



Osher Lifelong Learning Institute
at Vanderbilt University



VANDERBILT
UNIVERSITY

Register online at vanderbilt.edu/olli

SUMMER 2016



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Osher Lifelong Learning Institute (OLLI) at Vanderbilt University is an inclusive group that strives to represent the greater Nashville community with stimulating intellectual and cultural noncredit courses, programs and trips for adults over 50, regardless of educational background.

The Division of Public Affairs sponsors the Osher Lifelong Learning Institute at Vanderbilt.

Membership in the Osher Lifelong Learning Institute at Vanderbilt is open to all adults over 50 years of age interested in continuing to learn.

Benefits include:

- Opportunity to attend classes
- Opportunity to participate in all special events including day trips
- Monthly “Lunch and Learn” sessions
- 10% discount at Vanderbilt Barnes & Noble Bookstore (limited to trade books and apparel)
- Staying informed about other Vanderbilt activities and educational opportunities
- Access to Vanderbilt University libraries

Please direct inquiries to:

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Osher Lifelong Learning Institute at Vanderbilt

Phone: (615) 322-5569; Cell: (615) 364-1331;

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Email: norma.clippard@vanderbilt.edu

or

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3808 Harding Place

Nashville, TN 37215

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For further information,

visit our website at vanderbilt.edu/olli

Osher Lifelong Learning Institute at Vanderbilt is updating its mailing list. Please check your name and address and call (615) 343-0700 with any corrections or email us at oshervu@vanderbilt.edu. Also, if you are no longer interested in receiving our catalog, please let us know and we will remove you from our mailing list.

“The OLLI staff and the board have done an excellent job in adding new courses!”

Friends of **olli** at Vanderbilt

It is our hope at the Osher Lifelong Learning Institute at Vanderbilt that this program continues to grow and enrich the lives of adults for many years to come. Monetary contributions are part of what ensures that the program will last and that it will continue to be affordable and accessible to all. Your gift to OLLI at Vanderbilt will enhance the lifelong learning experience not only for those currently involved in the program but for future generations as well. You can support lifelong learning by completing the form below or you may visit vanderbilt.edu/giveonline, fill in the amount you would like to give, and click the Continue button. Opportunities to make a gift “in memory” or “in honor of” are also available online.



Donor name(s) _____

Address _____

Email _____

In honor of _____ In memory of _____

Address of the person or family to be notified* _____

*Vanderbilt University will send a letter to the person or family letting them know that you have made a gift in their name (gift amount will not be included).

Please accept my gift of:

\$75___ \$100___ \$200___ Other \$ _____

Please mail check made payable to
Osher Lifelong Learning Institute at Vanderbilt
PMB 407727
2301 Vanderbilt Place
Nashville, TN 37240-7727

*Please note the above address is for gifts only and registrations should not be mailed to this address.

For additional information about other methods of payment, please visit giving.vanderbilt.edu and click “Ways to Give.”

If you are interested in receiving additional information on Planned Giving, please check here: _____.

Your contribution is truly appreciated.

Gifts are tax deductible to the extent allowed by law. A receipt will be mailed to you.

Thank you!

NEW REGISTRATION WEBSITE

We are pleased to announce the release of our new registration website! Based on your feedback, we have worked diligently to make the registration process easier and more intuitive. Beginning with the Summer 2016 term, the new website will be available for you to register for all courses and special events, including Lunch and Learns.

New features:

- User-friendly navigation for easier registration
- Review your schedule at any time
- Ability to add guests for special events and Lunch and Learns

Here's what you need to know:

- The registration site will be accessed through our website just as before: vanderbilt.edu/olli
- Usernames and passwords from the old system will not transfer so you will need to set up a new account
- Your email address will be your username

SUMMER 2016 SCHEDULE AT A GLANCE

Osher Steel Drum Band	June 12–July 24	Sundays	1:00–2:30 p.m.
How to Play the Guitar in a Day	June 13	Monday	10:00 a.m.–3:30 p.m.
Juxtaposition of Flavors	June 13–29	Mondays & Wednesdays	10:00 a.m.–Noon
The Music of the Motown Era	June 14–July 26	Tuesdays	11:00 a.m.–1:00 p.m.
OLLI at OZ	June 14 & June 23	Tuesday & Thursday	10:00–11:30 a.m. 6:30 p.m.
Nutrition & Wellness Seminar	July 11–15	Monday–Friday	11:00 a.m.–12:15 p.m.
The Best of Symphony 101	July 11–20	Mondays & Wednesdays	9:30–11:30 a.m.
The World of Wine	July 12–August 2	Tuesdays	2:00–3:15 p.m.

