



over **VU**

NEWS FOR VANDERBILT PARENTS AND FAMILIES

Reconnect at Family Weekend in September

Family Weekend 2011, set for September 16–18, is the perfect time for Vanderbilt students and their parents, siblings and grandparents to reconnect. Fun events are planned, including an SEC football matchup between the Commodores and Ole Miss. You'll also have the opportunity to meet with various deans, administrators and faculty—and still have time to stroll across our beautiful campus and soak up the Vanderbilt atmosphere.

Online registration and a tentative schedule for Family Weekend, along with local hotel information and driving directions, can be found on the Parents and Family Programs website at www.vanderbilt.edu/familyweekend. Check often for the most up-to-date schedule of events. A comprehensive schedule will be available when you arrive. We hope to see you in September!

Student health care tips and reminders

By Dr. Louise Hanson, medical director, Vanderbilt Student Health Center

The Zerfoss Student Health Center (SHC) staff welcomes your student to Vanderbilt University. We are committed to providing students with comprehensive care in comfortable and convenient setting while also having access to a top-tier tertiary care center. Vanderbilt University Medical Center is across the street, and all our physicians maintain faculty appointments and close professional relationships there.

Many preventive, acute care and chronic disease management services are available to students in our on-campus clinic. **All students are eligible for care regardless of their insurance coverage, and no co-pays are charged** for office visits. Small fees are charged for lab tests or procedures and prescriptions.

For more details about our services, please visit www.vanderbilt.edu/student_health.

IMPORTANT HEALTH CARE CHECKLIST

As your student prepares for enrollment at Vanderbilt, be sure the following health-related procedures are addressed. Contact us with any questions or concerns before arriving on campus by calling (615) 322-2427.

NEW STUDENTS

- New students should complete immunization forms as soon as possible.*
Immunization information and necessary forms are available at www.vanderbilt.edu/student_health. Students who have not complied with the Tennessee immunization requirements may register for fall classes, but a “hold” will be put on their records if they remain noncompliant after arriving on campus.

ALL STUDENTS

- Make decisions regarding your student's health insurance.*
The Gallagher Koster student health insurance plan will be charged to your student's account unless you waive it by **August 1, 2011**. Please review the details of the Gallagher Koster plan and the waiver process on our website under the “Student Health Insurance” button. **This waiver is required annually to ensure that all students stay continuously insured during their years at Vanderbilt.** All students are required to have health insurance.
- Students with chronic health issues and/or chronic prescription needs should establish a primary care provider at the Student Health Center.*
Please call the SHC at (615) 322-2427 to discuss establishing a primary care provider for your student. The primary care physician will then be able to make referrals to specialists at the medical center, if needed, and can more easily accommodate the filling of prescriptions at nearby pharmacies for medications not carried at the SHC.

SUMMER 2011



VANDERBILT
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Commodore Card FAQ

What is the Commodore Card?

Every student is issued a Commodore Card. The Commodore Card is used for identification and building access as well as a debit card for meal plans and other purchases on and off campus. It has a website: www.vanderbilt.edu/commodorecard.

What do I do if my student's Commodore Card is lost or stolen?

Report it immediately! Students may do this any time by calling the Commodore Card Office at (615) 322-2273 or by visiting our website and clicking on the "Lost Card" link. A \$20 replacement fee applies.

What debit spending options does Vanderbilt offer?

A Vanderbilt debit spending account functions in much the same way as a bank debit card. Vanderbilt offers students two types of debit spending accounts:

Commodore Cash:

Use anywhere on campus where the Commodore Card is accepted for payment. The balance carries over from semester to semester until your student graduates.

Meal Money:

Available only for food purchases (on campus and at participating locations off campus) by meal-plan participants. Meal Money is a "use it or lose it" plan. Funds must be used up by the end of each spring semester.

Move-in Weekend: What to expect

By Nancy Dwyer, program coordinator

The Martha Rivers Ingram Commons at Vanderbilt



Nancy Dwyer

As the parent of a college-bound freshman, let me first say that I feel your pain! It's tough enough to think about leaving your child someplace new—never mind the packing, lodging and transportation logistics. However, Vanderbilt staff and returning students are here to help your family make that transition as easy as possible.

