

MAGNOLIA NEWS

MARCH, 2020 * VOLUME 22, ISSUE 7

www.vanderbilt.edu/vwc

The Vanderbilt Woman's Club brings together the women of Vanderbilt University; provides an opportunity for intellectual, cultural and social activities within the community and the University; supports and assists the mission of the University; and sponsors the Vanderbilt Woman's Club Stapleton/Weaver Endowed Scholarship through fundraising.

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President's Message

Well Ladies this is my last newsletter as President. It has been a fabulous 2 years.

I am grateful for the opportunity to serve and am leaving the club in the wonderful capable hands of **Tracy Stadnick**.

I am grateful we have such generous members and friends, that our fundraising has been so wonderful, and that we have reached our goal of having a second Endowed Scholarship - yes, we will have 2 students.

I am grateful to **Jan Goddard** who is our contact with Vanderbilt and will let us know as needs arise. Keeping it to one person helps Vanderbilt.

I am grateful that the club understood why we had to go into quarantine. You will see a SAVE THE DATE for the Spring Luncheon. If the quarantine has lifted, we will hold it. An email will be sent out from **Tracy Stadnick** (as my computer has a virus and I cannot get it fixed yet) with further details.

I am grateful to all the women who have volunteered their time to help make Vanderbilt Woman's Club a success.

I am grateful to the membership and how supportive we are of each other. If you would like a phone call or know someone who would like one please let me know at joyallingtonbaum@gmail.com or 214-755-5328. Reaching out to others is what members do best.

During this uncertain time, I am finding comfort in the words of Anne Lamott.

Gratitude is peace.

Joy



NEXT MEETING - contingent on quarantine lifting

Tuesday, May 12, 2020 at 11:30 a.m. Spring Luncheon Richland Country Club

The Vanderbilt Woman's Club acknowledges the late Margaret Branscomb, wife of Chancellor Harvie Branscomb, for the major plantings of the magnolia trees on campus and honors her in the naming of the newsletter.

**VANDERBILT
WOMAN'S CLUB**

Donations to the Scholarship

We made our \$20,000 goal!!!

Donations may be sent to 2009 Overhill Drive, Nashville, TN 37215-3414

Donations since the last newsletter

ScholarSongs gifts: Chris Browning, Joyce Gore, Anne Manner, Maisie Roden

In memory of Dede Clements: Elaine Blake, Ronnie Steinberg

Year to date:

Joy Allington-Baum, Judy Andrews, Becky Atack, Evadne Awh, Cheryl Baird, Elisabetha Baugh, Judy Bayer, Frannie Benner, Sharon Berenfeld, Audrey Brown, Faye Brown, Chris Browning, Anne Carr, Kelly Chambers, Amy Christiansen, Janet Crowson, Katie Cowan & William Kaminski, Peggy Curci, Rebecca DePriest, Katrina Dickerson, Kathleen Donofrio, Liz Doyle, Hope Estopinal, Betsy Fleetwood, Nancy Fruetel, Dot Galloway, Kathleen Garthwaite, Nancy Gentry, Carmen Gherman, Jan Goddard, Kay Hall, Rita Hall, Joy Hambrick, Cherie Hamilton, Clare Heiberger, Sharon Hels, Kathy Hood, Joan Hornberger, Sheila Jensen, Lael Kiesling, Ursula King, Leslie Kirby, Helen Kornblum, Anne Krimm, Lindsay Lawrence, Jamie Leddin, Lynn Maddox, Anne Manner, Sheila McCarty, Elaine McKenna, Jeannette McNeil, Amelia McTamaney, Jennie Mills, June Morton, Margaret Norris, Rosann Nunnally, Billie Patton, Suzanne Petrey, Billie Jean Pinson, Cami Platek, Anne Plummer, Sara Plummer, Katherine Porter, Mary Raffety, Ebbie Redwine, Elizabeth Rich, Stacy L. Robinson, Roxanne Roske, Kim Ross, Elaina Scott, Vivian Shields, Mary Helen Short, Lynne Siesser, Nancy Simerly, Cindy Slobogin, Amy Smith, Cristina Smith, Sandy Spitz, Tracy Stadnick, Mildred Tilley, Claire Tschudy, Joyce Weingartner, Grace Wernke, Diane Whalley, Faye Wyatt

