

# MAGNOLIA NEWS

**MARCH, 2021 \* VOLUME 23, ISSUE 7** 

www.vanderbilt.edu/vwc

The Vanderbilt Woman's Club brings together the women of Vanderbilt University; provides an opportunity for intellectual, cultural and social activities within the community and the University; supports and assists the mission of the University; and sponsors the Vanderbilt Woman's Club Stapleton/Weaver Endowed Scholarship through fundraising.

# Members of the Board 2020-2021

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Sara Plummer

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Kelly Chambers *Communications* 

Peggy Curci Hospitality

Lina Keefe
Interest Groups

Yolonda Brooks Robinson Newcomers

Liz Doyle Membership

Frannie Benner Fund Raising

NEXT MEETINGS: MARCH 9th and 25th DETAILS ON PAGES NINE AND TEN

#### President's Letter

"Celebrate Women!" is our theme this year. We celebrated the 19th Amendment; read <u>The Woman's Hour</u> by **Elaine Weiss**, and heard presentations from professors and leaders regarding our history. As we learned about the impact of women on our Tennessee history, we remembered forgotten suffragists, recognized current Tennessee women leaders; and reflected on the history of Vanderbilt women who worked hard to pave the way for us today. This year has been a challenging one, but that has not stopped women from continuing to break barriers. We now have our first woman Vice President. And we can proudly say that Vanderbilt's own **Sarah Fuller** has represented all women as the first female college football player. Once impossible, these two events have reminded our future generations of females, as well as our own, that no dream is too big.

March is Women's History Month, and **Katie McDougall** from **The Porch** will present "Jumpstart Your First Novel." If you ever dreamed about writing a novel, now would be a good time to start. As we learn from Katie about writing, we would like to have a record about you and this year. How will you tell your story of this year? What stands out to you about this year? Help us write VWC herstory.

Our Vanderbilt Woman's Club members do amazing things every day. I am grateful I met so many of you, and I am amazed at your backgrounds, your

careers, your love of learning and love of life. I cannot wait to hear what you have to say about this year. Our Vanderbilt Women are no exception to our "Celebrate Women" theme. Help us create a memory for our future VWC members to remember 2020. I look forward to reading your story and creating our VWC *her*story!

Tracy



VANDERBILT WOMAN'S CLUB

# **Donations to the Scholarship since the last newsletter**

Donations may be sent to Liz Doyle, 1556 Oxford Court. Gallatin, TN 37066-5717

#### Year to date

Carol Armes & Robert Pitz, Evadne Awh, Cheryl Baird, Melinda Balser, Heidi Bates, Mary Baysinger, Holly Beavers, Madelyn Berezov, Audrey Brown, Faye Brown, Cathy Brunk, Kelly Chambers, Amy Page Christiansen, Kelly Christie, Janet Crowson, Peggy Curci, Katrina Dickerson, Dot Galloway, Kathleen Garthwaite, Joyce Gore, Cathy Griffith, Kay Hall, Cherie Hamilton, Margaret Hansen, Judith Hodges, Kathy Hood, Joan Hornberger, Regina Jensen, Sheila Jensen, Lael Kiesling, Helen Kornblum, Ann Krimm, Lynn Maddox, Anne Manner, Elaine McKenna, Valerie Middleton, June Morton, Margaret Norris, Rosann Nunnelly, Ann Olsen, Anne Plummer, Sara Plummer, Anne Roos Kim Ross, Elaina Scott, Mary Helen Short, Nancy Simerly, Cindy Slobogin, Amy Smith, Sandy Spitz, Tracy Stadnick, Mary Stinson, Claire Tschudy, Grace Wernke, Faye Wyatt

Tribute cards are available from Liz at all meetings.

click here to make your donation by credit card

If you have donated and your name does not appear on our honor roll, please email lsiesser7@gmail.com

# **Capital Campaign**

\$22,105 raised so far
Thank you to the following donors:

