Using a funnel, pour 1/2 cup of soil into a clear balloon. Hold the balloon firmly by the neck and add 1/4 cup of water to the soil. The soil should be wet, but not soggy. Next, pour seeds into the balloon (small plants such as a few sprout seeds or 2 radish seeds). Gently blow air into the balloon. When it's almost full, tie a knot in the neck without tipping the balloon. Tie a ribbon or a piece of kite string around the knot, and hang the balloon near a window. Watch your garden grow!