

# International Student & Scholar Handbook

## Vanderbilt University, Nashville, TN

including:

### Campus, Community, and Immigration Resources

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compiled by: International Student and Scholar Services

(sources include Vanderbilt University Medical School "Paddle", American Civil Liberties Union and [www.NAFSA.org](http://www.NAFSA.org))

# BEFORE YOU LEAVE YOUR HOME COUNTRY

It is important that you have all of your travel arrangements finalized before leaving. Make sure you know your flight itinerary, and have transportation arranged to and from the airport. Be sure to carry all important phone numbers and contact information for your contacts in Nashville (and in other U.S. cities). Keep this information separate from your travel documents (I-20 or DS-2019, etc.) and passport. Your passport and travel documents need to be readily accessible for immigration officials.

It is often helpful to arrive in the U.S. earlier than your official start date. Then you will have time to find and set up housing and become acquainted with the Nashville area. Any maps or directions you might need are easily accessible on the web at [www.mapquest.com](http://www.mapquest.com).

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## **A few items to bring with you:**

- your original travel documents (passport, I-20/DS-2019, etc.) and multiple copies (clear, easily read copies) to be kept separately in case of emergency
- your driver's license or international driver's license
- a copy of your driving record if you plan on purchasing an automobile in the U.S.
- a supply of all prescription medications with a description of each written by your doctor
- immunization/vaccination records
- if you have dependents who will be attending school in the U.S., be sure to bring birth certificates or proof of age and all medical, dental, and academic records for them
- an extra pair of glasses or contact lenses
- **CLOTHING:**
  - on-campus – jeans, shorts, T-shirts/shirts are pretty standard
  - formal wear – suits & dresses are important to have for formal events/receptions and for interviews
  - winter wear – sweaters and light jackets; you can purchase a winter coat after arriving
  - footwear – sneakers, sandals and at least one pair of formal shoes (which can be purchased after arriving)
- photographs and maps of your home country (and other sentimental objects from home)
- an updated address book (including information for friends & family from home & in the U.S.)
- CDs of your favorite music from your home-country
- a small first aid or emergency kit including items like thread, band aids, antibacterial ointments, non-prescription medicines
- spending money since you may not be paid for positions until weeks after your arrival

**PLEASE NOTE** - Most household items can be purchased in the U.S. for reasonable prices; therefore

it is best to leave these items in your home country (i.e. kitchen items, bed linens, towels, etc.)

## WHEN YOU ARRIVE

**Within the first week of your arrival you should do the following things:**

- Contact ISSS to notify them of your arrival and complete the check-in process\*
- Get a Vanderbilt ID card\*\*
- Find a place to live (if you have not done so already)
- Open a bank account
- Order the necessary utilities for your house (electricity, water, gas, etc.)
- Apply for a Social Security Number (SSN) if you are employed
- Figure out transportation (car, taxi, bus, bicycle, walking)
- Meet with any other Vanderbilt Staff as indicated in your correspondence with the University

**\*Contact International Student and Scholar Services (ISSS) to notify them of your arrival.** It is required for all new students and scholars to check-in with ISSS. Please bring all of your travel documents (passport, visa, I-94, I-20/DS-2019) with you so that copies can be made for your files. We will also need copies of travel documents for all your dependents with you in the U.S.

**\*\*Get your Vanderbilt ID card made:**

Commodore Card Office  
184 Sarratt Student Center  
Nashville, TN 37240  
(615) 322-2273  
(800) 632-0998  
M-F 8:30 am -4:00 pm  
Tues until 7:00 pm

# FINDING A PLACE TO LIVE

## **On-Campus Housing Information:**

Currently, on-campus housing is available only to undergraduate students. There is no on-campus housing available for graduate students or visiting staff/faculty.

Office of Housing and Residential Education  
(615) 322-2591  
[www.vanderbilt.edu/ResEd/](http://www.vanderbilt.edu/ResEd/)

## **Off-Campus Housing Information:**

For off-campus apartments, you will almost certainly be required to sign a lease (rental contract). Be sure to read the lease carefully before signing. When you sign a lease, you are legally committed to the conditions of the document, including payment of rent for all months of the agreement. Make sure you avoid leases that obligate you for more than a year. Most landlords will require a security deposit ranging from \$100 to one or two months' rent. This deposit will be returned to you when you vacate the apartment, provided nothing has been damaged and you have maintained the conditions of the lease. You should be certain that you have found a satisfactory living situation before you sign any sort of a lease, as this is a binding legal contract.

To fill out a housing contract you will need the following:

- passport and visa
- financial declaration (proof of income, bank statement, or job offer letter)
- bank account (to pay by check)
- Social Security Number (as soon as you get one) or some may accept VU ID number
- deposit and fees (security deposit, redecoration fee, application fee, pet fee, etc.)

If possible, try to find a place to live before you arrive in Nashville or budget money for temporary lodging. The Scarritt Bennett Center in Nashville allows incoming international students and scholars with a referral from ISSS to stay at a reduced rate. You can find the referral form at:

<http://www.vanderbilt.edu/issv/documents/VanderbiltISSSReferralForm.pdf> and more information on the Scarritt Bennett Center at: <http://www.scarrittbenett.org>. Many international students also stay temporarily at the Music City Hostel, which has information at: <http://www.musiccityhostel.com/>.

There are several apartment listing resources on the internet. Many of these links include floor plans and pictures of the units. Look below for the links. Nashville's local newspapers, *The Tennessean*, *The City Paper*, and the alternative paper, *Nashville Scene* also have extensive classified advertisement sections which include apartments, houses, and condominiums for rent. Also browse the classifieds once you arrive to find home furnishings, cars, and much more.

## Off-Campus Apartment/Housing Contacts:

- Apartment Guide Magazine: [www.apartmentguide.com](http://www.apartmentguide.com)
- Rent.com [www.rent.com](http://www.rent.com)  
Links to apartment complexes in the area
- The Tennessean: [www.tennessean.com](http://www.tennessean.com)  
Local daily paper with classified ads
- Nashville Scene: [www.nashvillescene.com](http://www.nashvillescene.com)  
Local alternative paper with classified ads
- City Paper: [www.nashvillecitypaper.com](http://www.nashvillecitypaper.com)  
Local paper with classified ads
- Vanderbilt MyVU classifieds: <http://www.vanderbilt.edu/myvu/>  
Website for faculty and staff
- Apartment Properties: <http://www.apartmentproperties.com>  
Local Realty Company that manages the following apartment communities: Ashwood Place, Natchez Village, West End Manor, West End Terrace, & Westmont
- Apartments.Net: <http://www.apartments.net>  
Addresses and phone numbers for almost every apartment complex in Nashville
- Nashville Life: <http://www.nashvillelife.com/realestate/>  
More addresses and phone numbers for almost every apartment complex in Nashville
- Apartment Ratings: <http://www.aptratings.com>  
Provides rating and reviews from residents of different complexes

## The following areas are close to Vanderbilt and have rental properties available:

### Downtown

Living in high-rise apartment buildings and stylish lofts is also on the upswing, while the downtown neighborhood of **Germantown** continues to thrive with its restored homes, lofts, trendy restaurants and bars.

### Hillsboro Village

A collegiate, young adult neighborhood sandwiched between the Richland-West End and Hillsboro-Belmont neighborhoods. Older homes, 20th-century bungalows and four squares surround the village, which is a neighborhood hot spot.

### Sylvan Park

An increasingly popular neighborhood in Nashville, features a variety of restaurants and markets, McCabe Park and Community Center and a golf course. Sylvan Park's charm derives from its renovated 1910 to 1940's bungalows and Queen Anne cottages and homes.

## **Green Hills**

A more recently developed area with a decidedly sophisticated attitude. There you will find upscale restaurants and retail establishments.

For information about other areas of Nashville please visit:

Metropolitan Government of Nashville & Davidson County/Residential Resources

<http://www.nashville.gov/mpc/neighprof.htm>

## **Off-campus housing near campus:**

Below are some apartment complexes located within 3 miles of campus. You can locate them by using [www.mapquest.com](http://www.mapquest.com). Contact the apartment's leasing office for more information:

### **121 Acklen Park Dr.**

Managed by Terry Rentals: 615.383.6662

### **20<sup>th</sup> and Grand Apartments**

2000 Grand Avenue: 615.327.1377

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### **2009 Convent Place**

Managed by Terry Rentals: 615.383.6662

### **2137 Fairfax Ave**

Barbara Dorris: 615.297.5119

### **3138 Long Blvd.**

Managed by Terry Rentals: 615.383.6662

### **3140 Long Blvd.**

Managed by Terry Rentals: 615.383.6662

### **915 18<sup>th</sup> Ave. South**

Joanne Vanderpool: 615.320.1819

### **Acklen Apartments**

2140 and 2142 Acklen Ave: 615.297.7132

### **Acklen Square**

2129 Acklen Ave: 615.383.7139

### **Americana Apartments**

1906 Chet Atkins Place: 615.327.1532

### **Barbizon Apartments**

2006 Broadway: 615.320.5600

### **Blythewood Apartments**

3510 Hillsboro Pike: 615.353.5852

### **Brixworth Apartments**

101 Brixworth Ln: 615.385.4408



**Capitol Towers**

510 Gay St: 615.244.0040

**Charlton Square**

2025 Convent Place: 615.860.2595

**Chateau Apts.**

2000 24<sup>th</sup> Ave S: 615.383.7139

**The Columns**

2121 Fairfax Ave: 615.383.1777

**Confair Apartments**

1905 Convent Place: 615.354.0901

**Continental Condominiums**

3415 West End Ave: 615.385.2076

**Convent Park**

2002 Convent Place: 615.353.5852

**Elliston Place Apartments**

2305 Elliston Place: 615.297.2276

**The Gardens of Green Hills**

2025 Woodmont Blvd: 615.383.7255

**The Gardens of Hillsboro Village**

2101 Portland Ave 615.383.5453

**The Grove at Richland**

420 Elmington Ave: 615.269.5500

**The Grove at Whitworth**

420 Elmington Ave: 615.269.5500

**Hamilton Fairfax**

2106 Fairfax Ave: Contact Don Barnes at 615.292.3552

**Hillcrest Manor**

112 Acklen Park Dr: Managed by Terry Rentals: 615.383.6662

**Jeannie Apartments**

2526 Sharondale Dr: Contact Mrs. Susan Wood at 615.298.3906

**Linden Apartments**

2014 Linden Ave: 615.383.7139

**Mercury View Lofts**

1209 Pine St: 615.248.1002

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**Mills Apartments**

1203 17<sup>th</sup> Ave S: 615.783.0082

**Natchez Village**

2112 Fairfax: 615.385.9351

**Parkridge Apartments**

110 Acklen Park Dr: 615.353.5852

**Poston West Apartments**

2902 Poston Ave: 615.353.5852

**South Square Apartments**

907 18<sup>th</sup> Ave S: Contact Joanne Vanderpool at 615.320.1819

**State House Condominiums**

1808 State St.

**Sterling Court Apartments**

2101 Belmont Blvd: 615.297.3687

**University Home Apartments**

806 18<sup>th</sup> Ave S: 615.481.3241

**The Villages at Vanderbilt**

100 21<sup>st</sup> Ave. 615.320.5600

**Village Center Apartments**

Corner of 21<sup>st</sup> Ave and Blakemore: 615.327.4748

**Villager Condos**

2601 Hillsboro Pike (corner of 21<sup>st</sup> Ave and Woodlawn): 615.297.5795

**Villager East Condos**

3600 Hillsboro Pike: Contact Steve Polk at 615.794.1411

**Villager West Condos**

2134 Fairfax Ave: Contact Steve Polk at 615.794.1411

**Wesley Place Apartments**

2001 Scarritt Place: 615.320.5600

**The Westboro**

3101 West End Ave: 615.297.2276

**The Westmont**

111 Acklen Park Drive: 615.385.9351

**Westwood II**

1908 Convent Place: Managed by Gianakas Properties 615.353.5852

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# SETTING UP A HOUSE

Once you find a place to live, you will need to contact some of the service providers below to turn on or install their services.