Kendra Scott, VWC Board, Cookie Exchange

Holiday Bazaar Vendors: Elaine Blake, James & Faye, Joan Hornberger, NJS, Sara Plummer, Emma Robinson, Jennifer Sanders, Kendra Scott, Sheree, Bill Siesser, VWC, Jane Youngman

ScholarSongs Sponsors: Joy Allington-Baum & Howard Baum, Judy Andrews, Elisabeth & Warren Sandberg, Tracy & Mike Stadnick, Peggy & John Curci, Elizabeth & Sam Doyle, Betsy & Dan Fleetwood, Dot & Ken Galloway, Nathan Green, Sharon Hels, Lydia Howarth, Sheila & Gary Jensen, Ann & John Krimm, Yolonda Brooks & William Robinson, Andy & Tom Taylor, Stephanie Ward

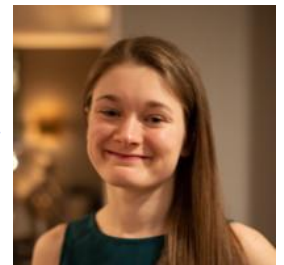
ScholarSongs Donors: Joy Allington & Howard Baum, Judy Andrews Evadne & Mark Awh, Mary Baysinger, Linda & Darrell Bengson, Debbie & John Biord, Sujata Biswas, Merle Born, Anne Carr, Kelly Chambers & Ed Sherwood, Peggy & John Curci, Liz & Sam Doyle, Hope Estopinal, Betsy & Dan Fleetwood, Nancy Fruetel, Dot & Ken Galloway, Kathleen Garthwaite, Nathan Green, Joan Harshman, Sharon Hels, Becky Hickson, Joan Hornberger, Lydia Howarth, Sheila & Gary Jensen, Lael & Gordon Kiesling, Ursula King & Blackford Middleton, Helen Kornblum, Ann & John Krimm, Lindsay Lawrence, Celia & Aaron Lerch, Amelia McTamaney, Valerie & Elliott Middleton, Anjali & Pratik Pandharipande, Anne Plummer, Mary Raffety, Susanne & Matt Riess, Yolonda Brooks & William Robinson, Anne Roos, Roxanne Roske, Elisabeth & Warren Sandberg, Vivian Shields, Amy & David Smith, Leslie Smith & Ford Ebner, Elaine & Bob Smyth, Sandy Spitz, Tracy & Mike Stadnick, Dianne & Craig Sussman, Andy & Tom Taylor, Penny TeSelle, Betty Thackston, Tiffany Tung & Steve Wernke, Stephanie & Fred Ward

Tribute cards are available from Lynne at all meetings.

Where are our scholars now?

Mason Grow (2016 - 2019)

Mason is heading to Georgetown Law School in the Fall. She has been an Intake Intern at Legal Aid Society of Middle Tennessee and the Cumberland and Business Administrator for The Project Company since graduating.



We are proud of our scholars.

ScholarSongs 2020

\$18,500

[click here to make your donation by credit card](#)

If you donate on line and your name does not appear on our honor roll, please email lsiesser7@gmail.com

Welcome new members . . .

Tiffany J. Degrafinreid



grew up in Birmingham, AL. She attended Alabama A&M University where she graduated with her Bachelors and Masters degree in Social Work. Tiffany continued her education at Tennessee State University where she obtained her second Masters degree in Public Administration which is what brought her to Nashville, TN. Currently, Tiffany works as a Medical Social Worker at the Department of Veteran Affairs.

Previously she worked as a School Social Worker in Metro Nashville Public Schools where she provided counseling, crisis intervention and various resources to many of the underserved students.

While attending Tennessee State University, Tiffany met her best friend and husband Alfred Degrafinreid II who is currently employed at Vanderbilt as the Associate Vice Chancellor for Community Relations. They have two children together Alfred Degrafinreid III (Trace) age 4 and Chancellor Joelle (22 months).