Carole Alexander, Joy Allington-Baum. Evadne Awh, Cheryl Baird, Melinda Balser, Elisabetha Baugh, Mary Baysinger, Frannie Benner, Sujata Biswas, Elaine Blake, Merle Born, Fay Brown, Chris Browning, Sarah Calvani, Anne Carr, Kelly Chambers, Amy Christiansen, Doug Christiansen, Kelly Christie, Sue Clark, Susie Cohan, Peggy Curci, Dr. Rory Dicker, Katrina Dickerson, Liz Doyle, Nancy Dwyer, Ann Ercelawn, Betsy Fleetwood, Nancy Fruetel, Dot Galloway, Kathleen Garthwaite, Kay Hall, Shelia Hall, Patti Harris, Sharon Hels, Becky Hickson, Marie Hindman, Judith Hodges, Pat Holdridge, Kathy Hood, Joan Hornberger, Sheila Jensen, Lina Keefe, Lael Kiesling, Ursula King, Laura Klepper, Ann Krimm, Lindsay Lawrence, Jamie Leddin, Candace Lee, Lisa LeMaster, Anne Manner, Ashleigh Maxcey, Sue McDougall, Elaine McKenna, Jeannette McNeil, June Morton, Barbara Nash, Suzanne Petrey, Anne Plummer, Sara Plummer, Ebbie Redwine, Suzanne Riess, Maisie Roden, Roxanne Roske, Elisabeth Sandberg, Warren Sandberg, Lynne Siesser, Vivian Shields, Cindy Slobogin, Elaine Smyth, Sandy Spitz, Tracy Stadnick, Mary Stinson, Michelle Tellock, Penny TeSelle, Mildred Tilley, Claire Tschudy, Anna Walker, Stephanie Ward, Grace Wernke, Diane Whalley, Faye Wyatt

"We are so appreciative for the Woman's Club help over the years — you are making a difference!!!!"

Douglas L. Christiansen, Ph.D.

Vice Provost for University Enrollment Affairs

Dean of Admissions and Financial Aid



Hats off to each and every member who made this a very successful Capital Campaign!!

We reached our goal of \$8000, the generous donor then matched that number . . . AND members kept on giving.

AWESOME!!

Frannie Benner Fundraising Chair

In Memoriam
Emily Gibbs
Karen Lawrence
Molly Stein

# 'Get Fit'

Social distancing doesn't have to be a deterrent for getting out and getting fit. A new year is a great time for renewed goals. **Running** is a great way to stay vibrant, feel better, and get your "glow" on. If running isn't for you (or your knees), **walking** is equally good. If you would like some additional motivation, there are "virtual" races that you can participate in. These **great races can be completed entirely at your leisure and pace**, at a distance you can choose (5k, 10k, half-marathon, etc.). They offer fun incentives (think swag AND medals) to encourage runners and walkers to get out and exercise without gathering in huge crowds. You'll find many races support great charities as well.

**Virtual Running Club (www.virtualrunningclub.com)** recently held a "Ratification Race" that celebrated the 100th anniversary of the ratification of the 19th Amendment (a portion of registration fees went to the National Park Foundation's Women in Parks initiative).

A quick Google Search for: Virtual Running Clubs will give you a list of great options to check out... or contact me any time for help, training suggestions, encouragement, or to schedule virtual walks/runs together!

Exciting races are happening virtually all the time.

Check out a virtual race and get or **stay** fit and healthy in reality (and socially distanced).

Heidi Bates 801-671-2363 heidi.m.bates@gmail.com

# **Loosely Bound**

will meet:

#### Tuesday, March 23

At 7:00 pm on Elisabeth Sandberg's patio (weather permitting).

The March reading selection is

The Mystery of Mrs. Christie by Marie Benedict



Elisabeth Sandberg text: 617-957-2169

# **Chocolate Lovers Interest Group**

Come join us. We will be creating Bourbon Balls.

March 16 at 10:00 a.m.

