CampVandy Swim Protocols/Test Daily

- **Level 1 – Shallow Water**
  - All 4 and 5 year olds must wear our Personal Flotation Device (PFD/Lifejackets) and will only be allowed in the shallow end of the pool.

- **Level 2 – Shallow Water**
  - All campers ages 6 and up must take a shallow water swim test in order to swim without our PFD. Campers who choose not to take the shallow water swim test must wear our PFD in the shallow end.
  - The test consists of:
    - 5 bobs
    - Swim from the bottom of the shallow end stairs to the first lane line (approximately 15 yards) without stopping or touching the bottom.
  - If he/she passes the test, this will allow the camper to be in the shallow end without our PFD. If he/she does not meet requirements, he/she must wear our PFD.

- **Level 3 – Deep Water**
  - Campers ages 8 years and up have the opportunity to take a deep water swim test.
  - The test consists of:
    - Meeting Level 2 requirements
    - Swimming 25 yards without stopping or touching the bottom in the first lap lane in the shallow end.
    - Deep Water - Swim, level off, tread water, hold hands above the water while treading and swim. Each child will do this sequence three times. This skills should be done in lane #1, the first deep water lap swimming lane. This should take 25 yards.
  - Campers not passing Level 3 Deep Water test will not be allowed to free swim in the deep end, and may need to wear our PFD while in the shallow end if he/she is unable to pass Level 2.