President's message

I piled up my plate, and I ate and ate, but I wish I had known when to stop, for I'm so crammed with yams, sauces, gravies, and jams, that my buttons are starting to pop.

Jack Prelutsky

This is the way I felt after the Thanksgiving meal, and now I’ve done it all over again for Christmas! Media stories often suggest that the average person gains 7 to 10 pounds between Thanksgiving and Christmas, but several studies now show that the average weight gain during the winter holidays is just one pound. So don’t be hard on yourself if you overindulged a little…a new year is here, and with it come resolutions to make changes. I did a little research, and here is a list of some of the most common New Year’s resolutions:

1. Lose weight
2. Quit smoking
3. Learn something new
4. Spend less, save more
5. Spend more time with family
6. Enjoy life to the fullest
7. Stay fit and healthy
8. Volunteer
9. Travel to new places

In the VWC, we have our own list of things to do. 2016 brings our Annual Meeting on Thursday, January 14th at the Vanderbilt Old Gym. We are thankful to vice provost for enrollment and dean of admissions Doug Christiansen and his assistant, Terri Hershberger, with help from Briana Christian, for once again hosting/arranging our meeting and subsequent lunch. There is no charge for the event, but please be sure to RSVP immediately to our VP, Kelly Chambers, kellychambers420@yahoo.com, if you are able to attend, as we must quickly finalize arrangements for valet parking and lunch. Kelly has asked Victor Judge, Assistant Dean for Academic Affairs at the Vanderbilt Divinity School, to be our guest speaker. We also will vote on next year’s VWC executive board, so you won’t want to miss this meeting. I hope you also have your calendars marked for Friday, February 5th for our tenth annual ScholarSips at the Vanderbilt Central Library.

Back to our list of resolutions: maybe not surprisingly, #10 is, “Stop making resolutions,” probably because so many are broken so quickly! Alas, hope springs eternal, so I will continue to make my list each year and strive to honor it. And whether you are a list maker or not, I hope 2016 brings all good things to you and your loved ones.

Happy New Year!

Lisa

Next meeting: Annual Meeting  10:00 a.m., Thursday January 14, 2016
Vanderbilt Historic Gym
Special guest speaker: Victor Judge followed by lunch.
DEADLINE FOR LUNCH RESERVATIONS IS JANUARY 3
409-771-5731  kellychambers420@yahoo.com
Details are on page nine.
Welcome new members
Diane Acree * Joy Allington-Baum * Kiersten LeBar * Serina Ng * Jane Schlater

A Word About Our Luncheons

Did you know...?

- It is extremely helpful when members reserve and pay for lunches by the deadline posted on the invitation?

- Deadlines are set by the food & beverage managers at the venues, and they plan how much food to buy/prepare, how large a wait staff to have on hand for the event, how much to charge the VWC for the room/setup (including calculations for gratuities, valet services, etc.) based on the figure VWC provides at the time of the deadline?

- Menus are decided upon and set well before the invitations go out, so substitutions are not accepted by most venues? (It is not the same as going to a restaurant and asking for salad instead of fries with your meal—they count on producing a set number of meals in exactly the same way and are not prepared to deviate from that menu.)

- If you reserve a spot at a luncheon and then don’t pay, the VWC still has to buy your lunch, even if you aren’t there to eat it?

- Thank you for helping us to arrange successful events. Your courtesy in responding and paying on time makes the job of our Hospitality Committee so much easier!

JANUARY 3, 2016
IS THE DEADLINE FOR RESERVATIONS FOR LUNCH & VALET PARKING AT THE BUSINESS MEETING IN THE OLD GYM ON JANUARY 14.

