

Return Demonstration Check-off Sheet – Sara 3000

I have successfully completed the procedures for operating the Sara 3000. I have demonstrated the tasks and understand that the Sara 3000 is to be used to comply with the policy and procedures of the “Safe Patient Handling” program.

Employee Name (Print) _____ Date _____

Signature _____ Unit Name _____

Coach _____ (Performing Check-off)

ALL the questions below are safety-related and must be answered correctly!

- Do you use the Sara 3000 for Limited, Moderate, Extensive or Total Assist patients? _____
- What is the maximum weight capacity for the Sara 3000 - 350 lbs. or 440 lbs.? _____
- Can I use the Sara 3000 on a patient that is unconscious? Yes No
- Is the Sara 3000 appropriate for a stroke patient under most situations? Yes No
- Should I have the wheels locked on the bed when using the Sara 3000? Yes No
- Should the castors (wheels) be locked prior to lifting the patient? Yes No
- Is the Sara 3000 designed to lift a patient off the floor? Yes No
- When lifting the patient, is standing next to them to lend a comforting hand and watching their posture the best place to be? Yes No
- The Sara 3000 can be used for a single amputee so long as the one leg has appropriate strength. True False
- The Sara 3000 can be used for a patient that has upper body support. True False

Sara 3000 Lift	Completed
1. Explain lift procedure to patient.	
2. Position <i>Sara 3000 Deluxe Comfort Sling</i> (detach from lifting arms) around the patient’s back so that it is located just above the base of the spine, position arms outside the sling and fasten both of the double safety clips on the belt around patient’s waist.	
3. Position <i>Sara 3000</i> in front of patient, assist in placing their feet up on the platform of the lift, knees touching the kneepad and lock wheels, and have patient put hands on lifting arm (either on side or in front of them). Lower lifting arm to its lowest possible level. Have the patient hold onto the lifting arms if possible after lowering the arms to a position comfortable for the patient.	
4. Fasten both of the leg support straps if added security is desired or needed. Ensure that the sling is attached at a clip that positions the patient snugly to the lift. Attach the clips on either side of the system.	
5. Lock both wheel brakes.	
6. Using the remote control, raise the patient to a standing position, unlock wheels and transport to chair or bed.	
7. Position patient in front of chair (do not lock wheels of lift).	
8. With the backs of the patient’s knees touching the chair, lower patient into chair in an upright position.	
9. Unhook sling from side clips, release both clips on the safety belt of the Deluxe Comfort Sling and remove sling. Remove patient’s feet from lift and move lift away from them.	