

BE A COOL CAT....

TEACH AEROBICS!!!



•WHO???
YOU!!!

• WHAT?
LEARNING TO
TEACH
AEROBIC S
CLASSES!

•WHY?
WE NEED
MORE
INSTRUCTORS!

•WHERE?
Campus Rec

WHEN?

YOU CHOOSE A DATE:

•Thursday April 23rd @ 5pm •Friday April 24th @4pm

•Tuesday April 28th @7pm

HOW?

Contact Angie Helseth at...

angie.l.helseth@vanderbilt.edu

*Any comments, questions, or concerns should be addressed to
Angie Helseth @ angie.l.helseth@vanderbilt.edu*