Saturday, August 20, is Move-in Day for first-year students. To make the process go smoothly for all 1,600 first-year students, each student will receive a specific arrival time. Returning students will be on hand to help move all of your student's belongings to his or her room. After settling in, be sure to meet your student's faculty head of house who serves as a scholarly presence and mentor to first-

year students. Families may visit The Commons Center, where students will pick up their Commodore Cards, *Newcomer* magazine and *VUPoint*, which includes a complete orientation schedule. Any packages mailed to the campus in advance will be available at the mail tent located directly outside The Commons Center.

Several informational sessions will take place on Move-in Day. Students and their families are welcome at all sessions.

The Commons Center dining hall will be open on Move-in Day from 7 a.m. to 3 p.m. House Dinners, which are open to everyone, will begin at 5:30 p.m. Please refer to the *VUPoint* schedule to determine the time and location of your student's house dinner. Also plan to drop by the Dean's Residence Open House to meet faculty members of The Ingram Commons and other Vanderbilt administrators.

Later in the evening, the Office of Religious Life will hold various services on The Ingram Commons Lawn. Parents will be asked to leave by 9:30 p.m. so that students may attend their House Community Building programs.

On Sunday morning a light breakfast will be offered on the south patio of The Commons Center, and then it will be time to say goodbye. Remember that you're not saying goodbye to them forever—Family Weekend, fall break and Thanksgiving are coming up—and you can always keep in touch via email, text messaging and Skype. Pat yourself on the back: This is what you've worked toward for all these years!

If you have any questions, please feel free to email me at nancy.dwyer@vanderbilt.edu.



Commodore Card FAQ

continued

How can my student add funds to their Commodore Card?

Online:

After September 15, your student may add funds to their card and the amount will be charged to their next Student Account billing statement.

Personal check:

Make payable to Vanderbilt University and mail to: Commodore Card Office, PMB 407813, Nashville, TN 37240-7813. Please be sure to include your student's name, last four digits of his or her Social Security number, and the debit spending plan to which funds are to be added (Commodore Cash or Meal Money).

Cash:

In person at Commodore Card office. We do not accept cash transactions of more than \$20 a day.

Can my student remove cash from his or her Commodore Card?

No. However, funds can be transferred from Commodore Cash to the Office of Student Accounts. No transfers or refunds may be made from Meal Money.

Lean on us for addiction recovery help



Vanderbilt Recovery Support (VRS) provides help in a safe place for students in recovery from alcohol and drug addiction. Sponsored by the Office of the Dean of Students, VRS offers a weekly student-led support group and a designated alcohol- and drug-free place on campus where VRS members can gather.

Participants also have the opportunity to be involved in a variety of "recovery-safe" programs, activities and events both on and off campus. These educational and social activities are made possible by staff support from the Student Health and Wellness area within the Dean of Students Office.

Students and parents can find more information about VRS or other alcohol- and drug-related services on campus by sending a confidential email to recovering@vanderbilt.edu or by visiting the following websites:

- www.vanderbilt.edu/pcc
- www.vanderbilt.edu/healthydores
- www.vanderbilt.edu/alcohol
- www.vanderbilt.edu/student_health. Look for "Alcohol and Drug Counseling Services" under the Mental Health Services button.

Resources for students in distress

Most students adjust well to the challenges of college life. However, if a student finds the adjustment difficult or perhaps experiences a personal loss while at Vanderbilt, several resources to help are readily available.

The **Psychological and Counseling Center** offers services to the university community that include individual, group, family and child, and couples psychotherapy; vocational testing; LD/ADHD assessment; community outreach; and organizational consulting. Services—which are offered 24 hours a day—are free to students. Call (615) 322-2571.

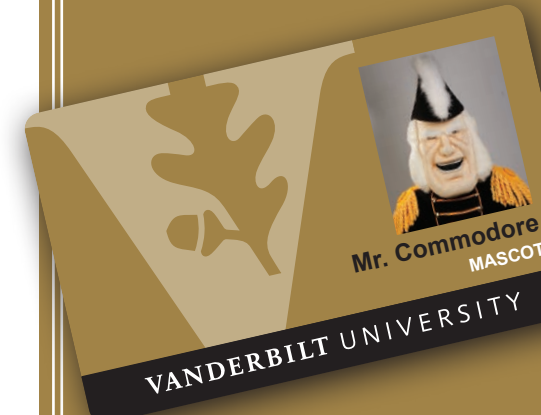
The **Office of Religious Life** seeks to function in an educational capacity both for students and groups who are traditionally religious and also in the student body by raising ethical questions and issues of value and character. Chaplains and professional staff are available for support. Call (615) 322-2457.