Sue McDougal will lead us in her recipe for Bourbon balls.

RSVP to get the recipe and to join!



Tracy Stadnick 615-604-4513 tracy.stadnick@vanderbilt.edu



SPRING PLANT SALE in April

\*\*\*\* Details will be announced in the April newsletter.

## **Updates from past presenters**

In February **Professor Ann Neely** presented: "Charlotte's Web" to "The Snowy Day" How to pick Children's Literature. Below is a video of a reading of "Wilfred Gordon McDonald Partridge" by Mem Fox. Professor Neely recommended this picture book about memories.

https://www.youtube.com/watch?v=6dLCKYTbR5c

Below is a NY Times article Professor Neely recommended about reading to children. <a href="https://www.nytimes.com/2021/02/20/opinion/sunday/picture-books-reading.html">https://www.nytimes.com/2021/02/20/opinion/sunday/picture-books-reading.html</a>

In September, John Kell presented "Bird Banding research from Owl's Hill Nature Sanctuary." Below is his report on the birds his team found at Owl's Hill this Fall. He will be doing Bird Banding again this Spring. For more information and to contribute to John's research see the nonprofit:

The Habitat Connection: www.thehabitatconnection.org

John Kell's Fall Summary from Owl's Hill Nature Sanctuary Bird Banding February 2021 report:

"Even dealing with the pandemic we managed to have another successful handing season for the fall of 2020. We completed six sessions (a seventh session was cancelled due to rain) from September 14 through November 9. For most of the sessions we used eight nets (four hours each session) for a total of 172 net hours. We captured 148 birds (143 new and 5 recaps) which represented 34 species. As a comparison, last fall we captured 74 birds representing 17 species in 6 banding sessions. American Goldfinch and White -Throated Sparrow tied for most captured species with 18 each. Northern Cardinal was second with 15 captures; and Carolina Wren and Indigo Bunting were tied for third place with 14 each. Notable other captures included Acadian Flycatcher, Summer Tanager, Ovenbird, Philadelphia Vireo, Nashville Warbler, Lincoln Sparrow, Orange-Crowned Warbler, Hermit Thrush, Magnolia Warbler, Tennessee Warbler, Common Yellow Throat and Red-Breasted Grosbeak."



# To Recognize Woman's History, I asked the book groups to list their favorite books

about women. Below are their responses:

#### **Book Group 1:**

My Beloved World by Sonya Sotomayor

I am Malala by Malala Yousafzai

The Education of an Idealist by Samantha Power

She Persisted by Chelsea Clinton

Hidden Figures by Margo Lee Shetterly

Braiding Sweetgrass by Robin Wall Kimmerer

Founding Mothers by Cokie Roberts

Unbowed, a Memoir by Wangari Maathai

Eleanor by David Michaelis

Madame Fourcade's Secret War by Lynne Olson

#### **Book Group 2:**

Hidden Figures by Margot Lee Shetterly

The Immortal Life of Henrietta Lacks by Rebecca Skloot

Radium Girls by Kate Moore

Maid: Hard Work - Low Pay - And a Mother's Will to Survive by

Stephanie Land

Late Migrations: A Natural History of Love and Loss by Margaret Renkl



9 to 5. A League of Their Own

Atonement

Beauty
Calendar Girls

Clueless

Crazy Rich Asians Driving Miss Daisy

Easy A

Erin Brockovich

Fried Green Tomatoes

Frida

Funny Girl

Ghost

Gorillas in the Mist

Harriet

Hidden Figures

Indochine Iron Lady Joy

Joy Luck Club

Julie and Julia Lady Bird

Legally Blond

Little Woman
Miss Congeniality

My Fair Lady Nomadland

Norma Rae

On The Basis of Sex

Pieces of a Woman

Pretty Woman

Pride and Prejudice

Raise the Red Lantern Sense and Sensibility

Shakespeare in Love Sleepless in Seattle

Sliding doors

Somethings Gotta Give

Sounder

The End of the Affair

The Book Club
The Color Purple

The Help

The Miracle Worker

The Young Victoria

Thelma and Louise

Temple Grandin

Under the Tuscan Sun Waiting To Exhale

Wife Wild

Wonder Woman Zero Dark Thirty







Tracy Stadnick

## **Greetings Community Service Members,**

Happy Women's Month! Thank you so much for your participation in our February meeting. We had great discussion on how to continue the meaningful work of volunteerism and community service. Many of you serve in different ways, and it all counts towards giving of ourselves for the betterment of others.