Tiffany loves spending time with the kids at the Adventure Science Center and BoomBozz Pizza in East Nashville as well as catching a show with her husband at TPAC or the Schermerhorn Symphony Center. The Vanderbilt Woman's Club attracted Tiffany as an opportunity to meet and socialize with other like-minded women. Tiffany also likes that the VWC offers a scholarship to a needy student.

Tiffany's favorite movie is *The Color Purple*.

Tiffany enjoys spending time with family, relaxing and getting an occasional spa treatment.

Tiffany's superpower, just like all the other wives and mothers, is juggling several tasks at once and making it look effortless.

Brianna Roe



VWC Stitchers Help Out by Sewing Medical Masks

We give thanks to VUMC emergency preparedness personnel for their quick and thorough communications during a very difficult and busy time.

Team work in doing all the little tasks it takes to make everything come together quickly was the theme of the week.

So far, **24** VWC members have signed up to sew and **234** medical masks have been delivered, with more masks in production for VUMC and another clinic.

Abundant thanks go to the health care workers and support staff at all health care systems. We are hoping they will be safe as they deliver critical care, especially **Amy Smith** and **Peggy Curci**.

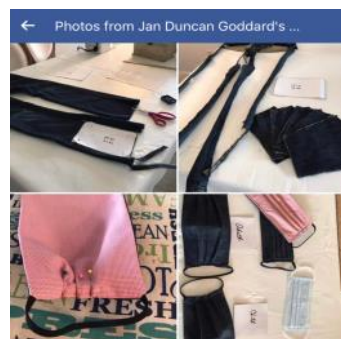
Thanks also to **Textile Fabrics** for taking the time to cut and bag each VWC stitcher's supplies, making the logistics of distributing fabric, elastic and thread infinitely easier. Show them you appreciate it by giving them your business when they reopen.



If you want to help out contact

Ursula King
at ursula.king@gmail.com

All for one and one for all!



[Click here to see what's new in the picture gallery on our website](#)

How are you coping?

Well I am cleaning closets and drawers and finding things I forgot I had. I have 4 bags of clothes for Operation Stand Down which serves veterans. They are not taking items now and I have boxes and bags from neighbors too. Ben has helped me change to LED bulbs (am behind I know). We are now working on his garage and closets so it does feel good to get this done. We will also work on my garage so organization is the goal.

For exercise I prefer to get out and walk my dog though the weather is not cooperating. I also am using Utube for exercise programs by Leslie Sansone (her voice is aggravating so mute the sound and follow). You can do her tapes slowly or moderately or kick up the pace as you wish. Other exercise instructors I like are Jessica Smith, and Gina B (from Australia). My regular exercise instructor will use zoom so we can exercise with her.

Hoping we all do not gain weight during this difficult time. Wish all well. **Susan Winchester**

On the news front...

Loosely Bound Book Group might possibly meet in late April, moving on to the April book selection **Female Persuasion**. Elisabeth will send an email update.

Campus Lunch Bunch is discontinued until further notice.

Coping...

- *My daughter and I have marched around the Deerwood Arboretum 4087 times.*
- *I have started baking bread and giving it to unsuspecting neighbors who I know are trying to avoid carbs.*
- *I am contemplating costumes for my cats.*

I am working out in my head how I can record an internet rant as effective as the one posted by that Israeli mom on her second day of homeschooling. https://youtu.be/H7_wvQHMG0I

Liliana and I are wondering why the bulk bag of yeast (which we are using for our carb poisoning campaign) specifies that it is non-GMO. We are pretty sure genetically modified yeast is still the stuff of craft brewer's dreams and represents the cutting edge of viticultural science. As such, the labeling is about as necessary as labels specifying that broccoli is gluten-free.

I spent the better part of a day rearranging things in my study so as to create an optimally attractive background for Zoom meetings. Then the truly STUPID male cardinal who attacks his own reflection in my study windows woke up and started at himself again. Even if I could angle the camera in such a way as to not see his bright red body bashing against the window over, and over, and over, everyone could still hear him. Sounded like something from a horror film. I had to relocate my film studio to the bedroom and start all over again with set dressing.