Schedule of Events still to come in 2016

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td>ScholarSips</td>
<td>Friday, February 5, 2016</td>
<td>5:30-8:00 p.m.</td>
<td>Vanderbilt Central Library</td>
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<tr>
<td>VWC Lecture Series</td>
<td>Tuesday, March 15, 2016</td>
<td>10:00 a.m.</td>
<td>Brentwood Public Library</td>
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<tr>
<td>Wine Down Wednesday</td>
<td>Wednesday, April 20, 2016</td>
<td>6:00 p.m.</td>
<td>Dyer Observatory</td>
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<tr>
<td>End of Year Luncheon</td>
<td>Thursday, April 28, 2016</td>
<td>11:30 a.m.</td>
<td>Richland Country Club</td>
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</tbody>
</table>
Get Your Party On
at
ScholarSips 2016

Tasty Asian hors doeurves, wines from around the world, and a fabulous silent auction make ScholarSips 2016 the one party you won’t want to miss. Have fun ringing in the Chinese New Year with us and support the biggest VWC fundraiser of the year.

The silent auction will feature beautiful jewelry, restaurant gift certificates, sports packages and memorabilia, theater tickets, original art, a pair of rocking chairs and much, much more. The evening’s entertainment features jazz vocalist Christina Watson, who can be heard on Sirius and XM Real Jazz radio.

We hope to have a record crowd this year, so please send in your ticket order as soon as possible and bring a friend!

All proceeds benefit the Stapleton/Weaver Scholarship Fund.

Response cards should be returned to:
Vanderbilt University
Vanderbilt Woman’s Club
714 Pennines Circle
Brentwood, TN 37027-8770

Your invitation is in the mail....
Interest Groups

Contact information and details are available in the directory.

Book Group 1 * Book Group 2 * Tuesday Bridge * Thursday Bridge * Cocktail Club * Community Explorers * Community Service * French * German * Gourmet Group * Italian * Mah Jongg * Movies * Out to Lunch * Spanish

Gourmet Group

Saturday, January 23, 2016
Winter Feast
at the Hogge’s

Saturday, May 14, 2016
at the Holroyds’
Carmen Gherman 615-354-4421
cggberman@yahoo.com

See you at the movies

on Tuesday, January 19
Betsy Fleetwood
615-579-0903
befleet@aol.com

Español por favor

Meet the first Friday of every month for morning coffee from 9-10 am at Fido’s

*January 8th (*Second Friday), February 5th

Lorena Rivers Wilson
615-517-1064 lorenaktw@comcast.net

Cocktail Club

Our gracious hosts will be . . .
January 16 * Siesser
February 5 * ScholarSips
March 5 * Gherman
April * Curci
May * Thackston
June * Browning
September * Isaac
October * Stein
Lynne Siesser
615-298-5659
lsiesser7@gmail.com

Party time at Mah Jongg
Donors to the Stapleton/Weaver Endowed Scholarship
(December)
donations may be sent to Lynne Siesser, 2009 Overhill Drive, Nashville, TN 37215-3414

Fundraising goal
$15,000

$7,366

Donors 2015-2016

Betsy Fleetwood (in memory of Helen Golter)
Joan Hornberger (in honor of Lynne Siesser and Kendra Holroyd)
Marianne Huffman (in honor of Joan Hornberger)
Judy Isaac (in honor of Margaret Norris)
Sheila McCarty (in memory of Barbara LeVan)
Serina Ng
JoAnn Staples (in honor of Mary Nelle Bryant)

Tribute cards are available from Kelly Chambers.
Checks and details should be mailed to 1115 Lipscomb Drive, Nashville, TN 37204-4121.

Explorers Save the Date

Monday, February 29, 2016 at 10:30am-
for a tour of the School of Nashville Ballet located at 3630 Redmon Street, Nashville, 37209. The tour will include watching the Company in technique class, a behind the scenes look into their costume shop and warehouse, and watching rehearsal as the company prepares for Ballet Ball and Layla & Majnun (on the Carmina Burana ticket in May).

Our group will also have the opportunity to save on tickets to Carmina Burana if we decide to purchase on this day.