I look forward to seeing you for our March meeting. We will talk more about other ways to serve. **Kelly Chambers** will share some information about an in-person food drive in the Spring, for those who are not ready to reach out and touch outside the virtual environment.



Many of you expressed an interest in *Project Transformation* (PT). PT offers leadership development and ministry exploration opportunities for college-age young adults through summer and one-year service internships and community-oriented

after-school and summer day camp programming for children and youth. For more information, please reach out to **Stephanie Ward** at <a href="mailto:seewijbr@yahoo.com">seewwjbr@yahoo.com</a>.

**Second Harvest Food Bank** needs your help. With teams of eight or more, we can choose a designated day and time. In the meantime, please reach out to Kelly Chambers to join her group. **See page seven**.

Lastly, it's not too late to sign up for the *PENCIL* Virtual tutoring. Thank you to those who have already signed up. Here is the link: <a href="https://brightpathtutors.org/business-volunteer-application">https://brightpathtutors.org/business-volunteer-application</a>

Meet 3 times per week (30 minutes per session) through May 2021 with a **Cane Ridge Elementary School** student who is in 3rd, 4th, or 5th grade over Microsoft Teams. With your student you will review reading and writing concepts that are critical to academic success. Training will be provided.

Cane Ridge Elementary School - Tutoring Time Blocks

3rd Grade: 12:00-12:45pm
3rd grade: 12:30-1:15pm
4th Grade: 10:15-11:00am
4th Grade: 11:00-11:45am
5th Grade: 9:30-10:15am

Note: Students are available during these 45 minute windows held 5 days a week for a 30 minute tutoring session held 3 days a week. Thus, you can let us know which 30 minute window and which three days of the week (Mon - Fri) work best for your commitment.

One of my favorite people, **Marian Wright Edleman**, said, "Service is the rent we pay for being. It is the very purpose of life, and not something you do in your spare time." May our "rent" always increase as we humbly serve.

Best,

Anna Walker

615-545-7788 totallyyou@msn.com



PENCIL

Meeting ID: 892 3690 4130

Passcode: 668212

# volunteer **NEWS**





#### **URGENT NEEDS**

With an estimated 1 in 6 people - including 1 in 5 kids - facing hunger amid the COVID-pandemic, Second Harvest Food Bank is distribution 40 percent more food compared to this time last year.

We urgently need volunteers to fill cold sorting shifts and other volunteer spots to ensure we can get food out to those who need it in our community.

https://www.secondharvestmidtn.org/act/volunteer/

SIGN UP NOW

# The VWC as Second Harvest Volunteers



Anne Manner, Kathleen Donofrio, Kelly Chambers



Ebbie Redwine, Faye Brown, Marva Collins, Kate Shaw, Chris Browning, Dede Clements

## **Communications Gurus**

Thank you for keeping us all informed.

Please send all photos or items you want to share to

#### **Kelly Chambers**

#### kellychambers420@yahoo.com

Text: 409-771-5731

She will disseminate all information. Kelly will also guide you through joining our social media.

