

WINTER 2014

Osher Lifelong Learning Institute

at Vanderbilt

OSHER
LIFELONG
LEARNING
INSTITUTE



VANDERBILT
UNIVERSITY

Register online at
vanderbilt.edu/olli

The Osher Lifelong Learning Institute at Vanderbilt and the Vanderbilt Center for Integrative Health

The Osher Lifelong Learning Institute at Vanderbilt and the Vanderbilt Center for Integrative Health invite you to participate in the opportunities below. Free for all in the winter session. Space is limited and reservations are required by calling 343-0700 or registering online at vanderbilt.edu/olli.

All sessions will take place at the Vanderbilt Center for Integrative Health, 3401 West End Avenue, Suite 380. There is convenient parking at the center.

Center for Integrative Health Orientation Session

January 16, 2:00–4:00 p.m.

February 13, 2:00–4:00 p.m.

You will be walked through an experiential catalog of the center's mind, body, and spirit offerings—all tools designed to support your learning, health, and enjoyment of life at every stage of life. In addition to experiencing a taste of what the center offers, you'll also hear about the old and new science behind the modalities used—and why and how they work. The Vanderbilt Center for Integrative Health combines traditional medicine with complementary therapies that are proven, safe, and effective.

Spiritual Health and Advance Care Planning in the Second Half of Life

January 21, 2:00 p.m.

In this presentation, Dr. Roy Elam will discuss how, in the second half of life, we can celebrate our lives and prepare emotionally for the future. He will also review the aspects of an advance care plan and how to engage loved ones in the process. Dr. Elam is medical director for the Vanderbilt Center for Integrative Health where he is involved in educational and clinical activities. Passionate about his work with individuals and families at the end of life, Dr. Elam is a past chair of the Alive Hospice Board and a founder of the Vanderbilt Palliative Care Program. He is also associate professor of internal medicine at Vanderbilt University School of Medicine, where he teaches healing arts and interprofessional learning and serves as ombudsman.



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This publication is recyclable. Please recycle it.

Osher Lifelong Learning Institute (OLLI) at Vanderbilt University provides community members with stimulating intellectual and cultural pursuits through noncredit courses for adult students 50 and over. OLLI's educational programs, invigorating lectures and discussions, tours and trips, and cultural activities and events provide an informal, supportive, and relaxed environment for lifelong learning. OLLI is a cohesive group that projects a true sense of community, and always welcomes new members.

*The Division of Public Affairs
sponsors the Osher Lifelong
Learning Institute at Vanderbilt.*



Membership in the Osher Lifelong Learning Institute at Vanderbilt is open to all adults over 50 years of age interested in continuing to learn.

Benefits include:

- Opportunity to attend classes
- Opportunity to participate in all special events including day trips
- Monthly "Lunch and Learn" sessions
- Staying informed about other Vanderbilt activities and educational opportunities
- Access to Vanderbilt University libraries
- 10% discount at Vanderbilt Barnes & Noble Bookstore (limited to trade books and apparel)

Special Activities and Events

for Osher members are posted at vanderbilt.edu/olli

Please direct inquiries to:

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Osher Lifelong Learning Institute at Vanderbilt
Phone: 322-5569; Cell: 364-1331; Fax: 343-1145
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907 Estes Road
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Osher Lifelong Learning Institute at Vanderbilt is updating its mailing list. Please check your name and address and call 343-0700 with any corrections or email us at oshervu@vanderbilt.edu. Also, if you are no longer interested in receiving our catalog, please contact us and we will remove you from our mailing list.

For further information,
visit our website at
vanderbilt.edu/olli



FRIENDS OF OLLI AT VANDERBILT

It is our hope at the Osher Lifelong Learning Institute at Vanderbilt that this program continues to grow and enrich the lives of adults for many years to come. Monetary contributions are part of what ensures that the program will last and that it will continue to be affordable and accessible to all. OLLI at Vanderbilt has a rare opportunity to approach the Osher Foundation for an additional endowed grant, and in order to apply for this funding, it is necessary to show

that we have substantial support from within our own membership. We have set modest and achievable goals: a member participation rate of 20 percent and a total giving amount of \$20,000. You can support lifelong learning by completing the form below or you may visit vanderbilt.edu/giveonline, fill in the amount you would like to give, and click the Continue button. Opportunities to make a gift "in memory" or "in honor of" are also available online.