Anne Manner
acmanner@gmail.com

Community Service

Wednesday, January 13 at
LP Pencil Box
McCann Alternative Center, 1300 56th Av N, 37209

Kathleen Donofrio 615-383-8732
kafdonofrio@gmail.com
The Vanderbilt Woman's Club
Holiday Luncheon & Bazaar
at Brentwood Country Club
December 10, 2015

Want to see more photos from the Holiday Luncheon & Bazaar? Click below to visit the VWC website gallery.

Click here to see what’s new in the picture gallery on our website
Celebrating the Season with the Cocktail Club

Kendra & Ken Holroyd were the hosts of this wonderful holiday gala!

Photos courtesy of Chris Bowens
<table>
<thead>
<tr>
<th>Sunday</th>
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<td></td>
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<td></td>
<td>Don’t forget to RSVP to Kelly Chambers about the Annual Meeting on January 14th!</td>
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<td>3</td>
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<td>5</td>
<td>Mah Jongg 1 - 3 p.m.</td>
<td>VWC Board Mtg. 9:00 a.m. Parlez-Vous Français? 1 – 2 p.m. Bridge 1-4 p.m.</td>
<td>Español Por Favor 9-10 a.m. @ Fido's</td>
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<td>10</td>
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<td>12</td>
<td>Community Service – Pencil 9 a.m. - noon Mah Jongg 1 - 3 p.m.</td>
<td>Annual Meeting VU Old Gym 10:00 a.m. Bridge 1-4 p.m.</td>
<td>Sips Meeting 10 a.m. Cocktail Club @ the Siessers’ 6-8 p.m.</td>
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<td>17</td>
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<td>19</td>
<td>Mah Jongg 1 - 3 p.m.</td>
<td>Bridge 1-4 p.m.</td>
<td>Gourmet Group @ the Hoggies’ Winter Feast</td>
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<td>24</td>
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<td>26</td>
<td>Mah Jongg 1 - 3 p.m.</td>
<td>Lunch Bunch 12:30 p.m. Bridge 1-4 p.m.</td>
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Is your calendar marked for ScholarSips on Friday, February 5th?
Vanderbilt Woman’s Club
Annual Meeting

10:00 a.m.
Thursday,
January 14, 2016
Vanderbilt Old Gym

Please join us for:

- A brief business meeting, including the election of officers for the 2016 Vanderbilt Woman’s Club Board;
- A fascinating talk by Victor Judge;
- Lunch, generously provided courtesy of Dr. Douglas Christiansen and the Vice Provost’s Office.

R.S.V.P. by January 3, 2016

to Kelly Chambers via email at kellychambers420@yahoo.com
or by phone - 615-953-6512

Please indicate the following when you respond:

1. Are you attending the meeting?
2. Will you stay for lunch?
3. Will you need valet parking for your car?

The Old Gym is located on the West End Avenue side of the campus. To search for it on the campus map, under “Select a Building” use the words, “Old Gym”. http://www.vanderbilt.edu/map/
Pull into the circle by the Old Gym for valet parking.

You will not want to miss the talk at our Annual Meeting this year:

“The House of Possibility”

We are delighted to have Victor Judge speaking to our group in January. He has a very special talk designed just for us. As he commemorates the 130th anniversary of the death of American literary theologian Emily Dickinson he will draw correlations between the accomplishments of Dickinson and the Vanderbilt women for whom the scholarship is named.

Our Speaker

Victor Judge serves as the assistant dean for academic affairs and as lecturer in literature and religion at Vanderbilt University Divinity School. He earned his baccalaureate and graduate degree from George Peabody College and is currently in the thirty-sixth year of his vocation as an educator. His courses at the Divinity School explore the religious questions in the canons of literary-theologians Flannery O’Connor, William Faulkner, Albert Camus, Emily Dickinson, and Gerard Manley Hopkins. For twenty years he has offered courses in the Osher Lifelong Learning Institute at Vanderbilt and also lectures in religious education and formation classes in congregational settings.