#### The Team

Kelly Chambers - Coordinator Nancy Dwyer - Publicity Lisa LeMaster - Website Lynne Siesser - Magnolia News

# Pop-Up Group or PUG is a loosely formed

group of VWC members with diverse interests and sometimes
flexible schedules who want to meet up with other members for fun
outside of regularly scheduled club events. Movies, hikes, lectures,
theater, festivals, music events, whatever — they are all game for

PUG click on <a href="https://groupme.com/en-US/">https://groupme.com/en-US/</a>



Look for us as
vanderbiltwomansclub
or search for

avanderbiltwomansclub

*a*vanderbiltwomai

# **Stay Connected**



Join our VWC Facebook group to keep up with happenings in the club throughout the year. It's a closed group so only VWC members may post information or see posts. You do need a Facebook account to join.

## **Interest Groups**

Do you have another interest not listed?

Lina Keefe 615-268-3850 LDFK@comcast.net

**ANTIQUES:** Mary Helen Short *3rd Tuesday at 10am* 615-269-0538 - maryhelenshort111111@gmail.com **BOOK GROUP TWO:** Nancy Fruetel *1st Monday 1pm* 

615-297-5075 - <u>nnfruetel@msn.com</u>

**BRIDGE TUESDAY:** Mary Helen Short *2nd Tuesday 1pm* 615-269-0538 - maryhelenshort111111@gmail.com

BRIDGE THURSDAY: Lynne Siesser Every Thursday 1pm

615-298-5659 - lsiesser7@gmail.com CHOCOLATE! Tracy Stadnick

615-604-4513 - tracy.stadnick@vanderbilt.edu

#### COMMUNITY EXPLORERS

Margaret Hansen - 615-481-1927 margarethhansen@gmail.com

COMMUNITY SERVICE: 1st Tuesday 9:30am Anna Walker - 615-545-7788 - totallyou@msn.com FRENCH: Joan Harshman 2nd Thursday 1pm 615-864-8885 - joan.s.harshman@gmail.com

**GARDENING:** Starting in April

TBD

**GET FIT:** Heidi Bates

801-671-2363 - Heidi.m.bates@gmail.com

MAH JONGG: Cindy Slobogin Every Wednesday 1pm

352-339-4822 - slobogin@hotmail.com MOVIE GROUP: Betsy Fleetwood 615-579-0903 - befleet@aol.com

OUT TO LUNCH BUNCH: 4th Thursday 12:30pm

Joy Allington-Baum - 214-755-5328 joyallingtonbaum@gmail.com QUILTING: Lynne Siesser

615-298-5659 - lsiesser7@gmail.com VANDY LUNCH: Elisabeth Sandberg

2nd Wednesday 12:30pm

text: 617-957-2169 - elisabeth.sandberg@vanderbilt.edu

#### **EVENING/WEEKEND**

BOOK GROUP ONE: 2nd Sunday 2:30pm

Ann Ercelawn - 615-298-4766 - ann.ercelawn@gmail.com Kitty Porter - 615-406-4352 - kitty.porter@gmail.com

**COCKTAIL CLUB:** Lynne Siesser 615-298-5659 - lsiesser7@gmail.com

GET FIT: Heidi Bates

801-671-2363 - Heidi.m.bates@gmail.com

#### **GIRLS NIGHT OUT:**

Amy Smith - 720-939-0135 - amyjsmith.rn@gmail.com Cindy Slobogin - 352-339-4822 - slobogin@hotmail.com

#### GOÚRMEŤ GROUP

Sheila Jensen - 615-351-4375 sheilajensen@comcast.net Adele Stein - 615-309-6951 steinadele@hotmail.com

**LOOSELY BOUND:** Elisabeth Sandberg 4th Tuesday 7pm text: 617-957-2169 elisabeth.sandberg@vanderbilt.edu

MAH JONGG - EVENING: 1st Monday 7pm

Cindy Slobogin - 352-339-4822 - slobogin@hotmail.com

#### **MOVIES - EVENING:**

Cindy Slobogin - 352-339-4822 - slobogin@hotmail.com Betsy Fleetwood - 615-579-0903 - befleet@aol.com

MUSIC GROUP: Sue McDougall

615-974-5121 - mcdougall.interiors@gmail.com

# **Mindfulness**

Colleen Dwyer

Tuesday, March 9 10:00 a.m. - 11:00 a.m.

