

**Relationship Realignment**

| <b>What Might this Baby Need?</b>   | <b>How Could You Help This Baby?</b> |
|---|--------------------------------------|
| <p>I am unable to establish a day and night pattern so I keep my parents awake at night and sleep a lot during the day.</p> |                                      |
| <p>I have frequent separation anxiety when my familiar persons try to leave me.</p>   |                                      |
| <p>I have stranger anxiety when anyone I am not familiar with comes near me.</p>  |                                      |
| <p>I bite people that I love and the other children that I am around.</p>   |                                      |
| <p>I am resistant to most anything asked of me and say “no” to almost any request.</p>                                      |                                      |
| <p>I am having frequent tantrums when I feel that I am not going to be able to have or do what I want.</p>                  |                                      |