The **Residence Education** staff is another valuable resource. Campus residents may call upon their resident advisers and area coordinators for assistance.

Additionally, each undergraduate school or college has a designated contact person (listed below) who assists in getting students the support they need:

- **College of Arts and Science:** Francille Bergquist, associate dean; (615) 322-2844
- **Blair School of Music:** Melissa Rose, associate dean; (615) 322-7689
- **School of Engineering:** Art Overholser, senior associate dean; (615) 343-3773
- **Peabody College:** Contact name TBA; (615) 343-6947

For more information, including online resources, please visit www.vanderbilt.edu/healthydores.





Kay Dayton (left) and members of her family before the 2010 Country Music Marathon.

**Parent spotlight:
Kay Dayton**

It should come as no surprise that a woman who was a room mother for her child's first-grade class is still involved years later. When it comes to Vanderbilt, Kay Dayton is always willing to pitch in and help, whether it's guiding first-year parents through Move-in Day or participating at Family Weekend.

"I told the Parents and Family Programs Office to keep my name on a short list," Dayton says. "I live nearby, but I would make the effort to volunteer even if I didn't. I just feel good about helping."

With three of her four children going to Vanderbilt, Dayton has had lots of opportunities to help. Her daughter Laura graduated in 2006. Son Michael is a member of the Class of 2012 and daughter Emily is in the Class of 2013. As someone who works in higher education herself, Dayton understands the role of parents.

"Parental involvement makes all the difference in the world," she says. "It's a big part of a student's success and I would encourage all parents to volunteer. It's well worth your time and it really does make a difference."

Intersection of music, history and culture fascinates professor



Jimmy Maiello

He took the long way to get to Vanderbilt—from New York to California with a stopover in Kentucky. But Jimmy Maiello is happy to have settled down as an assistant professor of music history in the Blair School of Music.

He was teaching middle school music in New York when a position opened at Blair. "I applied," he says, "and things worked out very well." Things worked out well for Blair, too. Maiello is a teacher who can handle pre-collegiate, collegiate and adult programs with equal aplomb. "Working with middle school students and high school students helps the transition into teaching first-year college students," he says.

Maiello just finished his third year at Blair, and his courses reflect Blair's new curriculum focus on critical thinking. He teaches an introductory course for music majors that addresses the intersections of music history and culture. He also is developing a new course on the life and works of J.S. Bach.

"I like to have students look at sources and actually see what the scores looked like," he says. "Our library is very good about having facsimile editions. Students can see the decisions you would have to make as a performer, as an editor. It's a little bit different than a textbook. It's a little more exciting."

His personal research interests lie in plainchant, medieval and Renaissance music. "I'm looking at 12th century chant in medieval Tuscany and how liturgy, music and politics interact," he says. He is focusing on the small town of Pistoia and the manuscripts that are unique from those in neighboring Florence.

Student spotlight: Tiffany Tieu

Anyone curious about the impact and success of The Commons living-learning community at Vanderbilt need only ask Tiffany Tieu. A member of the Class of 2012, Tiffany has lived on The Commons—recently renamed The Martha Rivers Ingram Commons at Vanderbilt—since its inception three years ago, first as a resident and then as a resident adviser of North House. The Ingram Commons creates strong floor and house communities, she says, and brings student-faculty interactions into a very intimate living-learning setting. She has thrived in this environment. In fact, she was named Resident Adviser of the Year for 2011.



Tiffany Tieu

Tiffany, an Atlanta native, is pursuing a double major in violin performance and Spanish with a minor in Latin American studies.

Tiffany is committed to using music and volunteer work within the Latino community as vehicles for social change. She teaches at the W.O. Smith Music School, which provides music instruction for low-income Nashville children, and tutors Latina students at a local public high school. She's had the honor of winning the Vanderbilt University Concerto Competition and has served as concertmaster of the Vanderbilt University Orchestra. This summer she will travel to Ecuador on a Nichols Humanitarian Fund grant to teach music and English classes.

"Vanderbilt offers the perfect blend of music and academics," Tiffany says, "and the tradition of commitment to service here—and the opportunities to serve—have defined my Vanderbilt experience."

Bruce and Tina Ross lead Parents and Family Association Advisory Board



The Ross family: Class of 2012's Bryant, mother Tina, Class of 2010's Bruce and father Bruce.