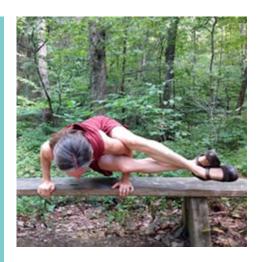




#### Meditation Presentation:

Join Colleen for an introduction to meditation. She will talk to you briefly about her meditation experience, the benefits of meditation, and she will offer a few guided meditations using different techniques.

Colleen is a certified yoga teacher, certified yoga therapist and she provides continuing education for registered yoga teachers. Her meditation journey began over 20 years ago, right around the time that she started yoga. Colleen has studied Vipassana (Insight) Meditation and various other styles. In combination with yoga, a daily meditation practice has helped her overcome depression, and anxiety. She loves sharing techniques with students that have the ability to create real positive change in their lives.







# Thursday, March 25, 2021 at noon Katie McDougall:

"Jumpstart Your First Novel"

Executive Director for The Porch Writers' Collective
The Porch inspires, educates and connects writers and readers of all ages and stages
through classes and literary events.



BY ZOOM RSVP shels53@gmail.com



#### Katie McDougall

**Publications:** 

Education: Colorado College: B.A. in English
University of Colorado, Boulder: Teaching Certification
Colorado State University: M.F.A. in Fiction Writing
She has been an English Teacher and Department Chair at The Colorado
Springs School; Teacher at Cheyenne Mountain High School, Colorado
Springs, CO; Ensworth High School, Nashville and Master Teacher in
Residence at The Cape Eleuthera Island School, Bahamas.

- "The Ocean Spoke." 2020. Chapter16.org
- "Review of City on Fire." 2016 for Bacon on the Bookshelf.
- <u>"Retreating at Rivendell"</u> 2015 in *Second and Church* "*A Love Story.*" 2015. One of four plays chosen for production at Pulp Friction 10-Minute Play Festival
- The Color Wheel. 2012. Self-published. Staff pick and weekly top-ten bestseller at Parnassus Books.
- "Make Cornbread, Not War.": Southern Foodways Alliance: Celebrating the American South Via Food." 2012 in Second and Church's Food Issue
- *Imagine a Beautiful Book*. 2013. Commissioned to write content for commemorative book for the American Academy of Bookbinding in Telluride, CO.
- "Canyon Country." 2012 in Soundrack Not Included, an anthology of Nashville Writers Meet-Up.
- Barcelona Review: BarcelonaReview.com. Jan/Feb 2006 "Long Ride Home."
- Storyglossia: Storyglossia.com. May 2006. "Campsite #11"

#### Honors and awards:

- Honorable mention in the Betty Gabehart Prize, 2020 for "Howling Baby Arch"
- Guest Presenter at WritersFest, Nashville, 2019
- Guest Presenter at Creative Mornings Nashville, 2016
- Student-elected graduation speaker at The Colorado Springs School, 2006
- Four-week writing residency at the Kimmel•Harding•Nelson Center for the Arts in Nebraska City, Nebraska, October 2006
- AWP Intro. Journals Award Nomination (Fiction) for Colorado State University, Fall 2004
- Paul Gillette Writing Contest Finalist: Pikes Peak Writers Association, Spring 2005 for "Canyon Country"

# THE PORCH PRIZE 2021

awards in fiction, poetry, and creative nonfiction

#### **FINAL JUDGES**

Fiction: David James Poissant
Poetry: Maggie Smith
Creative Nonfiction: Aimee Nezhukumatathil

deadline to submit; February 28 full guidelines:











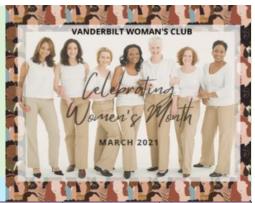








# March 2021



#### Picture by Anna Walker

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jonady		2	3		5	
	Book Group 2 1pm	2	3	4 Bluebird Cafe	5	6
7	8	9 Meditation 10am	10	II ZOOM French Ipm	12	13
Book Group 1 2:30pm	15	Community Service 9:30am Chocolate 10am	17	18	19	20
21	22	23 Loosely Bound 7pm	24	The Porch Noon	26	27
28 FIRST DAY OF PASSOVER Passover	29	30	31			

**NOTES** 

**RSVP** 

<u>tracy.stadnick@vanderbilt.edu</u> Meditation <u>shels53@gmail.com</u> The Porch

## Vanderbilt and Community Events by Tracy Stadnick:

#### Nichols-Chancellor's Medal speakers

See commencement website for more information: <a href="https://www.vanderbilt.edu/commencement/">https://www.vanderbilt.edu/commencement/</a>

#### Dr. Anthony Fauci to deliver 2021 Vanderbilt Graduates Day address

Dr. Anthony Fauci is the Vanderbilt University Class of 2021 Graduates Day speaker.

Dr. Anthony Fauci, the nation's top leader in infectious disease research and an internationally renowned biomedical scientist, will receive V anderbilt University's prestigious <u>Nichols-Chancellor's Medal</u> in May 2021 when he speaks to the university's graduating students and their families.

Caroline Kennedy is the Vanderbilt University Class of 2020 Graduates Day speaker. Caroline Kennedy was class of 2020 Nichols-Chancellor's Medal recipient. Her speech was rescheduled for this year. Find more information about both speakers on the commencement website.

Owl's Hill Nature Sanctuary: wildflower hikes, www.owlshill.org

Cheekwood: View Tulips, Daffodils

Art Exhibit: Woman to Watch, Art by Woman on exhibit until May 2

Tennessee Native Plant Sale April 10th pre-register <u>www.cheekwood.org</u>

#### Vanderbilt University websites that you might find helpful as you look for events:

**Chancellor's Lecture Series:** See the past lecture, "Project on Unity and American Democracy, with Condoleezza Rice, Al Gore, and Jon Meacham." Also subscribe to get future Chancellor's Lecture Series notices. <a href="https://www.vanderbilt.edu/chancellor/lecture-series/">https://www.vanderbilt.edu/chancellor/lecture-series/</a>

Margaret Cuninggim Women's Center: *March Women's History* see website and/or page 11 for events. <a href="https://www.vanderbilt.edu/womenscenter/">https://www.vanderbilt.edu/womenscenter/</a>

#### Vanderbilt News and Events:

This website has information from research, to announcements, to new studies, and events. <a href="https://news.vanderbilt.edu/">https://news.vanderbilt.edu/</a>

MyVU <a href="https://news.vanderbilt.edu/myvu/">https://news.vanderbilt.edu/myvu/</a>

To subscribe: https://news.vanderbilt.edu/section/myvu/myvu-takenote/

#### VanderbiltLocal News to subscribe:

Lists events for the month that happen throughout campus.

https://www.vanderbilt.edu/community-relations/newsletter.php

The Dyer Observatory is hosting virtual talks throughout the month and Stargazing parties.

https://dyer.vanderbilt.edu/

**VU YouTube website** that shows past YouTube discussions from Vanderbilt, from Dyer Observatory, to Art. This site has recordings from the past 4 months.

https://www.youtube.com/channel/UC2FWUD6TVQT9jmxZ8AA\_pMQ

Vanderbilt Calendar <a href="https://events.vanderbilt.edu/">https://events.vanderbilt.edu/</a>

# Celebrate Women's History Month 2021! Events by Margaret Cuninggim Women's Center

https://www.vanderbilt.edu/womenscenter/ Gathered by Tracy Stadnick

Picture a Scientist Film Discussion Tuesday, March 9, 4:00 p.m. CT

Enneagram Workshop Liz Perez, Licensed Marriage and Family Therapist Thursday, March 11, 12:00 p.m. CT