(Tear Here)

Donor name(s) _____

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Email _____

Please accept my gift of:

\$75___ \$100___ \$200___ Other _____

Mail this form with check made payable to
Osher Lifelong Learning Institute at Vanderbilt to:
 PMB 407727
 2301 Vanderbilt Place
 Nashville, TN 37240-7727

For additional information about other methods of payment, please visit giving.vanderbilt.edu and click "Ways to Give."

Gifts are tax deductible to the extent allowed by law. A receipt will be mailed to you.

**Your contribution is truly appreciated.
 Thank you!**

Winter 2014 Schedule at a Glance

Mondays	Music Hath Charms	Jan. 13–Feb. 17	9:30–11:30 a.m.
Tuesdays	Inspiring Hollywood: French Films Behind American Remakes	Jan. 14–Feb. 18	9:30–11:30 a.m.
Wednesdays	Realism: Instructions and Method for Fabricating People	Jan. 15–Feb. 19	9:30–10:45 a.m.
	Financial Crises—Lessons Learned from History	Jan. 15–Feb. 19	11:00 a.m.–12:15 p.m.
Thursdays	The Top Ten Best U.S. Political Speeches You've Never Heard	Jan. 16–Feb. 20	9:30–10:45 a.m.
	The Decade When the World at Home and Abroad Began to Change: 1910–1920	Jan. 16–Feb. 20	11:00 a.m.–12:15 p.m.
Fridays	Shakespeare Across the Centuries	Jan. 17–Feb. 21	9:30–10:45 a.m.
	Primer of Physics and Its Application to Society	Jan. 17–Feb. 21	11:00 a.m.–12:15 p.m.
Sundays	Osher Steel Drum Band	Jan. 12–Feb. 23	1:00–2:30 p.m.



Now you can register online! vanderbilt.edu/olli

When registering online, you will receive class confirmation immediately.
 Please mail form on page 11 or register online.

Winter 2014 Schedule of Classes

January 13–February 21, 2014

Class fee of \$80 entitles you to take three classes, with a \$10 fee for each additional class.

MONDAYS

January 13, 20, 27;
February 3, 10, 17

Location: St. George's Episcopal Church, 4715 Harding Road

9:30–11:30 a.m.

Music Hath Charms

Beth Gottlieb, *Member of Gary Sinise and the Lt. Dan Band and Former Professor of Music, Rollins College and University of Alabama*

Special Guest Instructor Danny Gottlieb, *Member of Gary Sinise and the Lt. Dan Band and Professor of Jazz Studies, University of North Florida*

Music has played a major role in the development of America, and was well represented in churches, synagogues, town meetings, clubs, concert halls, and arenas. In this course, we will focus on music that has aroused, comforted, distracted, and entertained Americans during times of stress, particularly in moments of strife within and out of the country. Beginning with the War of Independence, we will try to better understand a few of the many varied roles that music has played and continues to play as a vital part of our national life. Classes will consist of discussions about the USO and various musical organizations; hands-on experimentation with instruments; and presentations that will educate, entertain, inspire, and be thought provoking.

TUESDAYS

January 14, 21, 28;
February 4, 11, 18

Location: Belle Meade United Methodist Church, 121 Davidson Road

9:30–11:30 a.m.

Inspiring Hollywood: French Films Behind American Remakes

Amy Bertram, *French and Film Teacher, Watkins College; Film Teacher, Belmont University*

This course provides an introduction to the relationship between the production of French and American cinema, especially in terms of Hollywood remakes of French films. We will consider the notion of the remake alongside the broader field of adaptation theory, investigating not only filmic sources, but occasionally literary ones as well. We will consider a selection of French films from the 1960s to the 1990s, including Jean-Luc Godard's *A Bout de souffle (Breathless)*, Chris Marker's *La Jetée (The Pier)*, Luc Besson's *La Femme Nikita*, Coline Serreau's *Trois hommes et un couffin (Three Men and a Cradle)*, and Edouard Molinaro's *La cage aux folles*, as well as excerpts from some American films they inspired.

"This has been an especially good session. Bravo all around!"

WEDNESDAYS

January 15, 22, 29;
February 5, 12, 19

Location: The Commons Center, Vanderbilt campus

9:30–10:45 a.m.

