwill of the influential and brilliant women of the Vanderbilt Woman’s Club, with whom I am so proud to be associated. I will always be in your debt and I will always be your most dedicated ally. Thank you!
# Interest Groups

## Knitting
| Shirley Lachs | 370-4243 | stillcharisse@yahoo.com | Knit hats for hospitalized newborns |
| Charisse Baer | 500-8312 | |

## Out to Lunch Bunch
| Joyce Gore | 783-0681 | joycegore0681@gmail.com | Try out local restaurants with congenial company. |

## Community Explorers
| Lisa LeMaster | 891-1727 | lisa.m.lemaster@gmail.com | Join us in exploring the area’s historic & cultural sites & other points of interest. |

## Mah Jongg
| Lin Watson | 776-3848 | linrw@comcast.net | Wednesdays 1 – 3 pm |

## Playgroup
| Stephanie Gamse | 496-9750 | stephjane8@gmail.com | Looking for playmates for your pre-schooler? Join the mums & their toddlers in parks, playgrounds & homes every Thursday from 10am to Noon. |
| Kerri Obstein | (781)258-8556 | kerriobstein@gmail.com | |

## Community Service
| Kathleen Donofrio | 383-8732 | kafdonofrio@gmail.com | Community Volunteers at the Pencil Foundation: Together we assist the educational needs of teachers and students in Metro schools. Wednesday mornings at LP Pencil Box, McCann Alternative Learning Center, 1300 56th Ave N, Nashville, TN 37209 |

## Parlez-vous Francais?
| Joan Harshman | 292-2260 | joan.s.harshman@att.net | Lunch & Conversation with friends. Second Thursday from 1:00 – 2:00 pm at AMERIGO’S Restaurant, 1920 West End Avenue |

## Book Group Two
| Kathleen Donofrio | 383-8732 | kafdonofrio@gmail.com | Meets these Monday from 1:00-2:30 pm in the Green Hills Library |

<table>
<thead>
<tr>
<th>2014</th>
<th>Leader</th>
<th>Title / Author</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 3</td>
<td>Kathleen Donofrio</td>
<td>Overdressed: The Shockingly High Cost of Cheap Fashion / Elizabeth Cline</td>
</tr>
<tr>
<td>April 7</td>
<td>Jane Stumpf</td>
<td>Tale of Two Cities / Charles Dickens</td>
</tr>
<tr>
<td>May 5</td>
<td>Estelle Condra</td>
<td>The Light Between Oceans / M.L. Stedman</td>
</tr>
<tr>
<td>June 2</td>
<td>Lisa LeMaster</td>
<td>A Constellation of Vital Phenomena / Anthony Marra</td>
</tr>
<tr>
<td>July 7</td>
<td>Dede Clements</td>
<td>The Meaning of Mary Magdalene / Cynthia Bourgeault</td>
</tr>
<tr>
<td>August 4</td>
<td>Igra Fowler</td>
<td>Love, Life and Elephants / Dame Daphne Sheldrick</td>
</tr>
<tr>
<td>September 8</td>
<td>Rita Hall</td>
<td>Flight Behavior / Barbara Kingsolver</td>
</tr>
</tbody>
</table>

## Movies
| Betsy Fleetwood | 377-0462 | befleet@aol.com | Join the group to enjoy a “flick” |

VWC Regal Rendezvous Movie Group will continue to meet at the Regal Green Hills Cinema for fall 2013. We will try to stay with the third Tuesday when possible (December is the exception). We will plan to meet for lunch at nearby restaurants before a movie showing and all are welcome to stop by for lunch, lunch and a movie, or just a movie- whatever your schedule will allow. I hope we can make it to an evening Metropolitan Opera movie and a showing during the Nashville Film Festival. Also, we may try a “Belcourt Movie Theatre Break” sometime during the year. Please join the email list to get details for each month. Hope to see you at the movies. |

## Bridge Daytime
| Bea McGee | 889-4625 or 473-7807 | mcgeebea@gmail.com | 2nd & 4th Tuesdays after lunch: 12:30 to 3:30 p.m. |
## INTEREST GROUPS