Pandemic Parenting Check-in Friday, March 12, 12:00 p.m. CT

A Conversation with Patricia Resnick: Screenwriter, Nine to Five Monday, March 15, 5:15 p.m. CT

She Persisted: The Past, Present, and Future of Women in Sports: Candice Lee, Vice Chancellor for Athletics and University Affairs Sharon Shields, Senior Associate Dean of Student Empowerment Members of women's athletic teams

Tuesday, March 16, 5:00 p.m. CT

Tuesday, March 16, 5:00 p.m. CT

Favorite Children's Books Emily Pendergrass, Associate Professor of the Practice of Literacy Education Thursday, March 18, 12:00 p.m. CT

Freebie Friday: Cross-Stitching Friday, March 19, 3:00 p.m. CT

The Future of Feminism Wednesday, March 24, 5:00 p.m. CT

Women's Leadership in the Academy:

Bonnie Dow, Dean of Academic Affairs, College of Arts and Science Katherine Friedman, Vice Chair of Biological Sciences Jeannette Mancilla-Martinez, Associate Dean for Academic Affairs and Graduate Education, Peabody College Padma Raghavan, Vice Provost for Research Wednesday, March 24, 12:00 p.m. CT

Cuninggim Lecture: Eloquent Rage: The Power of the Angry Black Woman Brittney Cooper, Associate Professor of Women's and Gender Studies and Africana Studies, Rutgers University Thursday, March 25. 5:30 p.m. CT

Freebie Friday: Self-Care
Friday, March 26 All Day

Women in the Workforce and COVID-19: Where Do We Go from Here? Elizabeth Gedmark, Vice President, A Better Balance: The Work & Family Legal Center Monday, March 29, 12:00 p.m. CT

Womxn Who Work: Professional Headshots Tuesday, March 30, 12:00 p.m.-2:00 p.m. CT

Rolled 4 Ever Ice Cream Food Truck
Friday, March 31, 2:00 p.m.—4:00 p.m. CT
Vandy Ride Stop behind Sarratt
For information, please contact bailey.h.via@vanderbilt.edu

#### To register for the events and the full event calendar, click here

### Some key reminders from Vanderbilt:

- Always wear a face mask when around others.
- Also make sure your mask fits properly to help protect yourself and others as much as possible.
- Wear a face mask during meals with others and only take it off to take bites and sips.
- Keep 6 feet of distance when hanging out or eating with others—this includes both indoors and outdoors, whether just hanging out or participating in an activity.
- Avoid crowded areas on campus and around Nashville.
- Do not attend large gatherings, defined as more than eight people according to university safety protocols.
- Avoid getting in cars with others.
- Regularly wash your hands. As published in VUToday: Faculty Return to Campus Update

# VWC in-person meeting guidelines:

Our V anderbilt W oman Club Guidelines are different from Nashville Guidelines:

VWC follows V anderbilt University Phase Guidelines for COVID-19.

V anderbilt University Guidelines are in Phase II:

"Gatherings up to 8 as long as physical distancing can be maintained and safety protocols (e.g., face masks/coverings) are followed."

The board recommends: No sharing of food and drink. Members should bring their own food and drink to events at this time. Members cannot participate if they feel sick or have a fever.

We appreciate your concern for everyone's health and your participation to help keep our members safe!

# Ask an Expert: Why is it still important to follow COVID-19 safety protocols after receiving the vaccine?

Vanderbilt University Senior Associate Dean for Graduate Medical Education and Professor of Medicine Donald W. Brady <u>discussed the importance of continuing to follow COVID-19 health and safety protocols even after receiving the vaccine during the Spring Return to Campus Town Hall on Jan. 13, 2021.</u>

https://www.youtube.com/watch?v=FEc7uYgJcHo

# Ask an Expert: How can you spot misinformation about COVID vaccines?

Vanderbilt University Assistant Professor of Psychology Lisa Fazio <u>discusses how to distinguish between valid and false information</u> about the COVID-19 vaccines.