Realism: Instructions and Method for Fabricating People

Andres Zamora, *Associate Professor of Spanish, Vanderbilt University*

Frankenstein, Pinocchio, the proliferation of talking statues, the abundant revival of the Pygmalion myth, the popularity of automatons in the toy industry...The nineteenth century, in spite of, or maybe due to, its positivism, scientific spirit, and materialism, seemed obsessed with the fabrication of people. One of the most effective gadgets devised in order to achieve that purpose was the realist novel. In fact, the standard of quality by which the realist novels were measured was their ability to create "characters of flesh and bone," figures able "to stand out of the page." The novels had to be people-producing machines; the author was equated to God, or to a fertile father; the characters were considered his offspring, and, aside from their biological sex, were unanimously "feminized," that is, forced to adopt in relation with the author the traits that the cultural discourse of the times considered inherent to women: passivity, receptivity, penetrability. We will examine the mechanisms that the realist novelist used, and still uses, to achieve all those goals. Furthermore, we will illustrate the discussion of literary texts with references to a set of paintings and caricatures of the nineteenth century as well as to some films that deal, directly or indirectly, with the topic at hand.



11:00 a.m.–12:15 p.m.

Financial Crises—Lessons Learned from History

Jeremy Attack, *Professor of Economics, Vanderbilt University*

In the late summer of 2008, the United States slipped (and some days it seemed, plunged) into what has proved to be the most serious and longest economic downturn in more than seventy-five years—the kind of economic crisis that many economists all but believed they had banished forever. Is it simply coincidence that this financial crisis occurred less than ten years after the last vestiges of Great Depression banking reform had been swept away? What went wrong? What signs did we miss, if any? Were 1930s financial regulations a mistake that had shackled the American financial sector? Equally important, why have we not yet recovered despite the extraordinary efforts and innovative policies of Federal Reserve Chair Ben Bernanke? Has that massive increase in Federal Reserve debt been for naught? Is government truly ineffective in promoting recovery through easy credit and public works expenditures? The class will focus on parallels between the 1930s and the current crisis but will also try to gain insight from a discussion of other, less dramatic financial crises during the twentieth century: especially 1907, 1920–21, and the 1980s and the symbiotic role of regulation and innovation in financial services.

THURSDAYS

January 16, 23, 30;

February 6, 13, 20

**Location: The Commons Center,
Vanderbilt campus**

9:30–10:45 a.m.

The Top Ten Best U.S. Political Speeches You've Never Heard

Vanessa B. Beasley, *Associate Professor,
Department of Communication Studies,
and Director, Program in American Studies,
Vanderbilt University*

Most of us probably remember reading the “great speeches” of U.S. history in school. Perhaps you were even asked to memorize the Gettysburg Address, for example. In this course, however, we will examine the “American experience” through ten of the lesser known—but still greatly consequential—speeches from U.S. history. Starting in the seventeenth century, our first text will begin before the nation itself begins, and we will end with a much more recent text, delivered at the dawn of the twenty-first century. With each example, we will discuss the circumstances that caused the speech to be given in the first place, and we will also engage in a close reading of the texts themselves, examining patterns of argument as well as rhetorical figures (i.e., metaphor, parallelism, etc.). Likewise, our discussion will include attention to the role of media and technology: What is the political role of oratory in our hyper-mediated culture?

**“Thank you, Osher
program! You have
changed my life!”**

11:00 a.m.–12:15 p.m.

The Decade When the World at
Home and Abroad Began to Change:
1910–1920

Carole Bucy, *Professor of History, Volunteer
State Community College, and Davidson
County Historian*

In anticipation of the 100th anniversary of World War I, which began in Europe in 1914, this class will look at how many changes took place in Tennessee, in the nation, and indeed the entire world during the short span of ten years. This decade was ushered in with the coming of Haley's Comet and departed with the Spanish flu pandemic and women getting the right to vote. The class will examine specific events in Nashville, such as the Great East Nashville Fire, the bursting of the city reservoir on Eighth Avenue, the Dutchman's Bend train collision, as well as how the U.S. entry into World War I affected Nashville and the entire state.



FRIDAYS

January 17, 24, 31;

February 7, 14, 21

**Location: The Temple,
5015 Harding Road**

9:30–10:45 a.m.