It didn't take much to convince Bruce and Tina Ross of Cincinnati to assume leadership of the Parents and Family Association Advisory Board. All they had to do was remember a conversation with their oldest son, Bruce, BA'10.

"Last summer, after he graduated, Bruce got together with some of his friends," Tina says. "He came to us later and said that without a doubt he had the best college experience."

Today Bruce is in a prestigious graduate program in Maryland while younger brother, Bryant, Class of 2012, continues his psychology studies at Vanderbilt.

Enhanced communications and increased awareness about volunteer opportunities and parental involvement are two items on the Ross' agenda for the next year. "One great benefit of being involved is all the fun we have with other parents," Tina says. "We spend as much time with our new friends as we do our kids!"

"We've always believed that you work with those organizations that are the most special to you," Bruce says. "For us, that's Vanderbilt—because of what it's done for our boys. Vanderbilt is giving them a great start in life."

How can you volunteer?

Volunteer opportunities abound for Vanderbilt parents, and we invite you to take part in whatever capacity you can. Consider these ways to get involved:

- Join the Freshman Mentoring Committee
Welcome and be in touch with parents of new students from your region.
- Host and/or organize receptions for current parents in your region during the school year
- Join the Communication Committee
Help develop ideas for more effective communication with families.
- Join the On-campus Events Committee
Assist with on-campus events such as Move-in Day and Family Weekend.
- Help the Alumni Relations office
Help host and/or organize Summer Send-off Parties for new students and their parents or guardians from your area.
- Help the Admissions office
Volunteer at college fairs and programs in your area, passing out brochures and materials and answering questions about Vanderbilt from prospective students and their families.
- Become a Parent Ambassador for the Global Education Office
If your student has studied abroad through a Vanderbilt program, share your knowledge and experience with other parents.

Get involved today! Go to the Parents and Family Programs website at www.vanderbilt.edu/families, and click on the "Volunteer Opportunities" section and then complete the online participation form.



Boston reception hosts Mark and Beth Shuster welcome the event's guest speaker, Cindy Funk, director of the Vanderbilt Career Center.

Vanderbilt visits south Florida and Boston

The Parents and Family Programs office recently held two regional parent receptions where parents of current students came together to share stories and hear updates from Vanderbilt administrators.

At the southern Florida event in February, Joel Harrington, associate provost for global strategy and history professor, gave a presentation on study abroad. In April, a Boston audience heard Cindy Funk, director of the Career Center, talk about student internships and jobs from the parent's perspective.

Thanks are due to Joseph and Kathy Colletta for hosting the southern Florida reception and to Mark and Beth Shuster for hosting the Boston event. If you would like to host a Vanderbilt parent event in your area, please contact our office at (877) 887-2736 or parents@vanderbilt.edu

Parents and Grandparents Campaign reaches new heights

The Parents and Grandparents Campaign serves to enrich the high quality programs Vanderbilt provides all students. During the past five years, Vanderbilt parents and grandparents have given more than \$41 million to the university. Each gift helps increase Vanderbilt's margin of excellence which results in a positive impact for all members of the university community.

Through your support, the Parents and Grandparents Campaign continues to accomplish great things. During the past year, the 200 members of the Parents Leadership Committee gave an extraordinary combined total of \$6 million in gifts to Vanderbilt. The collective generosity of Vanderbilt parents and grandparents has kept the Parents and Grandparents Campaign near the top—currently at No. 7—among programs at private research institutions nationally.

Thank you for supporting Vanderbilt. Every gift at every level supports the university. Vanderbilt depends on the gifts of alumni, friends, parents, grandparents, and corporations and foundations to help us provide a world-class education to the students of today and the leaders of tomorrow.

For more information please contact Amy Jarvis or Rebekah Rohrbach in the Parents and Grandparents Campaign Office by calling (615) 343-3120, emailing pag.campaign@vanderbilt.edu or visiting our website at www.vanderbilt.edu/pagcampaign.



Don't miss out on the benefits of NCC membership

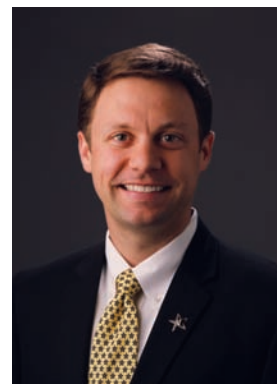
By Mark Carter, director of athletics development National Commodore Club

College athletics—one of the most exciting aspects of the college experience—brings together our Vanderbilt community in a way that few other events can. Every Vanderbilt parent is invited to be a part of the athletics community by joining the National Commodore Club (NCC).