## **Basic Utilities**

**Nashville Electric Service** (electricity)

<http://www.nespower.com/>

615-736-6900

Call to have the electricity in your home or apartment turned on. Typically, you will have to pay a deposit to start electric services.

**Nashville Gas Company** (gas)

<http://www.nashvillegas.com>

615-734-1793

Only if appliances in your home use gas to operate (stove, furnace, etc.) you will need to have the gas line opened to your home or apartment.

**Metro Water Services** (water)

<http://nashville.gov/water/>

615-862-4600

Contact to have the water lines to your home or apartment opened. Typically, you will have to pay a deposit to start service.

## **Television Service**

Local (free) television includes four basic channels. If you would like more options for television viewing, you will have to order cable or purchase a satellite system. Contact the providers below for more information.

**Comcast Cable TV Service**

<http://www.comcast.com/>

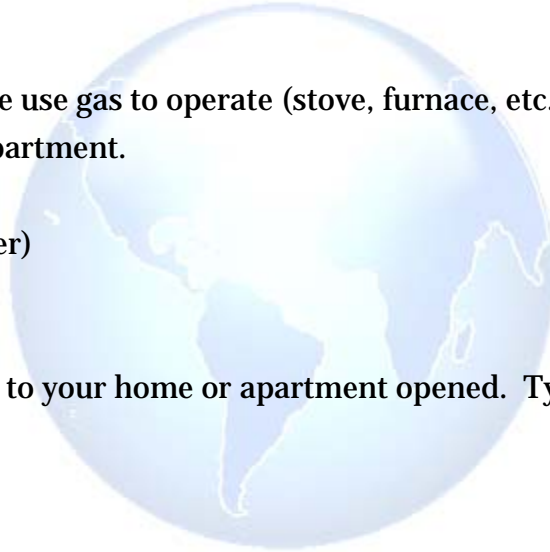
615-244-5900

**Dish Network Satellite TV Service**

<http://www.dishnetwork.com>

615-262-7099

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## **Telephone Service**

If you would like a phone line (land line) in your house, you will have to order the service. Most of the companies listed below will require a deposit before supplying service. You will also need a long-distance phone carrier to make long-distance calls from home. Some people choose to use both a land line and a cellular phone.

### **Special Plans & Discounts on Cellular Providers:**

- Sprint Communications has a special plan for Vanderbilt students and employees (using this plan helps many international students avoid the issue of needing a social security number to open an account). Please visit [http://its.vanderbilt.edu/cellphone/sprint/student\\_plan.php](http://its.vanderbilt.edu/cellphone/sprint/student_plan.php).
- For a list of all cellular providers who offer Vanderbilt discounts, visit <http://its.vanderbilt.edu/cellphone/>.
- For employee discounts, visit: <http://hr.vanderbilt.edu/benefits/perqs.htm>

Listed below are local, long-distance & cellular phone carriers who provide services in Nashville.

#### **AT&T**

<http://www.local.att.com/>

800-205-6268

#### **BellSouth**

<https://www.bellsouth.com/consumer/indexnolog.html>

888.757.6500

#### **Cingular Wireless**

<http://www.wireless.att.com/home/>

Local Store: 2126 Abbott Martin Road: 615-292-1402

#### **MCI Telecommunications**

<http://www.mci.com/index.jsp>

800-624-5622

#### **Qwest Communication**

<http://www.qwest.com/residential>

800-860-2255

#### **Sprint Communications**

<http://www.sprint.com/>

800-877-4646

**T-Mobile**

<http://www.t-mobile.com/>

Local Store: 4117 Hillsboro Rd: 615-386-2113

**Vonage** (cable telephone service)

[www.vonage.com](http://www.vonage.com)

800-706-3507

**Verizon**

[www.verizon.com](http://www.verizon.com)

800-483-3737

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**Trash Service**

Some houses outside of the metropolitan area require private trash pick-up at an additional cost. When renting/purchasing your place, be sure to inquire about trash services.



# BANKING

It is a good idea to open a bank account as soon as you can. A bank account is required to conduct most business transactions in the U.S. You will need a checking account to be able to pay bills, rent, deposits for housing etc. Typically, to open a bank account you will need a social security number, but since you will not receive one for at least a month most banks will allow you to use your student ID number or a temporary number. Be sure to give your social security number to the bank as soon as you receive one.

## When you go to open a checking account take the following items with you:

- Local address in Nashville
- Student ID number, if applicable
- Passport, I-20/DS-2019, social security number and/or driver's license

## Banks in the Nashville Area:

### Regions

<http://www.regions.com/>

Telephone Banking: 1-800-734-4667

Locations:

- \*1604 21<sup>st</sup> Ave. S.
- \*3021 West End Ave.

### Bank of America

<http://www.bankofamerica.com/>

Telephone Banking: 1-800-432-1000

Locations:

- \*2121 Blakemore Ave.
- \*1634 Church Street
- \*1013 16<sup>th</sup> Ave. S.

### First Tennessee

<http://www.firsttennessee.com/>

Telephone Banking: 1-800-382-5465

Locations:

- \*3011 West End Ave.
- \*2306 21<sup>st</sup> Ave. S.
- \*4014 Hillsboro Rd

### SunTrust Bank

<http://www.suntrust.com/>

Telephone Banking: 1-800-SUNTRUST

### ATM's on campus

Locations:

- \*2814 West End Ave.
- \*1715 West End Ave.
- \*1026 17<sup>th</sup> Ave.
- \*1605 21<sup>st</sup> Ave. S.

# SOCIAL SECURITY NUMBER

A Social Security Number (SSN) is for employment purposes only. You can only apply for a social security number if you have a job and have been in the U.S. for 10 or more days.

The SSN is also used to track your credit and work history. Many vendors will require a social security number to deliver services. While you are waiting for your social security number, many vendors will allow you to substitute a student ID number or temporary number until your social security number is obtained. Never give your SSN to anyone other than a merchant who requires it or your bank. **This number should be kept confidential.** It's safer to memorize the number, rather than carry the card with you. Not only is there a risk for it to be stolen, but also it is difficult to replace if it is lost.

To obtain a SSN, you will have to drive or take a bus or taxi to the Social Security Office.

## Social Security Office

4527 Nolensville Pike

Nashville, TN 37211

From I-65 South, take Exit 78A (Harding Place). Go East on Harding Place and turn right at Nolensville Pike. Take a right at Lowe's Hardware. The Office is in the brown building behind Lowe's.

By Bus – Take #3 bus to Downtown Transit Center, change to #2 bus, tell bus driver you need to get off at Social Security Office

## Be sure to bring the following with you when you go to apply:

- Passport
- Visa
- I-94 card
- I-20 or DS-2019
- Letter from ISSS (available on website under Social Security at <http://www.vanderbilt.edu/issv/students.html>)
- Proof of your address in Nashville
- Verification of employment (job letter)

# TRANSPORTATION & DRIVING

## PUBLIC TRANSPORTATION

**Car Rental** - It is probably better to have a car while looking for a place to live, especially if you are looking for off-campus housing. Here are the phone numbers & hours for the airport location of companies from which you can rent a car. There are several locations for each company throughout the city. To find the location nearest you, be sure to call the toll free phone number or check out their website.

National Car Rental (Nashville airport)

Tel: 1-800-227-7368; Local: 615-361-7467

<http://www.nationalcar.com/>

Hours: Sun-Sat: 06:00 AM-11:59 PM

Alamo (Nashville airport)

Tel: 1-800-462-5266; Local: 615-275-1050

<http://www.alamo.com/>

Hours: Sun-Sat: 6:00 AM-11:59 PM

Enterprise Rent-A-Car (Nashville airport)

Tel: 1-800-261-7331; Local: 615-275-0011

[http://www.enterprise.com/car\\_rental/](http://www.enterprise.com/car_rental/)

Hours vary, call or look on-line for details

Hertz (Nashville airport)

Tel: 1-800-654-3131; Local: 615-361-3131

<http://www.hertz.com/>

Hours: Sun-Sat: 06:00 AM-11:59 P

Dollar (Nashville airport)

Tel: 1-800-800-3665; Local: 615-275-1921

<http://www.dollar.com>

Hours: Sun-Thurs: 6:00 AM-11:59 PM; Fri & Sat: 6:00 AM-11:00 PM

**Taxis** - It is difficult to catch a taxi in the city unless you are at a large hotel or downtown on weekends. **Driving after drinking alcohol is strictly prohibited in Nashville!** Keep the phone numbers of taxi companies handy.

Music City Taxi: Tel.615-742-3030

United Cab: Tel.615-228-6969

Yellow Cab: Tel.615-252-0101

**Bus** - Bus schedules/routes can either be obtained at the ISSS Office, the Post Office at the Sarratt Student Center, or on the Nashville MTA website (since bus schedules/routes change occasionally, it is best to check the most updated schedule on the MTA website). Buses normally run every 20-25 minutes on weekdays from 5:30 am to 10:30 pm, and every hour on Saturday and Sunday from 6:30 am to 8:00 pm.

## **Nashville MTA**

Tel: 615-862-5950

<http://www.nashvillemta.org/>

Fares:

Adult (Local Service) \$ 1.60

Adult (Express Service) \$ 2.10

7-Day Pass (unlimited rides for 7 days) \$22.00

31-Day Pass (unlimited rides for 31 days) \$78.00

Most MTA bus stops are marked with a blue and white sign. Signs in the downtown area have numbers and names of all routes serving that stop. If bus stops have not yet been installed on your bus route, walk to the nearest intersection of the street traveled by the bus you wish to board and flag it down when it comes in sight. Do not hesitate to ask the bus driver if you are unsure if you are on the correct bus. All buses have bike racks on the front, so that you can take your bike with you. Information on the Bike and Ride program is available at the MTA website above.

## **Airport Shuttles**

### **Gray Line Airport Express**

Tel: (615) 883-5555

[www.graylinenashville.com](http://www.graylinenashville.com)

Rates: one way - \$12, roundtrip - \$20 (check for any rate changes)

This shuttle services the downtown and West End area hotels (several which are near Vanderbilt campus). Service begins at 5:00 am and runs until 11:00 pm. Shuttles depart every 15-20 minutes from the airport and every 30 minutes for most hotels.

More information regarding airport transportation can be found at the Nashville International Airport's website at [http://www.flynashville.com/ground\\_trans/default.aspx](http://www.flynashville.com/ground_trans/default.aspx).