Shakespeare Across the Centuries

Ann Calhoun, *Professor of English, Emerita,
Vanderbilt University*

This course will explore the ways our understanding of and encounters with Shakespeare have changed between his time and our own. The subjects will include the alterations to texts, performance styles and venues, and audiences. It will also consider the movement of the plays into education systems, along with recent revolutions in teaching methods. In addition, the class will look at the emergence of organizations dedicated to Shakespeare and the kinds of publications that have considered his works over the centuries.

11:00 a.m.–12:15 p.m.

Primer of Physics and Its
Application to Society

Joe Hamilton, *Landon C. Garland Distinguished
Professor of Physics, Vanderbilt University*

In this course you will enjoy demonstrations of physics concepts as well as a discussion of important discoveries and their impact on society. We will include the study of the fundamental laws that govern the matter and energy of our universe: States and Structure of Matter, Basic Forces, Conservation Law, Forces and Laws of Motion, as well as major physics discoveries beginning in 1895.

**“Each semester is better
than the last ... thanks for
doing a great job!”**

Special Offerings

Sundays

\$100 per person

Blair School of Music

January 12, 19, 26;
February 2, 9, 16, 23

1:00–2:30 p.m.

Osher Steel Drum Band

Mat Britain,
Director of the Vanderbilt Steel Band Program

Take a weekly musical “Cruise to the Islands” by joining the Osher Steel Drum Band! No musical experience is needed to join this very hands-on class.

If you like island music—Harry Belafonte, Jimmy Buffett, Bob Marley, calypso, and reggae—this class is for you! The amazing history and construction of the steel drums will be presented through mini-lectures sprinkled throughout the classes. Listening and video examples of calypso music as well as discussions of Trinidad culture past and present will give you a taste of the Caribbean and an understanding of how the steel band art form developed. The instruments are made up of melody, upper harmony, lower harmony, and bass steel drums (much like a choir). Students will be placed according to their desire to learn a particular instrument and their individual strengths. *This class will be limited to 13.*

Lunch and Learn



Members meet once a month for lunch with a speaker. A box lunch may be purchased, or members may bring their own lunches. Reservations are required to attend. January and March presentations will be held at The Temple, 5015 Harding Road. The February presentation will be held at the Nashville Public Library.

January 28

Ruta Sepetys, *New York Times* Bestselling Author of *Between Shades of Gray*

February 25

Brian Hull, Performing Artist Director, Nashville Public Library—Ellingtown Puppet Show

March 25

Brian Owens, Artistic Director, Nashville Film Festival

Please visit vanderbilt.edu/olli for updates on Lunch and Learn and special class offerings. Reservations may be made online at vanderbilt.edu/olli or by calling 343-0700. If ordering an optional \$10 box lunch, you may do so online or send checks made payable to **Vanderbilt** to:

Osher Lifelong Learning Institute at Vanderbilt
PMB 407760
2301 Vanderbilt Place
Nashville, TN 37240-7760

OLLI Winter 2014 Registration Form

DEADLINE FOR REGISTRATION: DECEMBER 19, 2013

Name _____

Name for name tag _____

Address _____

Telephone _____

Email _____

New member Returning member

If new member, referred by _____

WINTER 2014 COURSE REGISTRATION

VERY IMPORTANT: Please mark the courses you wish to attend in PRIORITY ORDER by numbering them in order of preference (1=first choice). If we are unable to honor your class choices, you will be contacted by a member of the OLLI staff.

- _____ A. Music Hath Charms
- _____ B. Inspiring Hollywood: French Films Behind American Remakes
- _____ C. Realism: Instructions and Method for Fabricating People
- _____ D. Financial Crises—Lessons Learned from History
- _____ E. The Top Ten Best U.S. Political Speeches You’ve Never Heard
- _____ F. The Decade When the World at Home and Abroad Began to Change: 1910–1920
- _____ G. Shakespeare Across the Centuries
- _____ H. Primer of Physics and Its Application to Society

Winter Term classes \$80 per person
INCLUDES UP TO 3 CLASSES _____

Additional winter term classes:
\$10 per class for each class
beyond 3 _____ x \$10 _____

Osher Steel Drum Band
\$100 per person _____

TOTAL _____

Mail this form with check made payable to *Vanderbilt University* to:

Osher Lifelong Learning Institute at Vanderbilt
PMB 407760
2301 Vanderbilt Place
Nashville, TN 37240-7760

Detailed parking instructions will be sent with registration acknowledgment.

VANDERBILT  **UNIVERSITY**

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