### EVENING AND SATURDAY MEETINGS

<table>
<thead>
<tr>
<th>DATE</th>
<th>GROUP</th>
<th>MEETING TIME</th>
<th>BOOK/TITLE</th>
<th>CONTACT/EMAIL</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 13</td>
<td>BOOK GROUP ONE</td>
<td></td>
<td>Sheila Jensen, <em>Nicholas and Alexandra</em>, by Robert Massie</td>
<td><a href="mailto:ann.ercelawn@gmail.com">ann.ercelawn@gmail.com</a></td>
</tr>
<tr>
<td>May 4</td>
<td>BOOK GROUP ONE</td>
<td></td>
<td>Claire Bradshaw, <em>My Beloved World</em>, by Sonia Sotomajor</td>
<td><a href="mailto:claire.bradshaw@uvm.edu">claire.bradshaw@uvm.edu</a></td>
</tr>
<tr>
<td>June 8</td>
<td>BOOK GROUP ONE</td>
<td></td>
<td>Margaret Norris, <em>And The Mountains Echoed</em>, by Khaled Hosseini</td>
<td><a href="mailto:margaret.norris@uvm.edu">margaret.norris@uvm.edu</a></td>
</tr>
<tr>
<td>July 13</td>
<td>BOOK GROUP ONE</td>
<td></td>
<td>Byrd Helguera, <em>A Hundred and One Days: a Baghdad Journal</em>, by Asne Selerstad and Ingrid Christophersen</td>
<td><a href="mailto:byrd.helguera@uvm.edu">byrd.helguera@uvm.edu</a></td>
</tr>
<tr>
<td>March 29</td>
<td>COCKTAIL CLUB</td>
<td></td>
<td>Lynne Siesser, <em>The Art of the Cocktail</em>, by David Wondrich</td>
<td><a href="mailto:lisiesser7@gmail.com">lisiesser7@gmail.com</a></td>
</tr>
<tr>
<td>April 26</td>
<td>COCKTAIL CLUB</td>
<td></td>
<td>Lynne Siesser, <em>The Art of the Cocktail</em>, by David Wondrich</td>
<td><a href="mailto:lisiesser7@gmail.com">lisiesser7@gmail.com</a></td>
</tr>
<tr>
<td>May 3</td>
<td>COCKTAIL CLUB</td>
<td></td>
<td>Lynne Siesser, <em>The Art of the Cocktail</em>, by David Wondrich</td>
<td><a href="mailto:lisiesser7@gmail.com">lisiesser7@gmail.com</a></td>
</tr>
<tr>
<td>June 8</td>
<td>GOURMET GROUP</td>
<td></td>
<td>Carmen Gherman, <em>The Art of the Gourmet</em>, by Brian P. Dowd</td>
<td><a href="mailto:cggherman@yahoo.com">cggherman@yahoo.com</a></td>
</tr>
</tbody>
</table>

### INTEREST GROUPS

*Do you have an interest not listed? Contact Cindy Slobogin: 292-2214 or slobogin@hotmail.com She will put you in touch with women of like minds.*

Join us for as little or as much as time allows. Work full time? Some groups meet in the evenings. The Vanderbilt Woman's Club welcomes Newcomers to the University as well as old-timers. A wonderful way to get to make new friends is to meet them through meetings or Interest Groups. Get in touch with the contact for each group and join them at their next get-together.
Annual Meeting 2014

The Vanderbilt Woman's Club annual meeting was held January 16 in the Old Gym. The 2014-15 Executive Committee was announced and member Elisabetha Baugh was inducted as a lifetime member. Dr. Emilie Townes, Vanderbilt’s new Divinity Dean was the keynote speaker with a talk entitled “The Dancing Mind.”

Elisabetha Baugh joined the Vanderbilt Woman’s Club in 1974. Forty years later, we honor this wonderful woman who was born in Germany, has traveled to more than 130 countries and cherishes the friendships she has made through the Vanderbilt Woman’s Club.

President Lynn Maddox presents Elisabetha Baugh with a lifetime membership certificate and rose.

The tasty lunch was provided by the Office of Enrollment Management. Many thanks to Dean of Admissions Doug Christiansen and his team for sponsoring the luncheon.

Divinity Dean Dr. Emilie Townes encouraged attendees to be present for others by being fully focused and aware of the person you’re interacting with.

WELCOME NEW MEMBERS!