*PLEASE NOTE: Public transportation is VERY limited in Nashville.*

## **Driving**

**Automobiles** - Because public transportation is limited in Nashville, you may want to consider purchasing a car, although many students are fine without one. In order to drive a car, you have to get a driver license issued by the state of Tennessee - even if you have an international driver license. As of October 1, 2007, international students and non-immigrants are only allowed to get a Temporary Driver License.

**Temporary Driver License** - Driver licenses are obtainable from Tennessee Department of Safety offices. To obtain one, you must pass a vision test, a written test examining your knowledge of Tennessee's traffic rules, and a road test (driving test). You can study the traffic rules and regulations from the official website of the Tennessee Department of Safety. You can also get a Tennessee Driver Handbook from this website.

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The road test (driving test) takes about 10 minutes. There is no parking test except when you actually park your car at the end of the test. However, you should allot a full day to take the test as the testing centers can be very crowded, and it's hard to predict wait times. **REMEMBER TO FASTEN YOUR SEAT BELT**—it is required in Tennessee for all passengers.

### **For more information contact:**

Tennessee Department of Safety

<http://www.state.tn.us/safety/>

1150 Foster Avenue Nashville, TN 37249

Tel: 615-741-3954 or 615-251-5310 (Driver License Issuance)

All driver license information is available on this website, including a practice test

<http://www.state.tn.us/safety/dlmain.htm>

### **Required for taking the test:**

*\*Please check the Tennessee Department of Safety website for detailed information on acceptable documents. \**

- Proof of your age and full name, such as your passport or birth certificate, and proof of any name changes since issued (for example, a marriage license).
- Proof of legal status in U.S. – valid passport with I-94 card and valid I-20/DS-2019.
- Proof of Tennessee Residency (two statements or bills from official organizations showing your address in Tennessee: documents from your bank, utility service, your leasing contract or any other bills you receive at your home address).
- A car to use for the road test (most students or scholars own their own cars before taking the test and drive their car with an international license or some borrow a car from a friend).

## Test Centers

624 Hart Lane Nashville, TN 37216

Tel: 615-532-9780

<http://www.state.tn.us/safety/dlstations/davidson.htm>

Hours: Monday thru Friday 8:00 a.m. to 4:30 p.m.

\*Note: 2nd Wednesday of the month Station opens 1 hour later. This one is more international friendly. The office opens at 8:30 am but be prepared to arrive before 7:30 am.

6604 Centennial Blvd. Nashville, TN 37209

Tel: 615-741-4560, 741-4561

<http://www.state.tn.us/safety/dlstations/davidson2.htm>

Hours: Monday thru Friday 8:00 a.m. to 4:30 p.m.

\*Note: 2nd Wednesday of the month Station opens 1hour later.

**Buying a Car** - In Nashville, there are several ways to search for a car. You can go to car dealers, look at advertisements in local newspapers or car magazines, or the classified ads posted by Vanderbilt students and alumni. Prices of used cars can be checked at the “Blue Book” website: [www.kbb.com](http://www.kbb.com). Since the quality of used cars is hard to measure and buying a car may use up a significant portion of your finances, it is much better to consider the following options before making any decisions.

**Car Dealers** - There are two kinds of car dealers in Nashville – certified car dealers and non-certified car dealers. If you are considering spending more than \$8,000 on a used car or you want to search for a car less than 5 years old it is much better to buy it from certified car dealers. Those car dealers are the local distributors certified by specific car manufacturers. In other words, car manufacturers have to guarantee the quality of used cars sold in those car dealers, and you can also enjoy the maintenance services provided by them.

If you are considering spending less than \$8000 on a used car and you are not familiar the mechanics of cars, looking for non-certified car dealers may be a reasonable choice. CarMax, which is located near the “100 Oaks Shopping Mall”, is the largest non-certified car dealer in the U.S. Just like the certified car dealers, it guarantees the quality of its used cars and offers maintenance services. However, the quality of the cars may not be comparable to that offered by certified car dealers. The price range of CarMax’s inventory is between \$5,000 and \$10,000.

If you want to spend less than \$5,000, you may consider buying a car from other non-certified car dealers. To minimize fraud, only buy a car from a non-certified car dealer which is authorized by the State of Tennessee. According to the law, all car dealers must have a license (posted in their office) authorized by the Tennessee state government.

### **Local Auto Dealerships:**

Beaman Toyota 1525 Broadway Nashville, TN 37203

Tel: 615-251-8400

<http://www.beamanauto.com/>

Hippodrome Nissan 1212 Broadway, Nashville, TN, 37203

Tel: 615-248-5100

<http://www.hippodromecars.com>

Crest Honda 2215 Metro Center Blvd Nashville, TN 37228

Tel: 800-236-4285

<http://www.cresthonda.com/>

Crown Ford 646 Thompson Lane Nashville, TN 37204

Tel: 800-432-2897

<http://www.crownford.com>

Saturn of Nashville 1535 Gallatin Pike North Madison, TN 37115

Tel: 615-868-0659

<http://www.saturnofnashville.com>

CarMax 2501 Powell Avenue Nashville, TN 37204

Tel: 888-661-9898 (Toll Free)

Tel: 615-269-3703

<http://www.carmax.com>

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**Individual Sellers** - To find individual sellers, look in car magazines available at supermarkets/stores or search the classified ads in the automobile section of the Tennessean newspaper, <http://www.tennessean.com/>

If you buy a car from non-certified car dealers or individuals, consider the following procedures:

1. Check the VIN number of your favorite car
2. Use the VIN number to check the car's history from [www.carfax.com](http://www.carfax.com) in order to see any history of accidents or damage.
3. Drive and check the car yourself or with someone who is familiar with the mechanics of cars.
4. Take the car to Firestone Tire & Auto Center (1221 Broadway 615.255.6627) for an inspection test before making your purchase.
5. Make sure that the name and address on the title is the same as the seller's name and

address by checking their ID. (Individual sellers only)

6. Take the title of the car entitled by the previous owner (Individual sellers only) or the document of transfer entitled by the car dealer.

7. Obtain a temporary plate issued by the car dealer in order to drive the car before getting your “official” plate from the County Clerk.

### **Car Registration**

1. A Vehicle Emissions Inspection is required prior to obtaining your state license plates. The fee is \$9.00. There are 10 locations in the area. Visit <http://www.nashvillevip.org> or call (615) 340-5656 for information.

2. Visit <http://www.tennessee.gov/revenue/vehicle/index.htm> for instructions and information on vehicle titling and registration. Take the title of your car signed by the previous owner and your identification documents to the County Clerk’s Office for registration. (County Clerk’s office is at 523 Mainstream Dr., 615-862-6050, Hours: 8:00 a.m. to 4:30 p.m., M-F)

2. Pay the registration fee and get your plates.

3. The title certificate will be sent to your mailing address.

**Automobile Insurance** - If you purchase your own car, **you must have third-party automobile insurance**. Prices vary so check with several agents before deciding. Often your car dealer will offer an insurance contract but this may not always be the cheapest route. Sufficient coverage is recommended; otherwise you will be liable for any damages incurred in an accident.

To find insurance companies, contact the companies listed below directly or access [www.yahoo.com](http://www.yahoo.com) auto section and compare quotes for each company.

Auto Club South (Progressive)  
2501 Hillsboro Rd., Ste. 1, Nashville, TN 37212  
Tel: 615-297-7700  
<http://www.aaa.com/>

GEICO Tel: 1-800-861-8380  
<http://www.geico.com/>

State Farm 1-877-SF4-BANK (1-877-734-2265)  
<http://www.statefarm.com/>

### **Auto Repair and Services**

Carl Wood’s Garage - 108 28<sup>th</sup> Avenue N (Behind McDonald’s on West End): 615-327-3861

Eddie’s Garage - 412 40<sup>th</sup> Avenue North: 615-321-3601

Sears Automotive Center - 5252 Hickory Hollow Parkway: 615-731-9528

Whaley’s Paint & Body Shop - 5300 Alabama Avenue (off Charlotte Pike, near I-40): 615-298-5437

Wilkie’s Safety Lane - 4400 Charlotte Avenue: 615-292-346

# Parking

If you drive a car on campus and plan to park on University property, you have to register for a parking permit from Vanderbilt University. You can apply for this at the Office of Traffic and Parking located on the ground floor of the Wesley Place Parking Garage. You can also apply via their website. The parking permit costs about \$252/year. This permit is valid one year from August to August, or monthly permits are available. Do not to park on campus without permission, or you will receive a parking ticket and your car may be towed.

Office of Traffic and Parking  
Wesley Place Garage  
2043 Scarritt Place Nashville, TN 37203 Tel: 322-2554  
[http://www.vanderbilt.edu/traffic\\_parking](http://www.vanderbilt.edu/traffic_parking)  
E-mail: [parking@vanderbilt.edu](mailto:parking@vanderbilt.edu)

# Traffic

Traffic is often heavy in the morning (7:30-9:00 a.m.) traveling toward downtown, and in the evening (4:30-6:00 p.m.) traveling away from downtown in Nashville. It might be necessary to plan on adding thirty minutes to your commute depending on traffic conditions. You may also check current traffic conditions on the Tennessee Department of Transportation's website at <http://www.tdot.state.tn.us/tdotsmartway/>.

# Public and Campus Safety

The Vanderbilt University Police Department (VUPD) takes campus security very seriously and is committed to the efforts to maintain a safe, secure environment for Vanderbilt students, faculty, staff and visitors. Personal safety is a priority at Vanderbilt. Maintaining a safe campus requires a dedicated partnership between the members of the Vanderbilt community and the VUPD.

- **Identification Cards:** All students, faculty, and staff members at Vanderbilt University are issued identification cards. The cards may be used to gain access to certain locations and may be used to make purchases from university facilities. Lost University ID cards should be reported immediately to the card office by telephone at 2-2273 or on-line at <http://thecard.vanderbilt.edu/>. In addition, a **stolen card** should be reported to the VUPD immediately.
- **Emergency Phones:** More than 100 emergency telephones are located throughout the university campus and medical center. Each phone has an emergency button that, when pressed, automatically dials the VUPD Communications Center. An officer will be sent to check on the user of the phone, even if nothing is communicated to the dispatcher. An emergency response can also be activated by dialing 1-1911 from any campus phone. Cell phone users can dial 615-421-1911 to summon an emergency response on campus. For off-campus emergencies, dial 911.
- **VUMC Shuttle Services:** The Vanderbilt University Medical Center (VUMC) shuttle service operates between the Medical Center and distant parking lots on weekdays only. VUMC shuttle service is not available on weekends. For VUMC shuttle information, call x61215.
- **Vandy Vans:** The Vandy Vans escort system, administered by VUPD, provides van escorts to designated locations on campus during the fall and spring semesters. The services consist of vans that operate from 5:00 p.m. to 5:00 a.m. The vans follow three routes on campus. Additional information about Vandy Vans (including routes and schedules) is available at <http://police.vanderbilt.edu/vandyvans.htm> or by calling x22558 .
- **Walking Escort Service:** VUPD also provides walking escorts for

students, faculty, and staff walking to and from any locations on campus during the nighttime hours. The telephone number to call for a walking escort is x18888 (or 421-8888 off-campus).