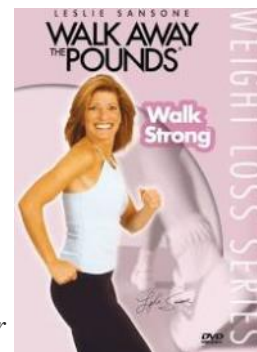
I had a morning of mourning wherein I visited my closet and said hello to all of the cute clothes and that I don't have a reason to wear anymore. I tried wearing beels around the house, it didn't feel nearly as glamorous as I had hoped. Especially not with sweat-pants. **Elisabeth Sandberg**

People in our neighborhood are organizing, via the neighborhood listserv, for a "Bear Hunt" on a certain date for parents with little kids. Anyone interested, replies to the organizer with his/her address and then puts a stuffed bear (or any other animal/s) in his/her house window. On the date of the hunt, kids can spot all the wildlife from the sidewalk, or as in my neighborhood, the street.

Others might enjoy trying this in their neighborhoods. **Lydia Howarth**

I'm wondering how others' pets are coping with their being home all the time!

My two little doggies love me dearly, but I think they'd like for me to go to Lynne's house and play bridge! A friend who does facebook said that a little dog posted that he wanted to "rehome" his humans—way too much togetherness! **Mary Helen Short**



I have nothing for newsletter regarding LP Pencil as the volunteer coordinator never got back to me. I know they are donating bags of supplies for elementary children. They distribute them to the schools. Not sure how they go about handing them out. I saw this on the news.

As for myself, I sewed several masks for VUMC. Otherwise, working on other sewing projects, working on a jigsaw puzzle, cleaning and doing all chores necessary to keep house and going on a couple of walks a day around my neighborhood with my husband. Trying to get some groceries delivered has taken some time as well. Overall, really doing well. **Joan Hornberger**



DONATIONS NEEDED

One Generation Away is a local organization dedicated to providing food to our neighbors in need. They have been asked by both the Williamson County Schools and Franklin Special School District to provide food boxes to children, families and the elderly.

Donate Food

OneGenAway specifically needs: Canned Corn, Peanut Butter, Canned Chicken & Tuna, Pet Food

When you are shopping for yourself, please pick up extra containers of these items.

OneGenAway will have collection boxes set up outside of its warehouse facility located at:

104 Southeast Parkway, Suite 300 (behind the Graceworks store)

These boxes will have the "Mind the Gap" logo on them for identification. You can drop off the food **7 days a week at any time of day**. You do not have to speak to or come in contact with anyone.

We are also collecting pet food, which can be dropped off at One Gen or in the blue collection bins outside of the Animal Center at **106 Claude Yates Drive** (behind the old Yates Vocational School). Also available 24 hours every day. We are trying to help people keep their pets during this time when they might have to make a choice between food and pets. People often choose to feed their pet over feeding themselves. In addition, I learned today that a \$100 donation to OneGen can supplement meals for an entire month for a family of four. **Lynn Maddox**

Our Community Service group's main charitable endeavors, Second Harvest and Pencil Foundation are welcoming donations towards the extra needs created by the corona virus and the tornado.

Donation and volunteer opportunities can be found for Second Harvest on their Facebook page or website.

<https://www.secondharvestmidtn.org/> [email volunteer@secondharvestmidtn.org](mailto:emailvolunteer@secondharvestmidtn.org)

Donation and volunteer opportunities can be found for Pencil Foundation on their Facebook page and website.

<https://www.pencilforschools.org/donate> **Anne Manner**



I will tell you that it is VERY hard for those in assisted living facilities or nursing homes — they are on lockdown — no visitors at all and can't go out. 😞

My mom **Elisabetha Baugh** is one of them, and she does not understand well why I can't come see her — I'm usually there every day. The staff does help by doing video chats with the residents and families. The Hearth at Hendersonville, where she is, has started a new program — maybe some of the VWC members or their families would like to participate? See info below:

Introducing: Our Love More Letter & Artwork Program!