Summer 2016 Schedule of Classes

June 12–August 2, 2016

SUNDAYS

June 12, 19, 26;

July 3, 10, 17, 24

Location: Blair School of Music,
2400 Blakemore Ave.

Complimentary parking will be
provided in the garage across from
Blair School of Music.

1:00–2:30 p.m.

Osher Steel Drum Band

Mat Britain, *Director of the Vanderbilt
Steel Band Program*

Take a weekly musical “Cruise to the Islands” by joining the Osher Steel Drum Band. No musical experience is needed to join this very hands-on class. If you enjoy island music like Harry Belafonte, Jimmy Buffett, Bob Marley, calypso, and reggae, this class is for you! The amazing history and construction of the steel drums will be presented through mini-lectures sprinkled throughout the classes. Listening and video examples of calypso music as well as discussions of Trinidad culture past and present will give you a taste of the Caribbean and an understanding of how the steel band art form developed. The instruments are made up of melody, upper harmony, lower harmony, and bass steel drums (much like a choir). Students will be placed according to their desire to learn a particular instrument and their individual strengths.

This class will be limited to 13.

Cost: \$100

MONDAY

June 13

Location: Scarritt-Bennett,
1008 19th Ave. South
Parking directions will be mailed
with course confirmation packet.

10:00 a.m.–3:30 p.m.

How to Play the Guitar in a Day

Marlene Hutchinson, *Creator of Learn
to Play Guitar in a Day! and President of
Marlene’s Music*

Stop dreaming and start playing guitar right away! **Learn to Play Guitar in a Day!**[®], as seen on PBS, is a unique one-day workshop for busy adults who would like to learn to play guitar quickly and easily. Students will learn basic chords, simple strumming and picking patterns, how to play familiar songs, tuning techniques, guitar care, music theory, music resources, tablature, performance skills, and more. Students provide their own acoustic guitar. Fee includes the *Learn to Play Guitar in a Day!* book and the Snark clip-on electronic tuner.

This class will be limited to 20.

Cost: \$100

“As a new student,
I am very satisfied with
the program!”

MONDAYS AND WEDNESDAYS

June 13, 15, 20, 22, 27, 29

Location: Vanderbilt Recreation and Wellness Center, 2700 Children's Way
Parking directions will be mailed with course confirmation packet.

10:00 a.m.–Noon

Juxtaposition of Flavors

James Myers, *Food Columnist for The Tennessean*

There is quite literally a world of flavors that most Americans are unaware of. While many people have tried a variety of global cuisines, this course breaks them down to some of the constituent elements and flavors that, on their own, may be completely foreign to most palates. When combined with other flavors and textures, they become the unique building blocks of cuisines. This is not for the faint of heart or the picky eater. We will try a lot of strange things and challenge your taste buds, but you will walk away with a new appreciation for the breadth of flavors and ingredients out there in the world.
This class will be limited to 25.

Cost: \$100



TUESDAYS

June 14, 21; July 12, 19, 26

Location: First Amendment Center at Vanderbilt University, 1207 18th Ave. South
Parking directions will be mailed with course confirmation packet.

11:00 a.m.–1:00 p.m.

The Music of the Motown Era

David Williams, *Vice Chancellor for Athletics and University Affairs, Athletics Director, and Professor of Law, Vanderbilt University*

Listen and learn about the Motown music of Detroit and discover how and why it became America's music. Also listen and learn about the R&B sounds that came out of Chicago, Memphis, and Philadelphia and what made them so great and different.

Cost: \$50

TUESDAY & THURSDAY

June 14, 10:00–11:30 a.m.

June 23, 6:30 p.m.

Location: OZ Arts Nashville,
6172 Cockrill Bend Circle

OLLI at OZ

Israeli-American street artist Adam Yekutieli's *Vicariously Speaking*, commissioned by OZ Arts for In-Site, gives voice to marginalized populations, incorporating Yekutieli's correspondence with inmates in Nashville prisons into text-based works to be placed on eight billboards throughout the city. For the project, Yekutieli is also seeking individuals to have words or phrases from *Vicariously Speaking* tattooed on them (free of charge). The artist will photograph the billboards and tattoos, and OZ Arts will exhibit the photos in the center's Visual Art Gallery. In-Site will also feature the second edition of local artist Tony Youngblood's sprawling *Modular Art Pods* installation, which will fill the warehouse venue with a tunnel comprising nearly 60 cubed 8' x 8' and 4' x 4' mini-galleries, each created by a different Nashville artist or collective. They will use cardboard, foam board, canvas, conduit, PVC pipe, lattice, and anything else they dream up. Audiences of all ages will be able to "choose their own adventure," navigating a journey through and around the pods. Between every level will be open space, so attendees can enter and exit freely and choose a nonlinear path if they wish. *Modular Art Pods* is also part of OZ Arts' local spotlight series, TNT. Join OZ Arts artistic director Lauren Snelling and artists Adam Yekutieli and Tony Youngblood for a panel discussion regarding the In-Site installation before attending the exhibit on June 23.