Marcy Block
Toni Carlton
Beverly Elder
Paiden Hite
Megan Mcferran
Kim Silverman
Jo Ann Staples

IN MEMORIAM

Louise Howell
Eva Mendelsohn
### BOARD MEMBERS 2013–2014

<table>
<thead>
<tr>
<th>OFFICERS 2014–2015</th>
<th>-focus: Meet the Board Members and Officers of the 2014-15 Executive Committee. Contact us if we can help:</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Lynn Maddox</td>
</tr>
<tr>
<td>Vice President/Program Chair</td>
<td>Sheila Jensen</td>
</tr>
<tr>
<td>Past President</td>
<td>Amy Page Christiansen</td>
</tr>
<tr>
<td>Treasurer</td>
<td>Joan Hornberger</td>
</tr>
<tr>
<td>Recording Secretary</td>
<td>Lisa LeMaster</td>
</tr>
<tr>
<td>Hospitality Chair</td>
<td>Kendra Holroyd</td>
</tr>
<tr>
<td>Fundraising</td>
<td>Judy Isaac</td>
</tr>
<tr>
<td>Corresponding Secretary/Historian</td>
<td>Aileen Webb</td>
</tr>
<tr>
<td>Membership Co-Chairs</td>
<td>Lynne Siesser, Kelly Chambers</td>
</tr>
<tr>
<td>Newcomers Chairs</td>
<td>Angela Bowens, Elisabeth Sandberg</td>
</tr>
<tr>
<td>Scholarship Co-Chairs</td>
<td>Yolonda Barooks Robinson, Cindy Slobogin</td>
</tr>
<tr>
<td>Communications/Publicity/Web Co-Chairs</td>
<td>Diane Banks, Nancy Dwyer</td>
</tr>
<tr>
<td>Newsletter Editor</td>
<td>Diane Banks</td>
</tr>
<tr>
<td>Interest Groups Chair</td>
<td>Cindy Slobogin</td>
</tr>
</tbody>
</table>

The 2014-15 Executive Committee is (l-r): Sheila Jensen, President; Lisa LeMaster, Vice President; Elisabeth Sandberg, Treasurer; Aileen Webb, Recording Secretary; Angela Bowens, Corresponding Secretary.
Aileen Webb, Kendra Holroyd

Cindy Slobogin, Judy Isaacs, Kendra Holroyd

Lynn Maddox, Nancy Dwyer
COMMUNITY EXPLORERS TRIP TO THE NASHVILLE BUN COMPANY

left to right: Carol Bachmann, Elaine Williams, Kelly Chambers, Roberta Maguire, Kendra Holroyd, Angela Bowens, Lisa LeMaster, Aileen Webb, Melanie Bentley, Dede Clements, Jo Ann Staples, Joan Hornberger, Anne Plummer, Joyce Gore, Cindy Slobogin, Judy Isaac

COMMUNITY SERVICE GROUP PREPARES FOR PENCIL PARTNERS BOOK FAIR

Front row, left to right:  Kelly Chambers, Anne Plummer, Lisa LeMaster, Angela Bowens, Alethea Lutz
Second row: Roberta Maguire, Dede Clements, Sara Plummer, Melanie Bentley
Back row: Aileen Webb, Judy Isaac, Carol Bachmann, Elaine Williams, Joyce Gore, Joan Hornberger, Cindy Slobogin, Kendra Holroyd, Rita Hall, Jo Ann Staples

Front row, left: Elaine Blake, Lisa LeMaster, Linda Nicholas, Carmen Gherman, Kathleen Donofrio, Mildred Tilley
Back row: Dede Clements, Dolores Loutzenhiser, Mary Clare Bradshaw
VANDERBILT WOMAN’S CLUB SPRING LUNCHEON

May 1, 2014
Richland Country Club
One Club Drive
Nashville TN 37215

11:30 am- 1:30 pm

Honored Guests
Vanderbilt Provost Richard McCarty
And long serving VWC Member and Board Member Sheila McCarty

Menu:
Cobb Salad - Hearts of Romaine with Crisp Bacon, Tomatoes, Egg, Avocado and Smoked Turkey,
Topped with Crumbled Bleu Cheese and Ranch Dressing
Vegetarian - Cobb Salad - Hearts of Romaine with Tomatoes, Egg and Avocado, Topped with
Crumbled Bleu Cheese and Ranch Dressing
Dessert - Lemon Meringue Cheesecake with Raspberry Coulis and Pistachio Cookie
Water, Iced Tea and Coffee