In a time when so many of us are practicing social distancing, or are under quarantine, it's important that we find ways to stay positive and stay connected. That's why we're rolling out some options for family members, friends of the community, or local families with children at home due to school closings, to submit letters or artwork to our residents to help lift their spirits. Here's how you can send in letters, drawings, or paintings to our residents:

1) Scan it and send it to lovemore@thehearthllc.net

2) Mail it to our community address

3) Drop off a copy in the labeled box in front of our community

Thank you in advance for spreading cheer! It means the world to our residents!

And if anyone would like to send a card to my mom I know she would appreciate it.

Mrs. Elisabetha Baugh, Apt. 325, 419 E. Main Street, Hendersonville, TN 37075 **Carol Webster**



One of the ways I'm keeping busy is using this link:

https://hellogiggles.com/news/museums-with-virtual-tours/?utm_source=emailshare&utm_medium=email&utm_campaign=email-share-article&utm_content=20200317

This takes me to lots of wonderful art and reminds me of the beauty in the world.

Joy Allington-Baum



Sheila Jensen's sister sent this link for bridge. You can play on the computer with your friends and never leave home. Four of us tried it last Monday and it was a hit.

<https://www.bridgebase.com> Lynne Siesser



Pandemic

What if you thought of it
as the Jews consider the Sabbath— the most sacred of times?
Cease from travel.
Cease from buying and selling. Give up, just for now,
on trying to make the world different than it is.
Sing. Pray. Touch only those
to whom you commit your life. Center down.
And when your body has become still, reach out with your heart.
Know that we are connected
in ways that are terrifying and beautiful. (You could hardly deny it now.)
Know that our lives
are in one another's hands. (Surely, that has come clear.)
Do not reach out your hands. Reach out your heart.
Reach out your words.
Reach out all the tendrils
of compassion that move, invisibly, where we cannot touch.
Promise this world your love— for better or for worse,
in sickness and in health,
so long as we all shall live.
—Lynn Ungar 3/11/20 Tracy Stadnick



The last few days I have received shipments from Amazon or drop offs at my door of individually wrapped snacks to share with my health care colleagues at work. These have come from VWC friends. I will be taking these in and the staff and myself are very thankful! Would like to say thank you!!! To our membership! My direct Manager of the COVID unit has okayed this btm. Great to see the support our club has for one another. Amy Smith

Some good news

I'm delighted to announce to all of you, our ScholarSongs was the best ever!

We raised **\$18,500!!!**

Thank you so much for you donations, your auction items, your gifts, your attendance and help putting this fantastic night together! We really appreciate it! **Tracy Stadnick**

If anyone is interested in a breakdown of the numbers, please contact Tracy Stadnick. tstadnick@comcast.net



*ScholarSongs chairs,
Tracy Stadnick & Frannie Benner*

Tennessee Tornado Update

Since the deadly tornadoes on March 3rd, almost 580 Red Cross trained disaster workers from across the country have wrapped their arms around our community, providing more than 107,800 meals and snacks and distributing more than 39,400 relief items following the storms. Our volunteers have provided more than 4,800 individual care contacts to support health, mental health and spiritual needs. In coordination with partners, Red Cross opened 8 emergency shelters and provided more than 1,300 overnight shelter stays. Red Cross volunteers and staff are now focusing support on individual assistance, which allows people whose homes were destroyed or sustained major damage to quickly apply for – and receive – emergency assistance. (Photo by Scott Dalton.)

The extended deadline to file an application for emergency assistance is Wednesday, April 1, 2020. Homeowners and home renters who were affected by the tornadoes can determine if they are qualified for this assistance and complete an application by calling 800-RED-CROSS (800-733-2767) and selecting prompt #4. One gift of financial assistance is available to each qualified household. Those who think they may be eligible (and anyone who has applied to FEMA) should call immediately.

