

# Resource Letter

Here, the Vanderbilt Postdoctoral Association, in partnership with the Office of Postdoctoral Affairs, assembles focused information on specific resources available to Vanderbilt University (VU) and Vanderbilt University Medical Center (VUMC) postdocs

## Nashville Recommendations

Check out [do615.com](https://do615.com) and [nashvilleguru.com](https://nashvilleguru.com) for more information on what is going on around Nashville!

### Outdoor & Indoor Activities

- Parks and trails
  - Beaman Park
  - Centennial Park (contains a local [Art Museum](#))
  - Elmington Park
  - Fannie Mae Dees Park/Dragon Park
  - Hidden Lake
  - Land Between the Lakes
  - Percy Priest Lake Park
  - Percy Warner Park
  - Radnor Lake
  - Richland Park
  - Sevier Park
  - Shelby Bottoms Park
  - Stones River Greenway
- Museums and art centers
  - [Tennessee State Museum](#) (Free Admission)
  - [Frist Art Museum](#)
  - [OZ Arts Nashville](#)

### Sports, Crafts, & Hobbies

- Activities
  - [Mid State Sports League \(MSSL\)](#) – offers a variety of reasonably priced adult sports leagues and tournaments in the greater Nashville area
  - [Paddywax Candle Bar](#) – offers at-home and virtual candle making workshops
  - [Craftlove DIY](#) – offers DIY at-home craft kits
  - [Turnip Green Creative Reuse](#) – offers an open studio to create art
- Specialty shops
  - [Haus of Yarn](#)
  - [Plaza Artist Materials and Picture Framing](#)
  - [Smart Art + Craft Supplies](#)
  - [Textile Fabric Store](#)
  - [Turnip Green Creative Reuse](#) (pay what you can afford)

### Festivals & Fairs

- [Americanafest](#)
- [Bluegrass Along the Harpeth](#)
- [Bonnaroo Music & Arts Festival](#)
- [CMA Fest](#)
- [Defy Film Festival](#)
- [Franklin on the Fourth](#)
- [Main Street Festival](#)
- [Make Music Nashville](#)
- [Music City Brewer's Festival](#)
- [Music City Hot Chicken Festival](#)
- [Music City Jerk Festival](#)
- [Nashville Cherry Blossom Festival](#)
- [Nashville Cocktail Festival](#)
- [Nashville Comedy Festival](#)
- [Nashville Film Festival](#)
- [Nashville Pride Festival](#)
- [Pumpkinfest](#)
- [Sevier Park Fest](#)
- [Tennessee Craft Fair](#)
- [Tennessee Flavors](#)
- [Tomato Art Fest](#)
- [Yum!East](#)

### Housing & Roommates

- Off-campus housing and roommate resources: <https://offcampushousing.vanderbilt.edu/>

### Markets & Food Halls

- [12 South Farmers Market](#)
- [Assembly Food Hall](#)
- [East Nashville Farmers Market](#)
- [Franklin Farmers Market](#)
- [Hunter's Station](#)
- [K&S World Market](#)
- [L&L Market](#)
- [Nashville Farmers Market](#)
- [Richland Park Farmers Market](#)

Know of other good places or events? Head over to the [Vandypostdoc Slack](#), locate the **NashvilleRecs** channel, and share your recommendations with fellow postdocs!

This information is subject to change.

Please reach out to [OPA@vanderbilt.edu](mailto:OPA@vanderbilt.edu) if you have any questions.