## **RISK REDUCTION TIPS**

### **Personal Safety**

- Walk or jog in groups of three or more.
- Be aware of your surroundings
- Be aware of crimes on campus
- Avoid isolated or dark areas
- Travel with confidence and a purpose
- Do not wear earphones while walking or jogging
- If you can't find a travel companion, use the escort service on campus, no matter how short the distance.
- Before exiting a building or car, look around the area for anything suspicious.
- If confronted by a situation, try to remain calm.
- If it is safe to do so, try to get a detailed description of suspects or suspicious persons and/or their vehicle(s).
- Before parking at night, call or stop by the VUPD headquarters at 2800 Vanderbilt Place. Ask for an officer to meet you and to escort you from your parking space.
- Know the locations of emergency telephones.
- Do not use ATMS (automated bank teller machines) alone, at night, or when someone suspicious is nearby.
- Avoid strangers; you do not have to stop and talk to them.
- If you are being followed, go to the nearest area of safety.
- Stay alert, and plan ahead for "What if...?"

### **Residential/Workplace Safety**

- Know your neighbors or co-workers; you are the best one to determine who does not belong.
- Do not prop open exterior doors.
- When entering a building with access control in place, do not allow strangers to enter behind you.
- Always lock your door when you leave, sleep or work late.

- If you see someone you consider suspicious or out of place, **call Vanderbilt Police immediately.**

### **Protecting Your Identity & Property**

- Identity Theft Protection <http://www.ftc.gov/bcp/edu/microsites/idtheft/>
- Register your bicycle with the Police Department.
- Record the serial numbers of your belongings. Engrave or permanently mark items with a unique identifying number.
- Keep your car locked. Store items out of sight or in your room/office.
- Coats, backpacks, and purses should remain with you or be locked up.

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### **Vanderbilt Security & Safety Reference Phone Numbers**

#### **On-Campus Resources:**

- **Vanderbilt Police**  
Emergency - 421-1911 (off campus), 1-1911 (on-campus)  
Non-emergency - 322-2745 or 321-8873 (off campus), 1-VUPD or 1-8873 (on-campus)  
Crime Prevention - 322-2558  
Escorts – 421-8888  
Lost & Found – 343-5371
- **Medical**  
VUMC Emergency Room – 322-3391  
Student Health – 322-2427 (*for student non-emergency illness & injury*)  
Occupational Health Clinic – 936-0955 (*work-related injuries or exposures*)  
Poison Center Hotline – 936-2034
- **Environmental/Safety Hazards**  
Environmental Health and Safety – 322-2057  
Plant Operations (campus) – 343-9675  
Plant Services (Medical Center) – 322-2041  
Information Technology Services (telephone repair) – 421-1611
- **Counseling/Support/Information**  
Psychological & Counseling Center – 322-2571 (*counseling services and referrals for students, staff, faculty and family members*)  
Employee Assistance Program – 936-1327 (*counseling, referrals, violence*)

*in the workplace issues)*

International Student & Scholar Services – 322-2753 (*advocacy & support for international students, scholars and their dependents*)

Office of Alcohol and Other Drug Education – 343-4740

Margaret Cuninggim, Women's Center – 322-4843

Project Safe – 322-1333

Office of Housing & Residential Education – 322-2591

Office of University Chaplain & Affiliated Ministries – 322-2457

Employee Relations – 322-7259 (*conflict resolution issues between staff members or between staff & supervisors*)

Opportunity Development Center – 322-4705 (*issues involving sexual harassment, racial bias, discrimination, equal access*)

- **Parking & VUMC Shuttles**

University Traffic & Parking – 322-2554

Medical Center Parking Office – 936-0686

VUMC Shuttle Services – 936-0686

**Off-Campus Resources:**

- Metro General Hospital Emergency Room – 341-4000
- Metro Nashville Police Department – 862-8600 (*non-life threatening emergency*)
- Crime Stoppers – 74-CRIME (*to give an anonymous tip on a crime*)
- Metro Police Sex Abuse Unit – 862-7540
- Metro Police Domestic Violence Unit – 880-3000
- District Attorney's Office Victim-Witness Program – 862-5500 (*legal questions*)
- Victim Intervention – 862-7545
- Crisis Intervention Center – 244-7444 (*24-hour assistance*)
- Rape & Sexual Abuse Center – Crisis Line 1-800-879-1999
- YWCA Domestic Violence Program & Shelter – 297-8833

\*Excerpted from *Security at Vanderbilt* at

<http://police.vanderbilt.edu/pdf/secatvu2006.pdf>

## **Know Your Rights: What to Do If You're Stopped by the Police**

To fight police abuse effectively you need to know your rights. There are some things you should do, some things you must do and some things you cannot do. If you are in the middle of a police encounter, you need a handy and quick reference to remind you what your rights and obligations are.

Print this page and carry it in your wallet, pocket, or glove compartment to give you quick access to your rights and obligations concerning police encounters.

[Download the PDF.](#)

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**Think carefully** about your words, movement, body language, and emotions.

**Don't get into an argument** with the police.

Remember, **anything you say or do** can be used against you.

**Keep your hands** where the police can see them.

**Don't run. Don't touch** any police officer.

**Don't resist** even if you believe you are innocent.

**Don't complain** on the scene or tell the police they're wrong or that you're going to file a complaint.

**Do not make any statements** regarding the incident. Ask for a lawyer immediately upon your arrest.

Remember **officers' badge and patrol car** numbers.

**Write down everything** you remember ASAP.

Try to find **witnesses** and their names and phone numbers.

If you are injured, **take photographs of the injuries** as soon as possible, but make sure you **seek medical attention** first.

If you feel your rights have been violated, **file a written complaint** with police department's internal affairs division or civilian complaint board.

**1.** What you say to the police is always important. What you say can be used against you, and it can give the police an excuse to arrest you, especially if you bad-mouth a police officer.

**2.** You must show your driver's license and registration when stopped in a car. Otherwise, you don't have to answer any questions if you are detained or arrested, with one important exception. The police may ask for your name if you have been properly detained, and you can be arrested in some states for refusing to give it. If you reasonably fear that your name is incriminating, you can claim the right to remain silent, which may be a defense in case you are arrested

anyway.

**3.** You don't have to consent to any search of yourself, your car or your house. If you **DO** consent to a search, it can affect your rights later in court. If the police say they have a search warrant, **ASK TO SEE IT.**

**4.** Do not interfere with, or obstruct the police -- you can be arrested for it.

### **IF YOU ARE STOPPED FOR QUESTIONING**

**1.** It's not a crime to refuse to answer questions, but refusing to answer can make the police suspicious about you. If you are asked to identify yourself, see paragraph 2 above.

**2.** Police may "pat-down" your clothing if they suspect a concealed weapon. Don't physically resist, but make it clear that you don't consent to any further search.

**3.** Ask if you are under arrest. If you are, you have a right to know why.

**4.** Don't bad-mouth the police officer or run away, even if you believe what is happening is unreasonable. That could lead to your arrest.

### **IF YOU'RE STOPPED IN YOUR CAR**

**1.** Upon request, show them your driver's license, registration, and proof of insurance. In certain cases, your car can be searched without a warrant as long as the police have probable cause. To protect yourself later, you should make it clear that you do not consent to a search. It is not lawful for police to arrest you simply for refusing to consent to a search.

**2.** If you're given a ticket, you should sign it; otherwise you can be arrested. You can always fight the case in court later.

**3.** If you're suspected of drunk driving (DWI) and refuse to take a blood, urine or breath test, your driver's license may be suspended.

### **IF YOU'RE ARRESTED OR TAKEN TO A POLICE STATION**

**1.** You have the right to remain silent and to talk to a lawyer before you talk to the police. Tell the police nothing except your name and address. Don't give any explanations, excuses or stories. You can make your defense later, in court, based on what you and your lawyer decides is best.

**2.** Ask to see a lawyer immediately. If you can't pay for a lawyer, you have a right to a free one, and should ask the police how the lawyer can be contacted. **Don't say anything without a lawyer.**

**3.** Within a reasonable time after your arrest, or booking, you have the right to

make a local phone call: to a lawyer, bail bondsman, a relative or any other person. The police may not listen to the call to the lawyer.

**4.** Sometimes you can be released without bail, or have bail lowered. Have your lawyer ask the judge about this possibility. You must be taken before the judge on the next court day after arrest.

**5.** Do not make any decisions in your case until you have talked with a lawyer.

### **IN YOUR HOME**

**1.** If the police knock and ask to enter your home, you don't have to admit them unless they have a warrant signed by a judge.

**2.** However, in some emergency situations (like when a person is screaming for help inside, or when the police are chasing someone) officers are allowed to enter and search your home without a warrant.

**3.** If you are arrested, the police can search you and the area close by. If you are in a building, "close by" usually means just the room you are in.

We all recognize the need for effective law enforcement, but we should also understand our own rights and responsibilities -- especially in our relationships with the police. Everyone, including minors, has the right to courteous and respectful police treatment.

If your rights are violated, don't try to deal with the situation at the scene. You can discuss the matter with an attorney afterwards, or file a complaint with the Internal Affairs or Civilian Complaint Board.

**Produced by the American Civil Liberties Union**

**<http://www.aclu.org/police/gen/14528res20040730.html> .**

# Health Insurance

## **Mandatory Health Insurance**

Vanderbilt University policy requires that *all* international students and their dependents residing in the U.S. in F or J visa status maintain health insurance throughout their programs.

## **Special Note To J-1 Students & Scholars**

*Federal law* mandates that J-1 exchange visitors and J-2 dependents maintain health insurance throughout the “J” program. If you willfully fail to maintain health insurance, your J-1 sponsor must terminate your program and report to the U.S. Department of State. At that time, you will be deemed “out-of-status” and ineligible for extension of stay, employment, or change of status.

## **Vanderbilt University International Student Injury & Sickness Insurance Plan**

As a Vanderbilt student, you will be *automatically enrolled* in the Vanderbilt University-approved International Student Injury & Sickness Insurance Plan. If you have specific questions regarding the plan or enrollment procedures, contact the Vanderbilt Insurance Representative at 615-343-4688.

## **To Waive the Vanderbilt University International Student Injury & Sickness Insurance Plan**

You may waive out of the Vanderbilt insurance plan for international students and dependents if comparable coverage is provided by an alternate insurance plan and will be effective throughout the policy year (8/12/2008 – 8/11/2009). If your alternate insurance and claims companies are based in the U.S., you must waive online at [www.kosterins.com](http://www.kosterins.com). If your alternate insurance or claims company are based elsewhere, use this form to apply for a waiver.

If your alternate insurance or claims company are based outside the U.S., such as those provided by your sponsoring home government or international organization, use the waiver form at: [www.vanderbilt.edu/iss/documents/HealthInsWaiverRequest.pdf](http://www.vanderbilt.edu/iss/documents/HealthInsWaiverRequest.pdf). The waiver form must be submitted to the Student Health Center, with supporting documents, in English, outlining insurance benefits and submit to SHC by the

waiver deadline. Please highlight or underline the corresponding coverage. SHC will evaluate the alternative insurance plan and contact you if any further details are needed. **ISSS does not process waiver requests.**

**Waiver Deadline (NOTE: Waivers are not automatic. You *must re-apply every year by the Fall semester waiver deadline.*)**

Fall 2008 – September 9th

Spring 2009 – January 15th (for Spring semester arrivals only)

NOTE: Plans must cover medical evacuation and repatriation. If your alternate plan does not include this coverage, you may maintain that plan *if* you purchase an additional medical evacuation and repatriation policy for a low annual rate from Vanderbilt. Please check the information at

<http://www.vanderbilt.edu/iss/documents/VUMedevacRepatInsApp.pdf>.