Coronavirus Update

As the extraordinary public health impact of the coronavirus (COVID-19) pandemic is felt across our nation, people in need still turn to the Red Cross when help can't wait. We know that natural disasters and other emergencies will continue to occur during the COVID-19 outbreak. (Both Davidson and Knox Counties have experienced large multi-unit apartment fires in the last 48 hours.) The Red Cross is adapting in order to meet the challenges presented by this pandemic so that we can continue to support individuals and families who rely on our lifesaving work—from home fires that affect a single family to floods that devastate entire neighborhoods and towns.

Critically, the Red Cross continues to face a severe blood shortage due to an unprecedented number of blood drive cancellations during this outbreak—as the number of hospital patients increases, so does the need for blood. As of March 24, nearly 9,000 Red Cross blood drives have been canceled across the country because of the coronavirus concerns, resulting in more than 250,000 fewer blood donations.

For more information about the impact of the Coronavirus on the Red Cross and our response, please review our latest donor information sheet (attached).

How You Can Help

There are multiple ways you can stand with us to help ensure the Red Cross can continue to deliver its lifesaving mission nationwide in the face of this public health emergency:

Consider making a financial gift to “Coronavirus Outbreak” today. <https://www.redcross.org/donate/donation.html/>

Make an appointment to give blood, if you are healthy and eligible.

Invite those in your sphere of influence who are healthy and eligible to make a blood donation appointment.

Volunteer. There are many opportunities to volunteer at the Red Cross, including from the safety of your house.

Tracy Stadnick

After the Tornado

This is a text message I received from Diane. I thought I would send her a note. I hate it that I cannot do anything to help her.

Wondered perhaps if some other members might also want to send her a note. **Lynn Maddox**

Hi, I'm still at Jeremy's. My new Leaf was delivered yesterday. I have power, gas, a new heating and AC. The plaster from the living room ceiling had to be removed and several rafters repaired. The roofer is coming today, at last. It has continued to rain into my living room, but the predicted sunny days are cheering.

Jeremy lives at 1419 Stratton Ave. 37206. **Diane Banks**



[Click here to see what's new in the picture gallery on our website](#)

Please find below the healthy food recipes that I have done while in quarantine. **Cindy David**

Immune Boosting Green Drink Smoothie-

(You can re-purpose a lot of the chop chopped veggies used in the salads to make this)

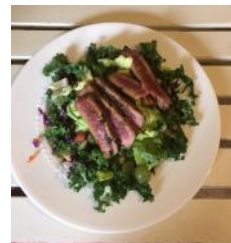
1 cup chopped spinach
1 cup chopped kale □
1 stalk of celery
1 avocado □
1 Green apple
1-2 bananas (optional) depending on your sweet factor
1 mini cucumber □ or 1/4 large cuke
1 lime
1/4 parsley finely chopped
16 oz. alkalized water (reverse osmosis, carbon filtered or even spring water - all fine)
Ice cubes - enough to chill drink
Blend all together in Blender, bullet, vitamin, or food processor... adjust ingredients according to container size.



Chopped Chicken Salad or Seared Ahi Tuna Salad-

Lunch/Dinner *(I do all my salad prep on Sunday evening and chop all veggies and put in containers). Also, You can add/subtract items according to your taste. Depending on how much you prep for the week, you could easily have 2-4 "ready" made salads and all you have to do is add the protein).*

1- cup chopped spinach hand torn or cut in half
1/2 cup Spring mix chopped
1/2 cup chopped kale □ finely chopped
1/4 cup shredded red cabbage & green cabbage
1 stalk of celery diced
1 carrot
1 avocado □ chopped
2 mini cucumbers finely chopped □ or 1/2- 3/4 large cucumbers
1-2 tomatoes diced



Lemon Dressing:

1/4 to 1/2 cup Olive oil
1/2- 1 lemon (fresh squeezed)
1 clove pressed garlic
1/2- 1 Tsp dried parsley, oregano or basil (whatever you have on hand)
Himalayan Sea Salt (ground) to taste
White or Black pepper to taste

Add Protein of your choice- Chicken (I usually grill my own chicken and season it. This time, I got lazy & used the rotisserie chicken from Costco (\$5.00) and cut into small pieces. The Ahi Tuna steaks came from Aldis (2-3 pack for under \$5.00)