Cost: $25.00 General Member
$20.00 Lifetime Member

Cash or Check Accepted
Please make check payable to Vanderbilt Woman’s Club

Reservation Deadline April 22, 2014

Clip here and mail to:
Kendra Holroyd
5130 Murray Lane
Brentwood TN 37027

Name

Phone

Email
MEMBER DONORS TO ADA BELL Stapleton-Blanche Henry Weaver Scholarship Fund and Endowment Fund 2013-2014

**Scholarship Fund**

Judy Andrews
Rebecca Atack
Judy Auer
Diane Banks
Linda Bengson
Maddy Berezov
Elaine Blake
Merle Born
Angela Bowens
Ruth Ann Brown
Mary Nelle Bryant
-in memory of Brenda Leach, Renate Arenstorf, and Ava Sellers
Sarah Calvani
Anne Carr
Kelly Chambers
Amy Christiansen
Dede Clements
Mary Cronin-Furman
Janet Crowson
Helen Dale
Kathleen Donofrio
Connie Dowell
Nancy Dwyer
Jessica Eichman
-in memory of Ellen Fanning
Ann Ercelawn
Cassandra Estes
Hope Estopinal
Betsy Fleetwood
Igna Fowler
Nancy Fruetel
Dot Galloway
Kathy Ganske
Lucy Garrabrants
Kathy Garthwaite
Carmen Gherman
Joyce Gore
Anne Gulley
Rita Hall
-in memory of Ava Sellers
Joyce Hambrick
Cherie Hamilton
Carol Hazlehurst
Byrd Helguera
-in memory of Brenda Leach and Ava Sellers
Terri Hershberger
Rebekah Hickson
Eva Hodgson
-in honor of Doris Farley and Shirley Forstman
Kay Hall
Virginia Holladay
Kendra Holroyd
Joan Hornberger
Polly House
Lydia Howarth
Marianne Huffman
Elizabeth Huntoon
Judy Isaac
Sheila Jensen
Nancy Johnson
Jane Jones
-in memory of Dorothy Jean Wright
Jane Jones
-in memory of Brenda Leach and Ernest Campbell
Pam King
Ann Krimm
Shirley Lachs
Karen Lawrence
Karen Leeman
Lisa LeMaster
Barbara Levan
Jean Litterer
Dolores Loutzenhisier
Doris Lynn
Adrien MacKenzie
Lynn Maddox
Anne Manner
Sheila McCarty
Beatrice McGee
Elaine McKenna
Mathilde Najjar
Linda Nicholas
Liz Nigh
Margaret Norris
-in memory of Dorothy Jean Wright and Ava Sellers
Inka Odom
Anne Plummer
-in memory of Ava Sellers
Sara Plummer
-in memory of Renate Arenstorf
Nancy Poblador
Natalie Porter
Marie Luise Ramsey
Yolonda Robinson
Rosemary Roden
Loretta Saff
Elizabeth Sandberg
Linda Schoenblum
Elaina Scott
Vivian Shields
Lynne Siessler
-in honor of Anita Agarwal, M.D., Stephen J. Kim, M.D. & Janice C. Law, M.D. Vanderbilt Eye Institute
-in memory of Louise Howell and Eva Mendelsohn
Sandy Spitz
Johanna Sulser
Meredythe Sweet
Penny TeSelle
Mildred Tilley
Marilyn Tolke
Tuesday Bridge Group
-in honor of Ellen Goldberg
-in memory of Eva Mendelsohn
Grace Turner
Patricia Waters
Lin Watson
Aileen Webb
Joyce Weingartner
-in memory of Brenda Leach
Ann Wells
Diane Whalley
Rosemary Worley
Faye Wyatt

**Scholarship Endowment**

Dot Galloway
-in memory of Ava Sellers
Joan Hornberger
Sheila McCarty
Susan Sharp
Sandy Spitz
**UPCOMING EVENTS**

**Dyer Lecture and Lunch**

Thursday, March 20, 2014  
10:00 a.m.  
Dyer Observatory  
1000 Oman Drive  
Brentwood, TN 37027

Molly Miller, Ph.D.  
Vanderbilt Professor of Earth and Environmental Sciences  
Will speak on her research and travels in Antarctica  
*Box Lunch Available*

**End of Year Luncheon**

Thursday, May 1, 2014  
11:00 a.m.  
Richland Country Club  
1 Club Drive  
Nashville, TN 37215

Join your friends, old and new, for our spring celebration  
And installation of our new officers

---

**SECOND HARVEST**

Food Bank of Middle Tennessee ~ Feeding Hope

*Back by Popular Demand!*

Join us for a joint project with the  
Community Service & Community Explorer groups of the  
Vanderbilt Woman’s Club.