**Vanderbilt University Student Health Center**

You are encouraged to use the services of the campus Student Health Center where physicians, nurse practitioners, and lab technicians are available to provide primary care. Website: [www.vanderbilt.edu/student\\_health/](http://www.vanderbilt.edu/student_health/).

Staff and Faculty covered by one of the Vanderbilt employee health plans are encouraged to use the Vanderbilt Medical Center for savings on health care costs.

# Hospitals

**For Students - if you are ill, first go to the Student Health Center (if possible).**

## **Student Health Center**

Mon-Fri: 8:00am - 4:30pm

Sat: 8:30am - noon

(Closed on Saturday in Summer)

Tel: 615-322-2427

[http://www.vanderbilt.edu/student\\_health/](http://www.vanderbilt.edu/student_health/)

Nights or weekends, go to the Vanderbilt Medical Center Emergency Room.

## **Vanderbilt Medical Center**

(615)322-5000 General Info

(615)322-0160 Emergency

<http://www.mc.vanderbilt.edu/>

There are other good hospitals in Nashville, however, you should keep in mind that student health insurance may not cover all the expenses at other hospitals

## **Other Area Hospitals:**

### **Baptist Hospital**

2000 Church St. Nashville, TN 37236

Tel: 615-284-5555

<http://www.baptisthospital.com/>

### **Metro General Hospital**

1818 Albion St. Nashville, TN 37208

Tel: 615-341-4000

### **Centennial Medical Center**

2300 Patterson St. Nashville, TN 37203

Tel: 615-342-1000

<http://www.centennialmedicalcenter.com/>

### **Skyline Medical Center**

3441 Dickerson Pike Nashville, TN 37207

Tel: 615-781-4000

<http://www.skylinemedicalcenter.com/>

# Health Care Services

## Pharmacies

### **Belle Meade Drugs**

4334 Harding Road  
615-292-5579

### **CVS/Pharmacy**

<http://www.cvs.com/>  
426 21 St. Ave. South  
615-321-3981

### **Eckerd**

<http://www2.eckerd.com/zip.asp>  
2416 West End Ave.  
615-321-4505

### **Kroger**

<http://www.kroger.com/pharmacy.htm>  
Green Hills  
2131 Abbott Martin Rd  
615-297-4431

## Opticians

### **Vanderbilt Eye Clinic**

Medical Center East, 8<sup>th</sup> Floor  
615-936-2020

### **Milam's**

3920 Hillsboro Circle  
615-297-9017

### **Medical Arts Pharmacy**

1211 21<sup>st</sup> Avenue South  
(Medical Arts Building)  
615-936-1040

### **The Medicine Shoppe**

27 White Bridge Road  
615-356-1833

### **Target**

<http://target.com/>  
26 White Bridge Road  
615-352-8484

### **Walgreens**

<http://www.walgreens.com/>  
3010 West End Ave.  
615-269-0098

### **Wal-Mart**

<http://www.walmart.com/>  
7044 Charlotte Pike  
615-352-1240

### **Lenscrafters**

Mall at Green Hills  
615-385-1480

### **Pearle Vision**

4004 Hillsboro Rd #105  
615-298-2020

For further information for various health services visit:

[http://www.vanderbilt.edu/student\\_health/communityresources.html](http://www.vanderbilt.edu/student_health/communityresources.html)

# Adjusting to Life in the United States

It is normal and expected for a person who has just entered a new culture or community to feel overwhelmed, excited, nervous, sad, frustrated, happy etc. all at once. Moving away from friends, family, and the familiarity of home is both positively and negatively challenging. Do not be alarmed or surprised if you find yourself feeling confused or frustrated as you make the big move and adjustment to life in the United States. Remember that you are not alone. There are several places on campus where you can seek help and support if you are feeling overwhelmed. You are encouraged to contact ISSS and/or the Psychological and Counseling Center with any questions or concerns you have regarding your or your spouse's or dependents' transition to life in the United States. Remember, ISSS and the Psychological and Counseling Center are here to help students and staff with this adjustment, so please use these services!

## ISSS

322.2753

[www.vanderbilt.edu/iss](http://www.vanderbilt.edu/iss)

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## Psychological and Counseling Services

322.2571

<http://www.vanderbilt.edu/pcc/>

## CULTURAL ADJUSTMENT STAGES

Adapting to a new culture is a continual process that lasts throughout one's stay. It is important to hold on to one's basic values, while inevitably assimilating to some new cultural values as well. Understanding the adjustment process helps both international students and U.S. citizens accept cultural differences and the occasional feelings of alienation and frustration that come with it. Common adjustment stages are outlined below:

**HONEYMOON:** Exhilaration and anticipation characterize the "Honeymoon Stage" when individuals are generally fascinated with all that is new and are open to meeting new people. However, in an enthusiasm to please, they may nod or smile to indicate understanding when in fact, they may not truly understand what is being said or done. When misunderstandings build, they are likely to experience the second stage of cultural adjustment.

**HOSTILITY:** Frustration, anger, anxiety, and sometimes depression take over during the "Hostility Stage". The initial excitement is replaced by frustration with bureaucracy and the weariness of speaking and listening in English. At this point, people may display hostility toward people of the new culture and minor frustrations may manifest into fear, mistrust, and lack of interest in the new culture.

**HUMOR:** The "Humor Stage" follows when the individual begins to relax in the new culture and to laugh at the minor mistakes and misunderstandings that previously caused headaches. This often occurs after the individual has gained friends and is able to manage the new environment.

**HOME:** The "Home Stage" occurs when the individual "feels at home" in the new culture yet retains allegiance to his or her home culture - gaining the ability to live successfully in two cultures.

## U.S. CULTURE & CUSTOMS

### GREETING PEOPLE

“Informal” often describes social and even professional life in the U.S. First names are often used. However, initial introductions, and in formal or business situations, it is better to address someone as Dr., Mr., Mrs., or Ms., then by first name if invited to do so. Students in the U.S. generally use first names with peers and last names with professors. “Hello” and “How are you?” are common greetings. “How are you?” is more a social convention than a genuine desire to hear about another person’s well-being. In addition to a verbal “Hello” or “Nice to meet you,” a handshake is a standard form of greeting for both men and women.

### PERSONAL SPACE & ETIQUETTE

In the U.S., people lend considerable space between themselves and others. If a person backs away during a close conversation, the person is likely trying to re-establish a comfortable personal distance. People in the U.S. are concerned with personal cleanliness, bathing frequently and using a lot of soap and deodorant, but rarely cologne. Although this might seem exaggerated by other cultural standpoints, attention to personal hygiene is important for business and social success in the U.S.

### TIME ORIENTATION

Despite an emphasis on informality, **punctuality is valued**. Meetings, social functions, classes, and other organized activities start within minutes of the established time. This applies to professional appointments as well as dinner with friends.

### SOCIAL INTERACTION & VISITS

**Casual acquaintances** are easily made and easily lost. Closer **friendships** result from repeated interaction between people and the sharing of mutual interests and activities. The key is to participate in informal conversations, without letting insecurities of language ability prevent an attempt at friendship. Informal social invitations can be easily misunderstood. People will occasionally say “Stop by sometime” or “Let’s get together” as a polite way of saying “Good-bye.” This is more a form of speech than an invitation. However, either individual may initiate a closer friendship by calling to arrange a get-together.

Host gifts, such as flowers or a memento from one’s home country, are appreciated but are not necessary. The host should be informed in advance of any dietary restrictions. It is acceptable to ask if anything contains ingredients that one cannot eat.

# Immigration Information

## ISSS, USCIS, & YOU

ISSS does not work for the U.S. Citizenship & Immigration Services (USCIS, formerly known as the INS) nor for any other part of the U.S. government. ISSS staff are trained to assist international students and scholars with immigration matters. However, the student or scholar is solely responsible for maintaining legal status. Answers to many common questions can be found on the ISSS website (<http://www.vanderbilt.edu/iss>) or by reading the handouts available at ISSS. Immigration information and updates are also announced through the email listserv. Therefore, it is very important that students and scholars provide ISSS with their Vanderbilt email addresses.

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## Helpful Immigration Links

The ISSS website includes links to forms for various immigration matters. You may visit the forms page directly at <http://www.vanderbilt.edu/iss/forms.html> or call: 615.322.2753 with questions. Listed below are helpful immigration-related links.

F-1 Regulations: <http://www.vanderbilt.edu/iss/students.html>

Change of address & phone number: <https://sitemason.vanderbilt.edu/form/ffmv1C>

[Department of State](#)

[Department of State Exchange Visitor Program](#)

[Diversity Visa Program](#) or Green Card Lottery

[Foreign Embassies of Washington D.C.](#)

[Internal Revenue Service \(IRS\)](#)

[Memphis USCIS District Office](#)

[Passport Photo Guide](#) for some Immigration applications

[Special Registration](#): National Security Entry-Exit Registration System (NSEERS) Registration

Technology Alert List ([TAL](#)) site

[Two-Year Foreign Residence Requirement 212\(e\) Waiver](#)

[United States Citizenship & Immigration Services \(USCIS\)](#) or Immigration

[USCIS InfoPass](#): Click to make an appointment with the Memphis USCIS District Office

[USCIS Case Status Page](#)

Click above to check on the status of any Immigration application. You must have the "SRC" Number (Immigration receipt number) in order to search your case.

[US Customs & Border Protection](#)

[US-VISIT: Travel and Transportation](#)

[United States Embassies and Consulates Worldwide](#)

[Visa Appointments](#)

[Visa Wait Times](#)

[Visa Waiver Program](#)



# Legal Information

## Identifying an Immigration Attorney

International student and scholar advisers occasionally encounter difficult situations in which the best advice to the student or scholar is “consult a qualified immigration attorney.” This may also be the best answer to questions that students and scholars regularly pose to advisers. The decision to suggest that the student or scholar consult an immigration attorney is not always a simple one.

Advisers must consider the scope of their duties, the extent of their expertise in topics not directly related to their work, possible conflicts or interest, and even “unauthorized practice of law” statutes and regulations in their state. It is important for them to realize that encouraging someone to seek legal advice is often the best advice and commendable performance of their duties as an advisor.

When advised that they should consult an immigration attorney, many students and scholars will ask for the advisor’s assistance in identifying an attorney with expertise in immigration law. Advisors have a variety of approaches to this request. Some encourage students and scholars to consult one or several attorneys personally known to the advisor or known to have provided good service to students and scholars in the past. Others offer a list of all immigration attorneys in the area or all American Immigration Lawyers Association members in the area. Still others believe that it is best to provide some general sources of information and encourage the student or scholar to carefully search for a qualified attorney.

The links below will provide useful information to students and scholars engaged in the process of finding an attorney.