Sunrise Scrambler (Breakfast)

2-4 eggs (whisk together, add 1 TBSP milk or half n half) set aside
1/4- 1/2 Onion (depending on taste)
1 pressed Garlic
2-3 TBSP Olive Oil - Sauté Onion, garlic & olive oil together (2-3 minutes, onions should turn opaque)
1 Red, Yellow, Orange, or Green Bell Pepper diced, add to onion sauté (1-2 minutes)
1 cup Kale lightly sautéed with above mixture 1-2 minutes till Kale starts to soften (do not overcook kale)
Sprinkle with Feta Cheese (enough to start melting in pan)
Add egg mixture to pan and start to scramble the eggs/veggies together
Top with Chopped celery, chopped cucumbers, & sliced avocados



Blueberry Muffins *(original recipe from my Grandma) (Gluten Free, but can use regular flour if you don't have allergies)*

3 cups flour (GF)
2 tsp. baking powder
1/2 tsp salt
2/3 Cup Milk (I used 1/2 & 1/2 b/c that's all I had)
1/2 Cup butter creamed
2 cups sugar
4 eggs "separated"
2 tspn vanilla
1 pint blueberries

Method:

Sprinkle blueberries with flour, set aside
Cream butter and sugar. Add yolks and vanilla and beat well. Sift all the dry ingredients add to the above mixture alternating it with the milk. Whip the egg whites till stiff (use glass bowl, not plastic they will become translucent) Fold the "floured" blueberries into the mixture. Bake at 350 degrees for 35-45 minutes for a loaf pan and 25-30 for muffin pan. Use the toothpick test to see if it comes clean in the middle of the baked good.



Taking long walks with our Golden Retriever, Pax, and enjoying the beauty of Springtime. **Frannie Benner**

Keep
healthy
and active



Communications Gurus

*Thank you for keeping us all informed.
Please send all photos or items you want to share to*

Kelly Chambers

kellychambers420@yahoo.com

Text: 409-771-5731

*She will disseminate all information. Kelly will also guide
you through joining our social media.*

The Team

Kelly Chambers - Coordinator

Nancy Dwyer - Publicity

Lisa LeMaster - Website

Lynne Siesser - Magnolia News

Pop-Up Group or PUG is a loosely formed

group of VWC members with diverse interests and sometimes flexible schedules who want to meet up with other members for fun outside of regularly scheduled club events. Movies, hikes, lectures, theater, festivals, music events, whatever – they are all game for

PUG click on <https://groupme.com/en-US/>



Instagram

Look for us as
vanderbiltwomansclub

or search for
@vanderbiltwomansclub

Stay Connected



*Join our VWC Facebook group to keep up with happenings
in the club throughout the year. It's a closed group so only
VWC members may post information or see posts. You do
need a Facebook account to join.*

Interest Groups Do you have another interest not listed?

Ebbie Redwine 225-281-3938 eRedwine9@gmail.com

DAYTIME

ANTIQUES: Lynne Siesser 3rd Tuesday at 10am
615-298-5659 - lsiesser7@gmail.com

BOOK GROUP TWO: Nancy Fruetel 1st Monday 1pm
615-297-5075 - nnfruetel@msn.com

BRIDGE TUESDAY: Mary Helen Short 2nd Tuesday 1pm
615-269-0538 - maryhelenshort11111@gmail.com

BRIDGE THURSDAY: Lynne Siesser Every Thursday 1pm
615-298-5659 - lsiesser7@gmail.com

COMMUNITY EXPLORERS

Chris Browning - 205-910-0745 - cpbrowning@aol.com

Frannie Benner - 404-909-9040 - mfbenner@aol.com

Ebbie Redwine 225-281-3938 Redwine9@gmail.com

COMMUNITY SERVICE: 1st Tuesday 9:30am

Anne Manner - 615-289-1040 - acmanner@gmail.com

Joan Hornberger - 615-730-5534 - zackapatch@gmail.com

FRENCH: Joan Harshman 2nd Thursday 12:30pm
615-864-8885 - joan.s.harshman@gmail.com