Cost: \$30 which includes a ticket to the exhibit on June 23



MONDAY–FRIDAY

July 11, 12, 13, 14, 15

Location: Osher Center for
Integrative Medicine,
3401 West End Ave.

Complimentary parking is provided
at the center.

11:00 a.m.–12:15 p.m.

Nutrition & Wellness Seminar

The Osher Center for Integrative Medicine presents a nutrition seminar to teach the benefits of a healthy cooking kitchen. The course will include steps to making the best use of your kitchen tools, pantry items, herbs, and vegetables. We will explore the basics of container gardening to enhance both the flavor and nutritional value of your food. The course will conclude with the preparation of a healthy meal.

This class will be limited to 40.

Cost: \$50

MONDAYS AND WEDNESDAYS

July 11, 13, 18, 20

Location: Williamson County Library,
1314 Columbia Ave., Franklin, Tennessee
Complimentary parking is provided at the library.

9:30–11:30 a.m.

The Best of Symphony 101: The Music that Created the Sound of the 20th Century

Mitchell Korn, *Adjunct Professor of Music and Community, Blair School of Music, Vanderbilt University*

Mitchell Korn presents a significant symphonic work each class of this four-part series. The works have been selected because they all have advanced the art of music and social history, while helping influence today's styles, music, design, musical theater, and pop culture. Tchaikovsky, Rachmaninoff, Gershwin, and Stravinsky will be explored historically, personally, and musically, as we study together how to listen to their music, and how to best enjoy all music. Mitchell Korn has been called a “music education guru”

by *Symphony Magazine* and “a one-man arts education industry” by *The Wall Street Journal*. Professor Korn teaches Blair undergraduate classes in musician career preparedness, nonprofits, arts administration career development, world instruments and sound production, and aesthetics and advocacy. He is an Ingram Scholar adviser. Also, he currently advises the Cleveland Orchestra, the Nashville Ballet, Bushnell Center for the Performing Arts, and others.

Cost: \$40



TUESDAYS

July 12, 19, 26; August 2

Location: University Club of Nashville,
2402 Garland Ave.

Parking directions will be mailed with course confirmation packet.

2:00–3:15 p.m.

The World of Wine

Pete Holland, *Wine Columnist* for Nashville Scene

A little knowledge can go a long way when it comes to appreciating wine. Join certified sommelier and *Nashville Scene* wine columnist Pete Holland for an in-depth series that will make your next trip to the wine store less intimidating and your next

glass of wine more enjoyable. This course will cover wine labeling as well as the styles of white and red wine.

This class will be limited to 30.

Cost: \$100 which includes wine tastings

“The instructors were compelling and I looked forward to each session.”





REGISTER ONLINE AT VANDERBILT.EDU/OLLI

OLLI Summer 2016 Registration Form

DEADLINE FOR REGISTRATION: MAY 30, 2016

Name _____

Name for name tag _____

Address _____

Telephone _____

Email _____

New member Returning member

If new member, referred by _____

VERY IMPORTANT: Please mark the courses you wish to attend in PRIORITY ORDER by numbering them in order of preference (1=first choice). If we are unable to honor your class choices, you will be contacted by a member of the OLLI staff.

SUMMER 2016 COURSE REGISTRATION

___ A. Osher Steel Drum Band \$100

___ B. How to Play the Guitar in a Day \$100

___ C. Juxtaposition of Flavors \$100

___ D. The Music of the Motown Era \$50

___ E. OLLI at OZ \$30

___ F. Nutrition & Wellness Seminar \$50

___ G. The Best of Symphony 101 \$40

___ H. The World of Wine \$100

TOTAL _____

Mail this form with check made payable to Vanderbilt University to:

Osher Lifelong Learning
Institute at Vanderbilt
PMB 407760
2301 Vanderbilt Place
Nashville, TN 37240-7760

Detailed parking instructions will be sent with registration acknowledgment.

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