- "[Working with an Immigration Attorney](#)," contributed by Helene Robertson, Director, Office of International Student and Scholar Services, The Catholic University of America
- "[Immigration Attorneys - Recommendations from OIE](#)," contributed by Lisa Krieg, Director, Office of International Education, Carnegie Mellon University

## Additional Resources

- "[Finding the Right Immigration Lawyer](#)," offered by Siskind, Susser, and Bland, Immigration Attorneys
- "[How to Choose an Immigration Attorney](#)," offered by Miller, Mayer, Attorneys at Law, LLP
- "[How Can an Immigration Attorney Help You](#)," offered by the American Immigration Lawyers Association
- "[Listing of State Bar Associations](#)," (most provide lawyer referral services), offered by American Bar Association
- [NAFSA's Global Partner Immigration Law Firms](#) can be found in the NAFSA Yellow Pages

\*Excerpt from web resource - NAFSA: Association of International Educators, <http://nasfsa.org/>

## **Immigration Attorneys & Resources**

### **David Ware & Associates**

3850 N. Causeway Blvd., Suite 555

Metairie, LA 70002-1752

[www.david-ware.com](http://www.david-ware.com)

### **Rose Immigration Law Firm**

2100 West End Avenue

Loews Vanderbilt Plaza, Suite 935

Nashville, TN 37203

615.321.2256 (tel)

615.329.4390 (fax)

[www.roseimmigration.com](http://www.roseimmigration.com)

### **Siskind Susser**

102 Woodmont Blvd., Suite 212

Nashville, TN 37205

615.345.0266 (tel)

615.250.4998 (fax)

[www.visalaw.com](http://www.visalaw.com)

### **Legal Aid Society**

300 Deadrick Street

Nashville, TN 37201

615.244.6610

615.242.8749 (Pro Bono Services)

[www.las.org](http://www.las.org)

### **AILA**

**American Immigration Lawyers**

**Association**

[www.aila.org](http://www.aila.org)



# Employment

International students are permitted to work up to twenty hours per week on campus. For any off-campus employment, you must get authorization from ISSS *before* accepting any offers of employment. Also refer to “Employment” in Immigration section of this handbook for information.

## **Vanderbilt Career Services**

<http://www.vanderbilt.edu/career/>

## **Campus Jobs Available**

<http://hireadore.com>

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## Taxes

Non-immigrants in F or J status must file paperwork with the Internal Revenue Service (IRS), even if there is no U.S. source of income. It is very important to remain in strict compliance with U.S. tax regulations. Individuals in F-1 or J-1 status who receive a U.S. source of income that is subject to withholding, must file annually by April 15; others must file by June 15. Records should be kept for five years. International students and scholars (with the exception of permanent residents, resident aliens for tax purposes, or those married to U.S. citizens) must file a 1040-NR Form for Non-Residents. Non-resident aliens should not file forms 1040, 1040-A, or 1040-EZ.

ISSS does not provide tax assistance. The International Tax Office sponsors a workshop on taxes for international students and scholars each spring semester. Watch for announcements in the email listserv. Tax laws are subject to change. Therefore, you should check each year to know the current legal requirements.

# Dependents

The transition to the United States can be both challenging and rewarding for your spouse and dependents. There are several places in the Nashville area that offer English language classes, and community groups that may be of interest to dependents. Nashville community organizations & Vanderbilt offer a variety of volunteer opportunities (formally listed as volunteer positions, thus applicable for F-2s). Additionally, ISSS offers programs for international spouses and dependents. For more information see the website or contact ISSS directly:

615.322.2753

[www.vanderbilt.edu/issv](http://www.vanderbilt.edu/issv)

## Educational Opportunities for Dependents:

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### HIGHER EDUCATION

#### **Aquinas College**

<http://www.aquinascollege.edu/>

#### **Belmont University**

<http://www.belmont.edu/>

#### **Columbia State Community College**

<http://www.coscc.cc.tn.us/>

#### **Free Will Baptist Bible College**

<http://www.fwbcc.edu/>

#### **Lipscomb University**

<http://www.lipscomb.edu/>

#### **Meharry Medical College**

<http://www.mmc.edu/>

#### **Middle Tennessee State University**

<http://www.mtsu.edu/>

#### **Nashville State Community College**

<http://www.nsc.edu/>

#### **Tennessee Tech University**

<http://www.tntech.edu/>

#### **Tennessee State University**

<http://www.tnstate.edu>

#### **Trevecca Nazarene University**

<http://www.trevecca.edu/>

#### **The University of The South**

<http://www.sewanee.edu/>

#### **Volunteer State Community College**

<http://www.volstate.edu/>

## **Educational Opportunities for your children:**

**If you have dependents who will be attending school in the U.S., be sure to bring birth certificates or proof of age and all medical, dental, and academic records for those dependents.**

**For information on Public Schools in Nashville, visit:**

Metropolitan School Board:

<http://www.mnps.org/> or:

<http://www.nashvillechamber.com/relocation/education/public.html>

615.259.8400

**For information on Private Schools in Nashville, visit:**

<http://www.nashvillechamber.com/relocation/education/private.html>

### **Preschools/Daycare**

#### **Susan Gray School**

21<sup>st</sup> Ave. South

615.322.8466

#### **Brook Hollow Baptist Church**

678 Brook Hollow Rd.

615.352.3099

#### **Vanderbilt Child Care**

18<sup>th</sup> Ave. South

615.936.1990

### **Volunteer Opportunities**

**Hands On Nashville:** links volunteers to various volunteer opportunities in the community.

209 10<sup>th</sup> Avenue South

Cummins Station, Suite 318

Nashville, TN 37203

615.298.1108 (tel)

615.298.2397 (fax)

[www.hon.org](http://www.hon.org)



**Vanderbilt Medical Center:** Volunteer opportunities at locations including Vanderbilt Children's Hospital, Cancer Center, Vanderbilt Clinic, The Dayani Center, Stallworth Rehabilitation Hospital and others.

<http://www.mc.vanderbilt.edu/root/vumc.php?site=volunteer&doc=8138>

## **English Language Classes (contact for class schedules & availability)**

(English as a Second Language - ESL)

### **English Language Center (ELC)**

322-2277

ELC offers courses at all levels such as: TOEFL Preparation, Business English, Media, Grammar, Pronunciation, Communication, among others.

For more information visit: <http://www.vanderbilt.edu/elc/>.

### **Tennessee Foreign Language Institute**

404 James Robertson Pkwy, Suite 1510

Nashville, TN 37219

615.741.7579

[www.foreignlanguages.org](http://www.foreignlanguages.org)

### **Brook Hollow Baptist Church**

678 Brook Hollow Rd.

615.352.3099

### **Woodmont Baptist Church**

2100 Woodmont Ave.

615.297.5303

### **Natchez Trace Church of Christ**

1700 Natchez Trace

615.292.4272

### **Belmont United Methodist Church**

2007 Acklen Ave.

615.383.0832

### **First Baptist Church**

108 7<sup>th</sup> Ave. S.

615.664.6000

# Life at Vanderbilt University

Vanderbilt University is located within three miles of downtown Nashville, Tennessee. The 330 acre campus offers the best of an urban location in a park-like setting. The University was founded in 1873 by Commodore Cornelius Vanderbilt, a New York shipping magnate. Vanderbilt is an independent, privately-funded institution with ten separate schools: The College of Arts and Science, the Graduate School, Schools of Engineering, Divinity, Law, Medicine, Nursing, the Owen Graduate School of Management, George Peabody College, and the Blair School of Music.

The extensive range of curricula attracts a diverse group of students and faculty from all over the U.S. and from more than 90 other countries. There are more than 10,000 students and more than 2,000 full-time faculty members. Approximately 1,000 of these are international students, and the University sponsors more than 500 international scholars per year. Vanderbilt's international community continues to grow at a healthy pace, exceeding national trends in international educational exchange.

## ACADEMIC LIFE

Academic courses are typically taught through combinations of lectures and discussion, depending on the size of the class. It is very important to attend the first day of classes as class requirements, procedures, and books needed for the course will be discussed. Regular class attendance is recommended because classroom discussions and lectures often cover material not included in the readings. Grades may be based on examinations, lectures, classroom discussions, written work, and classroom participation.

## UNIVERSITY HONOR SYSTEM

All academic work at Vanderbilt is conducted under the Honor System, instituted in 1875. All work submitted by a student is presumed to be the product of that student unless credit is given to another source. Cheating, plagiarizing, or otherwise falsifying results of study is prohibited. The Honor System applies to all academic work, including examinations, papers, reports, and solutions to problems. Any student who violates the Honor System is subject to a hearing before the Honor Council. Students found guilty may receive penalties ranging from failure in the course to expulsion from Vanderbilt.

## **STUDENT RECREATION CENTER**



The Student Recreation Center is a place to work out, learn about wellness, or relax.

For more information visit:

<http://www.vanderbilt.edu/CampusRecreation/>



### **Vanderbilt Dean of Students**

615.322.6400

<http://www.vanderbilt.edu/deanofstudents/>

The Office of the Dean of Students is housed in the Sarratt Center in the center of main campus. This office coordinates student activities and programs, athletics and recreation, health and wellness, student development, and new student and family programs. Check out the webpage to get more information about events, activities, and organizations on campus.

### **Vanderbilt Human Resources**

<http://hr.vanderbilt.edu/>

Human Resources departments are available for scholars who are Vanderbilt employees receiving benefits.

## Guide to the Area NASHVILLE



Vanderbilt's hometown has emerged in the past two decades as a vibrant, progressive, modern city – often dubbed as "Music City USA" and "Athens of the South."

As the city of education, Nashville boasts 14 colleges and universities, attracting some 30,000 students from the United States and around the world (about a third of them to Vanderbilt) and an impressive mix of public and private elementary, middle and high schools. Vanderbilt's Peabody College (education and human development) works closely with Metropolitan Nashville's Public Schools. And for K-12 educators throughout Nashville and across the country, Vanderbilt's Virtual School delivers presentations from faculty, staff, and students using videoconferencing technology: The city claims one of the largest urban parks and greenway systems in the United States. The region's abundance of lakes and rivers make fishing, boating and other water sports a signature aspect of recreation and life in the region.

The arts flourish, too. Within a 10-minute drive from campus:

- ***The Frist Center for the Visual Arts***, 919 Broadway (615) 244-3340 [www.fristcenter.org](http://www.fristcenter.org). Presents exhibitions of the world's greatest art in a spectacularly renovated former Post Office building.
- ***The Downtown Library***, 615 Church Street (615) 862-5800 [www.library.nashville.org](http://www.library.nashville.org). Truly a magnificent building, incorporating a delightful children's library, computer facilities, and an impressive collection of books, tapes, CDs and videos.
- ***The Tennessee Performing Arts Center***, 505 Deaderick St. (615) 782-4000 [www.tpac.org](http://www.tpac.org). Hosts performances by the symphony, opera, ballet, and theater groups, including its annual "Broadway Series."
- ***The Nashville Symphony Orchestra***, Schermerhorn Symphony Center, One Symphony Place (615) 687-6500 <http://www.nashvillesymphony.org>. The Nashville Symphony offers over 200 concerts a year in the Schermerhorn Center, a grand four-story neo-classical structure, and various locations around town, including free outdoor concerts in the summer.