GET FIT: Heidi Bates

801-671-2363 - Heidi.m.bates@gmail.com

MAH JONGG: Cindy Slobogin Every Wednesday 1pm
352-339-4822 - slobogin@hotmail.com

MOVIE GROUP: Betsy Fleetwood

615-579-0903 - befleet@aol.com

OUT TO LUNCH BUNCH: Nancy Gentry

615-335-2895 - nancy1gentry@yahoo.com

QUILTING: Lynne Siesser

615-298-5659 - lsiesser7@gmail.com

VANDY LUNCH: Elisabeth Sandberg

2nd Wednesday 12:30pm

text: 617-957-2169 - elisabeth.sandberg@vanderbilt.edu

EVENING/WEEKEND

BOOK GROUP ONE: 2nd Sunday 2:30pm

Ann Ercelawn - 615-298-4766 - ann.ercelawn@gmail.com

Kitty Porter - 615-406-4352 - kitty.porter@gmail.com

COCKTAIL CLUB: Lynne Siesser

615-298-5659 - lsiesser7@gmail.com

GET FIT: Heidi Bates

615-771-2363 - Heidi.m.bates@gmail.com

GIRLS NIGHT OUT:

Amy Smith - 720-939-0135 - amyjsmith.rn@gmail.com

Cindy Slobogin - 352-339-4822 - slobogin@hotmail.com

GOURMET GROUP

Sheila Jensen - 615-351-4375 sheilajensen@comcast.net

Adele Stein - 615-309-6951 steinadele@hotmail.com

LOOSELY BOUND: Elisabeth Sandberg 4th Tuesday 7pm

text: 617-957-2169 elisabeth.sandberg@vanderbilt.edu

MAH JONGG - EVENING: 1st Monday 7pm

Cindy Slobogin - 352-339-4822 - slobogin@hotmail.com

MOVIES - EVENING:

Cindy Slobogin - 352-339-4822 - slobogin@hotmail.com

Betsy Fleetwood - 615-579-0903 - befleet@aol.com

MUSIC GROUP: Sue McDougall

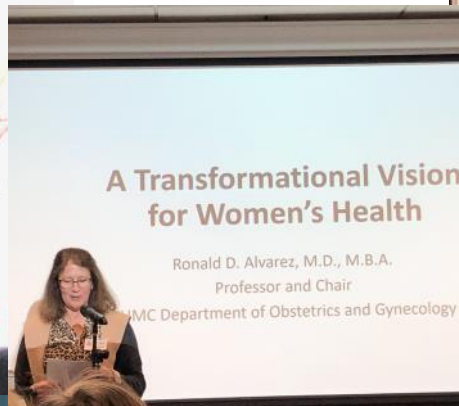
615-974-5121 - mcdougall.interiors@gmail.com

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Dr. Ronald D. Alvarez

Betty and Lonnie S. Burnett Professor, Chairman Department of Obstetrics/Gynecology

"Women's Health: A Transformational Vision for VUMC."



Those were
the days . .



...when we gathered together in
fellowship and knowledge-seeking.





Save the Date

Vanderbilt Woman's Club Spring Luncheon

Tuesday, May 12, 2020

11:30 am – 2:00 pm

Richland Country Club

One Club Drive

Nashville TN 37215

If it's a go we will send out a separate email closer to the date.

Both April lectures are cancelled and we will let members know when they are rescheduled.

Dr. Douglas H. Fisher

Associate Professor of Computer Science; of Computer Engineering; of Communication of Science and Technology

“Artificial Intelligence and Ethics”

Dr. Cameron Gordon

Associate Professor, MTSU Psychology Department

“Mindfulness”

At both these Green Hill presentations we will have light coffee, tea

Project Period

Donate feminine hygiene products at this year's meetings. This includes soap and deodorant. Donations can be left in the big pink bin or bag at each of our events or at Cindy's home, 1014 Greenwich Park

slobogin@hotmail.com

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