The support of NCC members makes it possible for our student-athletes to compete at the highest levels in the classroom and on the playing field. NCC memberships help provide our student athletes with an education that is second to none as well as the facilities necessary to recruit and train the best student athletes from around the world.

NCC members are afforded great benefits, too, such as our monthly magazine, *Commodore Nation*; priority seating and parking for football and basketball games; and postseason ticket opportunities, just to name a few. We hope you will support Vanderbilt athletics and consider joining the National Commodore Club today.

When you are on campus, please stop by the McGugin Center to visit. For more information or to join the NCC, go to www.nationalcommodoreclub.com or call (615) 322-4114. Go 'Dores!



Mark Carter

Abby and Jon Winkelried to chair Parents Leadership Committee



Jon and Abby Winkelried

A new school year brings new guidance to the Parents Leadership Committee. Abby and Jon Winkelried of Short Hills, N.J., have agreed to chair the 2011–2012 committee. Their son, Matthew, Class of 2012, is a film studies major with a minor in corporate strategy in the College of Arts and Science and their daughter, Jane, will enter Peabody this fall. Vanderbilt has impressed the Winkelrieds, and they are excited about their new role.

“We feel like Vanderbilt has great momentum right now,” Jon says. “Vanderbilt continues to build its academic standing and its reputation as a premier research institution.”

The Winkelrieds hope to focus on the effectiveness of faculty advisers to undergraduate students, career services and fundraising during their tenure.

“I think it's especially important for new parents to understand the role of the faculty adviser and how crucial it is in helping first-year students manage their academic experience,” Abby says. “As our children move forward and evolve in their major, the adviser can continue to be very important. Different students have different experiences when it comes to advisers and all parents want a positive outcome.”

Today's economy and job market are an obvious concern for parents and students alike. From summer internships to first jobs, opportunities can be hard to find.

“Parents need to know more about what Vanderbilt offers in terms of career services and job placement even before graduation,” Jon says. “We want to inform them about what's available and also encourage them to become involved in networking events that support both students and the university.”

As chairs of the Parents Leadership Committee, the Winkelrieds are also involved with fundraising for Vanderbilt. They are passionate about supporting higher education.

“Education is fundamentally critical to the development of this country, its economic growth and its continued success,” Jon says. “The United States has always been known for having the best developed system of colleges and universities—that's why we believe that supporting higher education at a school like Vanderbilt is an important focus for philanthropy.”

“Vanderbilt is a very special place,” Abby says. “It's not just a group of students—they're building a real community.”



Ways to give

For your convenience, Vanderbilt provides a number of ways for parents, grandparents, alumni and friends to make gifts. Specific information is available online at <http://giving.vanderbilt.edu>.

- Gifts, pledges and pledge payments may be mailed to Vanderbilt Parents and Grandparents Campaign, Gift Processing Office, PMB 407725, 2301 Vanderbilt Place, Nashville, TN 37240
- Credit card gifts may be made on our secure website at www.vanderbilt.edu/giveonline.
- For specific instructions on making a gift of stock to Vanderbilt, please call (615) 322-4987 or email stockgifts@vanderbilt.edu.
- To make an anonymous gift, tell the Parents and Grandparents Campaign Office of the request—(615) 343-3120—and it will be processed accordingly.
- If you're considering a planned gift such as a charitable gift annuity or bequest, please contact Anthony Barclay in the Office of Planned Giving at (615) 343-3113.

Key dates

August 1

First-year students begin receiving housing assignments
Deadline to waive student health insurance coverage

August 17

Deadline for students to pay charges without late payment fee

August 18

Transfer student Move-in Day

August 20

First-year student Move-in Day

August 21

Residence halls open at 9 a.m. for upperclass students

August 24

Fall classes begin

September 5 (Labor Day)

Classes are in session

September 16–18

Family Weekend

October 6–7

Fall break

October 20–22

Homecoming/Reunion

November 19–27

Thanksgiving break

December 8

Classes end

December 9–17

Reading days and examinations

Vanderbilt University
Parents & Family Programs
PMB 401627
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