- **Blair School of Music**, 2400 Blakemore Ave. (615) 322-7651  
<http://www.vanderbilt.edu/Blair/>. Vanderbilt itself has two excellent venues at the Blair School of Music where faculty and students, as well as other professional music and dance companies, regularly present performances for the community.
- **The Country Music Hall of Fame and Museum**, 222 Fifth Ave. S  
[www.countrymusichalloffame.com](http://www.countrymusichalloffame.com). Both a cultural research institution and a premier museum of America's indigenous music.

Nashville has emerged also as a home of professional sports, entertainment and fun. **The Tennessee Titans** bring NFL action to the downtown riverfront. The NHL's **Nashville Predators** offer 70-plus home games a year on the ice at Sommet Center, also the venue for many rock and pop concerts and other events. The Nashville International Super speedway offers **NASCAR** action from its state-of-the-art facility in neighboring Wilson County. And, of course, Vanderbilt's sports teams are members of the highly competitive Southeastern Conference. Historic 2nd Avenue offers a lively nightlife with restaurants, coffee houses, nightclubs and shops, many of them housed in renovated warehouses that echo Nashville's history of river commerce.

### Tennessee's Average Temperatures

\*Temperatures are given in °F

Month	High	Low
January	48.4	30.0
February	51.7	31.9
March	59.7	38.3
April	71.4	48.4
May	79.8	56.7
June	86.8	64.8
July	89.0	68.3
August	88.3	67.0
September	82.7	60.3
October	72.8	48.6
November	59.4	37.8
December	49.9	31.5



Downtown Nashville

## **NASHVILLE WEBSITES**

### **City Search Nashville**

<http://nashville.citysearch.com/>

### **Nashville Official Site**

<http://www.nashville.gov>

### **Blue Shoe Nashville**

<http://www.blueshoenashville.com/>

### **Nashville Convention & Visitors Bureau <http://www.nashvillecvb.com/>**

\*Discount coupons available online for many attractions, hotels, and restaurants\*

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### **Nashville Chamber of Commerce**

<http://www.nashvillechamber.com/>

### **Nashville Life.com**

<http://www.nashvillelife.com/>

### **Events in Nashville**

[www.nashville.about.com/b/a/032027.htm](http://www.nashville.about.com/b/a/032027.htm)



## **Bars/Microbreweries**

### **The Beer Sellar**

107 Church Street, 615-254-9464

### **Blackstone Restaurant & Brewery**

1918 West End Avenue, 615-327-9969

### **Bosco's Nashville Brewing Co.**

1805 21<sup>st</sup> Avenue South, 615-385-0050

<http://www.boscosbeer.com>

### **Box Seat Sports Bar & Grill**

2221 Bandywood Drive, 615-383-8018

### **Cabana**

1910 Belcourt Avenue, 615-577-2262

<http://www.cabanashville.com/>

### **The Flying Saucer Draught Emporium**

1010 Demonbreun, 615-259-3039

<http://www.beerknurd.com/stores.php>

### **Gold Rush**

2205 Elliston Place, 615-321-1160

<http://www.goldrushnashville.com/>

### **Jackson's Bar & Bistro**

1800 21<sup>st</sup> Avenue South, 615-385-9968

### **Market Street Brewery & Pub House**

134 2<sup>nd</sup> Avenue North, 615-259-9611

### **Red Door Saloon**

1816 Division Street, 615-320-6525

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**Mulligan's Pub & Restaurant**

117 2<sup>nd</sup> Avenue North, 615-242-8010

<http://www.mulliganspubandrestaurant.com/main.htm>

**Robert's Western World**

416 Broadway, (615) 244-9552

**Sam's Place**

1803 21<sup>st</sup> Avenue South, 615-383-3601

**Sherlock Holmes Pub**

2206 Elliston Place, 615-327-1047

**Sportsman's Grille**

1601 21<sup>st</sup> Avenue South, 615-356-6206

**Springwater**

115 27<sup>th</sup> Avenue North, 615-320-0345

<http://www.springwatersupperclub.com/>

**The Stage**

412 Broadway, (615) 726-0504

**Tin Roof**

11516 Demonbreun Street, 615-313-7103

<http://www.tinroofnashville.com/>

**The Treehouse (upstairs of South Street)**

907 20<sup>th</sup> Avenue South, 615-320-5555

<http://pansouth.net/southstreet-treehouse.htm>

**Villager Tavern**

1719 21<sup>st</sup> Avenue South, 615-298-3020

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## DANCE CLUBS

### **Graham Central Station**

128 2<sup>nd</sup> Avenue North, 251-9593

<http://www.grahamcentralstationnashville.com/>

### **Decades**

207 Broadway, 615-254-0333

<http://www.decadesnashville.com/>

### **Silverado's**

1204 Murfreesboro Pike, 615-361-9922

### **The Wildhorse Saloon**

120 2<sup>nd</sup> Avenue North, 615-256-WILD

<http://www.wildhorsesaloon.com/>

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## POOL HALLS/BOWLING ALLEYS

### **Buffalo Billiards & Havana Lounge**

154 2<sup>nd</sup> Avenue North, 313-7665

<http://www.buffalobilliards.com/nashville/>

### **Dave & Busters**

540 Opry Mills Drive, 615-514-1200

<http://www.daveandbusters.com/>

### **George's Elliston Place Pool Hall**

2200 Elliston Place, 615-320-9441

### **H. Cue's**

21<sup>st</sup> Avenue above Pizza Perfect, 615-329-0690

# Grocery Stores/ General Merchandise

**ALDI'S** - <http://www.aldifoods.com/>

405 American Road

Aldi's is a no frills limited product store with the best prices in town. Bring your own grocery bags!

## **Apple Market**

2900 West End Ave: 615-327-4187

This is a good place to find basic items at lower prices. There is not a large selection of products here.

**Harris Teeter** - <http://www.harristeeter.com/>

Hillsboro Village

2201 21st Avenue South: 615-352-2567

There is a wide selection of products, including more rare or hard to find items. Harris Teeter tends to be one of the more expensive grocery stores in Nashville.

**Kroger** - <http://www.kroger.com/>

2131 Abbott Martin Rd. (Green Hills): 615-269-5649

2615 Franklin Pike: 615-297-5517

4560 Harding Road: 615-269-5649

Kroger offers a wider selection than Apple Market, though not as varied as Harris Teeter. Compared to other grocery stores, Kroger's prices are mid-range.

**Target** - <http://www.target.com/>

26 White Bridge Road: 615-352-8461

Target is a good place to find home furnishings and electronics. Target also carries a limited amount of food and grocery items.

**Wal-Mart Supercenter Store** - <http://www.walmart.com/>

7044 Charlotte Pike: 615-352-1240

Wal-Mart carries all types of items, including clothing, electronics, home furnishings and a full stock of groceries at very low prices.

**K-Mart Store** - <http://www.kmart.com/home.jsp>

4095 Nolensville Pike: 615-856-7987

**CostCo Wholesale Club** - <http://www.costco.com/>

6670 Charlotte Pike (West Nashville): 615-354-5100

**Sam's Wholesale Club** - <http://www.samsclub.com/shopping/index.jsp>

1300 Antioch Pike: 615-834-9092

615 Old Hickory Blvd. (Bellevue): 615-356-5545

Whole Foods Market - <http://www.wholefoodsmarket.com/>  
4021 Hillsboro Pike: 615-440-5100

### **INTERNATIONAL GROCERY STORES**

#### **Apna Bazaar**

3808 Nolensville Rd: 615-333-0028

#### **International Market & Restaurant**

2010 Belmont Blvd: 615-297-4453

#### **International Market**

3231 Gallatin Pike: 615-258-2349

#### **International Food Market**

360 Elysian Fields Court: 615- 833-2775

#### **International Food Mart**

206 Thompson Lane: 615-333-9651

#### **International Corner Market**

2631 Nolensville Pike: 615-248-6888

#### **International Market at the Farmer's Market**

900 8<sup>th</sup> Avenue North: 615-254-1697

#### **K & S International Grocery**

5861 Charlotte Pike: 615-354-1304

or 4225 Nolensville Pike: 615-832-8881

#### **Kabul Global Foods**

4504 Nolensville Pk: 615-831-1434

#### **Shubha Enterprises (specializes in Indian Groceries)**

2523 Nolensville Rd.: 615-242-0204

#### **Suraj Imports (specializes in Indian Groceries)**

1807 Church Street: 615-321-3818

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# Hotels

If you need to stay at a hotel until you find a place to live, below is a list of hotels that are close to Vanderbilt.

## **Loews Vanderbilt Hotel**

2100 West End Ave.  
Nashville, TN 37203  
615.320.1700

<http://www.loewshotels.com/hotels/nashville/>

## **Extended Stay America**

3311 West End Ave.  
Nashville, TN 37203  
615.383.7490

## **Day's Inn**

1800 West End Ave.  
Nashville, TN 37203  
615.327.0922

## **Marriott @ Vanderbilt**

2555 West End Avenue  
Nashville, TN 37203  
615.321.1300

## **Guesthouse Inn**

1909 Hayes Street  
Nashville, TN 37203  
615.329.1000

## **Holiday Inn Select**

2613 West End Ave.  
Nashville, TN 37203  
615.327.4707

## **Courtyard by Marriott**

1901 West End Ave.  
Nashville, TN 37203  
615.327.9900

## **Hampton Inn Vanderbilt**

1919 West End Ave.  
Nashville, TN 37203  
615.329.1144

## **Embassy Suites Nashville at Vanderbilt University**

1811 Broadway  
Nashville, TN 37203  
615.320.8899

## **Hampton Inn & Suites**

2330 Elliston Place  
Nashville, TN 37203  
615.320.6060



# Newspapers

## **The Tennessean**

<http://www.tennessean.com/>

## **The Wall Street Journal**

<http://www.online.wsj.com/public/us>

## **Nashville Business Journal**

<http://www.nashville.bizjournals.com>

## **Nashville Rage**

<http://nashvillrage.com>

## **Nashville Scene**

<http://www.nashvillescene.com/>

## **Vanderbilt Hustler**

<http://www.insidevandy.com/drupal/>

## **Nashville City Paper**

<http://www.nashvillecitypaper.com/>

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# MOVIE THEATERS

You can purchase discounted movie tickets for all Nashville Theaters at Sarratt Box Office.