**LUNCH** afterwards at the  
First Harvest Café, $8

---

**Wednesday, March 26th**  
8:30 – 11:30

**When:**  
Wednesday, March 26th  
8:30 – 11:30 a.m.

**Where:**  
Second Harvest Food Bank of Middle Tennessee  
The Martin Distribution Center  
331 Great Circle Road

**Donate:**  
WVC members who wish to contribute may bring a food item;  
the most useful are canned soups, vegetables, fruit, tuna,  
peanut butter, cereal, or pasta

**Wear:**  
Casual, comfortable clothes for working (jeans, sweatshirt, Tshirt)  
and closed-toe shoes

**RSVP:**  
Kathleen Donofrio  
(630-4062)  
kafdonofrio@gmail.com

Lisa LeMaster  
(891-1727)  
lisa.m.lemaster@gmail.com
**SPRING DRYER LECTURE WITH PROFESSOR MOLLY MILLER**

RSVP: Sheila Jensen  
2102 25th Ave. S, Nashville, TN 37212  
SheilaJensen@comcast.net  
By March 17, 2014

Name:  
Phone:  
Email:  
Attend: Yes  
Lunch: Yes

Please select one from the first column and one from the second column.

<table>
<thead>
<tr>
<th>Classic Sandwich</th>
<th>Artisan Sides</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Turkey</strong> - White cheddar, all natural turkey breast, sliced tomato, leaf lettuce &amp; pesto mayonnaise on Sourdough</td>
<td><strong>Moroccan Couscous</strong> - Couscous pasta tossed with cherry tomatoes, golden raisin, mint, parsley, &amp; lemon.</td>
</tr>
<tr>
<td><strong>Ham</strong> - Back forest ham, Swiss cheese, &amp; Dijon Mustard on Sourdough</td>
<td><strong>Herbed Red Potato Salad</strong> - Red potatoes, celery, onion, fine herbs tossed in mayonnaise.</td>
</tr>
<tr>
<td><strong>Egg Salad</strong> - Creamy egg salad enriched with white truffle oil, asparagus &amp; Sprouts on Flaxseed</td>
<td><strong>Pesto Orzo Pasta</strong> - Orzo pasta with basil pesto, sun dried tomatoes, and kalamata olives.</td>
</tr>
<tr>
<td><strong>Creamy Chicken Salad</strong> - Poached hand-pulled chicken mixed with creamy fine herb mayonnaise, celery &amp; onion on cranberry wheat walnut bread with sliced tomato &amp; mesclun greens</td>
<td><strong>Roasted Vegetables</strong> - Eggplant, onion, zucchini, yellow squash, peppers and carrots roasted to perfection and tossed with fresh herbs &amp; tomato vinaigrette.</td>
</tr>
<tr>
<td><strong>Mediterranean Tuna Salad</strong> - All white tuna, artichoke hearts, roasted red pepper, olives, capers, shallots, celery, onion &amp; herbs served on sesame semolina with romaine hearts</td>
<td><strong>Fresh Fruit Salad</strong> - Red grapes, honeydew, cantaloupe, pineapple &amp; strawberry.</td>
</tr>
<tr>
<td><strong>Montecito</strong> - White cheddar, avocado, sliced tomatoes, cucumber, shaved red onion, clover sprouts, mango chutney on Flaxseed</td>
<td><strong>Green Salad</strong> - Baby greens with carrots, grape tomatoes with your choice of dressing.</td>
</tr>
<tr>
<td><strong>Vegan Sandwich</strong> - Roasted red pepper hummus, red onion, cucumber, tomato and sprouts on organic multigrain</td>
<td></td>
</tr>
<tr>
<td><strong>Turkey Reuben</strong> - all natural turkey, house made 1,000 Island, Kenny’s Swiss cheese and sauerkraut on Marble rye</td>
<td></td>
</tr>
</tbody>
</table>

Please include check for $10.00 if you can stay for lunch.