## **Vanderbilt Sarratt Cinema**

<http://www.vanderbilt.edu/sarratt/tour/cinema.html>

## **Belcourt**

<http://www.belcourt.org/>

2102 Belcourt Avenue - Nashville TN 37212

Box Office: (615) 383-9140

Main Office: (615) 846-3150

Fax: (615) 846-3151

## **Regal Green Hills**

<http://www.fandango.com/TheaterListings.aspx?radius=30&location=37215&source=cityzipsearch&tid=AAEOK>

3815 Green Hills Village Drive

Nashville, TN 37215

615-269-5910

## **Regal Bellevue Cinema**

[http://www.fandango.com/theater.asp?distance=30&chain\\_id=REGL&theater\\_id=AAEOK\\_LIVE](http://www.fandango.com/theater.asp?distance=30&chain_id=REGL&theater_id=AAEOK_LIVE)

7741 Highway 70 S.

Nashville, TN 37221

615-646-6556

## **Carmike Bellevue 8**

[http://www.fandango.com/theater.asp?distance=15&chain\\_id=W&theater\\_id=AAGNG](http://www.fandango.com/theater.asp?distance=15&chain_id=W&theater_id=AAGNG)

120 Belle Forest Circle

Nashville, TN 37221

615-662-0855

## **Regal Hollywood 27-Nashville**

[http://www.fandango.com/theater.asp?distance=30&chain\\_id=REGL&theater\\_id=AAEXD\\_LIVE](http://www.fandango.com/theater.asp?distance=30&chain_id=REGL&theater_id=AAEXD_LIVE)

719 Thompson Lane

Nashville, TN 37204

615-463-7705

## **IMAX at Opry Mills**

<http://www.fandango.com/TheaterPage.aspx?radius=30&tid=AAOPJ>

570 Opry Mills Dr.

615-514-3462

# PUBLIC LIBRARIES AND MUSEUMS

## PUBLIC LIBRARIES

### **Nashville Public Library (Main Branch)**

615 Church Street  
Nashville, TN 37219-2314  
615-862-5760

To obtain your free library card and find other locations around town, go to [www.library.nashville.org](http://www.library.nashville.org)

## MUSEUMS

### **Belle Meade Plantation**

<http://www.bellemeadeplantation.com>  
5025 Harding Road, Nashville, TN, USA  
615-356-0501

### **Belmont Mansion Association**

<http://www.belmontmansion.com/>  
1900 Belmont Boulevard, Nashville, TN, USA

### **Cheekwood Botanical Garden and Art Museum**

<http://www.cheekwood.org/>  
1200 Forrest Park Drive  
Nashville, Tennessee 37205  
615-356-8000

### **Country Music Hall of Fame and Museum**

<http://www.countrymusichalloffame.com/>  
222 Fifth Avenue South  
Nashville, TN 37203  
615-416-2001

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### **Adventure Science Center**

<http://www.adventuresci.com/>  
Adventure Science Center  
800 Fort Negley Blvd.  
Nashville TN 37203

### **Frist Center for the Visual Arts**

<http://www.fristcenter.com/>  
919 Broadway, Nashville, TN 37203  
615-244-3340

### **Historic Ryman Auditorium**

<http://www.ryman.com/>  
116 Fifth Avenue North  
Nashville, TN 37219  
615-889-3060

### **Tennessee State Museum**

<http://www.tnmuseum.org/>  
505 Deaderick Street, Nashville, TN  
615-741-2692

# RESTAURANTS

## **African**

- \*Addis Ababa Ethiopian Restaurant, 415 Thompson Lane: 615-322-0710
- \*Horn of Africa, 1041 Murfreesboro Road: 615-366-3468
- \*Lalibela, 415 Thompson Lane: 615-322-0170
- \*Mecca, 2521 Nolensville Pike: 615-242-6664

## **American/"Southern"**

- \*Loveless Café, 8400 Highway 100, 615-646-0067
- \*Monell's, 1235 6<sup>th</sup> Avenue North, 615-248-4747
- \*Noshville Delicatessen, 1918 Broadway, 615-329-6674
- \*Swett's, 2725 Clifton Avenue, 615-329-4418
- \*White Trash Café, 1914 Bransford Ave., 615-383-0109

## **Caribbean**

- \*Calypso Café, 2424 Elliston Place: 615-321-3878
- \*Caribbean Hut, 1316 Antioch Pike: 615-832-3547

## **Chinese**

- \*August Moon, 4004 Hillsboro Pike: 615-298-9999
- \*Chinatown Restaurant, 3900 Hillsboro Pike, Ste A: 615-269-3275
- \*Dragon Garden, 2817 W End Ave # 116B: 615-329-2019
- \*Gold Coast Chinese Restaurant, 1722 West End Avenue: 615-321-8882
- \*P.F. Chang's China Bistro, 2525 West End Avenue: 615-329-8901

## **French**

- \*Provence, 1705 21st Avenue South, 615-386-0363
- \*Wild Boar, 2014 Broadway, 888-534-6117

## **German**

- \*Gerst Haus, 301 Woodland Street, 615-244-8886

## **Indian**

- \*Best of India, 5815 D Charlotte Pike, (615) 352-5335
- \*Cuisine of India, 1602 21st Avenue South, 615-320-1315
- \*Shalimar Café Indian Cuisine, 3711 Hillsboro Pike, 615-269-8577
- \*Sitar Indian Restaurant, 116 21st Avenue North, 615-321-8889
- \*Taste of India, 1805 Church Street, 615-327-5400

## **Italian**

- \*Amerigo, 1920 West End Avenue, 615-320-1740
- \*Carraba's Italian Grill, 2101 Green Hills Village Drive, 615-463-3000
- \*Caffe Nonna, 4427 Murphy Road, 615-463-0133
- \*Mario's, 2005 Broadway, 615-327-3232
- \*Mama Mia's, 4671 Trousdale Avenue, 615-331-7207
- \*Old Spaghetti Factory, 160 2<sup>nd</sup> Avenue North, 615-254-9010
- \*Sole Mio, 311 3<sup>rd</sup> Avenue, 615-256-4013
- \*Valentino's Ristorante, 1907 West End Avenue, 615-327-0148

## **Japanese**

- \*Goten, 1719 West End Avenue, 615-321-4537
- \*Ichiban Japanese Restaurant, 109 2<sup>nd</sup> Avenue North, 615-244-7900
- \*Ken's Japanese Restaurant, 2007 Division Street, 615-321-2444
- \*Kobe Steaks Japanese Restaurant, 210 25<sup>th</sup> Avenue North, 615-327-9081
- \*Samurai Sushi, 2209 Elliston Place, 615-320-5438
- \*Taste of Tokyo, 1806 21<sup>st</sup> Avenue S., 615-292-8338

## **Korean**

- \*Korea House, 6410 Charlotte Pike, 615-352-2790
- \*Tofu House, 1310 Antioch Pike, 615-781-2022

## **Mediterranean/Greek**

- \*House of Kabob, 216 Thompson Lane, 615-333-7711
- \*Mediterranean Cuisine, 400 21st Avenue South, 615-321-8960
- \*Tabouli's, 2015 Belmont Blvd. 615-386-0106

## **Mexican**

- \*Baja Burrito, 722 Thompson Lane, 615-383-2252
- \*Baja Fresh, 1720 West End Avenue, 615-341-0100
- \*Fiesta Aztec, 2212 Elliston Place, 615-340-0787
- \*La Hacienda, 3670 Bell Road, 615-402-6060
- \*La Paz, 3808 Cleghorn Avenue, 615-383-5200
- \*La Terraza, 5751 Nolensville Pike, 615-835-0106
- \*Las Palmas, 1905 Hayes Street, 615-322-9588

## **Peruvian**

- \*El Inca Restaurant 2485 Murfreesboro Pike, 615-367-9200

### **Tapas/Eclectic International**

- \*Bound'ry, 911 20th Avenue South, 615-321-3043
- \*Mirror Restaurant, 2317 12th Avenue South, 615-383-8330
- \*Restaurant Zola, 3001 West End Avenue, 615-320-7778

### **Thai**

- \*International Market, 2010 Belmont Blvd, 615-297-4453
- \*New Rice Bowl, 738 Thompson Lane, 615-385-9854
- \*Orchid Thai Cuisine, 73 White Bridge Road, 615-353-9411
- \*Royal Thai, 120 19th Ave N, 615-321-6104
- \*Siam Cuisine, 265 White Bridge Road, 615-354-0082

### **Turkish**

- \*Anatolia, 48 White Bridge Rd., 615-356-1556
- \*Istanbul Restaurant, 2631 Nolensville Road, 615- 248-6888

### **Dinner Theaters**

- \*Chaffin's Barn, 8204 Highway 100, 615- 646-9977
- \*Miss Marple's Mystery Dinner, 135 2<sup>nd</sup> Avenue North, 615-242-8000



# MISCELLANEOUS EATING ESTABLISHMENTS

## **Ice Cream**

Maggie Moo's  
Ben and Jerry's  
Bobbie's Dairy Dip  
Baskin Robbin's  
Dairy Queen

## **Coffee Shops**

Fido  
Bongo Java  
Café Coco  
J.J.'s  
Starbucks  
Border's Café  
Portland Brew  
Red Rooster

## **Pizza**

DaVinci's  
Michaelangelo's  
Mellow Mushroom  
Pizza Perfect  
Mafiazas

## **Sandwiches**

Atlanta Bread  
Bread & Company  
Jersey Mikes  
Jimmy John's  
Provence  
Roly Poly

Panera  
Subway

## **Vegetarian Friendly**

Baja Burrito  
Bread & Company  
Calypso Café  
Grins (Vandy Campus)  
Wild Oats Market  
Provence  
Cuisine of India  
Woodlands vegetarian Indian Cuisine

## **Brunch**

Noshville Delicatessen  
Pancake Pantry

## **Eating with Kids**

Dalt's  
Elliston Place Soda Shop  
Pancake Pantry  
Pizza Perfect  
Rainforest Café

## **Great for a Group**

Blackstone  
Goten  
Buca di Beppo  
Orchid  
La Hacienda  
San Antonio Taco Co

For more information visit: <http://nashville.citysearch.com/>

# SHOPPING

## **The Mall at Green Hills**

<http://www.mallatgreenhills.com/>

2126 Abbott Martin Rd  
Nashville, TN 37215-2690  
615-298-5478  
Cross Street – Hillsboro

## **Cool Springs Galleria**

<http://www.coolspringsgalleria.com/>

1800 Galleria Blvd.  
Franklin, TN  
615-771-2128  
Interstate 65 South – Exit Galleria Blvd.

## **Opry Mills**

<http://www.oprymills.com/>

433 Opry Mills Dr  
Nashville, TN 37214-2440  
615-514-1000  
Cross Street: Briley Parkway

## **100 Oaks Mall**

<http://www.oprymills.com/>

719 Thompson Lane  
Nashville, TN 37204  
615-514-1000  
I-65 South - Exit Armory Drive

## **Hickory Hollow Mall**

<http://www.hickoryhollowmall.com>

5252 Hickory Hollow Parkway  
Antioch, TN  
615-731-3500  
Interstate 24 East – Exit Bell Road

## **Bellevue Center**

<http://www.bellevuecenter.com/>

7620 Hwy 70 S  
Nashville, TN 37221-1700  
615-646-8690  
Interstate 40 West – Exit Hwy 70

## **RiverGate Mall**

<http://www.rivergate-mall.com>

1000 Rivergate Pkwy  
Goodlettsville, TN 37072-2499  
615-859-3456  
Interstate 65 North – Exit Rivergate Pkwy



# SPORTS

## **Nashville Sports On Line**

<http://www.nashvillesportsonline.com/>

<http://nashville.about.com/od/sports/>

## **Tennessee Titans Football**

<http://www.titansonline.com/>

## **Nashville Sounds Baseball**

<http://www.nashvillesounds.com/>

## **Nashville Predators Hockey**

<http://www.nashvillepredators.com/>

## **Nashville Kats Arena Football**

<http://www.katsonline.com/>

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Services

